

ANNUAL MAGAZINE OF
SHARAD PAWAR DENTAL COLLEGE

»»»»» N E E V «««««
2018





FROM THE CHANCELLOR

DMIMS (DU)

Hon. Shri. Dattaji Meghe

The last two decades have seen a remarkable growth in our institute. The move towards greater interactive learning has opened up several options as well as created multiple challenges that have made our student better equipped to handle any situation that they may face in their path to achieve success and excellence.

I am a strong believer of the dictum 'knowledge is power' and it is this very dictum that is been showcased in a genuine and realistic way through "NEEV 18-19" being brought by the editorial board of the SHARAD PAWAR DENTAL COLLEGE, SAWANGI (M).

I extend my congratulations to the staff students and editorial board for bringing out "NEEV 18-19" E-MAGAZINE.

FROM THE PRO-CHANCELLOR

DMIMS (DU)

Dr. Vedprakash Mishra



It gives me immense pleasure and satisfaction to note that Sharad Pawar Dental College, Sawangi Meghe, Wardha are bringing out the annual college magazine titled “NEEV” which would be an embodiment of the manifestation of creativity by its teaching staff and

learners deeply endowed in them and also showcase the very best of the institute in all the operational domains and spheres in a roundabout manner.

Annual College Magazine is one of the genuine avenues, which is invariably availed by the

young learners for the purposes of manifestation of their ‘hidden and occult capacities and talents’ based on their critical reasoning and out of box thinking.

Legendary philosopher Swami Vivekanand defined ‘education’ as the “manifestation of perfection already present in man”, and in the same breath defined ‘religion’ as

“manifestation of divinity already present in man”. The two ‘definitions’ so loud and clear as propounded by him although connote differently they need to be read in unison so as to decipher as manifestation of ‘divine perfection already present in man’.

It is this very dictum pronounced by Swami Vivekanandji that is getting actualized in a genuine and realistic way through ‘Neev’ being brought out by the Editorial Board of the same.

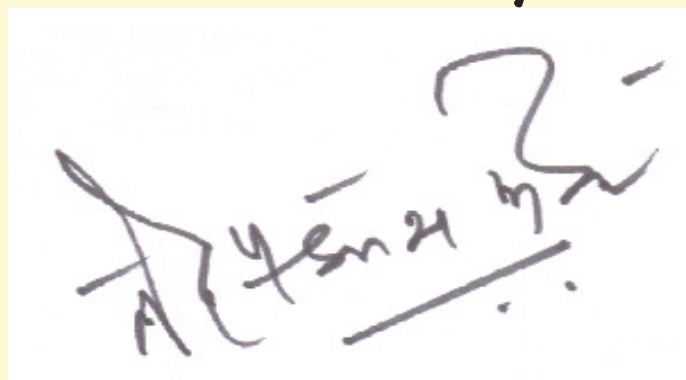
This 'divine perfection' needs to be achieved through the process of education in the learner so as to make him not only a 'good professional' but also a 'good human being' in all its manifestations. This alone will serve 'character building', through which 'man making' would be feasible and which in its ultimate would end up in the nation making nay 'nation building'.

The title of the magazine 'Neev which means 'foundation' is not only apt and logical, but also conveys a deep-rooted and subtle philosophical message to all concerned. So is the essence of 'creativity in its most purest and pious form based on the very Neev or the Foundation of rationalized thinking

Neev in its final depiction will definitely put this dimension loud and clear and would go a long way in inspiring and stirring the young mind and soul for bringing out the best which ultimately would turn out to be even 'better than the best.

I wish the Editorial Board and all those directly and indirectly associated with bringing out the Annual Magazine all success.

Yours Sincerely,



**Professor of Excellence, Professor of Eminence &
Professor Emeritus Dr. Vedprakash Mishra**

Dr. B. C. Roy National Awardee,

D.Sc. (Honoris Causa) by four Universities and D.M.Sc. (Honoris Causa)

National Head of the Academic Programme of Indian Programme UNESCO Chair in
Bio-Ethics Haifa &

Member of the International Committee for Bioethics for Asia Pacific Region

Chief Advisor to Hon'ble Chancellor and Krishna Institute of Medical Sciences (DU), Karad
Dean, Academic and Accreditation Board, National Indian Medical Association, New Delhi

Honorary Professor, Indian Medical Association

Honorary Director, Centre for Health Sciences Education Policy and Planning, DMIMS(DU), Nagpur

Former Vice Chancellor, Datta Meghe Institute of Medical Sciences (Deemed University), Nagpur

Former Chairman, Postgraduate Medical Education Committee, Medical Council of India, New Delhi

Former Chairman, Academic Council, Medical Council of India, New Delhi



FROM THE VICE CHANCELLOR

DMIMS (DU)

Dr. Rajiv M. Borle

Our college is constantly reinventing itself in the field of academics, arts, sports etc. This year the launch of “NEEV 18-19” the 10th edition of the annual college E-MAGAZINE which showcases not only academic achievements, but literary powers artistic flair and plethora of individual talents.

At our institute, we try to compress upon the art of honing one’s inner talent-scholastic or co-curricular and bringing it forth for them to understand their capabilities and potential

I congratulate the Editorial board staff and student for “NEEV 18-19” and wish them success in all their future endeavours.



DR. SUDHINDRA BALIGA (DEAN)

DR. ALKA HANDE (VICE DEAN)

**ADMINISTRATIVE AUTHORITIES
SPDC**

Our students have always put their best foot forward when it comes to different domains and spheres.

A magazine represents the lifeline of an institution and everything it constitutes.

It is a reflection of what our college stands for and it's overall development in academics, intellectual and literary pursuits.

We strongly believe that our institute is marching ahead in the right direction, providing a holistic education to the future generation.

*We wish you all the luck in your future endeavour.
Congratulations on the successful launch of our college
E-MAGAZINE "NEEV 18-19".*

FROM THE EDITORIAL TEAM



Dr. Vidya Baliga
EDITOR-IN-CHIEF

Greetings from the editorial board of the annual magazine of Sharad Pawar dental college 'Neev'. The journey to a destination begins with a first step; and a first step is the essence of life that connects you to its foundation. Therefore, 'Neev' aspires to be the foundation of all literary compilations, an expression of thoughts, creativity, and a voyage of the explorations and experiences. 'Neev' is a portal of bringing forth the exhilarating journey of the past year. It is an expression of creativity by the staff and students; earmarked as the compilation of the very best of the institute manifested in the form of 'Neev'.

The core of education is education of the heart. The famous female education activist and the youngest Nobel prize laureate Malala Yousafzai, believes that the pen is more powerful than the gun. Through her writings she has ignited an international movement towards education of women and children. Therefore, you can be the change and bring about a change through words well-articulated.

The golden period of human life is considered to be the formative years spent as a student. An integration of the reminisces gives life a purpose and meaning. Therefore, 'Neev' is intended to be a glorious reflection of the various experiences spent in Sharad Pawar dental college, that can be fondly lived with turning over of every page and remembered in the years to come, as a blissful Ammil.

Finally dear readers it's time to shed a little spotlight on all the corners of the creative world. The editorial team has toiled hard to provide a platform for all the artists, poets, & writers. We also have tried to explore new ways of engaging you, our readers, with a dive into creative conversations and showcasing groundbreaking work adding on some amount of fun. Therefore, it's time to indulge!

I would also like to extend my thank you to the editorial team, student members, the staff, and administrators who have been the lifeblood of Neev. The effort is cherished and appreciated. Together let's embark on this journey..



Utkarsh Umre
Managing & Executive
Director

Aditya Gupta
Data Analysts

Sanjana Basu
Design and Creative
Director

NEEV Staff Incharges

Dr. Nilesh Rathi

Dr. Swapnil Mohod

Dr. Shravani Deolia

Dr. Sindhu Padmanabha

Volunteers

Chahat Jajodia, Drishti Nagi, Pavitra Sangwan, Wendy M Ralte

Ranu Oza, Varsha Sharma, Mrunmayee Khare

Rana Chikhale, Jenish Barochia, Ishani Nilajkar

Koyal Kela, Priti Solao, Prasanna Sonar

TEAM NEEV



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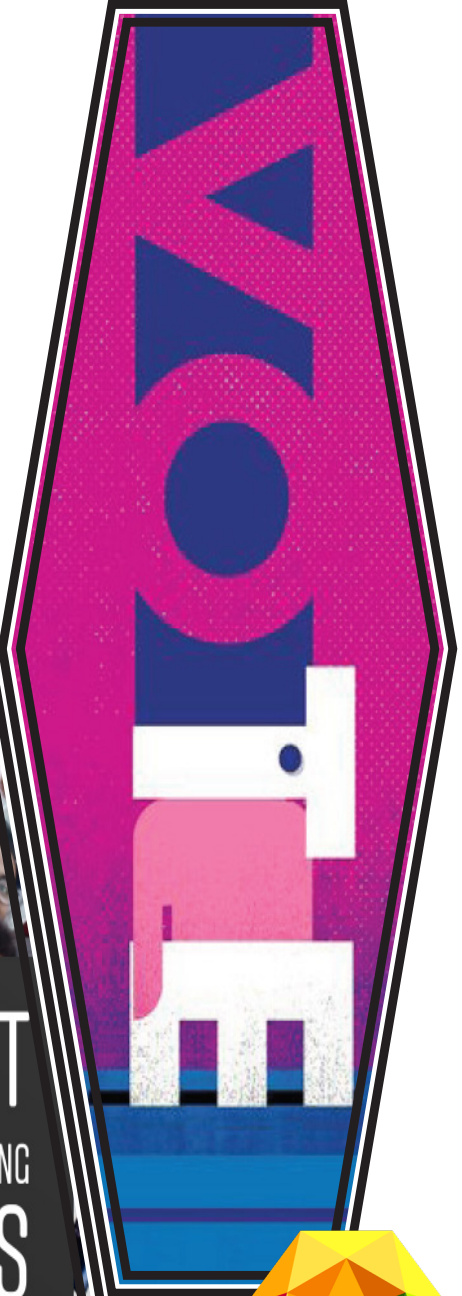
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W . O . L .
WRITE OUT LOUD

SAMAY BENAKAB

Hum dono ek dusre ke taraf Har pal, ek-ek Kadam
badha rahe hain,
Aur wo jaise mera bahut Besabri se Intezaar karte
hue Keh raha hai,
Kahi toh mujhse milega tu,
Agar na mujhse Darega tu
Aur kahi par Rukega tu
Toh Mai bhi Hawa pe Sawaar hu
Sabko hi Kia hai Khaak magar
Ateeth ke Astitava se Beasar
Sath hu Tere mai aj magar
Hath aakar bhi Mila nahi
Tripti se bhi thama nahi
Aansuo se bhi Ruka nahi
Ukti ghumale tu Ghadi magar
Haan har Sikke ka Chehera
hai bs ek Mohora idhar,
Abhi mai Tere sath hu
Bas abhi hi Bemisal hu
Koi Mujhe taal sakta nahi
Mai anantkoti Vishal hu,
Samay nahi Mai kaal hu

Agar mere Peeche ayega tu
Aakhir me sirf gum payega tu
Agar un Raaston pe jayega tu
Yaadon ke Mele me thoda Muskurayega tu
Par hai ye Asliyat ka Daldal,
Manzar-ba-manzar le Raha tujhe apne andar
Mat dar Chal tu Aage chal
Warna gum sirf gum hi payega tu
Is Chakravyuh se nikalne ka naksha
Hota hai Tere haatho me bandha
Na samajh paau Mai kyu fasey koi Banda

Agar kare thodi Himmat agla
toh Mai dosti ki bhi Misaal hu
Par phir bhi,
Samay nahi Mai kaal hu .

- Abeer Mishra

Photo by Pavan Naralwar

For to be human is to love.
And we do, so they said.
When women were trophies
And sexuality was a game
Virgins gave birth to miracles.
We got illuminated by darkness.

For to own is to create
But they can, so they said.
When justice was a leverage
And birth defined the fate.
Outlaws lead our ways to freedom
We are illuminated by darkness.

For to know is to submit
But they knew, so they said
When healing wrecked our soul
And Progression caused the pain.
Blood showed us the colour of love.
Because we are children of light illuminated by darkness.

BY: ABEER MISHRA



ILLUMINATED



G
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The cologne I would love to,
But could never wear.
How can someone be so abstractive
Every time it touches me
It gives me a nostalgic burn
Ahh!! Still so attractive
For avangeing myself,
I wish to burn you Just for fun.
It would be fantastic!!
But you are so precious my love
And you keep me on run
So just be there for me and always be this reactive.

BY: ABEER MISHRA

मेरी प्यारी

क्या तुम सुनोगे मेरी कहानी?
सुनो मैं सुनाऊ अपनी जुबानी।
कभी सिसकती कभी खिलखिलाती,
मासूम सी एक गुडीया की कहानी।

गुम थी वो अपने खयालो की दुनिया मे
बेताब भी मिलने जनक जननी से।
अंधेरे कोस से दिन का उजाला कैसा होगा?
माता का प्यार, पिता का दुलार कैसा होगा?
पल पल घटपटाती उजाला कब होगा
सूरज और चांद का कब नजारा होगा?
माँ सुनाती गीत, पिता करते प्यार,
प्यार भरा स्पर्श, ममता की गोद कैसी होगी?

जब पल वो आया, दुनिया मे मैं आया,
देख कर मुझको चेहरो पर सबके शिकन सी छायी।
कहते थे आपस मे ये तो बला है,
सोचा था हमने चांद ये तो सजा है।
जब आँख खुली मैंने पाया,
चारो तरफ था अंधेरा सा छाया।

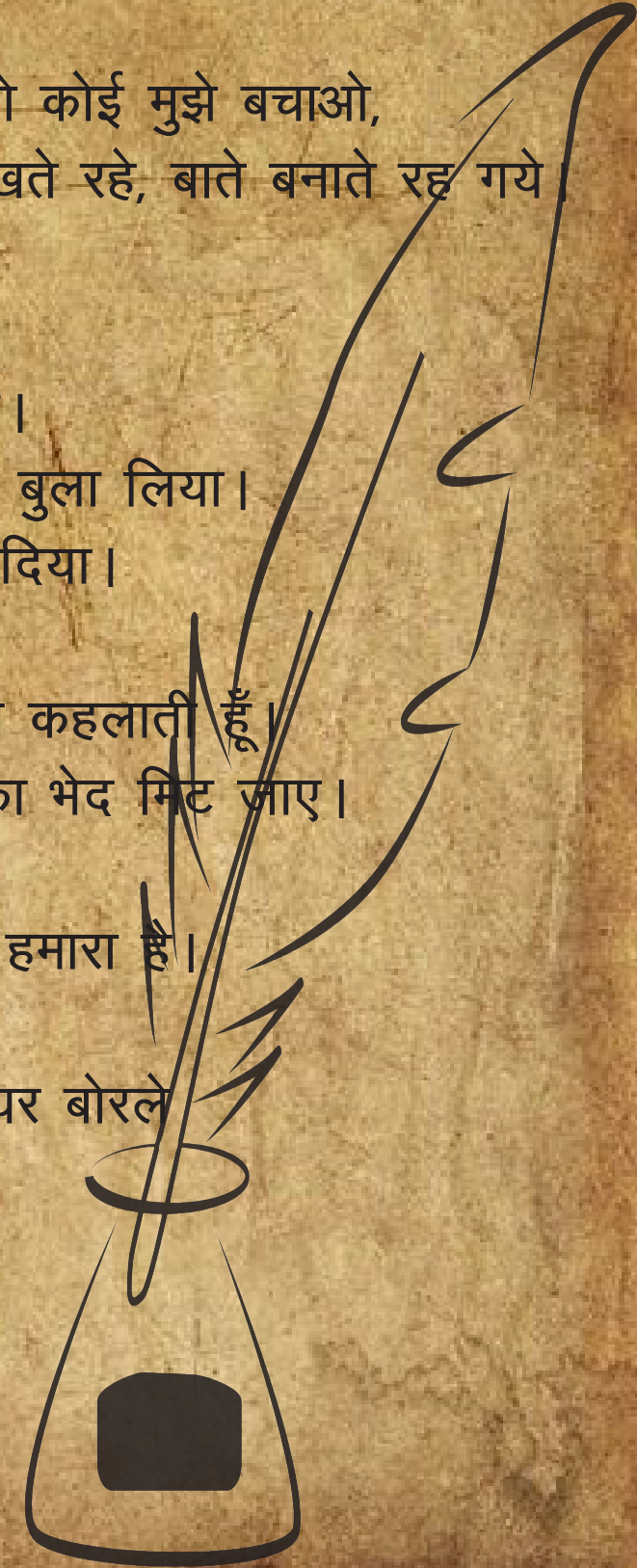
वो मलमल सा स्पर्श जाने कहा खो गया,
काटो और गंदनी मे मैंने खुद को पाया।

रोती रही मैं, चिखती रही, मुझे बचाओ कोई मुझे बचाओ,
शायद इन्सानियत बेबस थी, लोग देखते रहे, बाते बनाते रह गये
सोचती रही मैं क्या कुसुर था मेरा?
सिसकती सिसकती गहरी निंद सो गई,
कहने लगे लोग भगवान को प्यारी हो गई।

माता पिता को चाहत न थी ईश्वर ने बुला लिया।
ईश्वर ने ही सही, किसी ने तो प्यार दिया।
आसमां से जब धरती को निहारती हूँ।

प्यारीओ की दशा देख खुद को खुशनसीब कहलाती हूँ।
शायद वो वक्त कभी आए, नरनारी का भेद मिट जाए।
हे मेरे ईश्वर तुम्ही का सहारा है।
स्नेह पर माता पिता के एक सा हक हमारा है।

— डॉ. अंजली भोयर बोरले



जीवन का मार्ग

मैं जिसमें चुन-चुन कर कदम रखती हूँ,
जीवन का वो हर मार्ग मैं खुद ही बनाती हूँ।

एक भूलभूलैया सा नज़र आता है खुद की आँखों में,
मैं अपनी नज़रों में ही खो जाती हूँ।

जीवन किसी रेल सा गुज़रता है,
मैं किसी पुल की भाँति कंपकंपाती हूँ।

मैं जिसमें चुन-चुन कर कदम रखती हूँ,
जीवन का वो मार्ग मैं खुद ही बनाती हूँ।

मैं जब तेरे बारे में सोचती हूँ,
फिर दुनियाँ भूल जाती हूँ।

मेरे हर गम में साथ तेरा है,
तेरे होने से खुश सवेरा है।

तु जो हँसता है मुझे हँसाने की खातिर,
मैं दर्द में भी हँस देती हूँ।

मैं जिसमें चुन-चुन कर कदम रखती हूँ,
जीवन का वो मार्ग मैं खुद ही बनाती हूँ।

तेरी आँखों में नज़र आता है स्वप्न मेरा,
जो मैं हर रात सोते जगते देखती हूँ।

पर जब ओझल तू हो जाता है,
हर स्वप्न बुलबुले की तरह मिट जाता है।

मैं भी अपनी नादानी समझकर फिर गहरी नींद में सो
जाती हूँ।

मैं जिसमें चुन-चुन कर कदम रखती हूँ,
जीवन का वो मार्ग मैं खुद ही बनाती हूँ।

- Varsha Sharma



VALAR PADHAIERIS, VALAR LABWORKERIS

Disclaimer: The following content is not meant for people who haven't read or watched Game of Thrones. Sorry, but not sorry.

“What do we tell the god of submissions?”

“Not today.”

When you play the game of dentistry, you either win or repeat your wire bendings. If you think survival in a dental school is an easy job, well you couldn't be more mistaken than Oberyn Martell during his fight with the Mountain. To sum it up, each batch has its own masterminds. Which one are you?

The Robb:

- Friendly, great leader
- Good person, but ladkigiri mein phas gaya
- Will do anything for friends as long as girlfriend allows it

The Jon Snow:

- Knows nothing, yet people will follow him whatever he says
- Has a lot of importance from people for mysterious reasons
- Loves Black colour

The Sansa:

- Sits on the first bench
- Does all work sincerely, yet keeps landing in trouble for unknown reasons
- Gets extra marks for good looks





The Cersei:

- The competitive scheming boss lady of the gang
- People may not like her, but eventually things go the way she says they do
- Has great fashion sense

The Daenerys:

- Popular for no legit reason
- Extremely moody, ranging from extra nice to breathing fire down your neck
- Friendzones a lot of guys

The Bran:

- The quiet outcast, doing his own work
- Sleeps during important lectures
- Makes zero contributions to group projects

The Tyrion:

- Guy that everyone likes, but nobody would call to party with them
- You go to him when you want to ask which new phone to buy
- Hangs out with the good-looking girls of the class

The Jaime:

- Gym rat, athlete, all-rounder kinda guy
- Last bencher, but will always answer questions when made to stand up
- The Studious girls complete his journals, coz he's such a nice person

The Samwell:

- The guy you want to be Prosth partners with because he does all the work
- Gets notes and markings from seniors
- Tries to hang with the cool boys, but quietly watches Tarak Mehta when alone

The Missandei:

- Quiet, shy, friendly, good-looking but has no airs about herself
- Agony aunt of the classroom
- lets you copy from her in exams

The Arya:

- Not that great with academics, but excellent clinical work
- Does all the work, only to see all the Jons getting credit
- Listens to metal and is a closet grammar nazi

- DR. KRITIKA SUROLIYA

Anniversary

Standing beside the window, as the weather bestowed its grace,
Sprinkling the colours of joy, the dusk catching my eye's praise.

I see a dove flocking tirelessly with twigs and leaves in its claws
and beak,
Finding its way to a tiny niche, where its body could just manage
to sneak.

Feeding its child with the constituents of growth, major being
love,
Nesting the future of its offspring, to strengthen its flight high
above.

Waving to them, I wished, if only they could grasp my greeting,
Shutting the window, the sweet picturesque embraced my heart
in the time depleting.

Overhearing my mom instructing dad about things to be brought
for the week, The conversation occupied with insults and sarcasm
being hugely hilarious, making my intestines weak!

Realizing that this tiny niche I'm residing, where I dream to rise
above,

To strengthen my flight, to conquer hearts, initiating fields to plough.

Cheerfully relishing the dinner together, with constituents of growth
major being love,

Making me wonder how fortunate I am, for this to deserve.

With the advance of new dawn, my eyes encountered the nesting doves,
as busy as they could be,

My every moment wishing to witness their
little abode humming, till my eyes last to see.

- Dr. Zoher Merchant

Photo by Abeer Mishra

Dedicate to Dear Khadus..!!!

नेहमीच फक्त तिलाच त्याची ओढ का....?
त्याच रुसणं चिडण तिला गोड का.....?
क्षणोक्षणी तिलाच का त्याच्याशी बोलण्याची घाई.....
त्याच्याकडे मात्र तिच्याशी बोलण्यासाठी काहीच नाही.....
त्याच्याशिवाय तिचं पाऊल का अडतं....?
त्याच्या अबोल्याने कायम तिचंच का नडतं....?
तिला त्याची उणीव का भासावी....?
त्याला तिची थोडीही गरज का नसावी.....?
अळवावरच्या पाण्यासारखा तिचा राग का ठरावा...?
अबोल्याचा तिचा निश्चय त्याचा बोलल्याने का हरावा....?
सदैव त्याच्या नी तिच्या पैजेत ती का हरावी.....?
नकळत का होईना त्याच्या त्रासाचं कारण का
ठरावी.....?
काय खरं काय खोटं तिला काही कळेना.....
त्याला मात्र कळूनही वळेना.....
मनात तिच्या असे प्रश्नांचे थैमान का मांडावे.....
उत्तरांसाठी तिने कोनाशी भांडावे.....

— कल्याणी लाडे

“छत्रपती श्री शिवाजी महाराज”

मंदिर थरारली, शिवनेरीची तोफ कडाडली
वान्याची कोवळी झुळूक दर्या खोर्यात दरवळली.....
जिजाऊ पोटी मराठ्यांचा राज अवतरला सांगत मुकी पाखर हि
किलबिलली.....
नगारा वाजला, शाहिरी साज चढला
डंका डोंगरा आड सांगत सुटला, आता सह्याद्रीवर भगवा फडकणार.....
मराठ्यांची तलवार शत्रू वर धडकणार.....
इतिहासाचं पहिलं पान शिव जन्मान लिहील होत,
हिरव्या दगडावर आता भगवं रक्त स्वराज्याचा इतिहास कोरत होत.....

— डॉ.स्वप्नील मोहोड





छत्रपती शिवाजी महाराज : हिंदवी स्वराज्याचे संस्थापक आणि एक आदर्श शासनकर्ता ।

हिंदवी साम्राज्याचे संस्थापक आणि एक आदर्श शासनकर्ता म्हणून ओळखले जाणारे छत्रपती शिवाजीराजे भोसले एक सर्वसमावेशक, सहिष्णू राजा म्हणून महाराष्ट्रात आणि इतरत्रही वंदिले जातात. शत्रूविरुद्ध लढ्याकरता महाराष्ट्रातल्या डोंगर दऱ्यांमध्ये अनुकूल असलेली गनिमी काव्याची पध्दत वापरून त्यांनी तत्कालीन विजापूरची आदिलशाही, अहमदनगरची निजामशाही आणि बलाढ्य मुघल साम्राज्यशाही ह्यांच्याशी लढा दिला, आणि मराठी साम्राज्याचे बीजारोपण केले. आदिलशाही, निजामशाही आणि मुघलसाम्राज्य बलाढ्य असली तरी महाराष्ट्रात त्यांची सगळी भिस्त स्थानिक सरदारांवर आणि किल्लेदारांवर होती. ते सरदार/किल्लेदार जनतेवर अन्याय—अत्याचार करत असत. शिवाजीमहाराजांनी त्या अन्याय—अत्याचारातून जनतेची सुटका केली, आणि उत्तम शासनाचे एक उदाहरण भावी राज्यकर्त्यांसमोर ठेवले.

छत्रपतींच्या व्यक्तिमत्त्वाचा व कारकीर्दीचा आढावा घेण्याचा प्रयत्न केला असता काही गोष्टी समोर येतात. शौर्य, पराक्रम, शारीरिक सक्षमता, ध्येयवाद, कुशल संघटन, कडक व नियोजनबद्ध प्रशासन, मुत्सद्दीपणा, धाडस, द्रष्टेपणा..... असे उच्च कोटीचे गुण महाराजांच्या व्यक्तिमत्त्वात एकवटलेले दिसतात.

छत्रपती शिवाजी महाराजांनी बालपणी, तरुणपणी शारीरिक सामर्थ्य वाढवण्यासाठी स्वतः कष्ट घेतले, पराक्रमासाठी शस्त्रांचा अभ्यास केला, साध्या—भोळ्या मावळ्यांचे संघटन करून त्यांच्यामध्ये निष्ठा न ध्येयवाद जागृत केला, स्वतः शपथ घेऊन हिंदवी स्वराज्य स्थापनेच्या कार्यात स्वतःला घट्टपणे बांधून घेतले, महत्त्वाचे गड—किल्ले जिंकले, नवे निर्माण केले, योग्य त्या वेळी आक्रमण किंवा गरज पडेल त्या वेळी तह हे सूत्र कमालीच्या हुशारीने वापरून अनेक शत्रूंना नामोहरम केलेच, तसेच फितुरी, दगाबाजी, स्वराज्यांतर्गत कलहाचाही सामना केला, आक्रमणाच्या वेळी गनिमी कावा तंत्राचा चातुर्याने वापर केला, सामान्य रयतेची व्यवस्था, शेतकऱ्यांची व्यवस्था, लढवय्या शूर सरदारांची व्यवस्था, धार्मिक स्थानांची व्यवस्था..... अशा अनेक व्यवस्था लावून दिल्या.

सर्वात महत्त्वाचे म्हणजे छत्रपतींनी अष्टप्रधान मंडळाची स्थापना करून हिंदवी स्वराज्याच्या राज्यकारभाराची परिपूर्ण व्यवस्था निर्माण केली, राजभाषा विकसित करण्याचा गांभीर्यपूर्वक प्रयत्न केला, विविध कलांना राजाश्रय दिला. तसेच खचलेल्या, पिचलेल्या रयतेच्या मनामध्ये स्वाभिमानाचा, पराक्रमाचा, स्वराज्य निष्ठेचा हुंकार जागृत केला.

या सर्व गोष्टी त्यांनी साध्य केल्या अवघ्या 50 वर्षांच्या आयुष्यात!

सतराव्या शतकात जागृत झालेला तो स्वाभिमान,
ती स्वराज्यनिष्ठा आजही महाराष्ट्राला प्रेरणा.

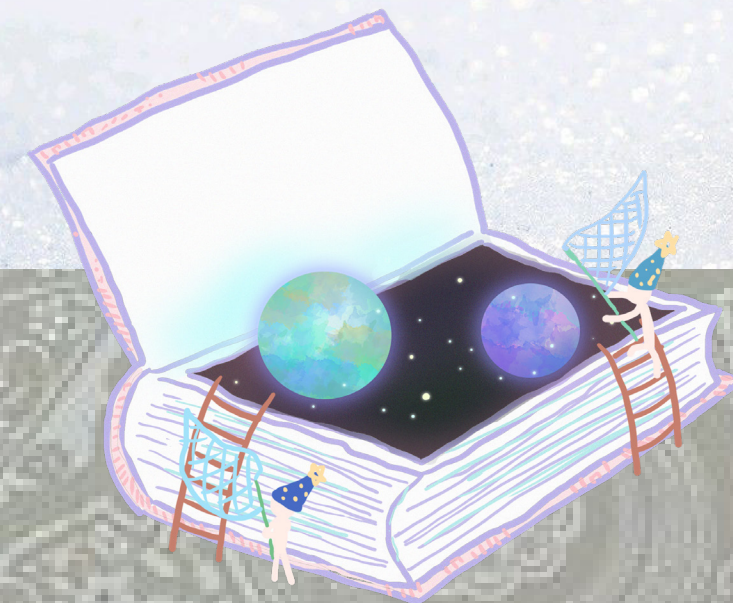
— प्रसन्न सोनार

Every new day comes with
New opportunities - grab them.
Happy moments - live them.
New people - connect them.
Mistakes - learn from them.
Disappointments - tackle them.
Just observe carefully,
Every new day teach us many new things,
Every new day has its own way of living,
Every new day is actually full of life..
Each day is different!!
Live each day newly and you will meet a new
personality inside you!

– Renuka Kohale

*If you can hide all your emotions in front of
everyone, than you are already a finest
actor or actress in the industry of your own
life.*

– Renuka Kohale



प्रेम है कर्तव्या पेक्षा नेहमी मोठच असत....

कर्तव्य जर एक सुंदर विशाल मंदिर असेल ना,
तर त्या मंदिरातला देव म्हणजे प्रेम असत.

कर्तव्य जर घर असेल ना,

तर प्रेम म्हणजे कुटुंब असत.

मित्रांनो, कर्तव्य जर श्वास असेल ना,

तर प्रेम म्हणजे हृदय असत... हृदय!!

– Renuka Kohale

कुंभकरण पुत्र राक्षस भिमने शिवभक्त सुदक्षिणला बंधिस्त केले,
तरीही सुरु असलेल्या त्याच्या शिवभक्तीवर भिमला राग आला,
समोरच असलेल्या शिवलिंगावर त्याने तलवारीने वार करण्याचा
प्रयत्न केला,

तेच एक ज्योत त्यातुन प्रगट झाली आणि भिमचा नाश केला,
सदैव आपल्या भक्तांच्या मदतीस धाऊन येण्याच्या उद्देश्याने
ती ज्योत पुणे महाराष्ट्रात असलेल्या त्या लिंगात स्थित झाली,
असे हे भिमाशंकर ज्योतिर्लिंगम् आपले महादेव।।

– Renuka Kohale

" जीवन जीवन तु कोण आहे?

देवाने मांडलेला एक खेळ आहे.

जीवन जीवन तुला खेळायचे कसे?

न घाबरता आणि हसत हसत. "

– Renuka Kohale



Ek lambi si raat thi abhi...
Thand itni ki mano savera hua hi nahi...
Bas chalte jana tha kahi...
Poochoge agar humse ??
Toh maloom nahi...
Tanha tanha sa tha vo Safar...
Lekin manzil thi kahi...
Poochoge agar humse ?
Toh maloom nahi...
Bhooke pyase... khokar neend aur sukoon
hum bas Chal diye galat mod par...
Nahi tanha lagta ab safar... manzil bhi
lagti yahi...
Aakhir leke galat mod hum kese aae sahi
raste...
Poochoge agar humse ?
Toh maloom nahi...
Maloom nahi...

- Chahat Jajodia

Aao hum sauda kare
Ek khwab le aur ek khwab de...
Tum le jana neendein meri aur de jana vo khwab tun-
hare...
Le jana meri saari shaamein aur de jana haseen
raatein...
Le lena dher sara pyaar mujhse aur kar dena apna
waqt mere naam...
Le jana sara vo befizool gussa mera aur de jana tum-
hari pyari baatein...
Le jana vo akelapan aur de jana zindagi bhari ka su-
koon...
Le jana vo purana dard aur ruladana hasate hasate...
Chura Lena mujhe khudse aur jee lena zindagi yu hi...

- Chahat Jajodia

Everyday is a new chapter another theory that begins with time, maybe you will confront haters but that's one important rhyme. There will be days when you'll be sad, times when you'll have to be bad !

Everything happens for a reason maybe friends changing every season .

Time may get worse but that doesn't mean you take it as a curse .

Bad in everything good is the new trend ,you can stop this now dear friend.

Some days are blank others colourful as the rainbow ,all you have to do is enjoy both the shades and the shadow.

Believe in yourself it'll always make you strong ,

falling in love.. naah never wrong. A lot of dreams yet to be fulfilled so much more to live life for.

It's just another storm that has passed by ..!

Not the final phase where destiny lies.

Live it for today this moment is a special bliss coz it's life little human each second is another twist.

- '**Life**' by Aastha Batra

MAA

Aadat thi jise andhere mein sone ki ,aaj wo roshni mein bhi sojati hai.
Khaane mein farmaishe karne ki, aaj wo bhukhe peth bhi reh jaati hai.
Kal ki hi toh baat hai jab wo aapke laakh bolne pe bhi sunti naa thi, aaj wo bina kisike bole sab krjati hai.
Dhundti thi wo jise bina koi wajah bhi, aaj kl wo khudko bhi khoya hua mehsoos krti hai.
Aap kehte the jise mri baatein ek din yaad krktegi, aaj wo aapki baatein kavitaon mein dohra rahi hai.
Paas rehkar toh aapse na jaane kitni ladaiya hoti thi, aaj dur rehkar aapki hasi dekhne ko aakhen taras jaati hai.

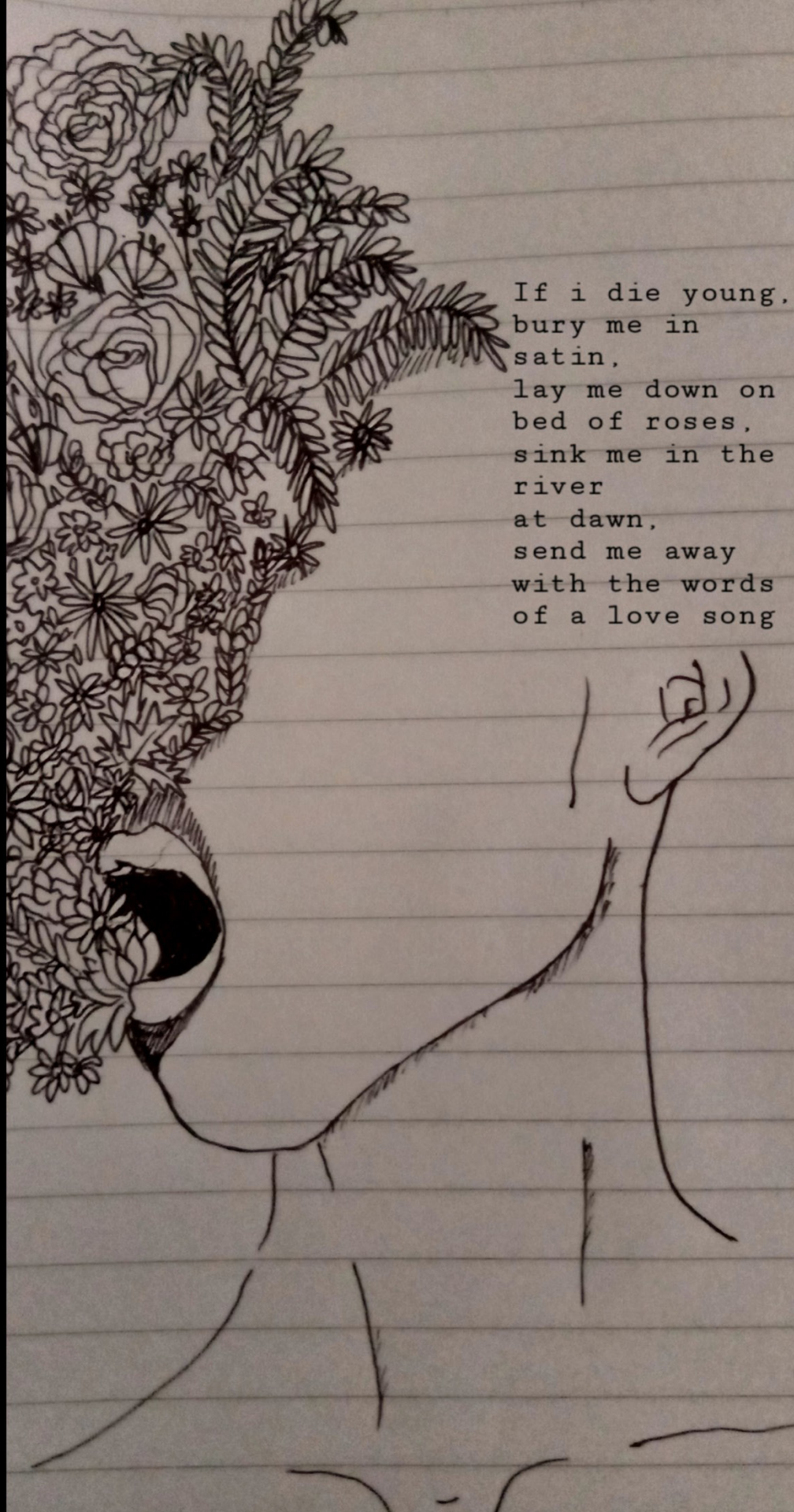
Waise toh kabhi kehti nhi aapse pr khushi se pgl hojati hu jab koi kehta "tu bilkul apni maa jaisi dikhti hai "
Chah kr bhi aapke liye wo sab nhi kr paungi jo aapne mre liye kiya hai chhavi hai mujh-
mein aapki gurur hai iska mujhe, chodna naa chahu aapka haath rehjau hamesha k liye aapke saath.

- Aastha Batra

"I honor you, for I honor myself.
I nourish you, for I nourish myself.
I love you as I love myself.
I do everything to keep you alive,
For you have given me this life.
As you provide for me, I shall provide for
you equally.
Mother earth, I hear you, I feel your pain
&
Your bliss.
With you I feel unconditional love and
peace."

- Krishna Bhattad

'WE DONT INHERIT THE
EARTH FROM OUR
ANCESTORS,
WE BORROW IT
FROM OUR
CHILDREN.'



If i die young,
bury me in
satin,
lay me down on a
bed of roses,
sink me in the
river
at dawn,
send me away
with the words
of a love song

The Urban Monk

When there's a fire blazing in your head,
melting your eyes.

Turn the flow before turning yourself

Cleanse yourself with holy sweat.

show them how to be the urban monk,

And meet me in the Valhalla.

When its raining stones,

cracking your bones.

Gather your guts & dance to the harmony of it

Take a sip of your own blood.

show them how to be the urban monk,

And meet me in the Valhalla.

They might call you crazy

Peers might pull you down

Let passion guide your way

Take a bite of your own flesh

and save the odyssey to be sung at the feast in

Valhalla.....

- Abeer Mishra

Irreplaceable



Everyone wants to be the sun

To light up your life

But I would have liked

to be your moon so that

I shine in the

darkest hours of your life

When the sun isn't there.

It will be dark but

I will be your light

Your way to beauty,

Your way to essence.

This path will be endless,

Just like my love for you.

You make me happy

Like no one else can.

- Abhinav Miglani



A QUESTION ASKED
"WHOM DO U LOVE THE MOST? "

SHE: HIM

HE: MYSELF

(BOTH LIED.)

- DAKSH KEDIA

Aay umar,
Agar dam hai toh
kar ke bata itni si
khata...

Bachpan toh
cheen lia
Aab bachpana
cheen kr bata

- Daksh Kedia

Neer '18

Terrribly
Tiny
Tales

['Let me wash your sorrows away,
even if it'll be till I last,
a few weeks
maybe, maybe
days this time.

But here I am,
so are you,
and I will
expect you next
year too..

still standing tall,
still breathtakingly strong.

But for now,
rest, take a
break, let me
take the burden,
Let it all wash
out, Let me pour
myself as your
sorrows pour out.'

- sincerely, monsoon]

- Sanjana Basu

LOVE IS LOVE

Imagine living a life that is ingenuine and far from reality?
Imagine being told that loving someone is against the law?
Imagine being told that your existence is shameful?
Imagine a life devoid of any kind of joy?

Well you can't! But neither can they!

By 'they' I'm referring to LGBTQA (Lesbian Gay Bisexual Transgender Queer Asexual).

This term for a long time, was a taboo in India's dictionary. People couldn't believe that such people even existed equating them to a disease that could be cured through in humane practices. People believed it was against the sanctity and morals of our society and that such people be condemned. The rights of the LGBTQA and their existence were seen as an example of the Western culture influencing the youth.

They are subjected to a series of emotional traumas stemming from outdated and conservative beliefs that hold no place in today's modern society.

They are forced to marry in order to prevent bringing shame and dishonor to their family. How is this any different from social evils that were practiced long before? For fear of being casted off from society, they often hide their true orientations. Some have resorted to ending their lives as it seems a better option than to live in an intolerant and cruel environment. They are scared because they are told they are 'different' from us.

But different doesn't have to mean wrong, does it?

Love
is
love

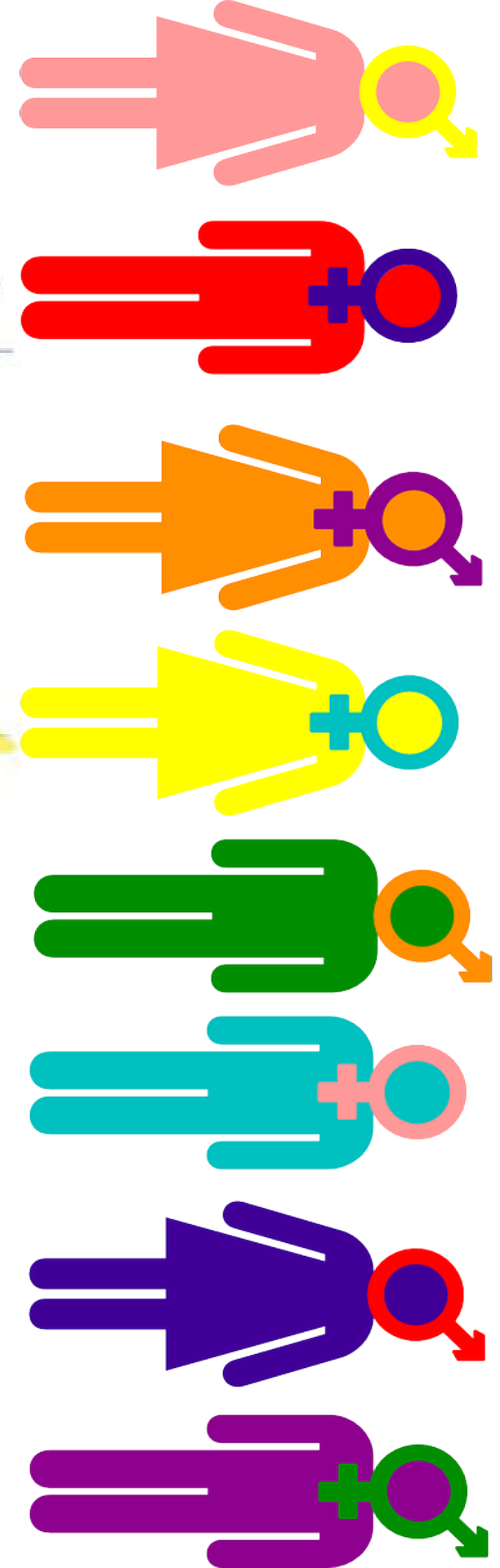
Every individual has a right to live life on their terms and to build a life with whomever they desire to.

Fortunately, the Supreme Court of India thought so too and in a landmark move abolished Sec 377 that 'criminalised relationships between people of the same gender'. Following this, Indians have become more tolerant and accepting towards the LGBT community and they have offered several job opportunities and benefits which were previously denied to them.

As a result, more and more people have been 'coming out of the closet' and have been embracing themselves and are being treated with the respect that they deserve.

Several 'Pride parades' have taken place in metro cities in India to honor and celebrate the LGBTQA community. There has been a nationwide transformation in India's attitude towards them. But even so, there are still some sections of society that do believe in Section 377 and its implementation and therefore we as a nation, have a long way to go.

• PAVITRA SANGWAN

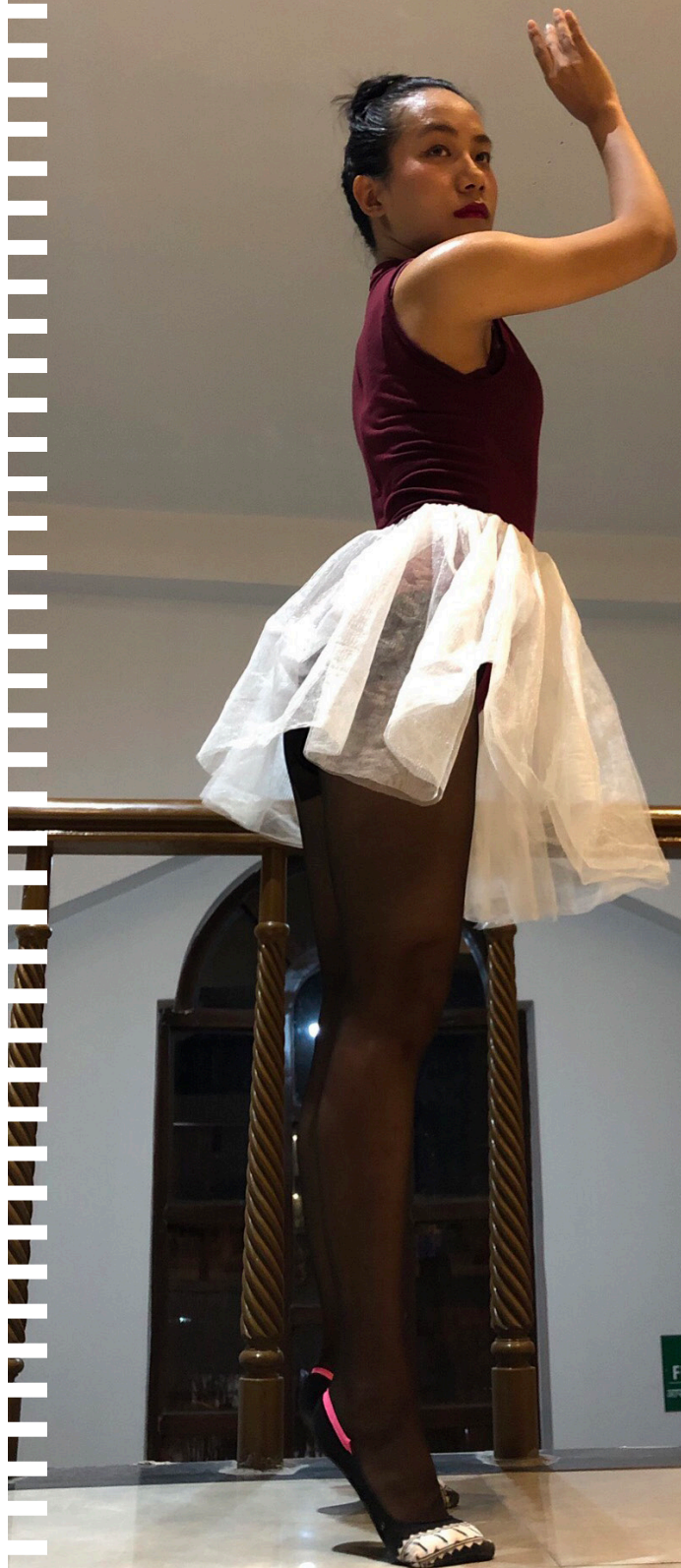


LIFE IN MOTION - DANCE

Cue music!

My fatal earthly as well as heavenly passion is what it is all about. Needless to say it isn't my forte yet I can expound how it revolves around my distinct existence. May I also include the therapy it provides for the soulless souls just as well for the physicality.

Dance comes in different styles and as for me though I valued and loved to engage with each of it; contemporary ballet has been my cherished reverie along with street, african traditional dance and jazz. My sister being my first inspiration along with my cousin.





Thinking back when I was that young fine little girl, I used to watch Ballet ,Ice Dance and Acro Dance with my dad resting my head on his lap and lying comfortably on the couch. I did watch many other channels or shows with my dad, Discovery being our favourite channel. But whenever I looked at those dancers I felt overwhelmed by it, bewildered at the same time. I never gave a thought that it was something too grand for me and out of reach. I performed in schools, churches; wherever I perform I never fail to get an adrenaline rush. In spite of all the excitements I always have these stage fears although with a part of anticipation. But you see, that's the thing. I love all those mixed feelings blowing me like whoosshhh!

Near the stage I would usually warm up, pray and the moment I am on stage I'm like on top of the world. I dig being on stages when all at once I see a crowd which makes me perceive what wealth the ambience of the show has brought.

Pray for the last time, take a deep breath.....
Cue music! Start your engine!

- Christina L. Pachuau

FASHION OBSERVER SPILLS HER SECRETS

- Wendy M Ralte

- Fashion: my breath of fresh air-

Fashion comes in a broad dimension, it breaks stereotypes. Every culture brings out their own styles and edges; no wonder this fashion is like an open door, you get free access to it, gives you the ability and opportunity to change people's perceptions and social movements. We see different fashion trends pouring in and taking the market by storm. It sure is an unstoppable force, very challenging and intriguing yet rooted.

My desire to fashion stems from the ever growing girlhood. I have a habit of being mindful of my surroundings, coordinating colours into my head, visioning styles until it comes to a reality. Yeah..!! That's me, a person who never stops operating her imagination. I am always floored by my own ingenuity, yearning to put ideas into the table and sport them to live.





. It has this magnetising force that consumes all my attention at once. I am very particular about staying in style and to keep up the fashion trends religiously.

“Fashion is the armour to survive the reality of everyday life”

– Bill Cunningham

Fashion Haul

Beach Vibe,

Toasty summer is the biggest motivation to spend your day on a breezy beach under blue sky decorated with cotton candy clouds. Here I am sporting floral ruffle top with denim skirt and a pair of Zara shoes, you can make it catchier by accessorising them with a hat and shades which gives you the perfect beach vibe.



I'm styling Pink bodycon with a neon ombre kimono paired up with shades and a hat to make it more fashionable.



Vintage with a dash of Boonies

This style is definitely a blast from the past- Baker boy cap with white body fit, layered by strappy lace top and mom jeans with a pair of Zara sole sneakers- that overcame the test of time.

Classical Chic and a Summer Win!

Minimalism and Preppy are variations of this fashion persona. A basic white shirt can never go off trend if you style with denim skirt and a pair of Aldo shoes - a perfect fit for summer!



Vibrant colour block

Starting off a blissful day with vibrant colours in the vicinity of beautiful sculptures does complement a girl, vibrant and daring but with a "don't mess with me" vibe.



Simple & Sophisticated

Giving you a lazy end of the week vibe, the so-called "Friday feels" with an eccentric and ever changing style.

The body shape bible

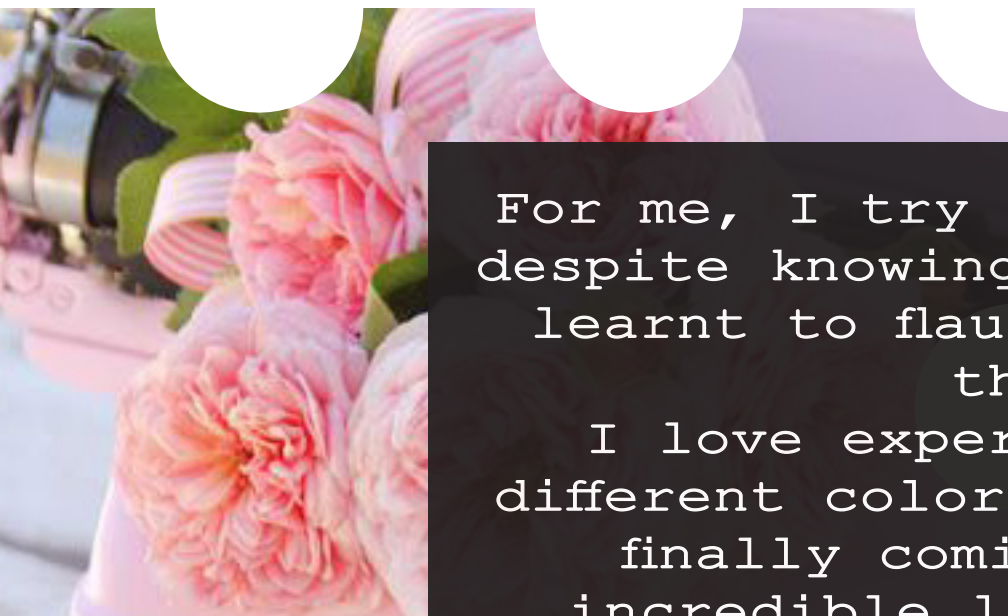
Fashion is like your genes - not the ripped or skinny kind - but the ones found within you.

Now the big question is 'Is fashion only for the skinny?' Is being plus sized wrong? If recent times have taught us anything, it is that plus sized models like Ashley Graham or Tess Holliday have rocked the ramp worldwide and have wooed us with their confidence and persona. Time and again, they have broken stereotypical beliefs that plus sized women aren't fashionable and have owned up to them like a boss.

Also, we think that style and fashion are synonymous but on the contrary, fashion is everywhere but style is individual. You can't be fashionable without style!

Most people believe in following the latest trends whether it looks good on them or not.





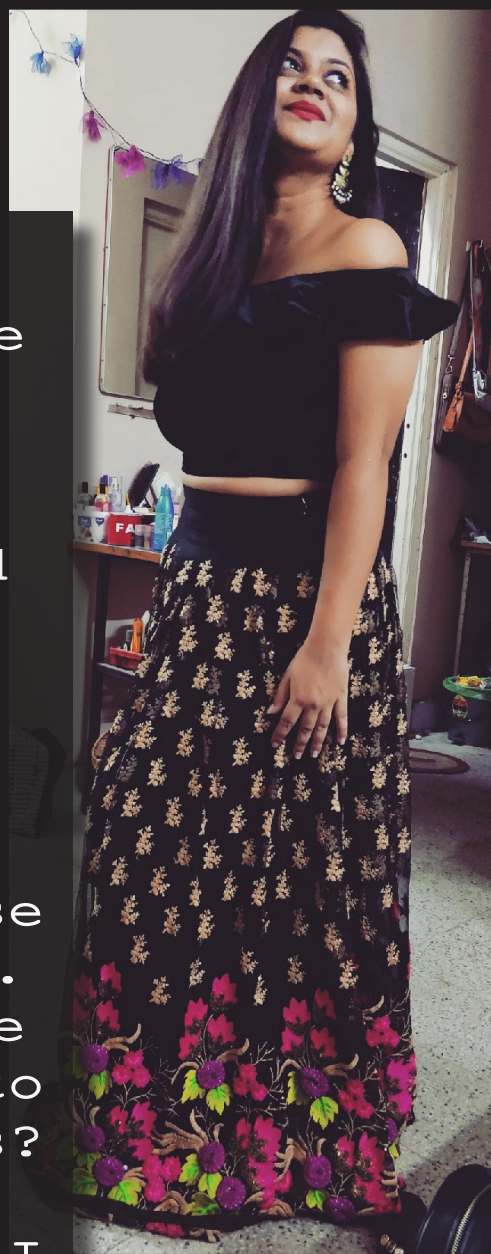
For me, I try to look my best, despite knowing my flaws, I have learnt to flaunt and not hide them.

I love experimenting with different colors and combos and finally coming up with an incredible look. Nowadays, inspiration can be found everywhere on social media websites.

Keep in mind to never compromise comfort in the name of fashion. Let's face it no two bodies are same then how does one expect to look just as good as the others?

My mantra has been acceptance. I don't remember the last time I was in the perfect shape or size.

But I try to make the most of what I have got and turn it into something that looks good.

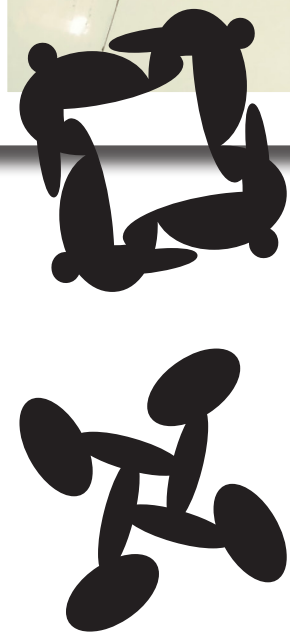
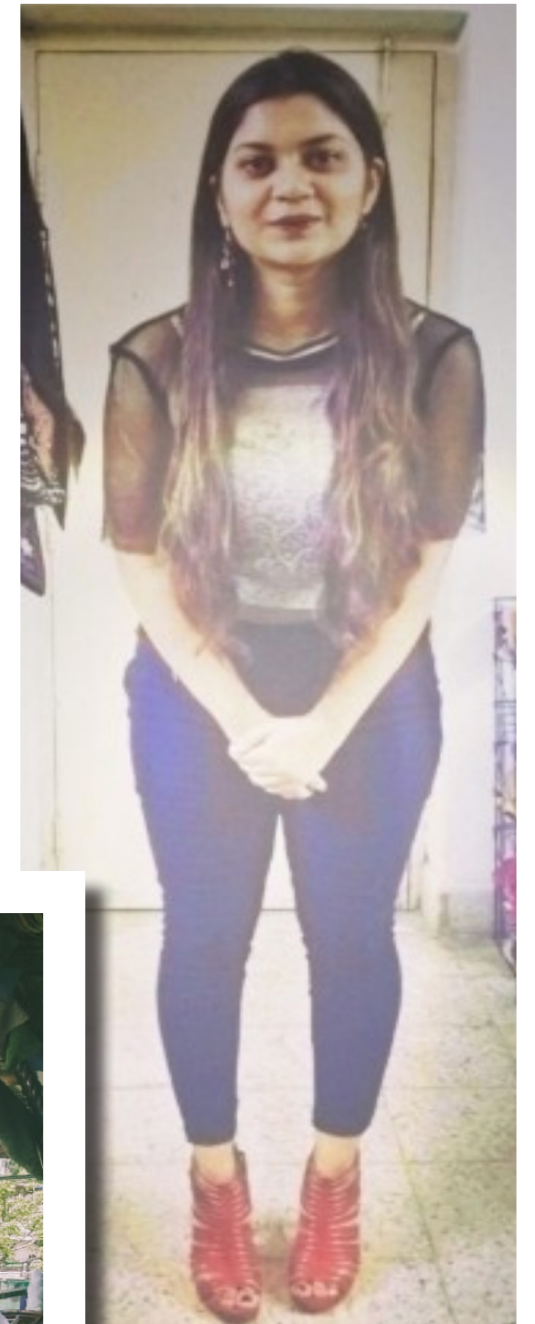




No designer can work wonders if you are uncomfortable in your skin. There is no rush to be perfect.

Additionally, fashion has always given people of every color, race, and shape and size freedom to embrace themselves. In conclusion, all I can say is create your own spark by the choices you make and you will shine through them like the North Star.

So people get out there, flaunt those curves, be your own bawse, and own what u deserve.



-Angel Yangad

Some say outer appearance is beauty and some say inner beauty is beauty, I say a positive perspective is beauty, Beauty is designated everywhere but depends on the beholder to catch it or misplace.



MrunaliniChauksey

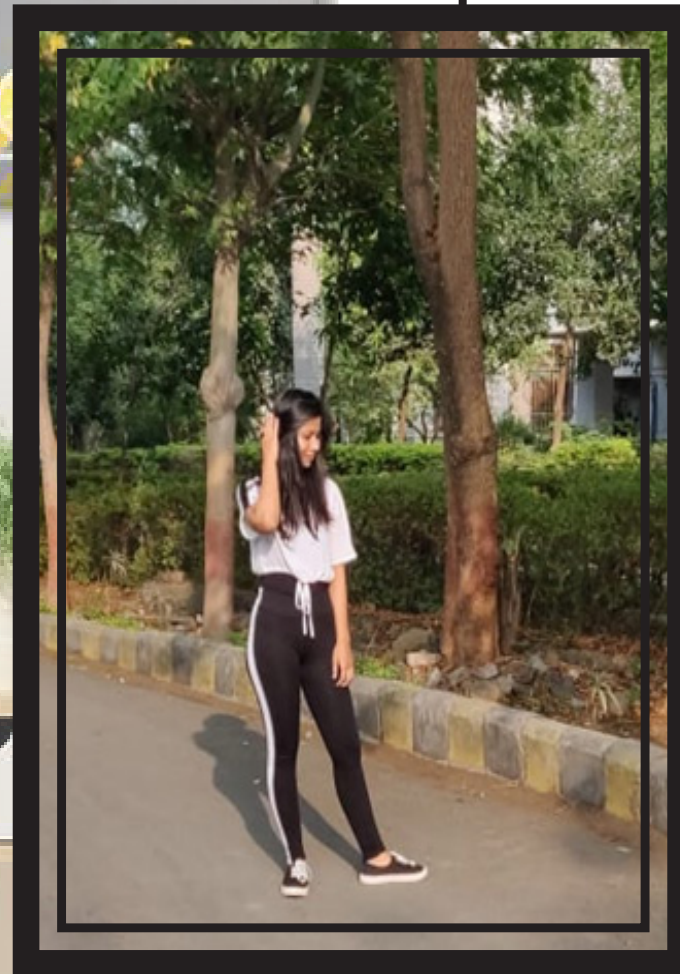
Dentist by profession, model by passion.

-Batul Khumushi

Own your Inner and Outer beauty

Who doesn't love expressing themselves through styling? It is a simple way of saying complicated things. It masters us in being flexible and even change our life needs into a better self. And of course, **SELF CARE** and Self sufficiency is the most rated artefact in the world . Just want to say, stay motivated, live for yourself ...then happiness will be knocking at your doors. And live your life the way you want to live it .

- Sakshi Agrawal

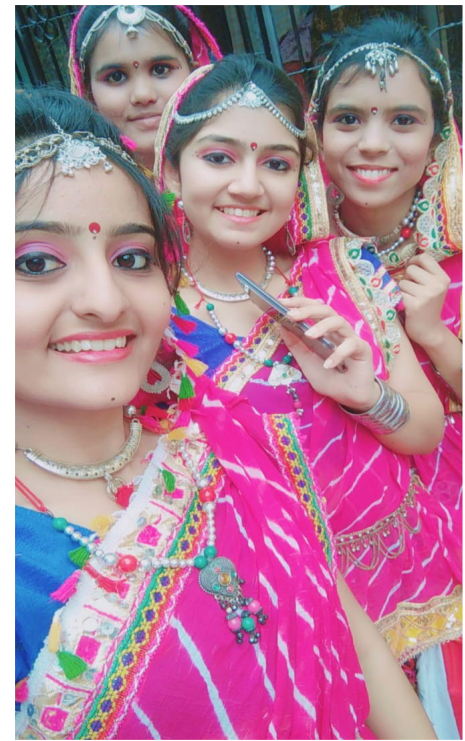


GFC

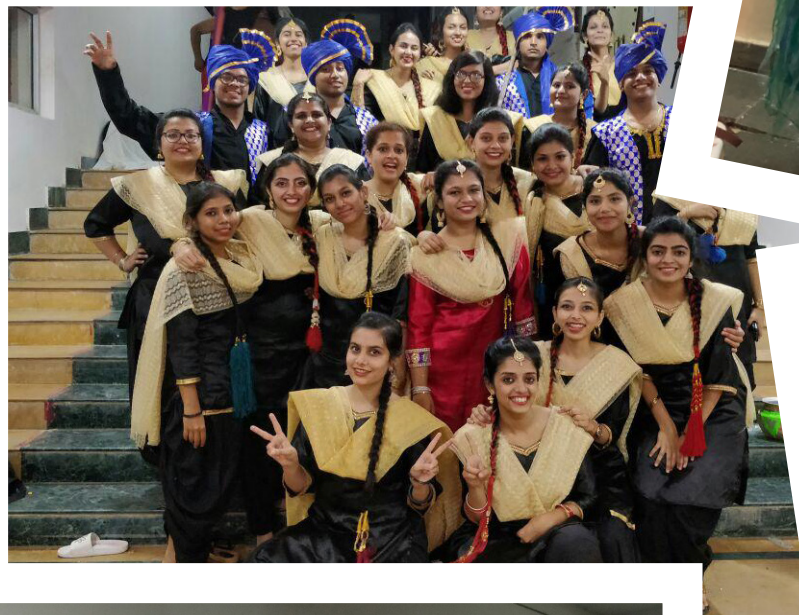
Ganpati Bappa Moriya!!

THE FAMOUS GANESH FESTIVAL CELEBRATION OF DMIMS OTHERWISE KNOWN AS GFC IS A PLATFORM OF TALENTS, A STAGE FOR PERFORMERS, A CELEBRATION OF HEARTS, A JASHNIN OF THE SOULS. WHERE THE COLLEGE IS EMBELLISHED LIKE A CASTLE FROM A FAIRY TALE, AS IF THE STARS THEMSELVES COME DOWN TO BEAUTIFY IT. WE WELCOME YOU TO BREATHE IN A FEW GLIMPSES OF THIS GINORMOUS VISUAL TREAT AND OUR GENEROUS ARTISTS.

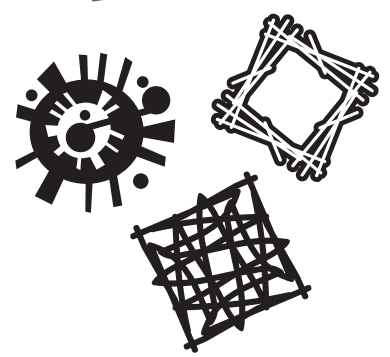




GFC CHRONICLES



KODHARBA



VARIETY

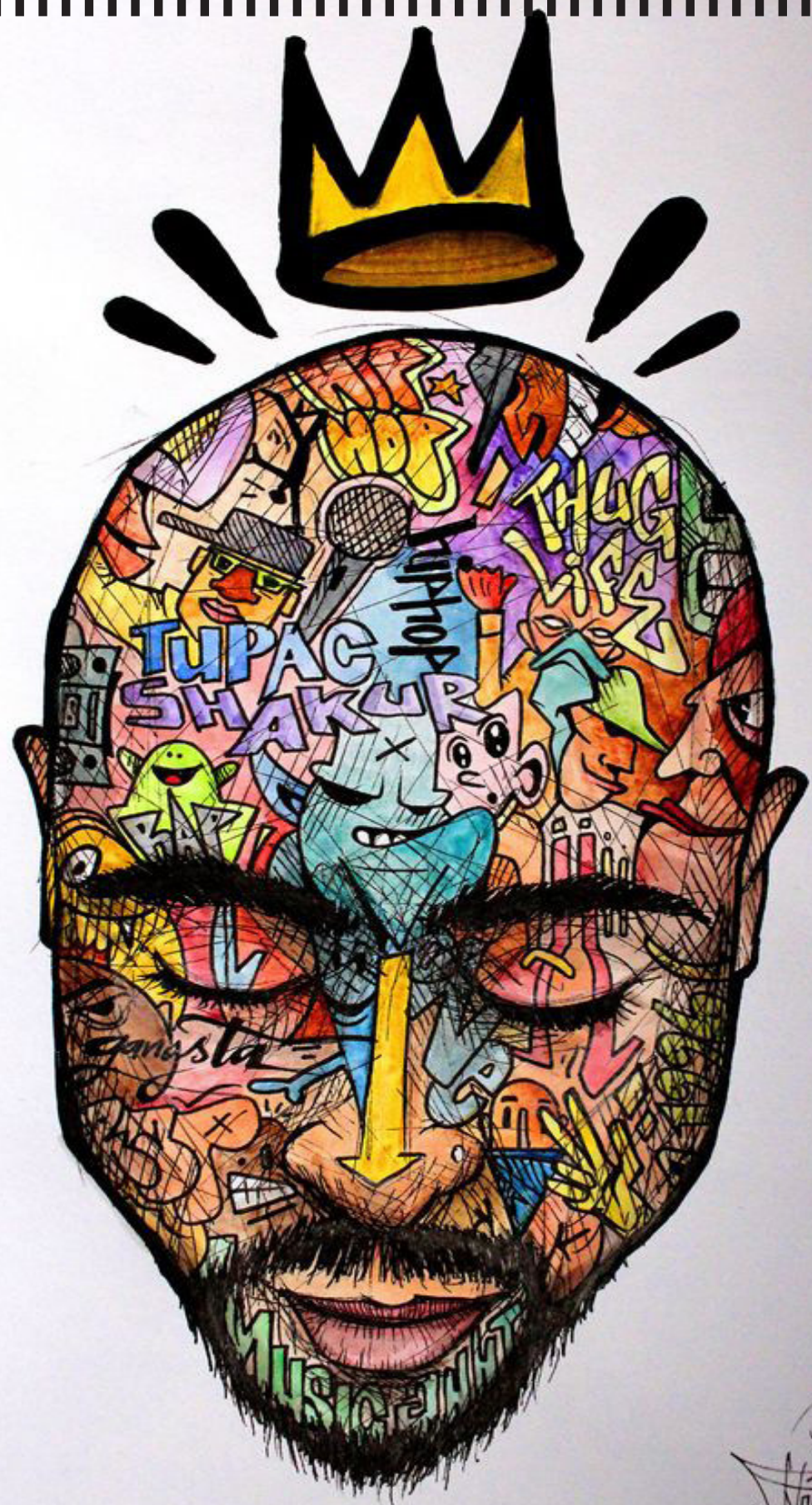
BARBARA



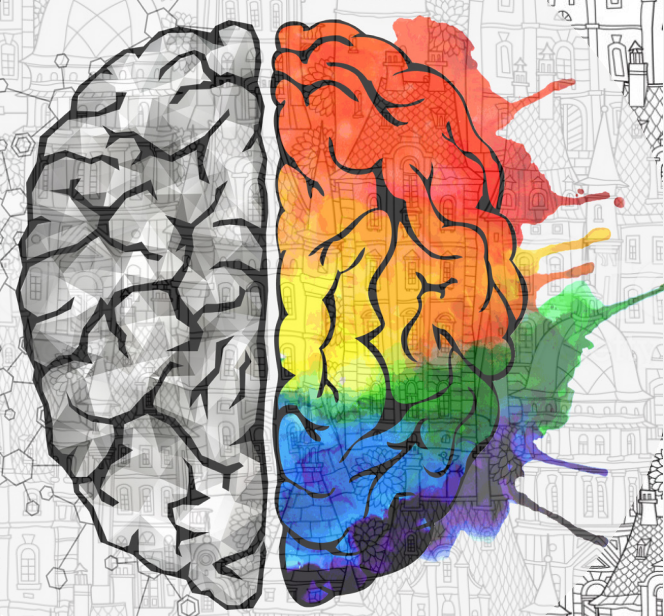
BHANGRA







#TO
KAL
KO
AKAR



"AN ART IS A POEM WITHOUT WORDS"
- HORACE

BEING IN A PROFESSION WHICH DEMANDS
COURAGE, STRENGTH, ABILITY TO PULL
ALL-NIGHTERS, AND AN AMPLE AMOUNT OF
KNOWLEDGE,

WE ARE UNABLE TO CONVERSE WITH THE
CREATIVE SIDE OF OUR MIND.

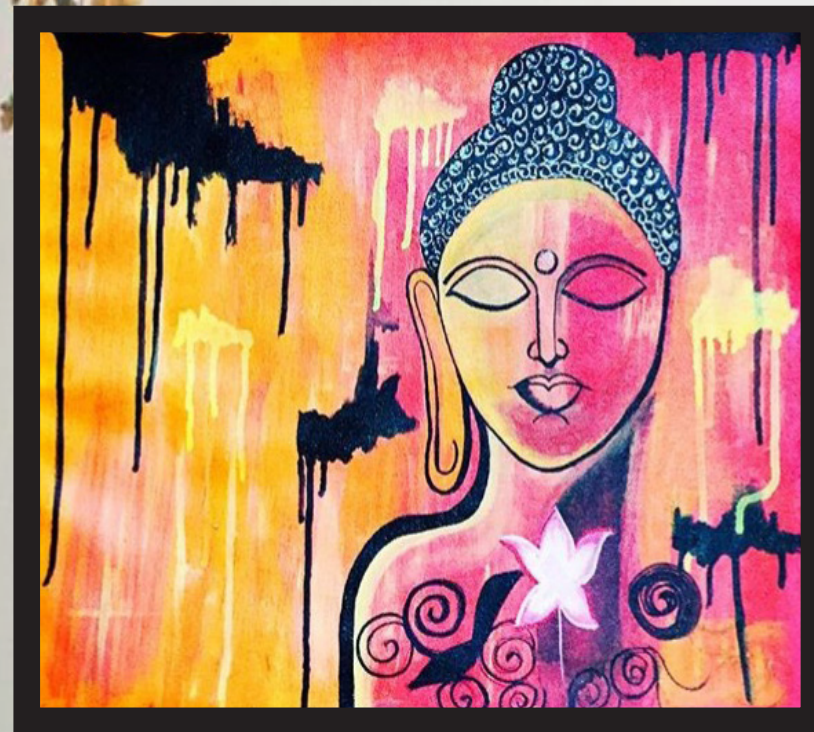
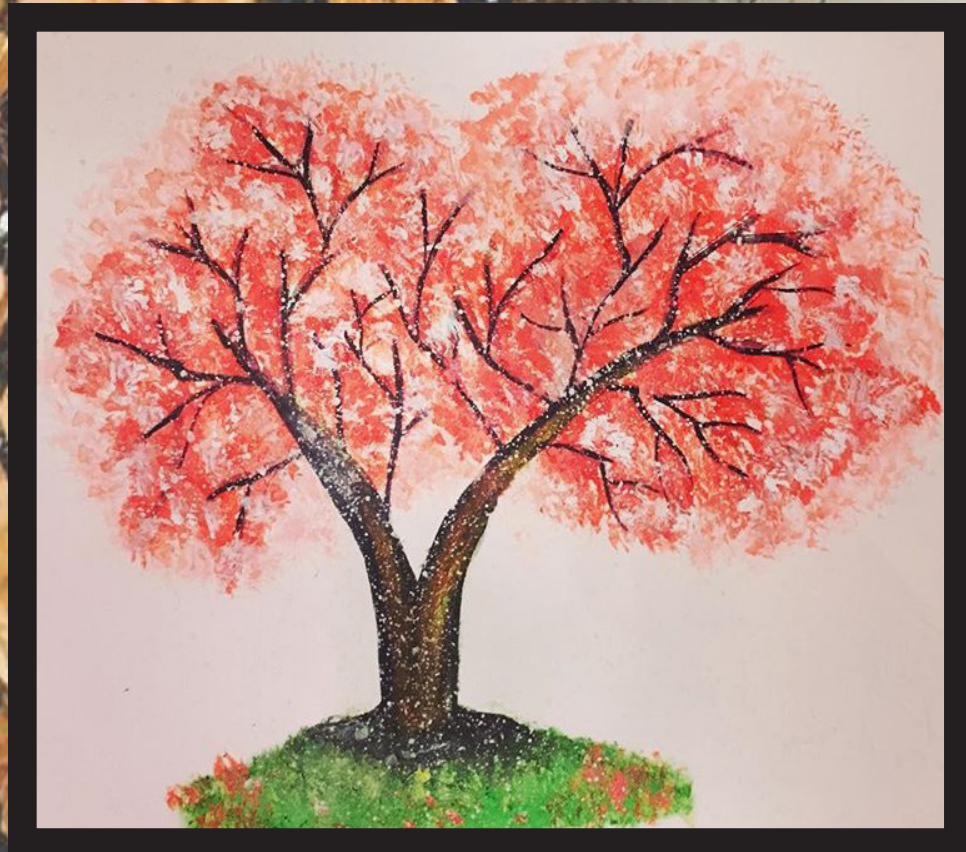
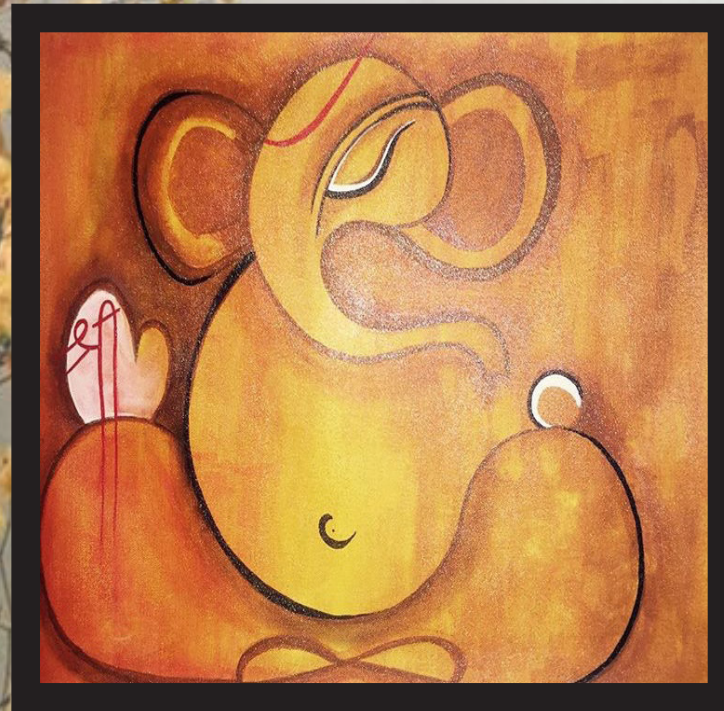
FOR ME PAINTINGS ACT AS A MEDIUM TO
VACUUM OUT ALL THE STRESS AND GIVE
ME ETERNAL SATISFACTION FROM WITH-
IN.

THE RAINBOW ON CANVAS REFLECTS THE
EMOTIONS OF A PERSON AND FOR ME
WHEN I PAINT I ZONE OUT FROM THE
OUTER WORLD.

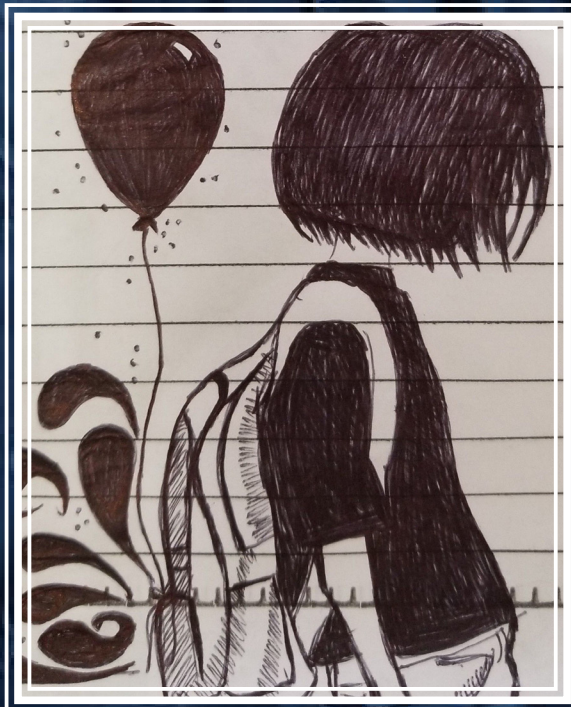
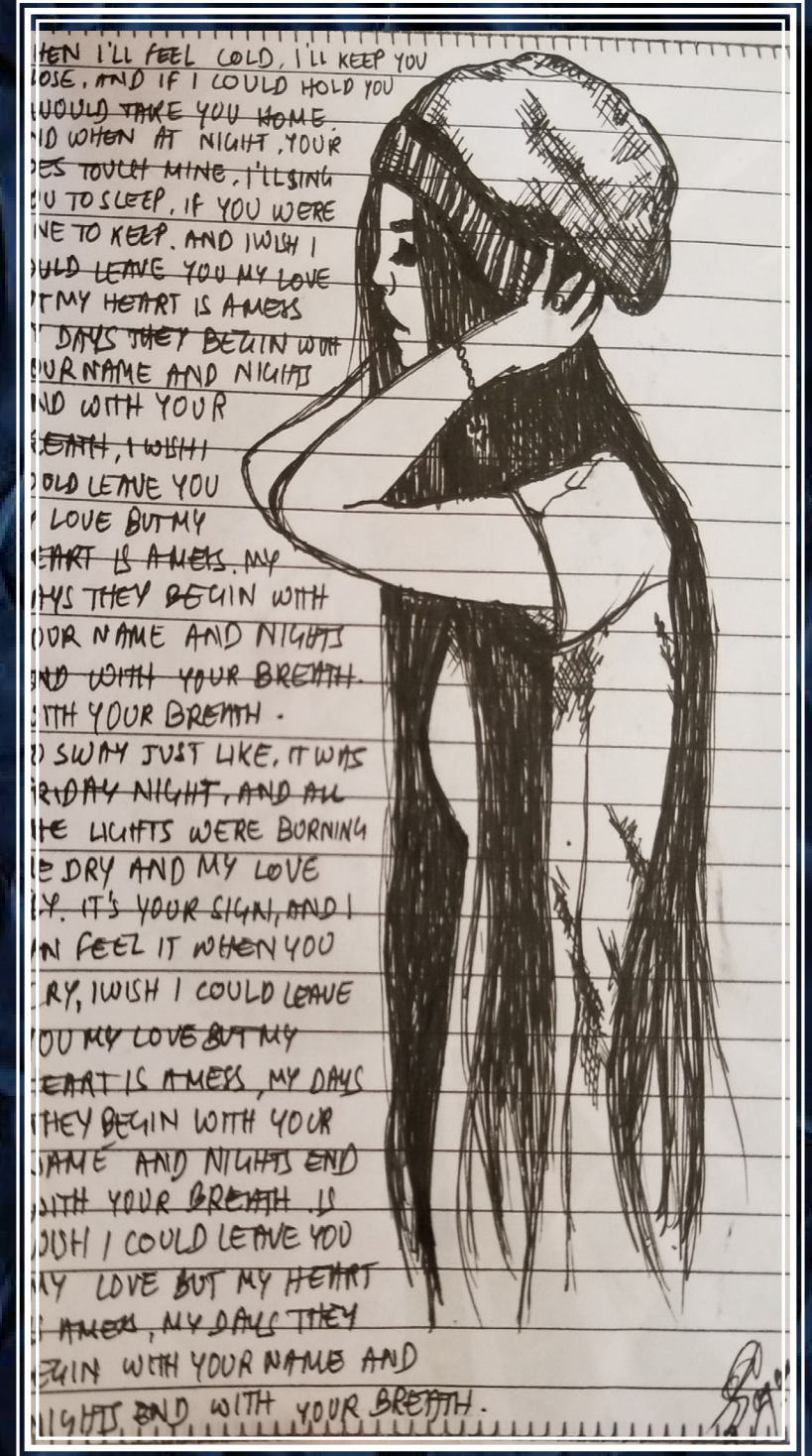
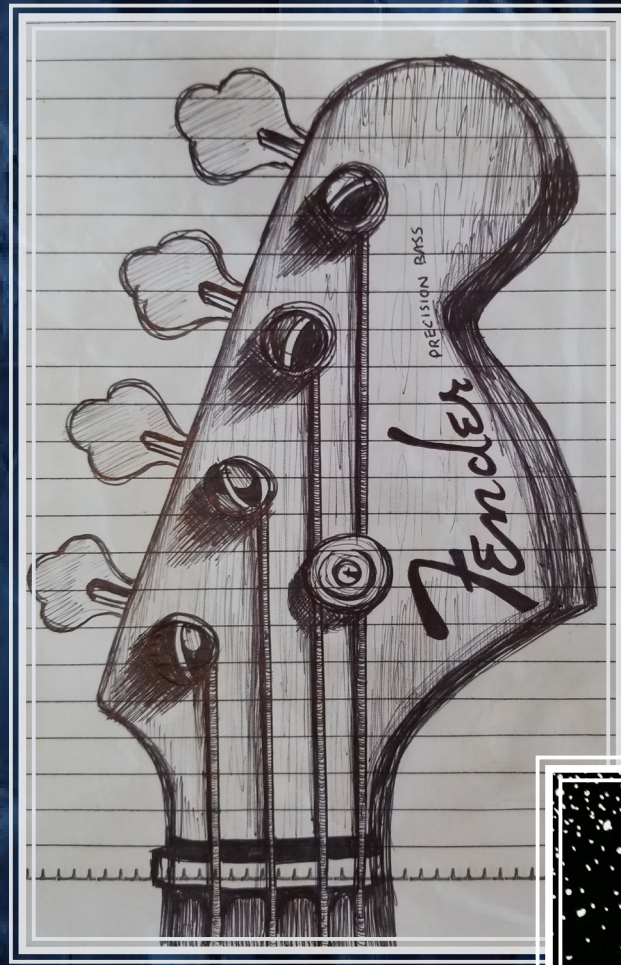
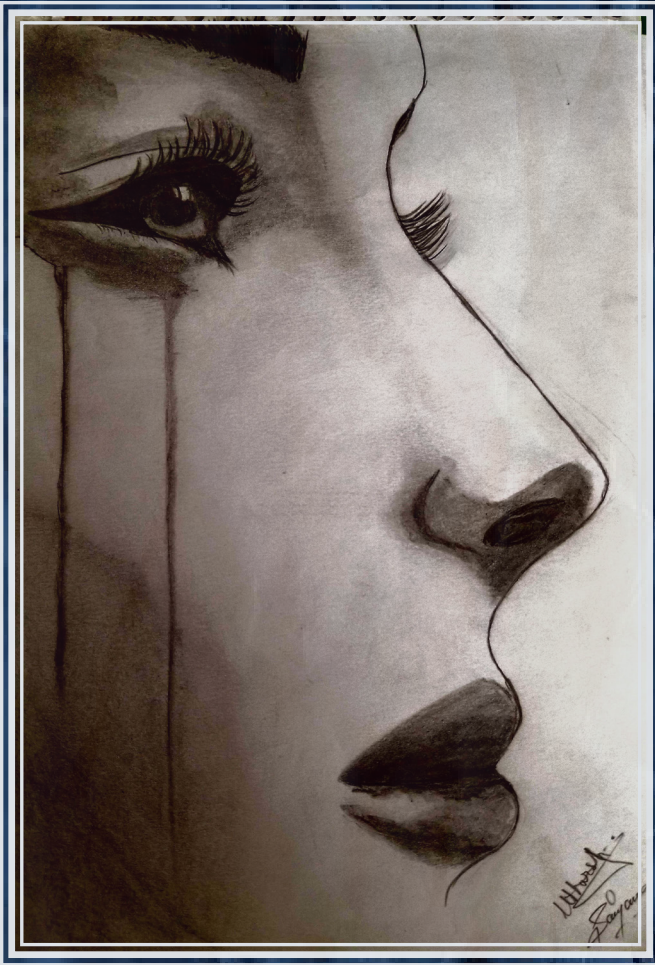
TO HAVE MY OWN ARTWORK BEING
EXHIBITED IN AN ART GALLERY IS THERE
ON MY BUCKET LIST.

- Dr. Surbhi Juneja

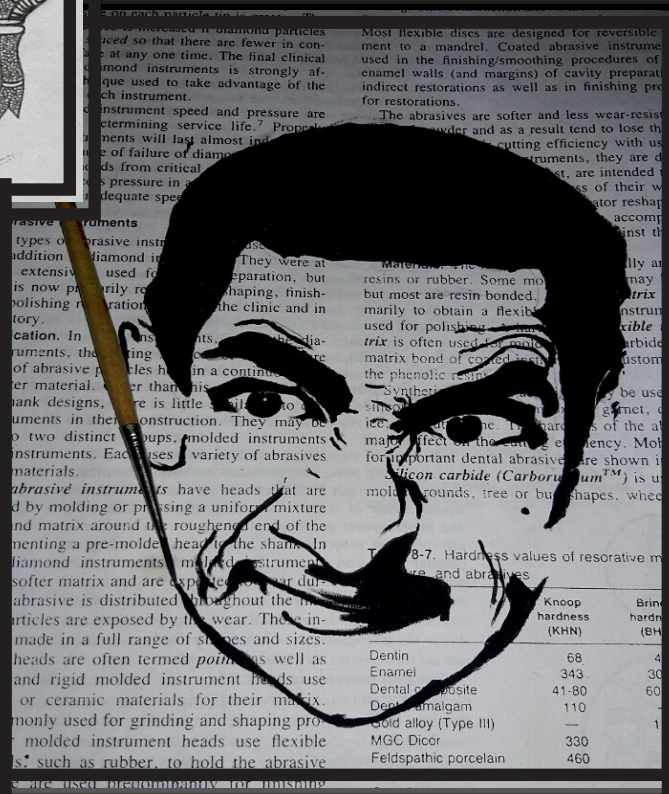
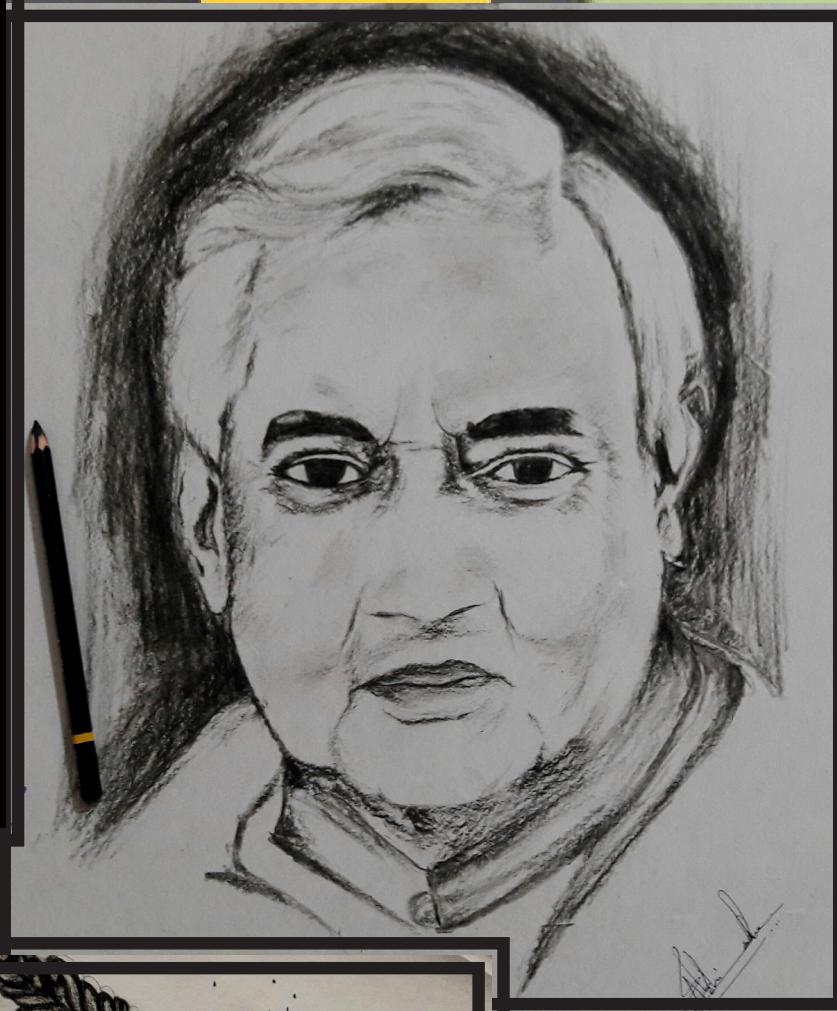
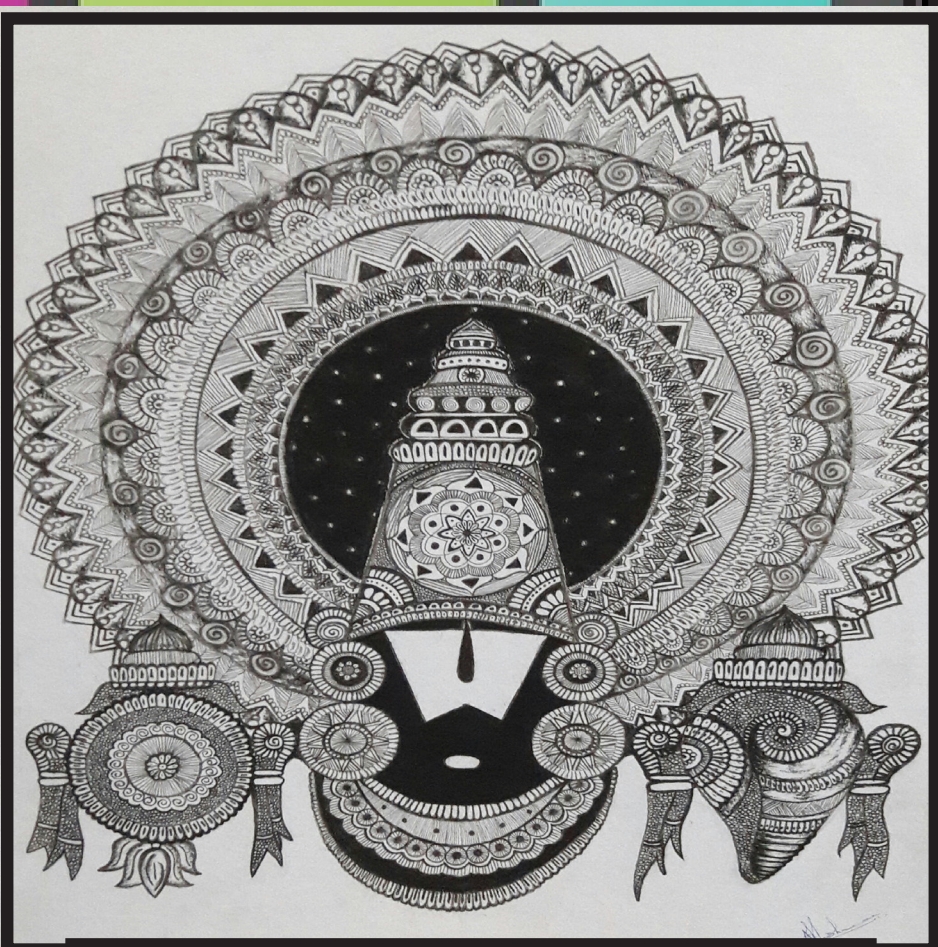




- Dr. Surbhi Juneja



- SANJANA BASU



...need so that there are fewer in con-
at any one time. The final clinical
diamond instruments is strongly af-
que used to take advantage of the
ch instrument.

Instrument speed and pressure are
etermining service life.7 Properly
ments will last almost indefinitely
of failure of diamond instruments
ds from critical areas. Instruments
s pressure in the cutting zone and
adequate speed.

Most flexible discs are designed for reversible
ment to a mandrel. Coated abrasive instrume-
used in the finishing/smoothing procedures of
enamel walls (and margins) of cavity prepara-
indirect restorations as well as in finishing pro-
for restorations.

The abrasives are softer and less wear-resist-
under and as a result tend to lose their
cutting efficiency with use.

...types of abrasive instr-
addition of diamond in-
extensive use for pre-
is now primarily re-
polishing restorations
the clinic and in-
tory.

...ation. In the past, the
instruments, the
of abrasive particles
er material. Other
bank designs, there
are little or no
instruments in their
to two distinct
instruments. Each
variety of abrasives
materials.

...abrasive instruments have heads that are
d by molding or pressing a uniform mixture
nd matrix around the roughened end of the
menting a pre-molded head in the shank. In
diamond instruments, molded instruments
softer matrix and are expected to wear dur-
abrasive is distributed throughout the
articles are exposed by the wear. These in-
made in a full range of shapes and sizes.
heads are often termed *point* as well as
and rigid molded instrument heads use
or ceramic materials for their matrix.
monly used for grinding and shaping pro-
molded instrument heads use flexible
s,* such as rubber, to hold the abrasive
are used predominantly for finishing

...They were at
preparation, but
shaping, finish-
the clinic and in-
tory.

...the dia-
able
in a contin-
er material. Other
ank designs, there
are little or no
instruments in their
to two distinct
instruments. Each
variety of abrasives
materials.

Table 8-7. Hardness values of restorative materials and abrasives

Material	Knoop hardness (KHN)	Brinell hardness (BH)
Dentin	68	4
Enamel	343	30
Dental composite	41-80	60
Dental amalgam	110	—
Gold alloy (Type III)	—	1
MGC Dicor	330	—
Feldspathic porcelain	460	—

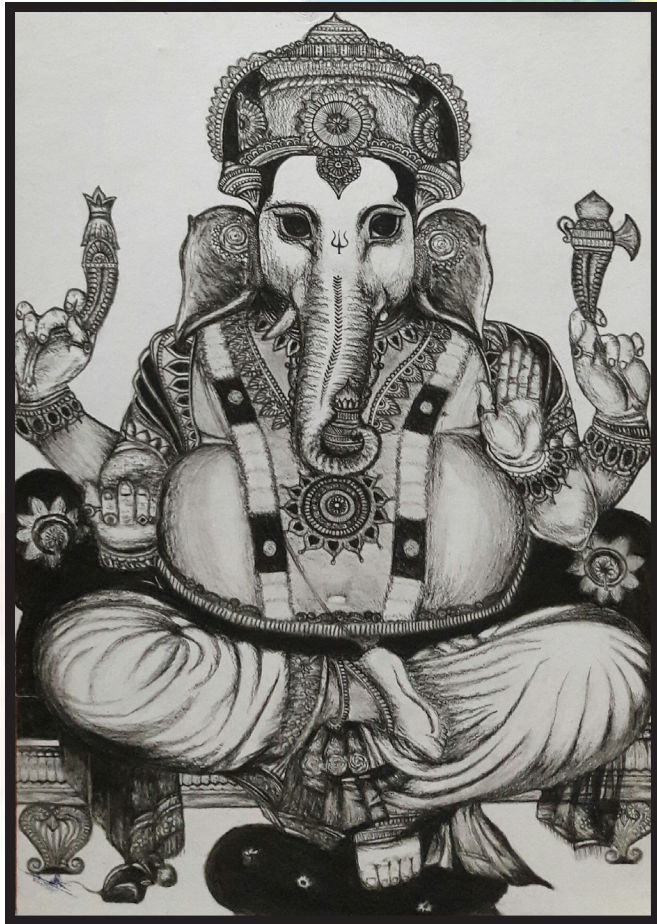
Abhishree Chaurasia



- Abhishree Chaurasia



- Smruti Saoji



- Abhishree Chaurasia



- Naleen Naranje

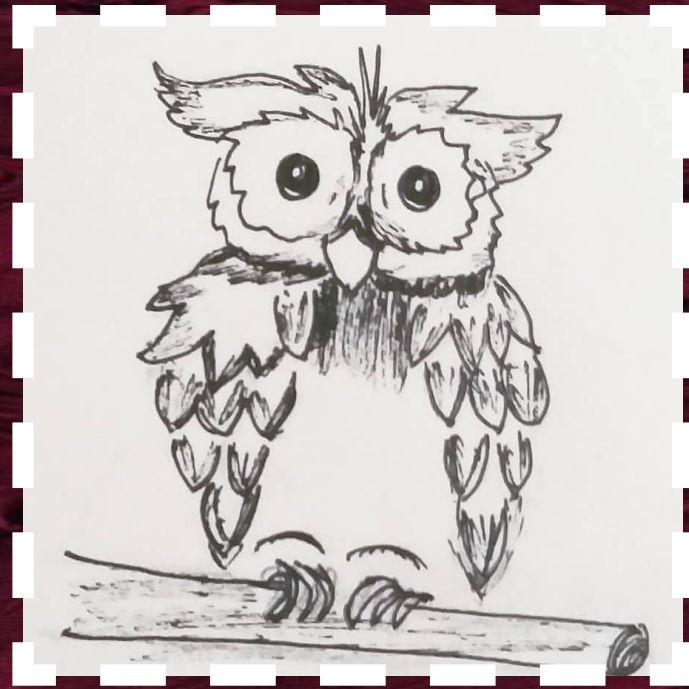


- Dr. Swalbi Juneja

सुरभि



Tasin Huda



Sakshi Kashikar



Tasin Huda



- Smruti Saoji



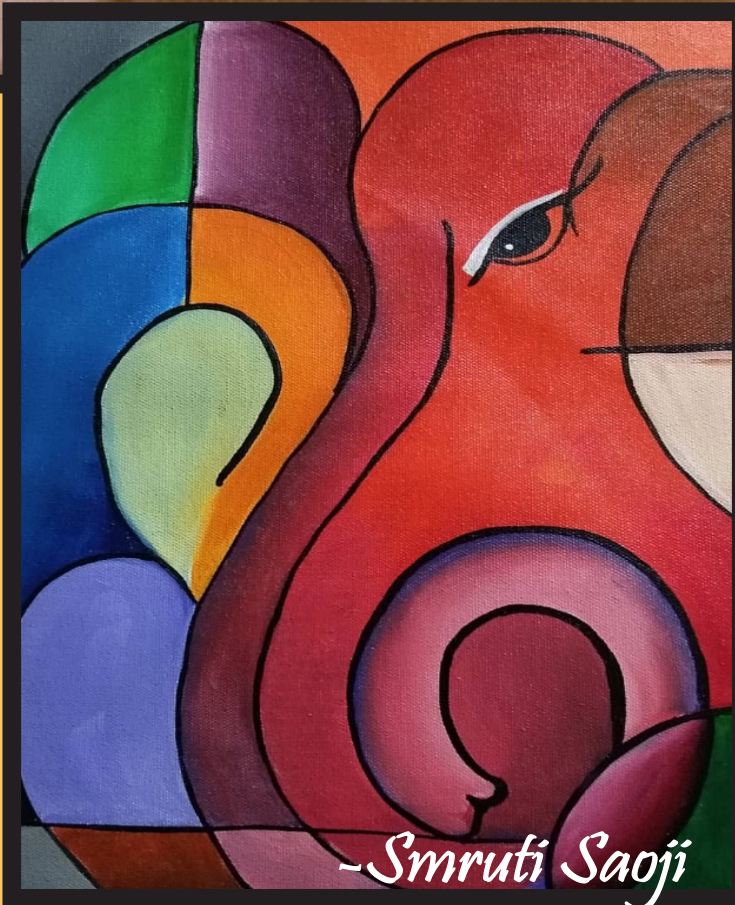
- Radha Deshmukh



- Smruti Saoji



- Kalash Raut



- Smruti Saoji

SPORTOFISTA

Sports are a crucial part of every society, individual and country. They are a great way to escape our stressful lives and help us stay fit and have fun simultaneously. They teach us the importance of giving our best over winning or losing which applies to different domains in our lives. Sports boost confidence and are a great way to blow off some steam. Also sports help in cultivating discipline and regularity. Encourage people around you to give an hour or two to sports regularly and you will see the difference yourselves. And who knows, you might just develop an interest in a sport and turn it into a career. On that note, here are some highlights from Energia 2019.

- ADITYA GUPTA



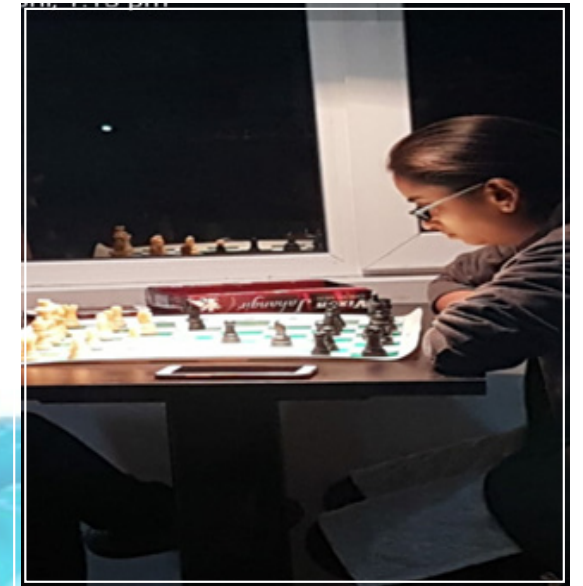
“IF THERE IS MAGIC IN THIS WORLD THEN IT IS CONTAINED IN WATER”

What is Swimming? We all know its an individual or a team sport. But for me, it has always been a different world which makes me feel relaxed, with no worries and problems at all. Its a sort of meditation. My story goes back to when I started swimming at the age of 6. My Dad taught me the sport and he was and is my only coach.

It started as a hobby and later developed into passion. Naturally, I started participating in various competitions at local, regional, divisional, district, state levels. My choice of stroke had always been freestyle. Following are some of my achievements-

- 1st position, Divisional level, Yashodham Sports Club, Malkapur (2008).
- 2nd position, District level, Buldana Sports Club, (2009)

Later I played for State level at Amravati Sports Club in the year 2010.



Another sport that interests me is Chess. I have been playing chess since I was 6. Again it was my Dad who taught me all the tips and tricks. I gave a try to this game when I was in Buldana, waiting in the swimming complex after my swimming section and interestingly, I won all the 5 matches and was selected for district level where I won 4 out of 5 matches and hence couldn't qualify for state level. Nevertheless, I am very grateful for the chance I got. And thats why it is said -

“ MOVE IN SILENCE . ONLY SPEAK WHEN ITS TIME TO SAY CHECKMATE”.

I am a Dentist , Who knows how to deal with SWORDS

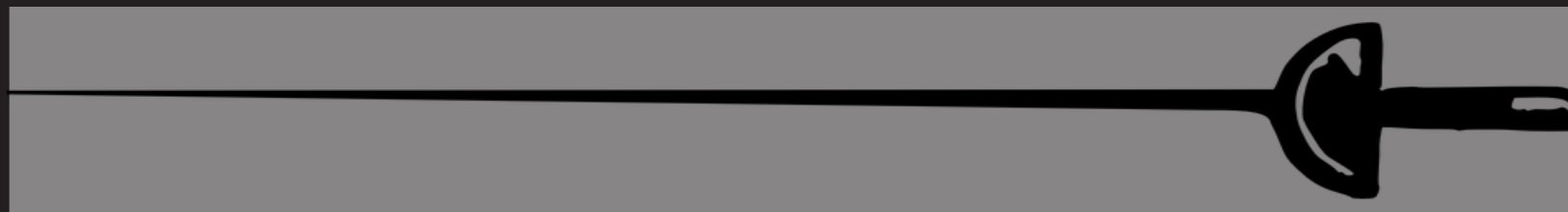
- Nikita Gupta

It all started when I was in 8th std and my brother was interested in this game known as FENCING which is an indoor game. I obviously had no knowledge about it. One day I thought of giving it a shot because I wanted to try my luck in this game at least once. My school BISHOP COTTON SCHOOL was very supportive about my game and I am grateful for that. To qualify for state level one has to be selected first in the district level. I attended one tournament in Nagpur and as I was training with my brother for more than a year, I was able to win my matches and therefore got selected for state level championship (Nanded, Aug '09). My family was very supportive and helped me practice and provided proper equipments for the game. I went for the state level tournament and there I surprisingly bagged the gold medal and it was this time when I realized that this is my passion. Afterwards I played for 12 state tournaments (both in the individual and team categories). In all the 12 state matches that I played I lost only twice. I also went for SCHOOL STATE CHAMPIONSHIP (Ahmednagar, oct '09) where I received the Gold medal in individual and Bronze in team category respectively. Also, I got selected for national level (Tamil Nadu, Nov '09) where I gave my best and decided that, even if it takes me years to go for international level, I will positively make a position in this game. I tried again and again and thus there's a huge list of me trying to go for national level.



I got selected for national level championship after so many attempts for international. The second national I got selected was in Nasik (sept 2010). I was very scared as I already lost once and I definitely didn't want to lose again. I had to win at least 8 matches to get through the semifinals, and I did. I still remember my last match was against Tamil Nadu who are very much known for their gaming strategies. It was hard to beat them. Even after standing third and getting Bronze, I was happy for finally getting selected for internationals. After shining in silver in Nationals, I was prepared for Internationals, and was lucky enough to get selected too. Not once, but thrice. And all the time I made my country proud by securing a top 30 rank. I would love to share my list of how many nationals I have played to get to these 3 internationals.

- 17TH NATIONAL JR.F.CHAMP TAMIL NADU, NOV 2009 (PARTICIPATION)
- 7TH NATIONAL CADET JUNIOR F.CHAMP NASHIK, SEPT 2010 (BRONZE TEAM)
- 18TH NATIONAL JR.F.CHAMP BILASPUR, OCT 2010 (PARTICIPATION)
- 56TH NATIONAL SCHOOL GAMES.F.CHAMP SANGAMNAIR, DEC 2010 (BRONZE TEAM)
- 21ST SENIOR NATIONAL CHAMPIONSHIP HYDRABAD, JAN 2011 (PARTICIPATION)
- 3RD FEDERATION CUP FENCING CHAM HYDRABAD, OCT 2011 (PARTICIPATION)
- 19TH JUNIOR NATIONAL CHAMP CUTTACK/ORISA, SEPT-OCT 2011 (PARTICIPATION)
- 57TH NATIONAL SCHOOL GAMES .F.CHAMP CHANDIGARH, JAN 2012 (SILVER TEAM)



INTERNATIONAL LEVEL CHAMPIONSHIP :

- THAILAND OPEN INT.CHAMP BANGKOK, DEC'09 RANK 32 (IND)
- CADET FENCING WORLD CUP SINGAPORE, FEB'11 RANK 36 (IND)
- THAILAND OPEN CHAMP BANGKOK, SEPT'12 RANK 32 (IND/TEAM)

There were almost 2000 people all around the world for the championship and all were desperate to win. I was honoured to represent India at such a big platform and not disappoint my alma ata.

SPECIAL AWARDS :

- MAHARASHTRA STATE FENCING ASSOCIATION
- NASHIK 8TH MAY 2011 AWARD
- VIDARBHA SPORTS COUNCIL NAGPUR 30TH JULY 2011 VIDARBHA
- AWARD MAHARASHTRA STATE FENCING ASSOCIATION
- NASHIK 21ST MAY 2112 AWARD

After I was awarded I had a chance to go for national games as I qualified for the mini Olympic, I got selected for national games which was held in JHARKHAND 12-20JAN 2011 (PARTICIPATION)

Now that I was very much happy with my passion I wanted to become a doctor too. I got admission in DATTA MEGHE INSTITUTE OF MEDICAL SCIENCES for BDS course and was glad to find that my college was also very supportive and very encouraging towards my game, and before I knew it, I got to play in the national level where I represented my college SHARAD PAWAR DENTAL COLLEGE.

- CHANDIGARH NATIONAL CHAMPIONSHIP CHANDIGARH 17-25 2015 PARTICIPATION
- CHANDIGARH NATIONAL CHAMPIONSHIP CHANDIGARH 20-25 2016 PARTICIPATION

Ever since, I am trying my level best to get a medal for my college. My college has also awarded me for my participation and this is how I am now a dentist who knows how to deal with swords.....



SWEAT & SHINE

- Mrunmayee Khare

My journey in badminton started when I was 6 years old. It all started when my grandfather gifted me a badminton racket on my 6th birthday. I began learning to play bit by bit, and before I knew it, I started enjoying it so much that I started playing daily and used to skip even my studies sometimes. My parents observed my interest and thought I should get a proper coaching. So I started my coaching at a club in Nagpur. After a year or so I started playing in tournaments. I faced a lot of failures at first and I used to get disappointed very quickly, but my father kept motivating me. This motivation helped me improve my game. By this time I had started winning matches. Badminton was not just some silly game for me, instead I learnt a lot there.

I learnt sportsmanship, I learnt patience, I learnt acceptance and I learnt fighting, with every ounce of energy I had until I was defeated. The match that I will always remember was the one I played against the finest player in under 15 category. The match was neck to neck. I gave her a tough competition till I suddenly fell and sprained my leg. I was very disturbed and demotivated, but my mother came to me and told me that I could do it and that I was stronger than this. I knew my opponent's weak points, I used all the energy I had to give her one last fight and that was it, I won the game. It was a great moment for me, everyone was stunned seeing an injured girl win the game.



That day, I learnt the lesson of leaving pain behind and focusing on your goals. Beyond this point, I was so engulfed in badminton that I joined a summer camp in Mumbai. This camp really polished my game. So I started attending this camp annually during summers. I was fortunate enough to meet and play with some of the best players in the history of badminton. After a few years, I started representing my school at various levels. I also went for state trials when I was 14 years old, though I couldn't qualify for the next round, but that was a nice experience.

The best part, this journey didn't end here. After joining this college I participated in Energia (Annual sports event), and we won gold every year. Although I participated in other sports, badminton was always the first on my list. It was and still is a proud moment for me, when everyone in college recognizes me because of my game. Badminton was, is, and will be a great part of my life and I would never stop playing it.



#YAATRIGAN
KRIPYA DHYAN
DE



LEH LADAKH

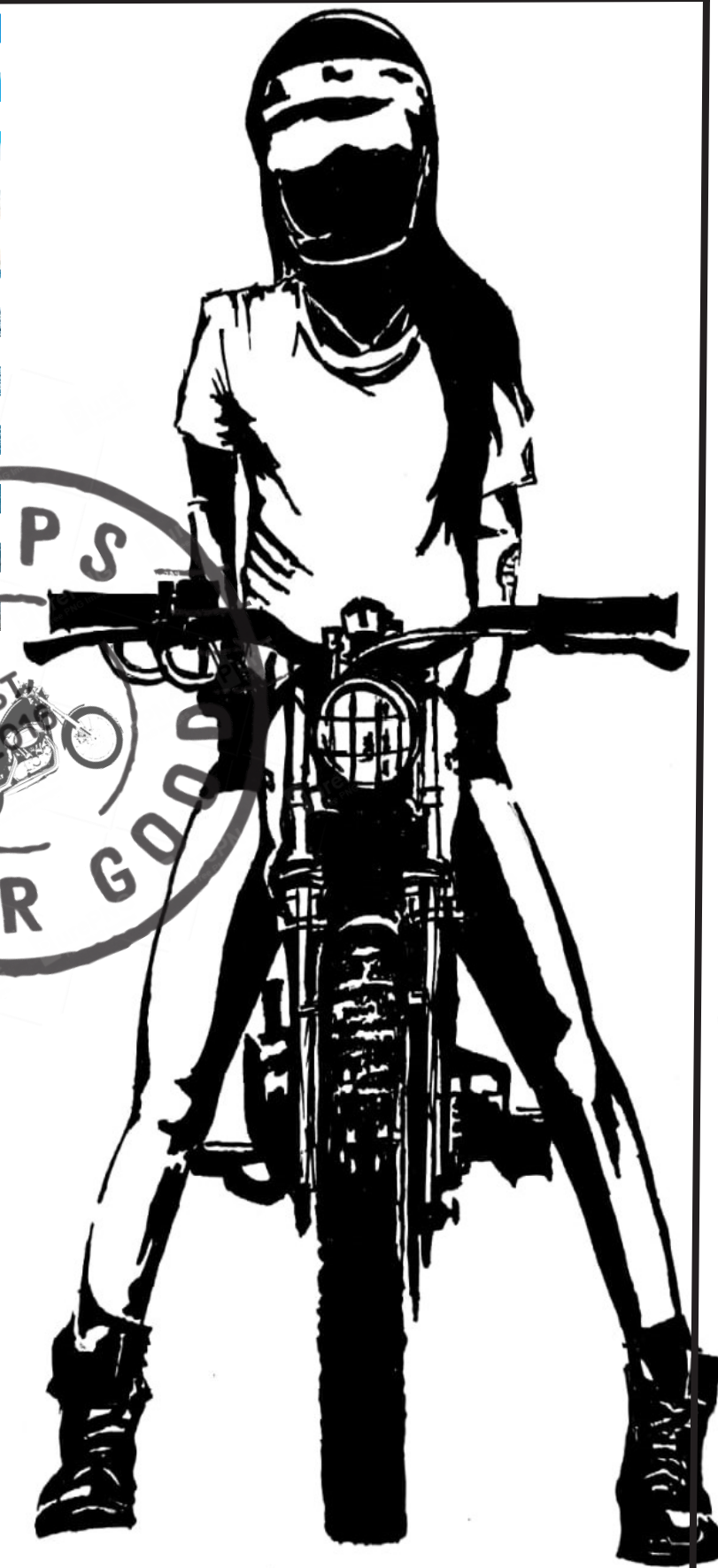
The mountains
← ARE CALLING →
and I must go



Like every guy my age, I too had a dream to ride my bike all the way to Leh, Ladakh. The ideal bike for this trip would be a Bullet compared to my Honda (150cc) Unicorn Dazzler. So when I finally got the chance, I was discouraged by my friends and family that there's no chance that me and my bike would last the entire trip.

Well it's not their fault, they were completely aware of the fact that this trip was one of the toughest road trips in the world. But I made it my goal to prove them wrong but mai jo sochta hu, mai vo karta hu, aur mai jo nahi sochta, mai vo definitely karta hu. Aur ye trip maine nahi sochi thi.

So, I went onward with packing and fixing my bike within 2 days, so that I can send my bike to Delhi via train. The day I sent my bike, I took a flight the next day. On reaching, I had it modified with equipment that would help me navigate Leh easily.



— SANJANA BASU

Then me and my friends set off for our journey and rode through various cities such as Jalandhar- Pathankot-Udhampur, where we had to stop because a fellow biker fell and we had to send him back home.

Then, we journeyed on to Srinagar, where we stayed the night and took a houseboat on the beautiful Dal lake.

We rode to Kargil the next day, on the way we found two passes named, Zojila pass and Fatula pass. Zojila pass was a War Memorial of Indo-Pak war 1947. We paid our respects and left for Kargil. Next, we directly stopped at the Kargil War Memorial which was a haunting reminder of the brave soldiers who lost their lives in the 1999 Kargil War. After spending the night in Kargil, it took us the entire day to reach Leh.





Next morning, we rode on to Nubra Valley via the Khardungla Pass (18380 ft). This valley was so high that it was difficult to cross it with heavy working bikes and I was advised by the localites that taking my 150cc bike up there is not a very good idea and that I should rent a 500cc bullet. But again, my bike did not fail me and I crossed it. It was a tough ride to the top, but it was worth it. Nubra Valley is also known for its two-humped camels, its white sand desert and of course its breath-taking beauty.

It is a complete desert with adventure sports for enthusiasts. We stayed the night and left the next day for Pangong lake which was the filming location for the movie '3 idiots'.

We were advised to leave early the next day by the locals due to the glaciers melting and the water flooding the roads and so we stayed the night at a camp.



We left the next day and reached back to Leh. The scenery was breathtaking and I felt a rush probably because I was so high up the mountains. Afterwards, we planned to go to Manali and as we were leaving, I realised I had forgotten to refuel and there were no petrol pumps on the Leh- Manali highway for about 450 kms. When it got dark, we had to stop at Akshay Nala (-3 degree). The following night was horrible because I couldn't sleep due to the low oxygen levels at such high altitudes. The next day, I managed to find petrol and we took off for Rohtang La and the path was full of wet mud, making it difficult for our bikes to navigate through. Additionally, heavy rainfall numbed my fingers to a point that I couldn't drive.

We halted for the night in Manali. Next day till I got my bike fixed, we roamed around the local streets food, stuff to buy etc and enjoyed half the day like this. Finally, I received my bike and we left for Kullu.

By the time we reached Kullu, it was evening, which automatically meant another night's stay. The next morning we rode onward to Chandigarh where we explored for a bit and with a tinge of sadness I realised that my trip was over. We reached Delhi the next day and everyone was in awe of how I had managed so far with my bike and I was super proud of it.

It was one of the most memorable and exhilarating trips that I've ever had.

- Utkarsh Umre



MIZORAM



The birds, the trees, the rivers, the mountains. I don't want to make it sound like fairy tales but I'll share all the joys and prosperities of my home as they used to say. Home is where the heart is'; and as for me my heart is my home land Mizoram.

They used to call switzerland of the east' which I believe is true. The place where 'Tlawngaihna' or can be called as 'altruism' is admired and takes an important special role in the mizo society. In public buses, where elders and the females are given seats and in every way we live there is always abundance of selflessness.

People are friendly and simple; in good times and in worst times, the society as a whole is always ready to be there sacrificing their time and work.

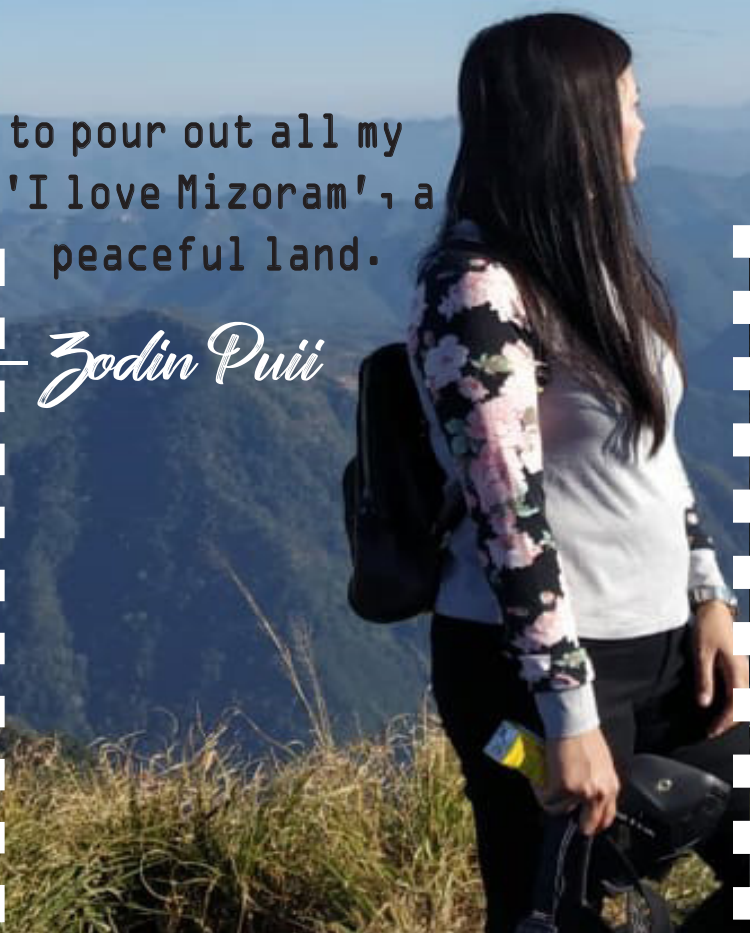
I think mizos are hip people who have an inborn talent in music, mizo gatherings are always almost lively even at funerals. Refreshing cuisines, beautiful people have a key eye in fashion, have a deep spiritual way of life and are always there to lend a hand.

The fact that there isn't big gap between the rich and the poor, seeing everyone as a human as should be is one thing that is find worthy living in this land. Moderate climate, mesmerizing weather and thick valuable ever-green forests with blooms of exotic Flora are a bonus. In summer, it's like you are walking among the clouds. The hills and plunging gorges are criss-crossed by gushing rivers and sparkling waterfalls.

For me, winter is my favourite season which has the most prestigious festival of Christmas. Every houses, streets are decorated and lighted up with a heart of donations to the needy. Feasts, Carol's echoing from door to door are my elations.

Many more pages will be required for me to pour out all my emotions yet I'd rather end here by saying 'I love Mizoram', a peaceful land.

- Zodin Puii



The French Decadence

Puducherry or as I fondly remember it 'Pondy' has been gaining immense popularity as an ideal travel destination

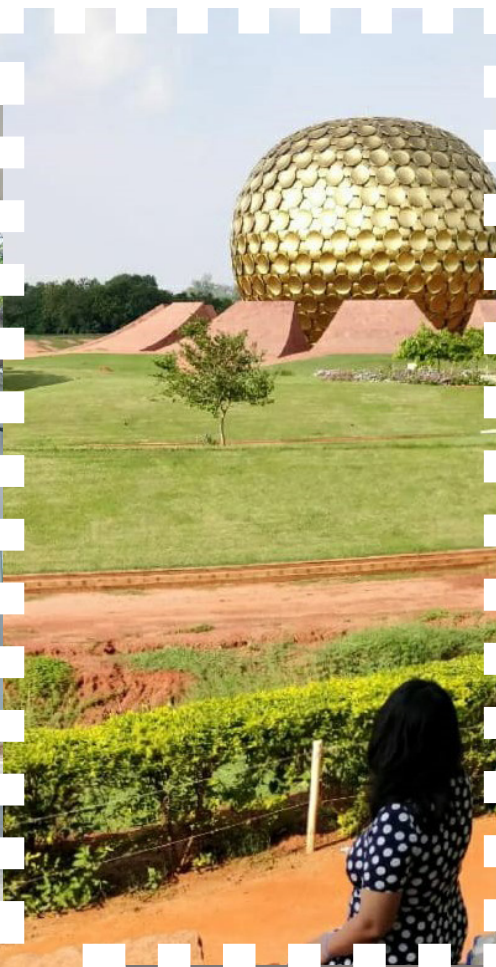
I have been going there with my family since childhood. My father being an ardent devotee of the 'Sri Aurobindo Ashram', which is frequented by Indian and foreign tourists every year. The Ashram advocates peace, meditation and selfless service to society.

Additionally, Pondicherry is famous for its elegant french bistros like 'Le Maison Rose', 'Le Dupleix', or quirky cafes such as at 'Cafe Xtasi', 'Baker's Street', 'Cafe des Arts' and homemade South Indian fare at 'Ananda Bhavan', 'Surquru' etc



Photo by Utkarsh Umre



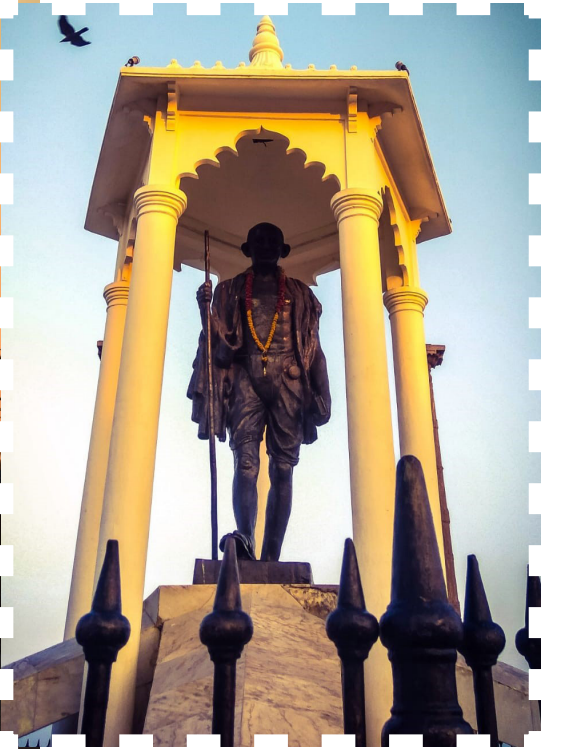


Walking around the streets of 'White town' will make one feel as if they've been transported to the quaint, romantic arrondissements of Paris and beautiful French architecture. It is also home to picturesque beaches such as 'Serenity', 'Paradise' and the famed 'Promenade (Rock) Beach', the latter located alongside streets that transform into a walking plaza in the evenings where people leisurely stroll with the scenic view of the sea on one side and the road alongside this beach is closed to all vehicles for the safety of the public.





Photo by Utkarsh Umre



'Auroville', is a township, located 11 kms from the main city. It was designed to cater to people from all over the world who wish to live in peace and communal harmony. Yoga is actively practiced here by the locals. Stores selling Bohemian attire, jewellery, handicrafts etc, vegan cafes and restaurants such as 'Bread & Chocolate' and 'Sam's Cafe' can be found.

It is home to the 'Matrimandir' popular among tourists and is said to have a great spiritual significance. In a nutshell, Pondy is place that will find a place in every traveller's heart as it did in mine. Be sure to include it in your bucket list.

- Pavitra Sangwan

MALDIVES

By Dr. Abhilasha Dass Mishra



For as long as I could remember, the Maldives has always been the trip I wanted to explore. Not just because I'm a sucker for beaches, but also because the overwater villas! They are so picturesque against those turquoise lagoons.

Paradise Island Resort and Spa, a Maldives luxury resort, that puts you at the heart of the island Lankanfinolhu in North Male' Atoll.

It was almost mid day when we arrived. With the sun right above our heads, we shielded our eyes from the glowing daystar and gazed upon the incredible shades of blue that made up our surroundings. We were blessed with such clear, blue skies that the waters reflected the prettiest shade- soft blue.

I stayed two nights in a Beach bungalow which was facing the beach. It was indeed a dream like view to step out of the bungalow and see the scenic splendour of the sea.

I and my husband spent the Mornings relaxing on the shack facing the ocean, swimming in the pool, eating varied delicacies and the best part was the Fancy DJ night showcasing belly dancers, the fakir show, the hip hop dance, the fire show and the karaoke night.

The next two days at the overwater villa was a magical experience.

The waters were so clear that we could see the parrot fish, Manta rays and sharks gallivanting round the villas.

Snorkelling in the shallow water was safe and amazing. Diving in the ocean was one of the best experiences of the whole trip.

In fact, our entire stay at this all-inclusive resort was close to perfect. Our plan for this short trip was solely to kick back and relax: no off-property excursions on the agenda.

We just wanted to walk the beach, soak in the warm temperatures and welcome humidity, eat well, enjoy and sleep.



MANALI



The world is a book and those who don't travel, read only a page.

Travelling- leaves you speechless at first, and then turns you into a story teller.

My travel diary was glad to have Manali in it.

*Words are enough to express all my emotions
Unbelievable beauty was in front of us. Peace.*

Solitude.

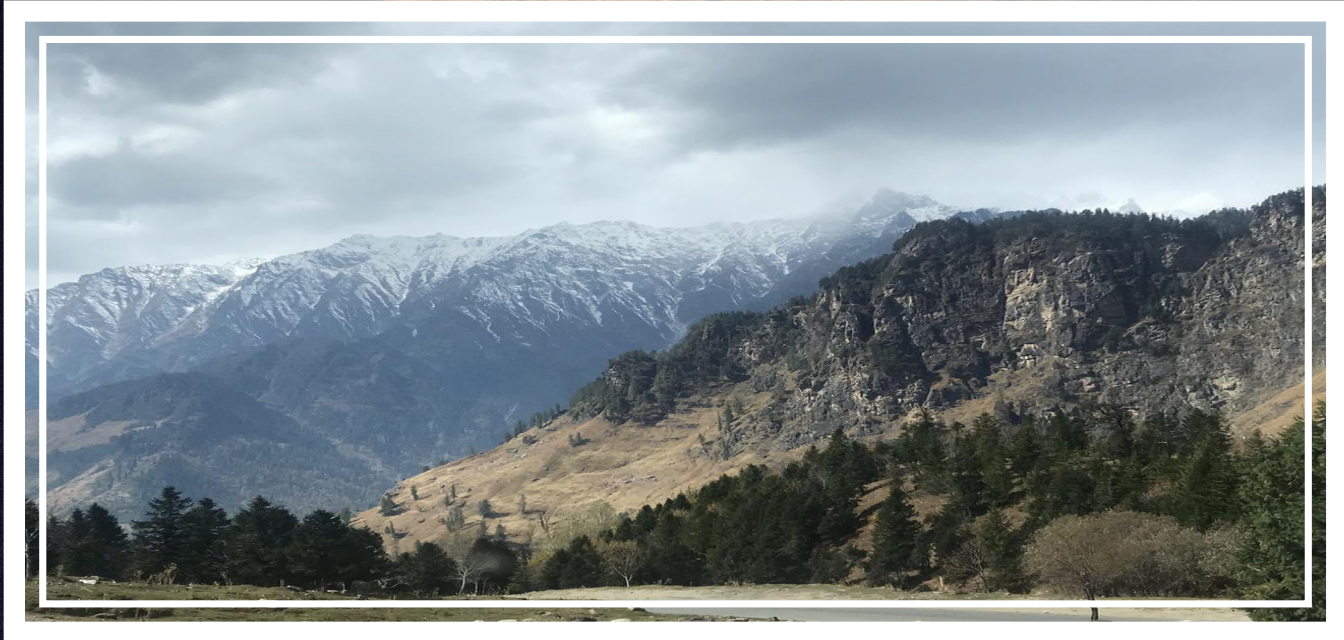
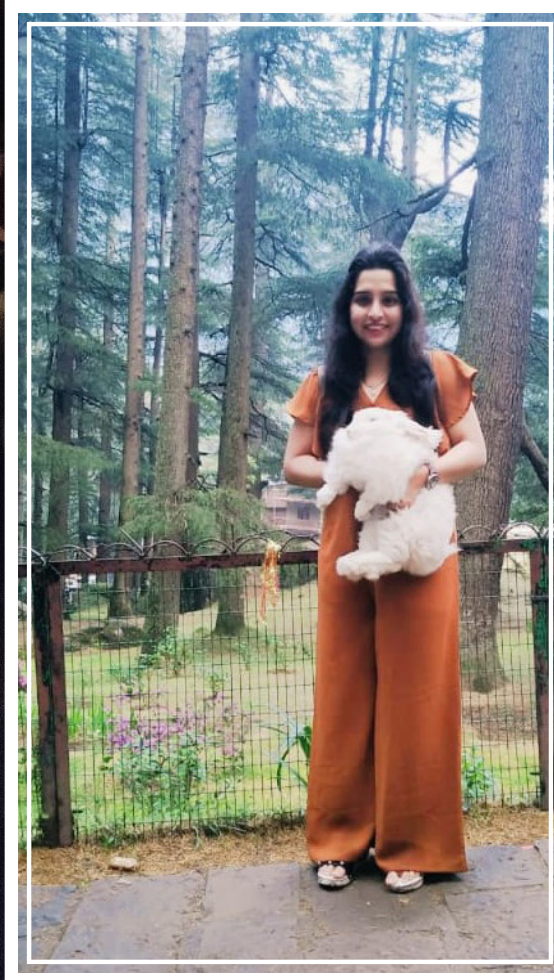
Serenity.

*Cold to our body but warm to
our souls*

*Snow flurries began to fall and
they swirled around which was
magical. We were certainly in
heaven*

- Drishti Nagi





GANGTOK

ADITYA GUPTA

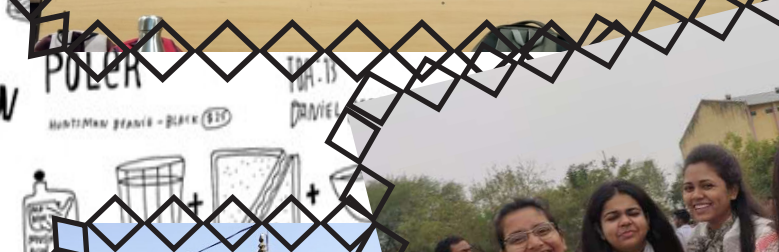




WE DIDN'T
KNOW WE WERE MAKING
MEMORIES
--WE WERE--
|||JUST HAVING|||
•FUN•

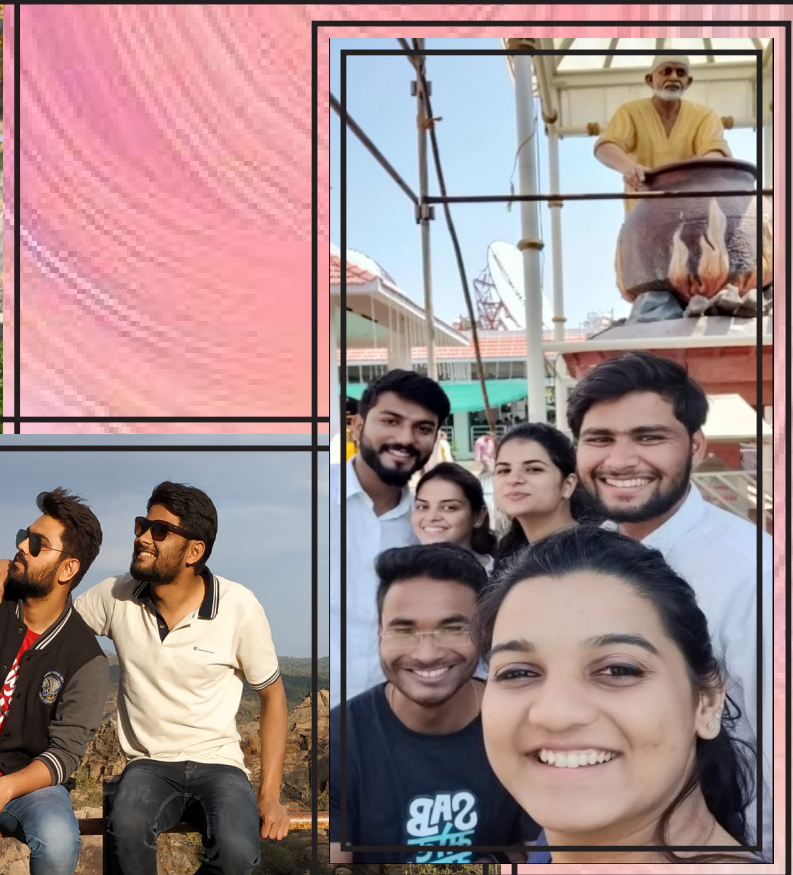


Photos by Prachi Jawade











Celebrating the colours of the most beautiful friendship



13°C
5:00 AM
23 DEC
WARDHA

Jab tumhe hostel se nikal diya jata hai #Frist year



अपनी यारी बाड़ में दुनिया दारी

Kuch yaadein mithai ke dibbe ki tarah hoti hai,
ek baar khula toh sirf ek tukda nai kha paoge.

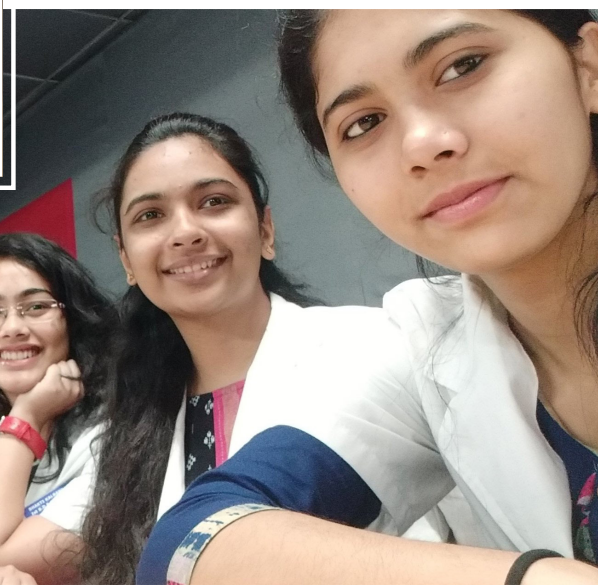
Lessons from legends in these halls of fame.



"I LIVE FOR THE NIGHTS
THAT I CANT REMEMBER,
WITH THE PEOPLE THAT I
WONT FORGET."
-DRAKE









DEPARTMENT OF PROSTHODONTICS

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DEPARTMENT OF PERIODONTICS



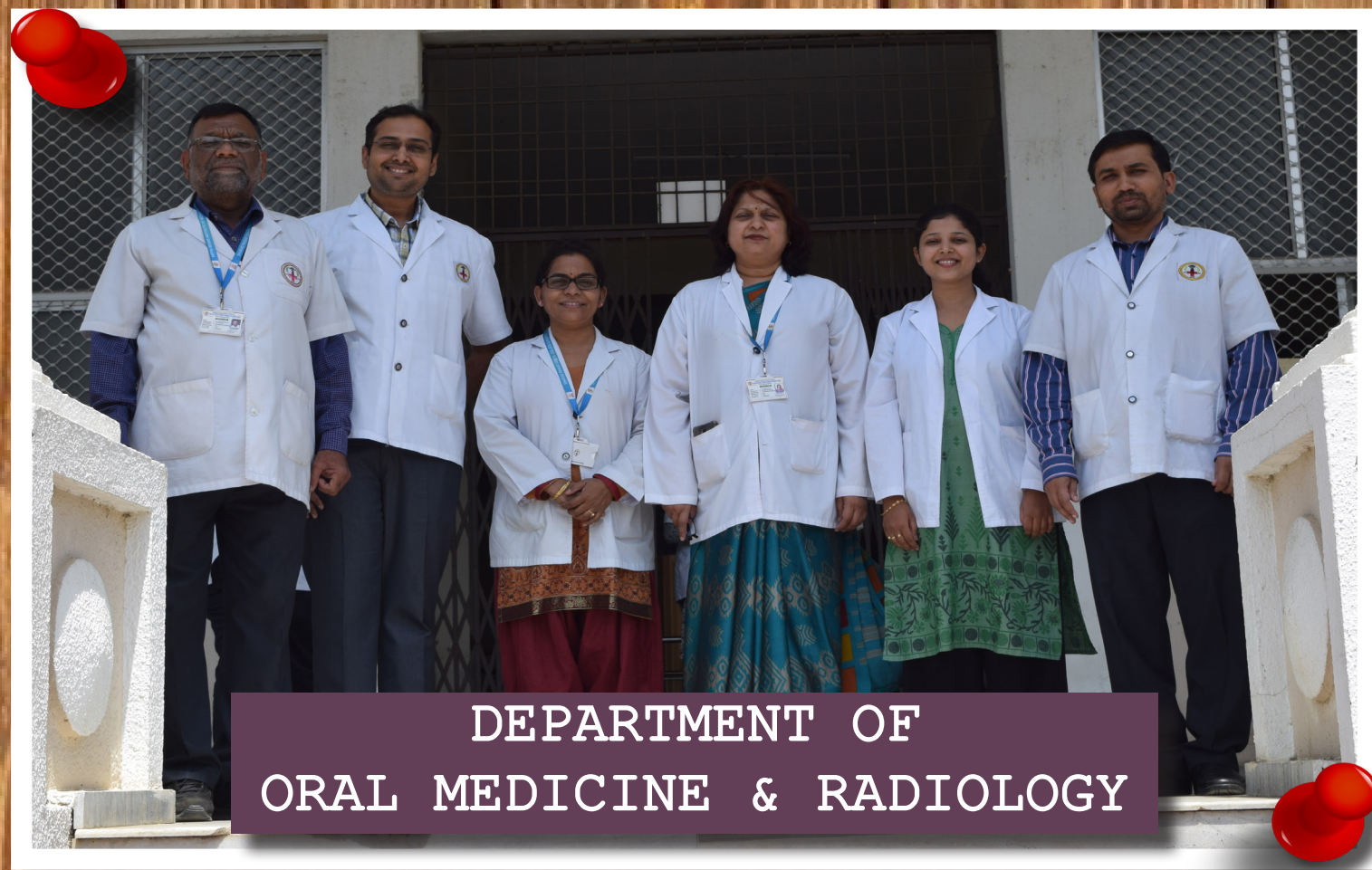
DEPARTMENT OF ORTHODONTICS

S
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DEPARTMENT OF ORAL PATHOLOGY

S
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S



DEPARTMENT OF
ORAL MEDICINE & RADIOLOGY

S
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S



DEPARTMENT OF
PEDODONTICS

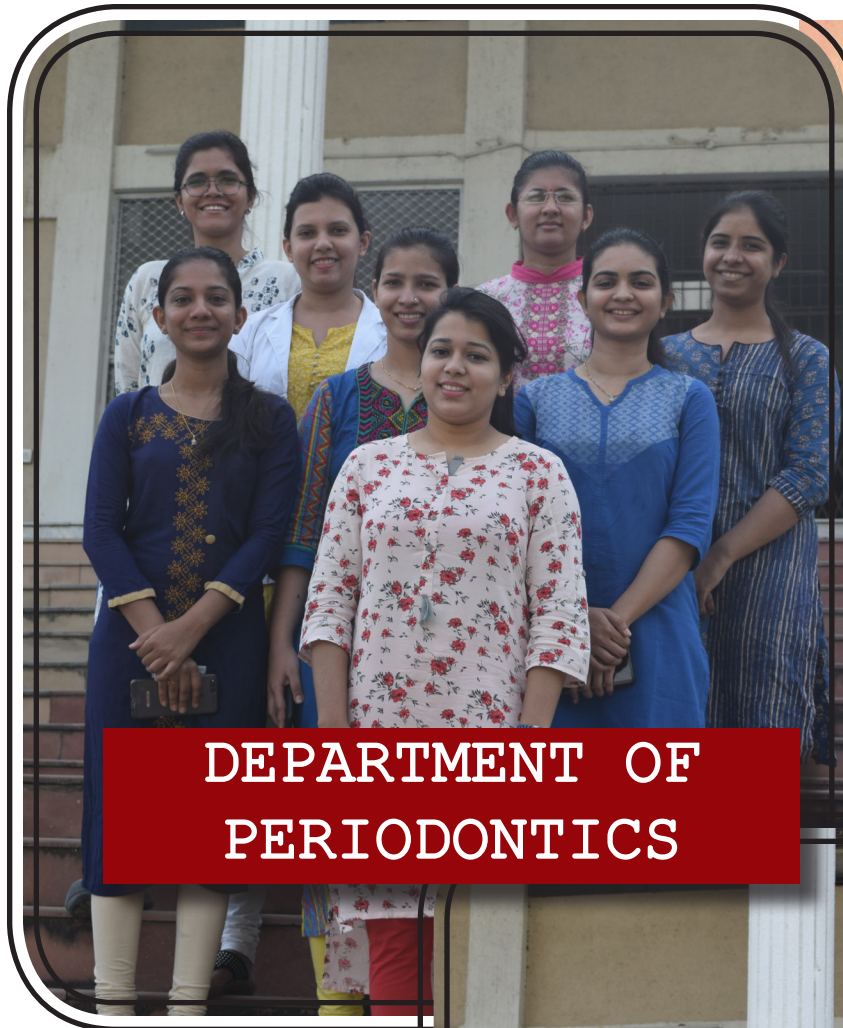


DEPARTMENT OF
PUBLIC HEALTH DENTISTRY

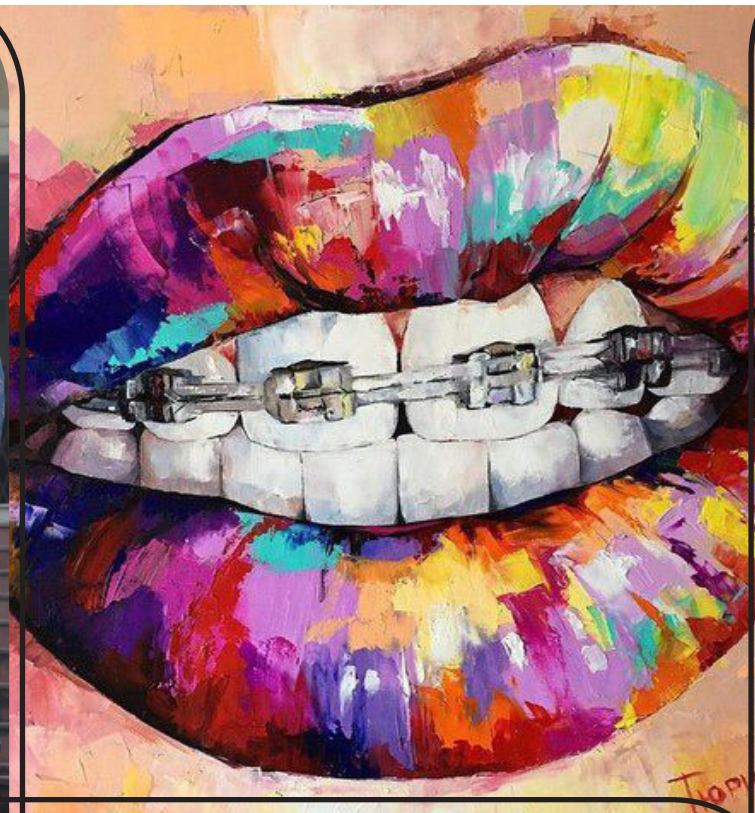
S
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C



S
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D
C



DEPARTMENT OF PERIODONTICS



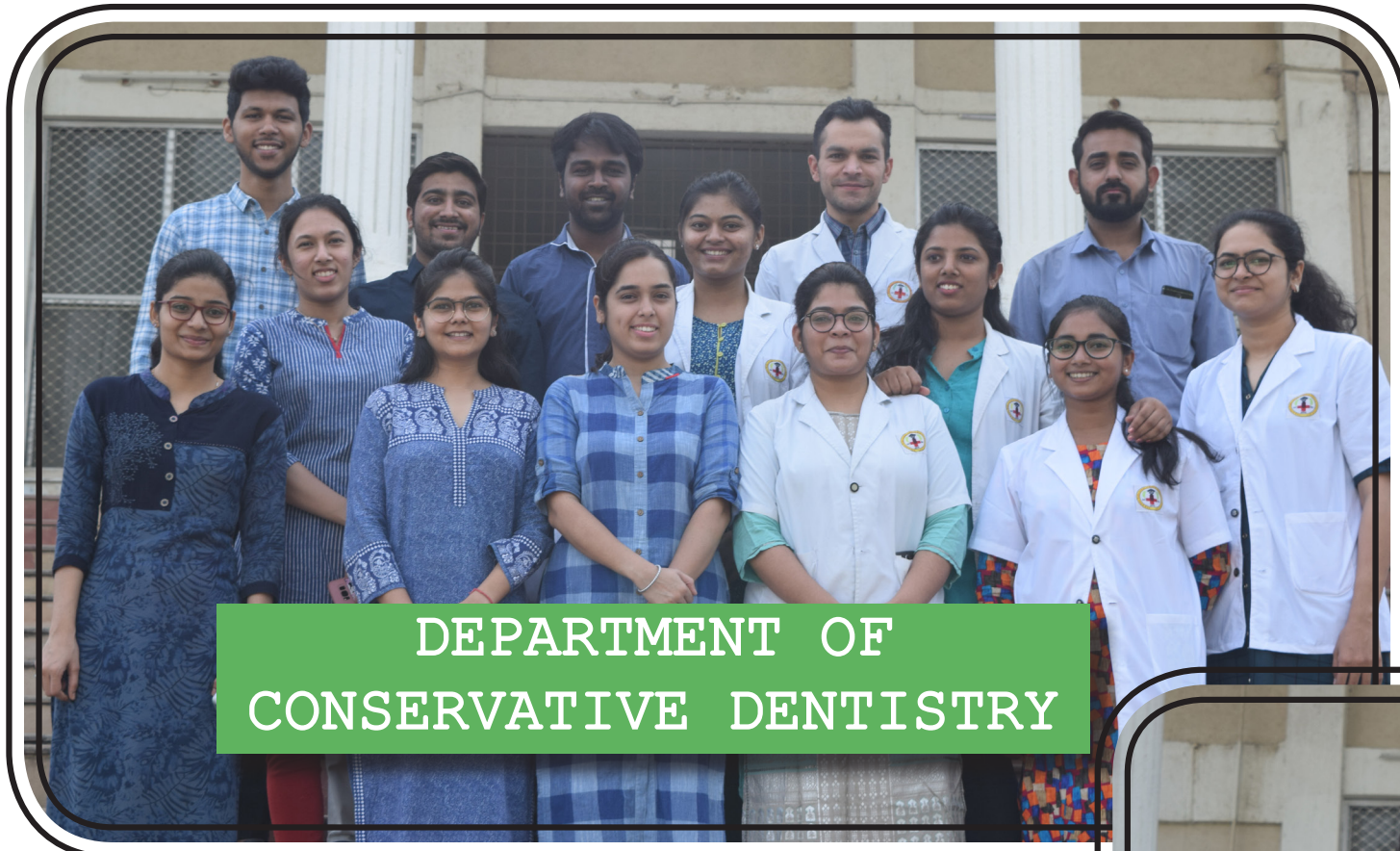
DEPARTMENT OF ORTHODONTICS



DEPARTMENT OF PEDODONTICS



DEPARTMENT OF ORAL MEDICINE & RADIOLOGY



DEPARTMENT OF
CONSERVATIVE DENTISTRY



DEPARTMENT OF
PROSTHODONTICS





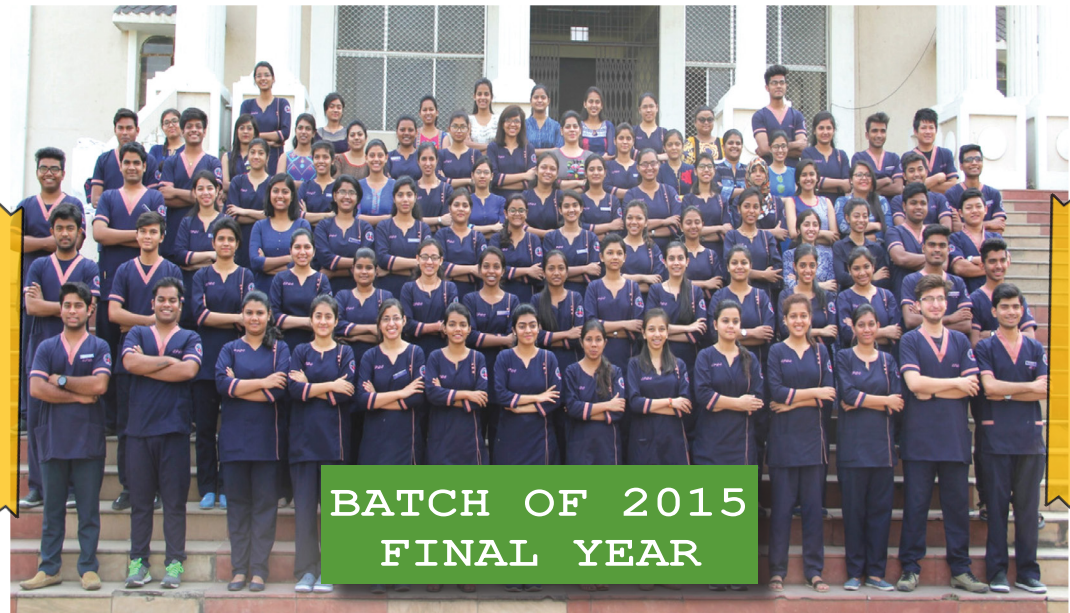
**BATCH OF 2018
I YEAR**



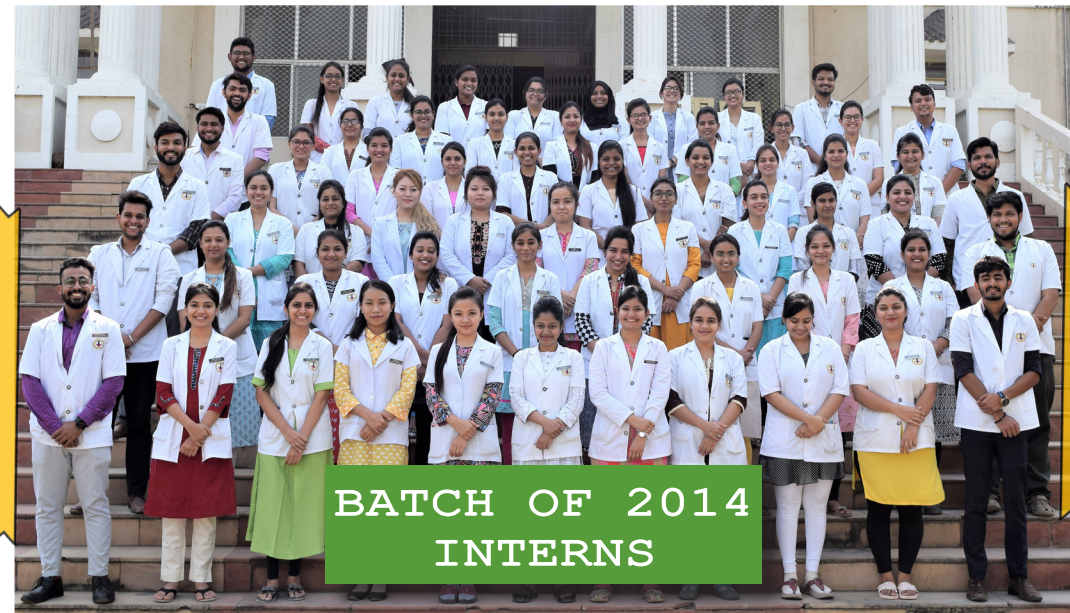
**BATCH OF 2017
II YEAR**



**BATCH OF 2016
III YEAR**



**BATCH OF 2015
FINAL YEAR**



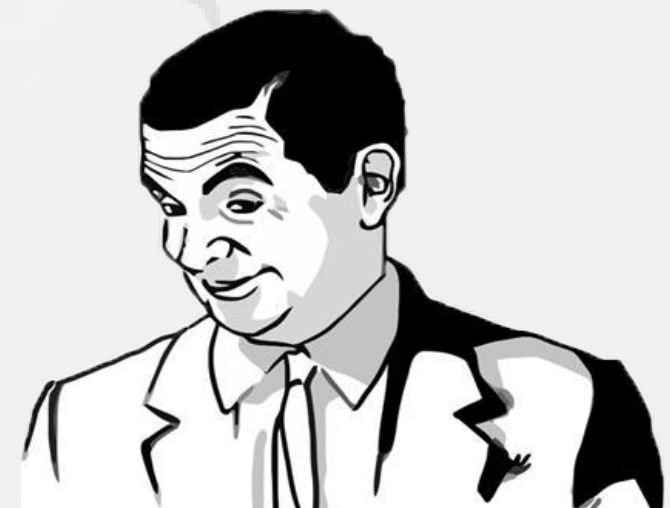
**BATCH OF 2014
INTERNS**



KYUKI

#मतदान

IMPORTANT HAI BOSS





BohotHard

Heartclutch

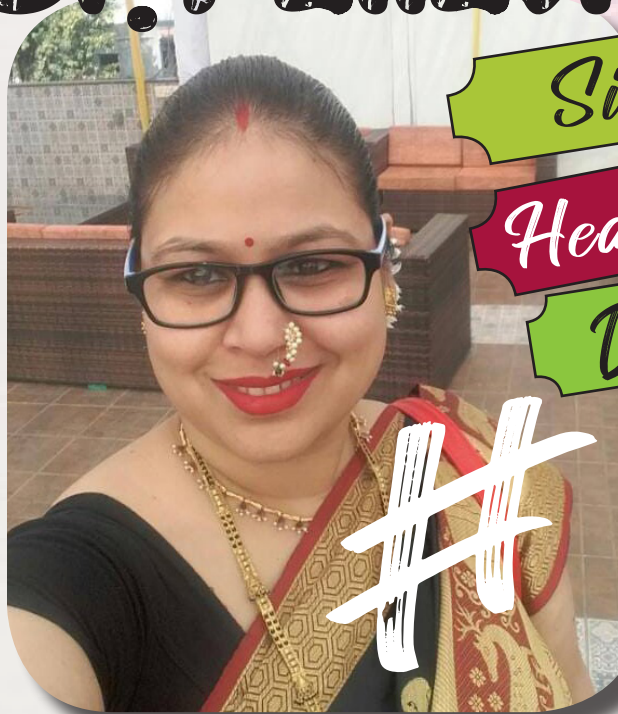
Bestdressed

Singer



Dr. Baliga

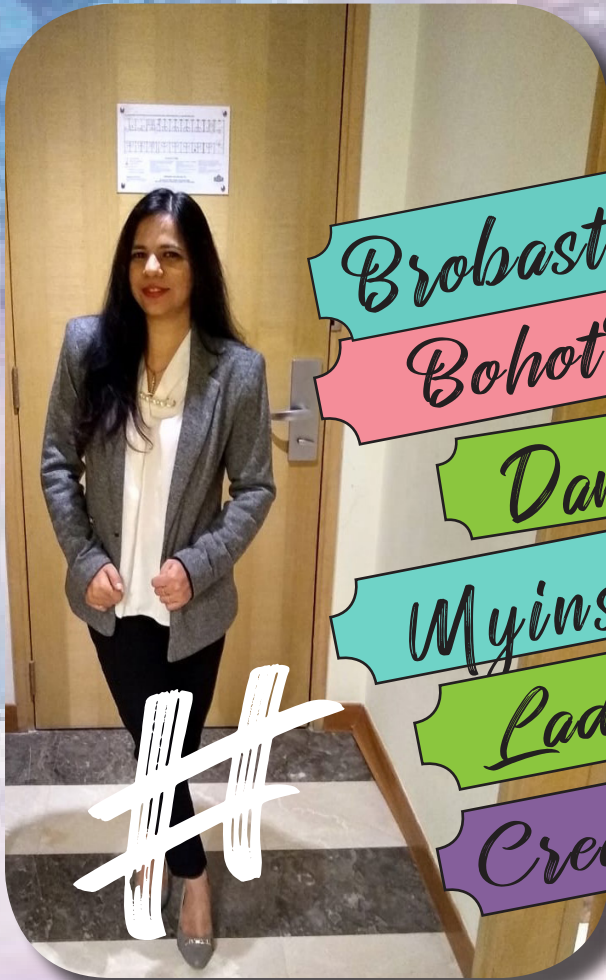
Dr. Pallavi



Singer

Heartclutch

Dancer



Brobastuhihai

BohotHard

Dancer

Myinspiration

LadyDabangg

CreativeFactory



Dr. Shravani

LadyDabangg

BohotHard

Exquisitepersonality

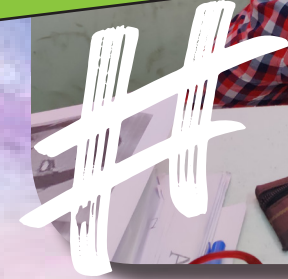


Queen

Besthairdo

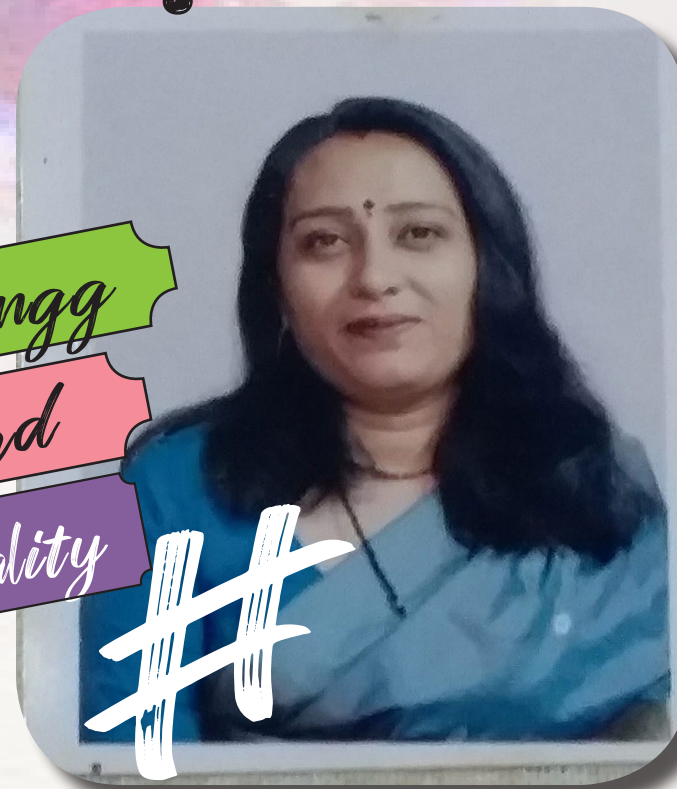
Dancer

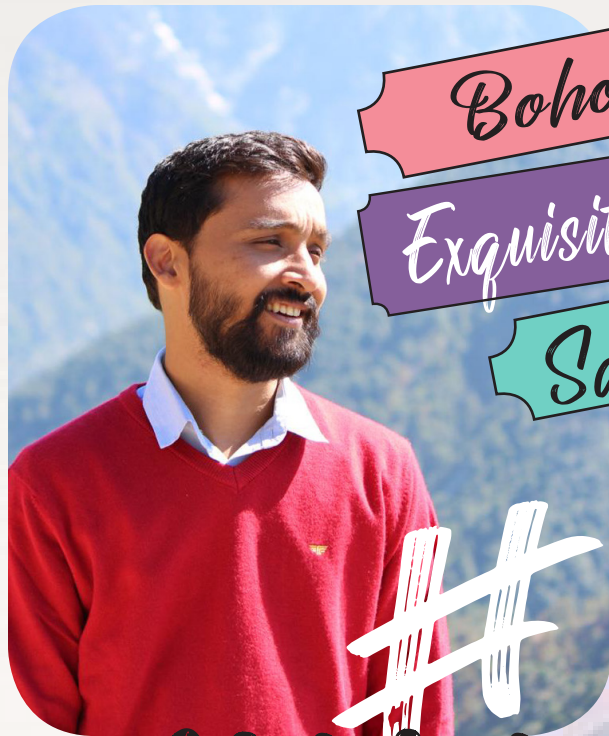
Bestdressed



Dr. Vidya

Dr. Sunita





BohotHard

Exquisitepersonality

Saviour

Dr. Abhishek

Dr. N. Bhola



King

Gabbar

Headturner

Myinspiration

BohotHard

Beardgamestrong



MISS ME?

Saviour

Myinspiration

Heartclutch



Dr. Jimmy



Exquisitepersonality

BohotHard

CreativeFactory

Dr. Tripti



BohotHard

TheBakarmaker

SportsPerson

Dr. Pawan



Saviour

Dancer

The Bakarmaker

Myinspiration

Exquisitepersonality



Dr. Swapnil

Heartclutch

BohotHard

Exquisitepersonality

Bestdressed



Bestdressed

BohotHard



Dr. Vasudevan



BohotHard

Brobastuhihai

Myinspiration

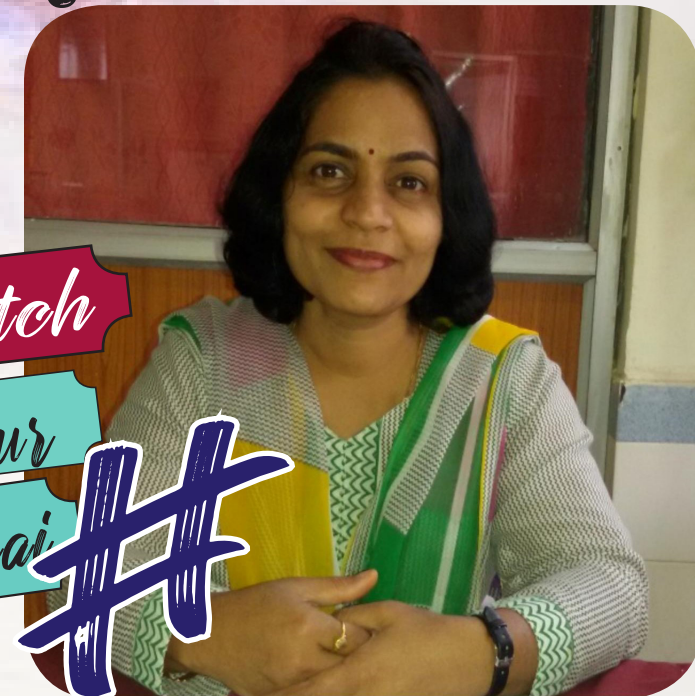
Exquisitepersonality

Heartclutch



Dr. Bhushan

Dr. Suwarna



Heartclutch

Saviour

Brobastuhihai





Heartclutch

Dancer

Saviour

Myinspiration



Dr. Rainikant



Heartclutch

Headturner

Besthairdo

Beardgamestrong



Dr. Deepankar

Heartclutch

Exquisitepersonality

TheBakarmaker



Dr. Nikhil

Dr. Abhilasha

Dancer

Heartclutch

Headturner

Bestdressed

Exquisitepersonality

Fashionista

Saviour

Besthairdo



Dr. Mrunal



Heartclutch

Saviour

Brobastuhihai



Dancer
 BohotHard
 Heartclutch
 Headturner
 # Creative Factory
 Brobastuhihai

Dr. Sweta



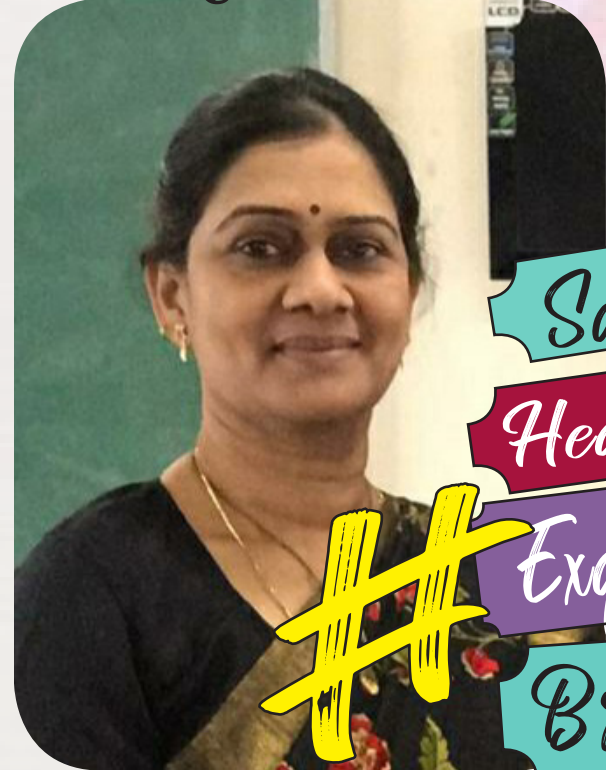
Headturner
 Brobastuhihai
 Heartclutch
 Dancer
 #

Dr. Murtaza



Sports Person
 The Bakarmaker
 BohotHard
 #

Dr. Rajiv



Saviour
 Heartclutch
 # Exquisitepersonality
 Brobastuhihai

Dr. Alka



Dancer
 Brobastuhihai
 BohotHard
 Exquisitepersonality
 Myinspiration
 Saviour
 #

Dr. Anuja



BohotHard
 Bestdressed
 Exquisitepersonality

#

Dr. Nilesh

Dr. Chandak



BohotHard
 Exquisitepersonality

#

Dr. Seema



Heartclutch
 Exquisitepersonality
 Dancer
 Bestdressed
 LadyDabangg

#

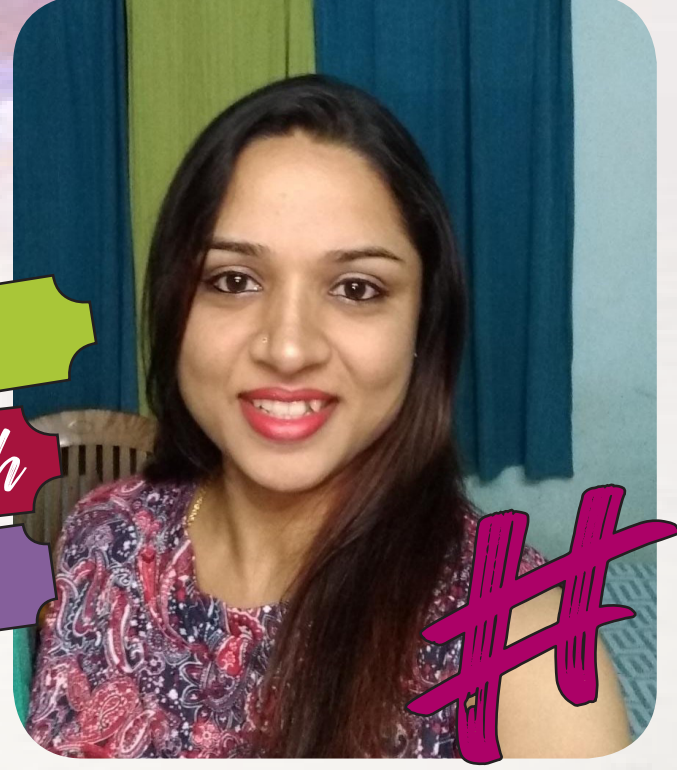
Heartclutch
 Myinspiration
 CreativeFactory
 BohotHard



#

Dr. Kamble

Dr. Shilpa



Singer
 Heartclutch
 Dancer

#



Bohot Hard
My inspiration

#

Dr. Bhowate

The Bakarmaker
Brobastuhihai
Dancer
Saviour



#

Dr. Rutui



Saviour
Heartclutch
Bestdressed
My inspiration

#

Dr. Lohe

Dr. Teja

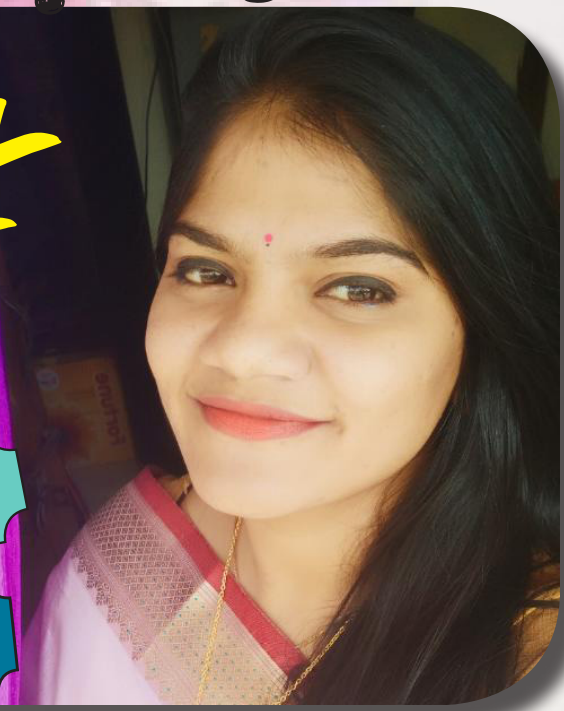


Besthairdo
Heartclutch
Bestdressed
Brobastuhihai
Dancer

#

Besthairdo
Brobastuhihai
The Bakarmaker

#





Headturner
 Bestdressed
 LadyDabangg
 TheBakarmaker

#

Purva



CreativeFactory
 Brobastuhihai
 Heartclutch
 Dudegotnochill
 TheBakarmaker

#

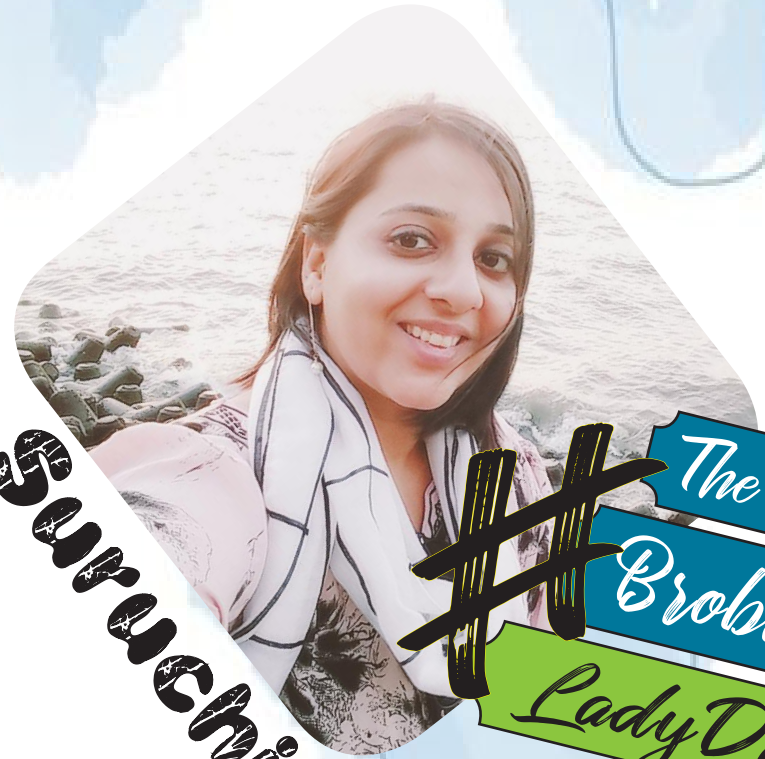
Surbhi



Heartclutch
 Myinspiration
 Brobastuhihai
 Saviour
 Singer
 King

#

Simranjeet



TheBakarmaker
 Brobastuhihai
 LadyDabangg

Suruchi



BohotHard
 SportsPerson

#

Sohail



King

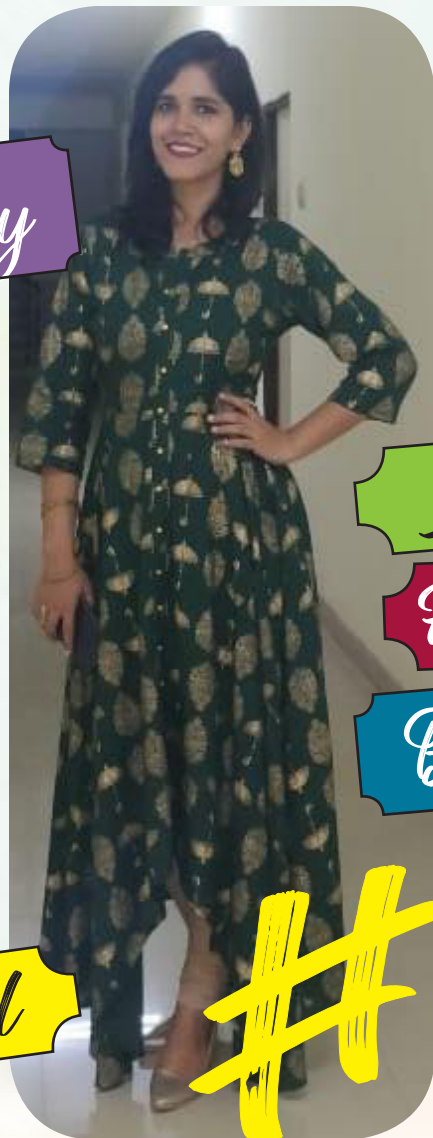
Heartclutch

Beardgamestrong

Exquisitepersonality



Zynul



LadyDabangg

Heartclutch

Brobastuhihai



Gayatri



Gabbar

Myinspiration

Brobastuhihai

TheBakarmaker



Saviour

Dudegotnoochill

Heartclutch

Brobastuhihai

Exquisitepersonality



Meghana



Headturner

Besthairdo

Exquisitepersonality



ZYNUL

GAYATRI

GABBAR

MEGHANA

AAKANSHA

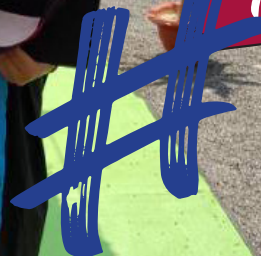


Brobastuhihai

The Bakarmaker

NasNasMeAlas

Headturner



HAMZA



King

Besthairdo

Heartclutch

Bestdressed

Brobastuhihai



KAPIL



Heartclutch

Headturner

Brobastuhihai

RASIKA



A
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Beardgamestrong

MajorDanger

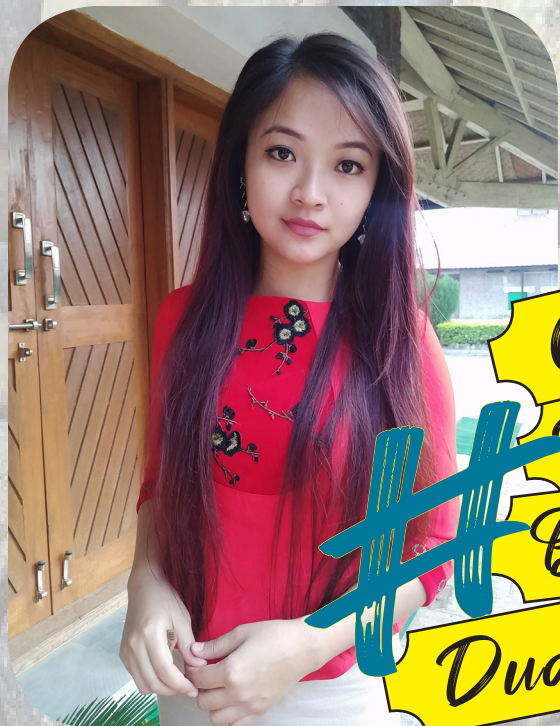


BohotHard

Headturner

Brobastuhihai

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Zodin

Queen
Heartclutch
Besthairdo
Dudegotnochill

Batul



Headturner
Queen
Diva
Heartclutch

Exquisitepersonality
Dancer
Headturner
Beardgamestrong



Jenish



Rana

Brobastuhihai
Myinspiration
TheBakarmaker
Beardgamestrong



Angel

Fashionista
Besthairdo

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King
BohotHard
Bestdressed
Heartclutch
Besthairdo
SportsPerson

W
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Fashionista
Dancer
Exquisitepersonality
Bestdressed

UMRE



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Singer
Dancer
CreativeFactory
BohotHard
NasNasMeAlas
LadyDabangg
Dudegotnochill



Saviour
CreativeFactory
NasNasMeAlas
Brobastuhihai
Myinspiration
TheBakarmaker



Gabbar

The Bakarmaker

NasNasMeAlas

MajorDanger



Gaurav



Heartclutch

Divaa

Headturner



Samiha



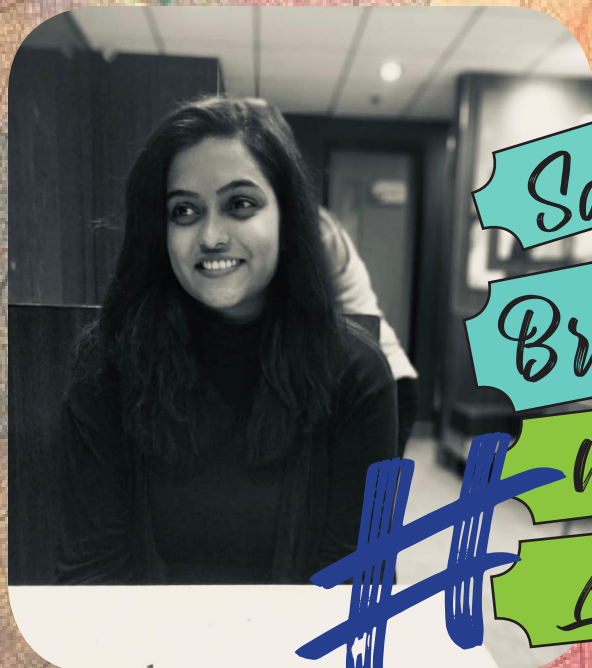
Exquisitepersonality

Brobastuhihai

TheBakarmaker



Shyam



Saviour

Brobastuhihai

NasNasMeAlas

LadyDabangg



Anoosha



TheBakarmaker



Vaishnavi

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N
S
H
A



Queen
Besthairdo



Saviour
Brobastuhihai

#

Himanshu



Saviour
Brobastuhihai
Myinspiration
NasNasMeAlas

G
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R
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BohotHard
SportsPerson

Heartclutch
Dancer



#



Dancer

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Major Danger
Bohot Hard
Beardgamestrong



Prasanna



Dancer
Bohot Hard
Lady Dabangg
Bro bastu hi hai
Major Danger



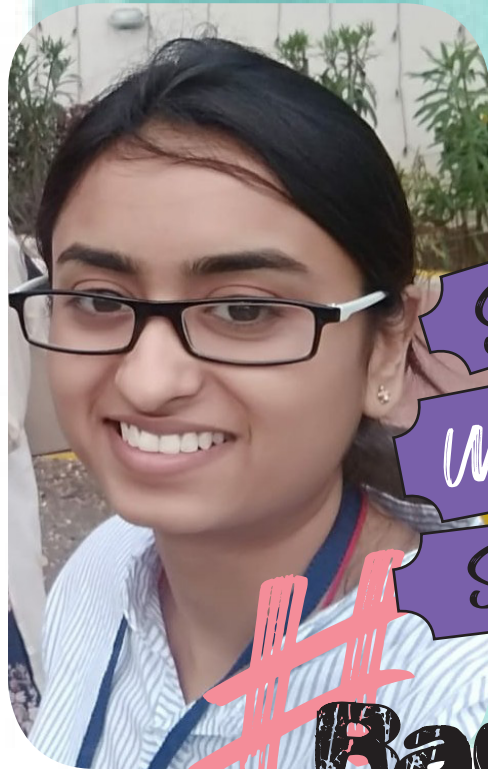
Ishani



Major Danger
Nas Nas Me Alas



Murtaza



Saviour
My inspiration
Sports Person



Ranu



Nas Nas Me Alas
Exquisite personality

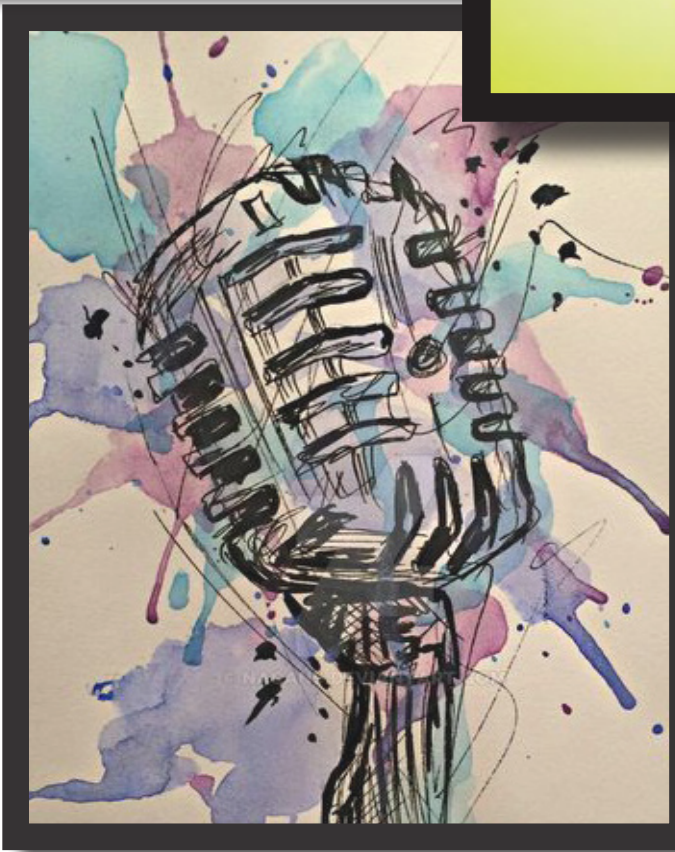
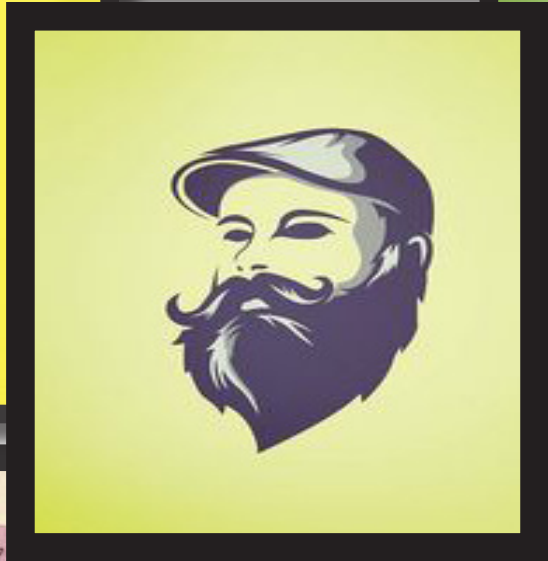


Rahul

My inspiration
Major Danger
Singer



Alique



Best Beard

Male

1st year
2nd year
3rd year
Final year

Akarsh Bolemwar
Fazail Ahmed
Pratik Hadke
Siddharth Baror



Best Dancer

Male

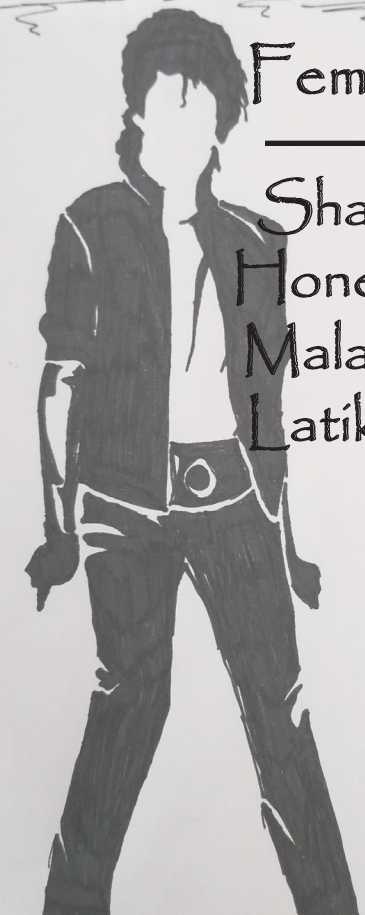
1st year
2nd year
3rd year
Final year

Tirth Bhutada
Saumya Kanhode
Vaishnav Kalbhut
Gaurav Majumdar

Female

Sharvari
Honey Patle
Malaika Verma
Latika Kothari

THIS IS IT!



Best Singer

Male

Female

1st year
2nd year
3rd year
Final year

Gagan Agrawal
Krishna Mundada
Kalash Raut
Aniket Hedao

Vartika Shrouthy
Arpita Mhasal
Maria Saiyyad
Sneha Sinha

Travel Freak

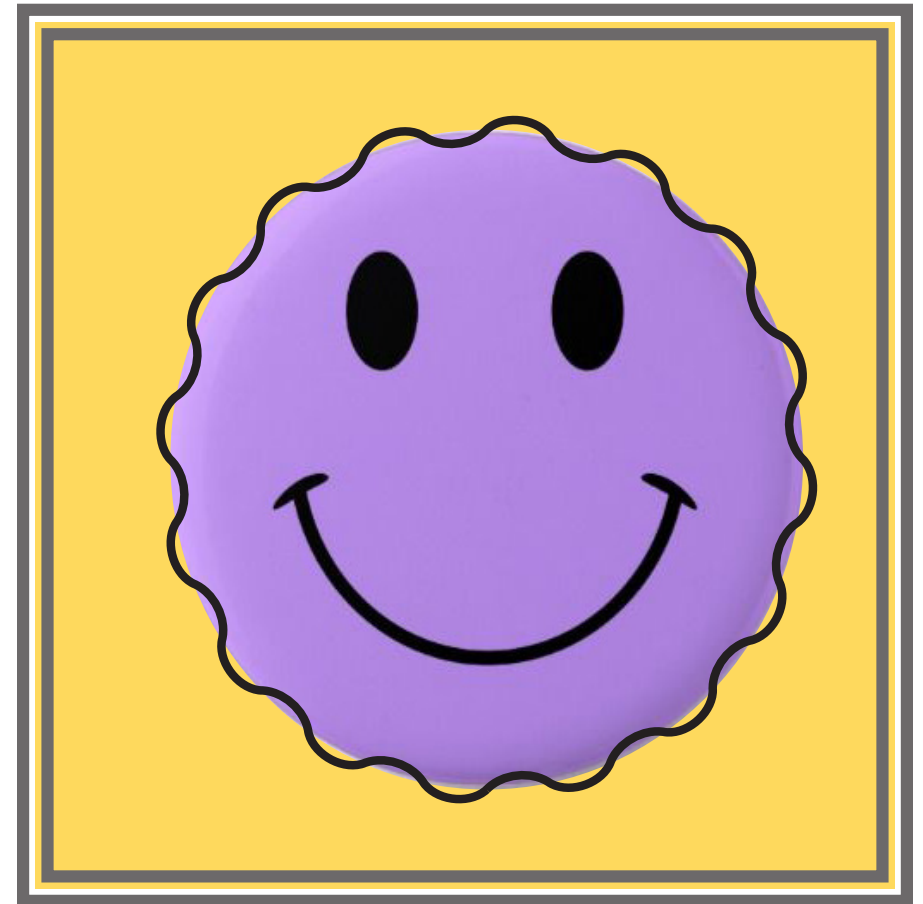
1st year
2nd year
3rd year
Final year

Male

Ketan Dodal
Apoorv Jain
Nakul Arora
Yash Goenka

Female

Vaidehi Borkar
Akruti Singh
Sakshi Aggarwal
Sayali Limsay



THE ALL ROUNDER

Male

Female

1st year Hussain Ali Jain
2nd year Suraj Malu
3rd year Vaishnav Kalbhut
Final year Moia Khiangte

Vinus Shivilani
Shriya Singi
Shivani Kharbande
Deepika Gopalkrishnan

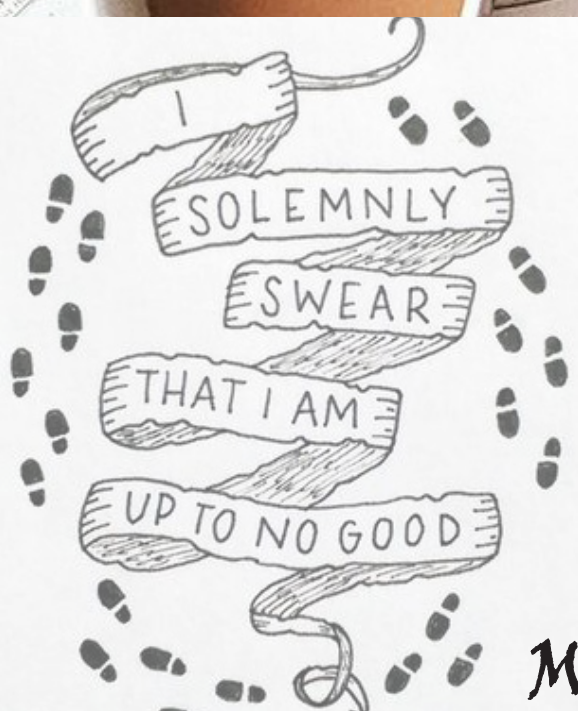
MOST MISCHIEVIOUS

Male

1st year Akarsh Bolenwar
2nd year Akash Sibbal
3rd year Niraj Tikar
Final year Akhilesh Yadav

Female

Naleen Niranje
Bhavana Hirani
Ruchira Tekade
Mehvish Nida



Most Fashionable

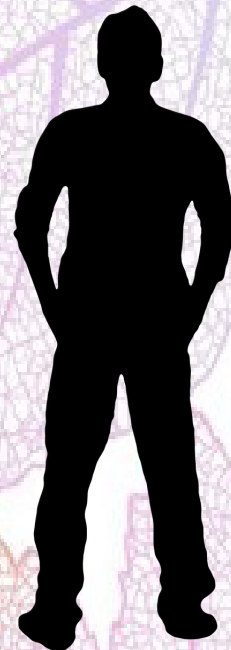
1st year
2nd year
3rd year
Final year

Male

Abhin Miglani
Saket Asamwar
Nakul Arora
Aditya Vaidya

Female

Radha Deshmukh
Saniya Ali
Drishti Dixit
Saniya Lulla



Most Charming

1st year
2nd year
3rd year
Final year

Male

Nishant Rathi
Fazail Ahmed
Dushyant Datkar
Aditya Vaidya

Female

Pallavi Nambiar
Bhavika Vidhwani
Kunika Thakare
Ashwika Datey

Beautiful Hair

1st year
2nd year
3rd year
Final year

Female

Prachi Singh
Ayushi
Avanti Date
Surbhi Lunkad



M.D. Datta



1 UNIVERSE
9 PLANETS
204 COUNTRIES
809 ISLAND
7 SEAS
AND WE CHOSE YOU
SPDC



GOODBYE? OH, NO,
PLEASE. CAN'T WE GO
BACK TO PAGE ONE AND
DO IT ALL OVER AGAIN??

80% of the final exam will be
based on the one lecture you
missed and the one chapter
you didn't read...

College is the best place to enjoy life happily..
nothing else can beat that..
Enjoy it friends...