

DRUSHTI

The Vision



*Datta meghe institution of Medical sciences
Smt. Radhikabai meghe memorial college of nursing
Sawangi (Meghe), Wardha*



UNIVERSITY OFFICE

TWO WHEELER PARKING ONLY FOR STAFF

MCC



**MESSAGE FROM SHRI DATTAJI MEGHE,
HONOURABLE CHANCELLOR SIR**

MESSAGE

I am happy to know that the Nursing Students' Magazine DRUSHTI - 2018 is being published.

Nursing is one of the noblest Professions and the Nurses act as a vital link between the Doctor and the patients resulting in quick recovery of the patients. Nursing students who become professionals after obtaining the degree should serve the patients diligently and thereby to contribute to the welfare of the Society.

The publication of the Students' magazine is the culmination of the combined efforts of all Nursing students, Teacher and members of Editorial Board. I would like to congratulate the Principal, Faculty Members, Editorial Board members and the Nursing students who have contributed towards publication of the annual students' magazine.

My blessings and good wishes will always be with them in their future endeavors too.

(DATTA MEGHE)
CHANCELLOR

DMIMS (Deemed to be University)



MESSAGE FROM HONOURABLE SAGAR SIR

MESSAGE

It gives me immense pleasure and satisfaction to note that Smt. Radhikabai Meghe Memorial College of Nursing is about to publish its Students' Magazine 'DRUSHTI - 2018'.

The title of the magazine 'Drushti' is not only apt and logical but also conveys a deep rooted and subtle philosophical message to all concerned. The College magazine is a reflection of the literary activities of the students and the Institution. The preparation and publication of the magazine gives an opportunity to all the students to exhibit their hidden talent.

The Nursing students who have contributed to the magazine and the Editorial Board have done a commendable job in planning and publishing the magazine.

I congratulate the members of Editorial Board and the team for putting commendable efforts in bringing out this magazine. I wish them all the best for their future endeavours.

A handwritten signature in black ink, appearing to read 'Sagar Meghe'. The signature is stylized and cursive.

SAGAR MEGHE

MEMBER-BOARD OF MANAGEMENT
DMIMS (Deemed to be University)

Dr. Vedprakash Mishra
Pro-Chancellor



MESSAGE

It gives me immense pleasure and satisfaction to note that Smt. Radhikabai Meghe Memorial College of Nursing, Sawangi Meghe, Wardha, a constituent unit of Datta Meghe Institute of Medical Sciences (Deemed University), Nagpur is bringing out the students magazine titled "**Drushti**" which would be an embodiment of the manifestation of creativity endowed in them.

It is imperative that all initiatives that go to contribute to generate a positive, pragmatic and a relevant personality of an individual need to be undertaken in the nick of time, so that the desired output is feasible in a time bound manner.

Venturing to have a student's magazine is not just a cosmetic initiative, but a very vital step, which goes to provide for a meaningful platform for all the students to depict their creative talents, which are within them and perhaps remain un-manifested for want of an appropriate opportunity. Talent and opportunity need to be complimentary to each other because no talent can blossom without a reasonable opportunity coming its way. It is this void which would stand fulfilled in a big way by the instant venture.

It should not be just left to the students to be manifesting themselves all on their own. They need to be provided with guidance and incentives which would motivate them to bring out their creative dimensions through provided opportunities.

The caption given to the magazine is also very philosophically speaking in as much as that each one of us has capacity to see, but translating it into a visionary form is tough and difficult. This initiative in my opinion would also render yeomen service in this arena of personality transformation and up-gradation, which would result in the youthful persona getting converted into the precious human resource capable of rendering its inerasable prints on the sands of time, which would be exemplary milestones for the times to come.

I am sure that the Magazine by virtue of its creative inclusions therein would definitely emerge as a positive and pragmatic tool for inculcation of the desired values of compassion for effective healing amongst the professionals being generated in the institution.

I wish the Editorial Board an all success.

A handwritten signature in black ink, appearing to read "Dr. Vedprakash Mishra".

Yours Sincerely,
(Dr.Vedprakash Mishra)

Dr.Rajiv M.Borle
Vice-Chancellor



MESSAGE

I am pleased to know that Smt. Radhikabai Meghe Memorial College of Nursing Students' Magazine 'Drushti – 2018' is being published.

Datta Meghe Institute of Medical Sciences (Deemed to be University) provides many opportunities for the students of its Constituent Colleges, to showcase their talent not only in the domain of academics but also to inculcate Literary & Artistic skills.

I find in this students' magazine 'Drushti-2018' a combination of all the creative skills of the students and the support and guidance rendered by the Teaching Faculty and the new team of Members of Editorial Board.

My hearty congratulations to all the students of Smt. Radhikabai Meghe Memorial College of Nursing, Editorial Board, Teachers and team members who have contributed in publishing the students' magazine. I hope, in future, also they shall put in their best efforts in publishing the students' magazine on time and in an excellent manner.

A handwritten signature in black ink, appearing to read 'Rajiv M. Borle', written over a light blue circular stamp.

(Dr.Rajiv M.Borle)
Vice-Chancellor

DMIMS(Deemed to be University)

Dr. A.J. Anjankar
Registrar



MESSAGE

It gives me immense pleasure and satisfaction to note that Smt. Radhikabai Meghe Memorial College of Nursing students' magazine 'Drushti – 2018' is coming out. I congratulate the Teacher in-charge, students editorial board for bringing out the beautiful showcase of students creativity & talent.

I am strong believer of the fact that the young people have got immense talent which can match even the stalwarts in the field of literature, arts and creativity. Students magazine is the platform where such talented young men and women get the opportunity to unfold their other-wise hidden creativity. I am proud that the students of SRMMCON are excelling in these areas as it is evident while going through the pages of 'Drushti – 2018'. It is heartening to note that numerous achievements in the fields of sports are also finding their place which speaks volumes about leadership, team spirit and value inculcation.

I express my sense of gratitude to the teachers who have been guiding, encouraging and motivating the students towards their overall personality development.

I also take this opportunity to congratulate the team 'Drushti' and all those who are working hard for success of this venture.

A handwritten signature in blue ink, appearing to read 'A. Anjankar', with a long horizontal stroke extending to the right.

Dr. A.J. Anjankar
Registrar
DMIMS
(Deemed to be University)

Dr. Seema Singh
Principal



MESSAGE

It gives me immense pleasure to write a few words as prologue to our in-house student's magazine 'DRUSHTI' exclusively meant for churning out the talent which bears immense potentiality of sharpening students communication skill as part of overall personality development.

It is a matter of pride that the college has been granted A⁺ grade in NAAC Accreditation in present year. I am proud of being the principal of such a wonderful institution dedicated to the causes of better nursing education.

It is our mission to develop a positive brain compatible environment. This magazine is a platform for the students to express their creative pursuit which develops in them originality of thought and perception. The contents of the magazine reflect the wonderful creativity of thoughts and imagination of our students. This magazine helps to record the curricular and extra-curricular journey of the college and provides an opportunity to the students to showcase their talent and explore their creative potential.

I congratulate to the members of editorial board, teachers and team members for bringing out such a beautiful magazine. I wish them all the best for their future endeavors to continue this journey on the road of excellence.

A handwritten signature in blue ink that reads "Seema".

Dr. Seema Singh
Principal
SRMMCON

A message from student editorial board

It gives us immense joy and satisfaction to finally re-introduce our very own college magazine “DRUSHTI”. Just like the Gods and the Demons churned the ocean of milk to extract the nectar, we have tried to churn out creativity from this magazine. A lot of effort has gone into the making of this issue. We hope you enjoy reading the magazine. The best thing about this issue is that it represents the creative side of S.R.M.M.C.O.N. students to a fair degree-something that we think we all need to reconnect with. Amidst the busy schedule of a last 4-month, with 2-exams, clinical postings, community postings and all those assignments, submissions and night duties that make you want to bang your head on the wall, we tend to lose track of all the other simpler things that we are capable of, things that we could have been proud of, that can bring one satisfaction. So this time we have made an attempt to bring out the talent concealed within our student community. In the following pages, you will find articles relating to education, culture, sports, etc. More specifically, there are articles about SNA(Student Nurses Association) community visits, important events, educational articles, and entertaining articles and scientific section. We hope you enjoy your time reading this magazine as it also includes articles, poems, art-works. We hope you enjoy reading this issue as much as we have enjoyed making it.

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B.Bsc Nursing 3rd year

Mr. Akshay Mohod
B.Bsc Nursing 4th year

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Trust me,
I'm a nursing
student.

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WILLIAM SHAKESPEARE

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ENGLISH

THE MOON

Not Noticed You Before nor Will Someday After,
Isn't This a Thing of Laughter
What So Happened the Busy World Has Turned Towards You,
For A New One Has Been Shown by You
Even Though Being a Night King,
Flying Up Above Without Wing
Even Though Being One of a Kind,
The World Down There Had Never Mind
But Why I Wonder You Possess a Spark,
May Be You Their Want to Set a Bench Mark
Then Why So Humble So Quite,
Is This the Reason Today So Bright?
Inspite of Being Only One,
Ruling Night Alone You Won
Lying On the Bed While Rest,
I Realized You Even with Flaws Are the Best
For The One Up High Above Has Decided Their Time to Shine
And Therefore I Will Wait for Time of Mine.

AIRIN DAVID
B.B.Sc (N) 4th Year

FRIENDSHIP

Everything in this world is so fine
But everything in this world is not mine
There is one thing which is divine
And that is your friendship which is mine
As precious as you are to me
Such precious no one can ever be
I know friends are hard to choose
But you would be hard to lose
A friend is a hope. When life is low
A friend is gem and that is you!

-Pitamber G. Sable
Basic B.Sc. (N) 1st year

The Poem of La Mancha

To dream the impossible dream
To fight the unbeatable foe
To bear with unbearable sorrow
To run where the brave dare not to go
To right the forgivable wrong
To love the pure and chaste from a far
To reach that unreachable star
This is my quest to follow that star
No matter how hopeless, no matter how far
To fight for the right without questions without
pause
To be willing to March into the hell for heavenly
cause.

-Ajinkya Shelke
Basic B. Sc.(N) 4th year

A QUESTION TO GOD

My Dear GOD, you are very kind to me
And always listen to my prayer
But today I want to ask you a question
Why is one a prince & other a pauper?
A few have varieties of food
Whereas many pass their days on water
Many go hungry but a few waste foods forever
Why so some live in big pleas & houses
Many don't even have a shelter
Dear GOD'I sees couples without a child
And children without parents
It is that you Love some more and ignore the other?
Dear GOD, answer this and do me favors

MY AUSPICIOUS TEACHER

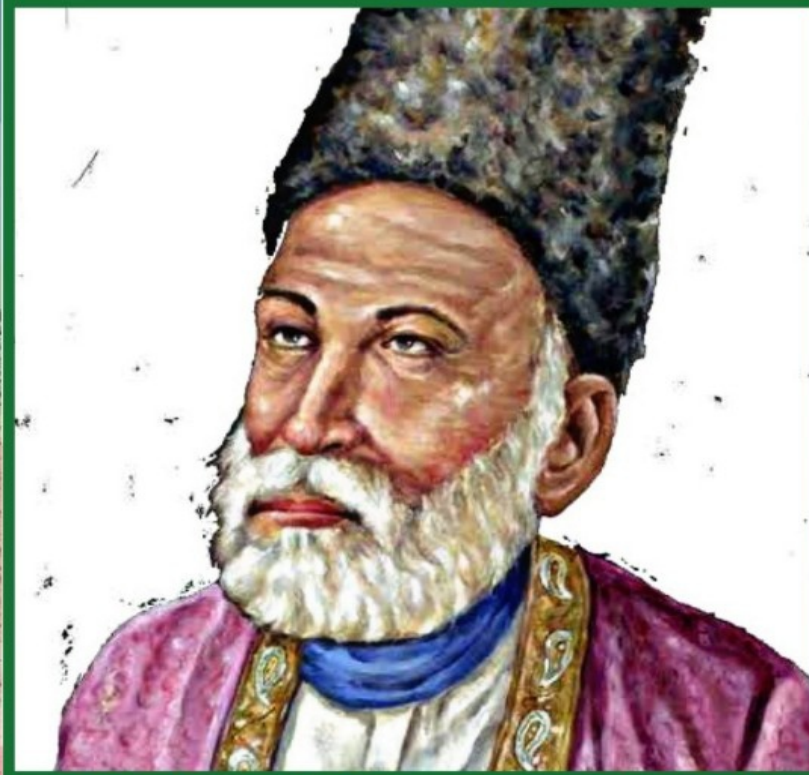
She is amazing
She loves me as she does the others
She never stops shouting and yelling at me.
Because she wants me to improve
She wants me to succeed
She wants me to fulfill her dreams
All the days and sweet memories.
Spent with her will always be
Unforgettable.
The love between as is unconditional.
The persona is none else but may
Amazing & auspicious Teacher.
A good teacher
Is a doctor
Who heals ignorance?
And an artist
Who inspire Creativity

TEJASWINI SABLE
B.B.Sc. (N) 4th Year

Nurse and the clean India

Nurses are the angels with the stethoscope
Who gives India a new hope
Nurses are with less authority,
But with great responsibility
Responsibility to make new India clean
Where waste will only be seen in the bin
Rest will be green,
Like heaven with no sin
Nurses have to be the one
Who makes the difference?
By educating people over and over
And let their mind be harmed
By the mission 'swachta abhiyan'
Make them literate not to litter
For safe India is Better.
A healthy India with no disease
Will make people live in peace
Nurses are in a profession to care and relieve
Let's return our earth what it deserves
Clean and healthy India will be made soon
Yes, nurse will make it,
Will surely make it a boom .

-Ms. Namrata Ajmire
B.BSc.3rd year



जीवन का मतलब

आंखों की यह कैसी बात है,
राहों की ये कैसी आहट है।
सपनों की कैसी चाहत है,
मंजीलों को कैसी ये आस है।
चलते रहने के कैसी ताकत है,
कामयाबी की कैसी राहत है।
प्यार की कैसी व्यास है,
अपनों की कैसी याद है।
वैसे पढ़ने की चाहत है,
जैसे जीने की आस है।
पलकों में सपनों की थी सौगात है,
नये दिन के ये तो शुरुवात है।
भविष्य की ये तो आज शुरुवात है,
जिंदगी का अब यह एहम फैसला है।
अब पढ़ो, आगे बढ़ो,
जिंदगी की एक नयी मीसाल बनाओ।

-कु. हर्षा हरिभाऊ गांधरे
Basic BSc. (N) 2nd year

फिर ना आऊ इस देस.....

मैं हूँ एक औरत
मैं भी एक इंसान
मुझे भी इज्जत दो,
ना आधा ना कम
मुझे भी औरों सा सम्मान दो।

ना आऊ इस देश
जहा औरत का भेस ना भाए
उसीको मारा जिसके जरिए दुनिया में आए
घोट दिया सपनों का गला नारी हूँ जानकर,
कर दिया सोंसो का अंत मुझे अकारण मारकर।
छिनकर शिक्षा लाढ दिया कामों को
लेकर दफतर पकडा दिया जिम्मेदारियों को
गुड्डे से खेलने की उमर में डोली में है बिठया,
अपनी ही बरबादी पर लगु सुंदर ऐसा है मुझे सजाया।
औंसुओ के साथ विदा करके जता रहे थे प्यार.,
बालअम्र उन संग बांधकर किया था घोर अत्याचार।

मैं हूँ एक औरत
मैं भी एक इंसान दो,
ना आधा ना कम

मुझे भी दो औरों सा सम्मान।
उनके वायदे को करके थामा था जिसका था,
नही छोड़ुंगा साथ तेरा यही कहिथी बात।
आज वो ही तुम हो पर बदल गई वो बात,
हद् कर दिया तुमने और सह गई मैं जब उठया मुझपर हाथा।
तुमसे अपेक्षाओं को रखना, क्या थी मेरी गलती
कर दिया छोटा मुझे कहकर के मर्द के आगे औरत कि नहि चलती।
सुने ना सुने कोई तुम तो सुनते किसी ने ना समझा मुझे तुम तो समझने।
कर दिया खडा अप्राधि के जैसे,
दाल दिया सारा दो नारी ही हूँ वैसे।

मैं हूँ एक औरत
मैं भी एक इंसान दो,
ना आधा ना कम
मुझे भी दो औरों सा सम्मान।

किया है तुमने इस जमाने को कुछ एसा के,
पाती हूँ खुदको असुरक्षित।
क्या घर के कामों के लिए किया था मुझे शिक्षित
दिल कुछ, दिमाग कुछ और कह रहा है,
ये कैसी कशमकश है।
चाहति थी मैं आसमा को छुना
चाहति थी मैं परिदों सा उडना।
औरों सा था मुझे बेखौफ रहना।
मेरा एसा जिना तुम्हे गवारा नही,
क्योंकि एक नारी को तुमने परख कर जाना नही।

मैं हूँ एक औरत
मैं भी एक इंसान
मुझे भी इज्जत दो,
ना आधा ना कम
मुझे भी दो औरों सा सम्मान।

- आयरिन एम. डेव्हीड

B.B.Sc. (N) 4th Year

“ गुरु बिना ज्ञान नहीं, ज्ञान बिना आत्मा नहीं। ”

जिवन को दिशा देने वाला गुरु
हर कदम पर मार्ग दिखाने वाले गुरु
उस गुरु को आदर प्रणाम
जिसने हर शिष्य का जिवन बनाया बेमीसाल ॥
जब भी रुक गए हम जीवन के मार्ग पर
उस गुरु की दिशा से हासिल हुई मंजीले ॥
उस आदरणीय गुरु को सादर प्रणाम
गुरु जो खुद एक साधारण व्यक्ती
जिन्होंने हर उस व्यक्ती का जीवन
असाधारण, अवर्णनीय बनाया
उस गुरु को सादर प्रणाम ॥
गुरु एक तेज हे.....
जिनके आने से

सारे संसार का अंधकार खत्म हो जाते हैं ।
गुरु वो मृदंग है जिसके बजते ही
अनाहद नाद सुनने शुरू हो जाते हैं
गुरु वो ज्ञान हे जिसके मिलते ही
पांचो तत्व एक हो जाते हैं ।
गुरु वो दिक्षा है जो सही मायने मे
मिलती है तो नैया पार हो जाती है ।
गुरु वो नदी है जो निरंतर
हमारे प्राण से बहती है ।
गुरु वो सतचितआनंद है
जो हमे हमारी पहचान देता है।
उन सभी गुरु को मेरा भावपूर्ण प्रणाम ॥

- तेजस्विनी साबले
तेजस्विनी साबले
B.Bsc Nursing 4th Year
B. Bsc / 4th Year

चलते चलते

हर वक्त खयालोकें पहरें
है कई गम दिल में गेहरें
मूँद मूँद आंखों में आंसू ठहरें
जब याद आये हसीं चेहरें

हुआ सपना कोई पूरा सा
कोई ख्याब आज भी आधा अधूरा सा
कभी किरसे बने हादसा बुरा सा
लागे जीवन कभी धुंआ धुंआ सा

पर दिल में छुपी कोई आस है
खुश रहूँ महेकी सी सांस है
जिंदगी एक मिठा एहसास है

हर मुशकिल से जंग लढ जाना है
कोशीश करे की हर मंजिल पाना है
सबको सबकुछ नहीं मिलता यहाँ
कभी हार कभी जीत यही तराना है

कोई आग सीने में जलती रहे
जान मेरी कुछ मचलती रहे
चलता रहूँ मैं उन राहों पर
और जिंदगी यही चलती रहे

-सुधांशु वासनिक
B.Bsc (N) 3rd year

पाबंदिया

केहने को आजादियाँ है यहां
बंदिशे पाबंदिया हर जगह
ख्वाबोको बंधी है बेडिया
कही कोई इंसान बन बैठा भेडिया
हर तरफ फैला एक ही रोग
क्या सोचेंगे और कहेंगे ये लोग
इंसानो को इंसान खाये मारे धर दबोचे
देश मे सबसे बडी परेशानी है छोटी सोच

न सुना किसी की रोक टोक
जीलु हर लम्हा इसमे खुदको झोक
ख्यालो पे पहेरे आँखे न बाँध सखे
लोगोकी छोटी सोच का ख्याल क्यों हम रखे
सपने और ख्वाइशे है दिलो में धर करे
सीने मे आग पुरा करे न डरे

सारा सुख है खोया
दिल कितने आंसू रोया
जीने दो जिंदगी मेरे हाल पै
जंबुरा नही मै जो नाचे ताल पै

डर है की लोगो की दुनिया मे
मै खुदको न खो दू यहां
हो रहा इस पल मे एक बात का जिक्र
की न हो डर न फिकर
जाना है मुझे अब
इस जहाँ से परे जहाँ एक नया जहान हो।

ख्वाइशे

मैं अपनी मंजिल की ओर बढ़ रहा हूँ,
इस विचलीत मन से ख़ुब लड़ रहा हूँ
वक्त के साथ ये दूरी घट जाएगी,
लंबी ये काली रात कट जाएगी।
घर की यादों ने मुझे सताया है,
जिस रास्ते निकले थे वही वापस ले आया है।
क्या पता क्या होगा जब अपने मिलेंगे,
गिर पड़ूँ पैरों तले या किसी के लग जाऊँ गले।
चाँद भी आज हसीन नहीं,
कुछ कम है रेशन आसामा।
बारीशो सी बरस रही है,
अपनों के चेहरे देखने की;
मेरी आँखें तरस रही हैं।
कबसे मैं अपने गम छुपाये हूँ,
आँसू रोक रखे हैं, सर झुका बैठा हूँ।
अब इन एहसासों का बोझ सह नहीं जा रहा,
अपनों के बिना अब रहा नहीं जा रहा।
कब बितेगी ये रात,
कब होंगी ये सुबह।
पास आयेंगी ये मंजिल,
तो कुछ कहेगी ये झुबान।
आँखों में एक और चमक,
चेहरे पे एक ख़ुशी तब आएगी।
घर के दरवाजे पर वही प्यार,
आँखों में लिए माँ जब आएगी।

तू खुद की खोज में निकल.....

तू किस लिए हताश है
तू चल, तेरे वजूद की
समय को भी तलाश है
जो तुझसे लिपटी बेडीया
समझ ना इनको वरणा तु
ये आये बेडीया पिघल के
बना ले इनको शस्त्र तु
तु खुद की खोज में निकल
तु किस लिए हताश है
तु चल तेरे वजूद की
समय को भी तलाश है
चरित्र जल पवित्रता है
तो क्यों ये दशा तेरी?
ये पापियो का हक नहीं
कि ले परिक्षा तेरी
जला के भस्म कर उसे
जो करता का जाल है
तु आरती की लौ नहीं
तु क्रोध की मशाल है
तु खुद की खोज में निकल
तु किसलिए हताश है
तु चल तेरे वजूद की
समय को भी तलाश है.....

-हर्षद गावंडे

B.Bsc (N) 4th year



मराठी

लक्षात नसलेला बाप

आईचं गुणगाण खुप केले
पण बिचा-या बापाने काय केले ?
बिकट प्रसंगी बापच सदा सोडवी
आपण फक्त गातो आईचीच गोडवी

आई कडे असतील अश्रूंचे पाट,
तर बाप म्हणजे संयमाचा घाट.
आढवते जेवन करणारी प्रेमळ आई
त्या शिंदोरिची सोय ही बापच पाही.....

देवळी यशोदेचं प्रेम मनात साढवा
टोपलीतून बाळास नेणारा वासुदेवही आढवा
रामासाठी कौशल्याची झाली असेल कसरत
पुत्र वियोगाने मरण पावला दशरथ

काटकसर करून मुलास देतो पॉकेट मनी
आपण मात्र वापरे शर्ट-पॅन्ट जुनी
मुलीला हवे ब्युटी पार्सर, नवी साडी
घरी बाप आटपतो बिन साबनाची दाढी
वयात आल्यावर मुले आपल्याच विश्वात मग्न
बापाला दिसते मुलांचे शिक्षण, पोरीचे लग्न
मुलाच्या नोकरीसाठी जिना चढून लागते धाप
आढवा मुलीच्या स्थळासाठी उंबरठे झिजवणारा बाप
जीवनभर मुलांच्या पाठी बापाच्या सदृच्छ
त्यांनी समजून घ्याव, हीच माफक इच्छा !!

कु. ईशा ना. ठाकरे
B.BSc (N) 1st Year

वाट पाहतांना

“जीवन जगावे वाट पाहतांना
आणि राहावे सुखात नांदताना !
काय माहित कोण कधी येईल तुमच्या जीवनात
घेऊन सोबत तुमच्या इच्छा पूर्ण करणा-या आशांना”

“वाट पाहणे आहे सववि हक्क
एखाद्या दिवशी तुम्हीपण होणार थक्क !
राहणार नाही ते नात्याने सख्ख
पण दाखविल तुम्हाला जग अख्ख”

“जीवनाच्या वाटेवर वाट पाहून बघा
कधीतरी कुणावर विश्वास ठेऊन बघा !
मग राहो तो अर्धा किंवा सगळा
क तरी रात्र वाट पाहतांना त्यांच्यासाठी जगा”
“कुणीतरी दिसले तुम्हाला तुमच्याकडे येताना
जेव्हा तुम्ही राहालं ख-या मनाने
वाट पाहतांना.....”

कु. श्रेया श्रावण कापगते
Basic B.Sc (N) Ist Year

मनाची गुंतागुंत

कसा दुर करु मी हा एकटेपणा नाही कळत काही मला
क्षणोक्षणी मन विचारत असे प्रश्न
उत्तर तरी काय देउ या मनाला
कधी ना संपणा-या या आठवणी
या आठवणी ची विल्हेवाट लावु तरी कशी.
काही सुचत नाही कोणत्या वेळी काय करु
या एवढ्या लांब वेळाला घालवू तरी कस,
वाटत स्वप्नांच्या जगात बुडुन जावं
पण हि स्वप्न अस्तित्वात पुर्ण कधी होणार
वाटते भिती मनांत ही स्वप्न पुर्ण नाही झाली तर
या विचारानेच येतात अश्रु डोळ्यात
मग स्वतःच पुसुन स्वतःचे अश्रु
आणते स्वताच्या वेह-यावर छोटस हसू.

मोठ स्वप्न

पाणावलेले डोळे
व ओठांवर हसु
मनात मोठं स्वप्न
पण थरथरलेले हात
स्वतः वर विश्वास मात्र
स्वार्थी जगाची गाठ
पाणी घातले किती
तीर कोमेजतात कोंब
दृढ निश्चय असला तरी
खचवतात लोक
तीर ठेवते मनी आसं
आणि बघते मोठ स्वप्न रोज.

आई

आई थरथरणा-या मनाची साथ आहेस तु,
अवास्तव स्वप्नांचे माझ्या अस्तित्त्व आहेस तु,
माझ्या हृदय ओढीचे कारण आहेस तु,
अस्वस्थ मनाचा एकमेव विश्वास आहेस तु,
काळोख्यातील रातकिड्यांप्रमाणे अमृत्य प्रकाश आहेस तु,
माझी सवय माझे प्रेम आहेस तु,
आभारी आहे ईश्वराची कि माझी
प्रिय आई आहेस तु.....

Scientific Section



IN



WE TRUST

Can Fat Cell be converted into Stem cells?????

- Scientists have converted human fat cells into stem cells, which can be used to regenerate any damaged tissue in the body.
- The fat cells are first collected from the human body.
- They are then converted into adult stem cells with the help of growth factors.
- Adult stem cells are induced to become pluripotent stem cells (ipsc), which can give rise to any type of cell in the body.
- This cells can then be used to repair any type of tissue in the body including injured heart and damaged spinal cord, they can also be used to repair joint and muscle degeneration.
- These cells also provide an anti-inflammatory effect which aid in healing.
- Stem cells can be used for breast reconstruction after surgery for breast cancer.
- Patient receive their own cells so there is no risk of immune rejection.
- Your own fat derived stem cells can prevent premature cell death.
- These cells can be reprogrammed to form functioning blood vessels.
- Pluripotent stem cells can also suppress immune responses in autoimmune disorders. They can be induced to differentiate into nerve cells, offering a new effective treatment for neuro degenerative diseases such as Alzheimer's disease and Parkinson disease.
- Different techniques are used to deliver stem cells into right location. Stem cells are infused into the bloodstream and injected into localized tissue. Stem cell are then attracted to the signals from areas of inflammation, these signals triggers stem cells to differentiate and turn into specialized cells.
- Specialized cells begin to integrate with the target tissue or organs. Fat cells are more abundant and accessible source for regenerative therapies.
- No ethical issues involved with using fat derived stem cells.
- Fat contains up to 90% more viable cells than that of bone marrow. This concentration of viable cells in fat tissue remains unaffected by age.
- Fat cells can be turned into ips twice as quickly as skin cells. Technique of fat cells extraction are easier and more efficient. The process involves a mini-liposuction to obtain the patient's own fat usually from the abdominal or flank areas.
- The procedure is performed without general anesthesia and is relatively painless.
- Stem Cells retrieved from fats are more cultured and grow more rapidly than those harvested from Bone Marrow.

PRAKASH RANGARI
B.BSC (N) FINAL YEAR

AXOLOTLS: THE UNIQUE

- Axolotls are 1000 times more resistant to cancer than mammals.
- They can regenerate pretty much anything in their bodies including limbs, jaws, tail and spinal cord and skin.
- It can regenerate spinal cord even after being cut, crushed or removed.
- They can regenerate the same limb more than 100 times, without showing any signs of scarring at the site of amputation.
- Axolotls can even regenerate part of their brain after being cut.
- They can also receive transplanted organs from each other and accept them without rejection.
- Scientist are hoping to replicate these features in humans.
- An Axolotls remains in it larval form its entire life. In wild it never undergoes metamorphosis into an adult salamander.
- A single injection of iodine can turn young axolotls into adult salamander.
- It listed as critically endangered by the IUCN.

GAURAVKUMAR TEMBHEKAR
B.BSC (N) FINAL YEAR

EEG SIGNAL CLASSIFICATION FOR REAL TIME BRAIN MACHINE INTERFACE APPLICATION

Introduction: Brain Machine Interface (BMI) system is very helpful technique for the disabled and handicapped person to express their emotion and feeling to someone else with the help of EEG Signals coming out of our brain.

Aim: Brain machine interface application for disable persons.

Objective: To improve quality of life for those with severe disabilities.

Methodology: the human brain is made up of billions of interconnected neurons about the size of a pinhead. As neurons interact with each other, patterns manifest as singular thoughts such as a math calculation. As a by-product, every interaction between neurons creates a miniscule electrical discharge, measurable by EEG (electroencephalogram) machines. This system enables people with severe motor disabilities to send command to electronic devices by help of their brain waves. These signals can be used to control any electronic devices like mouse cursor of the computer, a wheel chair, a robotic arm etc. The research in this area of BCI system uses the sequence of 256 channel EEG data for the analysis of the EEG signals coming out of our brain by using tradition gel based multi sensor system, which is very bulky and not convenient to use in real time application.

Conclusion: a convenient system to analyze EEG signals, which uses few dry sensors as compared to the tradition gel based multi sensor system with wireless transmission technique for capturing the brain wave patterns and utilizing them for their application.

Result : Raw EEG Signal can be observed into EMOTIV Test bench software and can be analyzed. By the Hit & Trial method we have observed some of expression and there corresponding EEG trace on Test Bench.

SURABHI MORASKAR
B.BSC (N) FINAL YEAR

DNA

Your genome is 99.9% similar to nearly other human on earth
Today, all it takes is 2 days and \$1000 to sequence your entire genome
Our DNA can store all of the world's data in one room. 1gram of DNA is capable of storing 215 petabytes (215 million gigabytes) of data
Your DNA could stretch from earth to the sun 600 times over your lifetime your body will produce around one light year of DNA
This is equivalent to a9.5 trillion km (5.8 trillion mi) long DNA
The human genome is made of 3.2 billion base pair of DNA. The entire human genome requires 3 gigabytes of computer data storage space
23,000 genome in a human make up only 2.3% of your entire genome
Half of your genome is made up of what's called "jumping genes".
These genes can move from one location to another on the genome it takes about 8 hours for one of your cell to completely copy its DNA.
Less than 2% of the total DNA carries instruction to make proteins the rest is misleadingly called "junk" DNA and does not code for anything
We still don't know the functions of over 80% of the human genome.
Around 85 of our DNA comes from viruses.
We share 98% of our genetic structure with a chimpanzee and 95% with a rat.
About 1 in 180 babies are born with a chromosome abnormality there are around 37 trillion (37,000,000,000,000) cells in your body.
These are divided into over 200 different types of cells.
Different genes are turned on & off, giving rise to different cell types
Sibling share 50% of their genes while identical twins share 100%
About 40% to 50% of the genetic information found in our GIT, does not match anything (animal, plant, bacteria, virus, fungi etc) biologist call it "Biological Dark Matter" and we still have no clue what it is!
Researcher were able to track a mutation that gave people blue eye colour
Blue eyed people share a common ancestor who lived about 10,000 years ago. Its caused by genetic mutation affecting the OCA2 gene in our chromosomes
There is an "immortality drive" aboard the international space station it contains DNA of prominent people, in case humanity ever need to be resurrected
It is possible for humans to have two sets of DNA it happens when a woman is pregnant with twins, and one embryo dies very early on. the other embryo can "absorb" its twin cells and become human chimera.

PRAKASH RANGARI
B.BSC (N) FINAL YEAR

WHAT'S NEW ABOUT OZONE????

- The ozone hole above Antarctica is starting to heal and it is expected to make full recovery by 2060.
- The ozone hole forms every year above Antarctica beginning in August and generally picking in August.
- The ozone layer shields earth from harmful UV radiations which cause many biological problems such as Skin Cancer.
- In 1985, Scientists found out that the ozone layers was depleting but thanks to the phasing out of harmful chemicals 30 years ago.
- The ozone hole is finally closing up according to a recent studies.
- The CSF are chemicals that deplete the ozone in the atmosphere.
- When CSF rise into the stratosphere they are broken apart by the sun's UV radiation causing them to release chlorine atoms that destroy ozone molecules.
- Scientists have shown through direct satellite observation that the levels of ozone-destroying chlorine are declining.
- This resulted in 20% less ozone depletion since 2005.
- In 1987, nearly all nations signed the montreal protocol and agreed on a plan to phase out damaging CFCS.
- Scientist now confirmed that ozone layer is slowly healing.
- The study offers in new hope that we can fix large environmental problems.

S.N.A

THE STUDENT NURSES ASSOCIATION

The Student Nurses Association (SNA) is an associate organization of Trained Nurses Association of India and is a nation-wide organization. It was established in 1929 at the time of the Annual Conference of the Trained Nurses' Association of India (TNAI). Each nursing institute has its own S.N.A. unit. It is remarkable that the growth of SNA Units has been persistent ever since its inception.

The SNA and TNAI used to have combined Annual Conference, but due to the increase in number of delegates it was felt in 1960 to hold separate Conferences for the student Nurses. Since 1961 the student Nurses are having separate Biennial Conferences. These are held alternately with TNAI Conferences.

THE OBJECTIVES OF S.N.A ARE:

- To help students to uphold the dignity and ideals of the profession for which they are qualifying.
 - To promote a corporate spirit among students for common good.
 - To furnish Nurses in training with advice in their courses of study leading up to professional qualification
 - To encourage leadership ability and help students to gain a wide knowledge of the Nursing profession in its different branches and aspects.
 - To increase the students social contacts and general knowledge in order to help them take their place in the world when they have finished their training
 - To encourage both professional and recreational meetings games and sports.³⁰
- and also to attend national and regional conferences.

• A wide variety of activities are encouraged at all levels for the SNA members and this is done in view the objectives of the Association for which it was formed. The diversity of activities is derived from the professional, social, cultural and recreational spheres. The activities are geared to strengthen curricular and co- curricular components.

THE ACTIVITIES ARE:

- Organization of meetings and conferences.
- The SNA Meeting is held on 3rd Saturday of every month.
- Maintenance of SNA Diary.
- The fund rising project named "Communal Harmony" is done by the students as well as teachers.
- Socio-cultural and recreational activities like dance, drama, etc.

XXVII SNA BIENNIAL CONFERENCE MAHARASHTRA STATE

The theme for State Level Conference was "Empowering Nurses Through Advanced Technology". It was held from dated 5th to 7th October, 2017 at Aurangabad. Students from S.R.M.M.C.O.N. were selected for various competitions such as Floor decoration, Personality Contest, Debate, Quiz, Essay, Dance and Sports.

ACHIEVEMENTS

Miss, Sampada Late participated in floor decoration competition held on 5th October 2017. She stood first at the state level conference. She was then selected for the XXVII SNA National Biennial Conference hosted by TNAI Andhra Pradesh State Branch. She stood third at national level.

Mr. Lawrence James participated in discuss throw held on 6th October 2017. He stood second at the state level conference. Dance group from SRMM College of Nursing participated in the dance competition. The participants were Mr. Prakash Rangari, Mr. Vaibhav Kamble, Ms. Khushboo Mohod, Ms. Prachi Thakre, Ms. Priya Pethiya, Mr. David Wanmali, Ms. Ayushi Pudke, Ms. Pallavi Wankhede. They were awarded with the consolation prize

SNA Conference Aurangabad



XXVII NATIONAL SNA BIENNIAL CONFERENCE
Guntur, Andhra Pradesh
THE TRAINED NURSE'S ASSOCIATION OF INDIA



LAMP LIGHTING:

Light is a pretty universal symbol of truth, knowledge and understanding. Lamp lighting is done at the beginning of every ceremony as a sign of goodwill, similarly the beginning of nursing is done with lighting a lamp, because with all goodness comes pain and hardships, the light will remind the promise made in the genesis with ourselves and nursing which will make us determined throughout and will act as a guide keeping us from stumbling in the dark. It is an international symbol of nursing, accompanying the most important ceremonies. It symbolizes a lit lamp used by Florence Nightingale while caring for injured soldiers during the Crimean War.

LAMP LIGHTING AND OATH TAKING CEREMONY'

Every year this ceremony is organized for 1st year ANM, GNM, B.BSc. Nursing students of SRMM college and school of nursing respectively. This year was organized on 9 January 2018 which was a grand success. The Chief Guest for the day was Honorable Shri Sagar Meghe, Member Board of DMIMS (Demmed to be university) Sawangi (M) Wardha.

Lamp Lighting ceremony



Lamp Lighting Ceremony



SISA :-

Symbiotic Interdepartmental Scientific Activity (SISA) was conducted in the SRMM College of Nursing. The chairperson of the presentation Prof. Archana Mourya, Incharge of SISA. The activity is held once in a month on every fourth saturday. All the respective departmental HOD's as well as faculty members of each deparments after the presentation awardies are appreciated by certificates by presenting scientific paper/ poster/ case study in this activity are invited for the presentation.

E-POSTER PRESENTATION

Regional level competition organized by Smt. Radhikabai Meghe Memorial college of Nursing which is held on 8th November 2017 in that Ms. Pragati R. Bakane got first prize titled "To assess the knowledge regarding alcohol induced cirrhosis of liver among male." Remaining participant got the certificate of appreciation.

STATE LEVEL CONFERENCE:

21st annual national conference of nursing research society of India (NRSI). Organized by geetanjali college and school of nursing, geetanjali university, Udaipur (Raj) . Which is held on 27th -29th October 2017 on theme "EVOLVING DIMESIONS IN NURSING RESEARCH: FUTURE PERSPECTIVE." M.Sc Nursing final year students had participate as delegate and did scientific paper presentation in national conference.

INTERNATIONAL CONFERENCE

International conference "TRANSFORMING LIVES \$ HEALTHCARE THROUGH TECHNOLOGY" held on 9th and 10th January, 2017 at DMIMS (DU), Wardha (MH). M.Sc Nursing final year students had participate as delegate and did scientific paper presentation and poster presentation and got the certificate of appreciation.



BLOOD DONATION:



Blood donation is a service to humankind. By donating blood we can save someone's life. On 23rd September, 2017, as the members of SNA unit of Smt. Radhikabai Meghe Memorial College of Nursing, we got an opportunity to arrange "Blood Donation Camp". We were very excited to see how the blood donation camp is organized, there are always those little things which one could learn. The camp was being organized at our college itself and the whole arrangement was nicely done by the students.

The camp was inaugurated by our Chief Guest Dr. Hiwale Sir, Incharge of blood bank, AVBR Hospital who encouraged the students about the importance of blood donation. For many students, it was first experience and sense of satisfaction was clearly visible. Students actively participated in the program with enthusiasm. All those who donated blood were awarded certificates.

The number of donors were higher than we expected. The overall experience was very nice that no one can ever forget. By arranging this camp, we have learned a lot about organizing such great task and also learned about the importance of blood donation as our contribution can save one's life.

Blood Donation Camp



दान पेटी मंदिरापेक्षा दवाखान्या समोर असायला पाहिजे पैश्याची गरज देवाला कधीच नव्हती, आणि राहणार ही नाही. गरज तर त्या गरिबाला आहे ज्याचा जीव पैश्याविना जानार आहे.

-Devendra Pahune





GFC

GFC 2017

Ganesh Chaturthi is the festival celebrated in the honour of Lord Ganesha. DMIMS celebrates their very own GFC with full zeal and vigour. The idol of The Lord Ganesha is placed in the college premises which is witnessed by maximum grandeur.

The occasion becomes lively with songs, dance and drum beats. It is the most awaited event at the DMIMS University. This celebration ignites the spirit of sharing amongst the students and faculties from all sectors. Various events takes place in GFC like Ganesh Sthapna, Folk dances, Variety, Band Nights, Fete Night, Treasure Hunt, Cyber Games and even sports included. Students from all sectors participate in these events and make it a grand success.

The students of S.R. M.M.C.O.N. participate in various events but the most favorite is Variety. The group from S.R.M.M.C. O.N. is popular as "SRMM Hits". Students in large number participate and practice hard and rocks the stage. And even wins the prize money every year. This is the moment of joy which strengthens their bond. SRMM Hits also got selected for the 'NAAC' i.e. "The National Assessment and Accreditation Council" which was one more moment to be celebrated by the students.

The GFC teaches us how to work co-operatively as the students organizes the GFC. We the students of each faculty come together to organize this event. GFC is not only for the students but also for teaching and non-teaching staff so that they can participates and enjoy with us.

This GFC is memorable for every DMIMS family members. The celebration lasts for 10 days but gives a lifelong memory to cherish.





राजस्थान राज्य - हरी तारु
आने ते ता

Student's Corner



Every day the same struggle continues and to get rid of it's stress one runs after his passion to be at peace.

But how fortunate those people are who can get along with passion and profession at the same time.

And I am the one among them. :) That moment when I realised how it feels as a nurse to use both passion and profession for sake of patient.

I was posted in Psychiatric ward, where, through music therapy I was helping patients to overcome their negativities and stress.

We all were chanting "Hum honge kamayab..." and "Itani shakti hume..." with not only just the voices but with inner loud scream hoping for the better tommorow. I could see positivity and enthusiasm in patient during that session.

There were patients with problems like Alcohol dependence syndrome, Schizophrenia, Depression.

With the therpay Positivity continues with unshakable faith in patients and strong hope to overcome no matter what they are going through.

Session finished and all patients turned out to their bed with a warm smile on the face. One of patient with alcohol dependence syndrome came to me and said "Brother, hum pakka kamayab honge iss buri lat se chutkara paane me." That moment when I saw him motivated my heart wishpered to me ki bas ab "Man ka vishwas kamjor ho na.." and I wish to continue this what is started in me. So this happened when passion met profession.

-Sanket Gonge
B.Bsc Nursing 3rd year

A NOTE TO HER.....

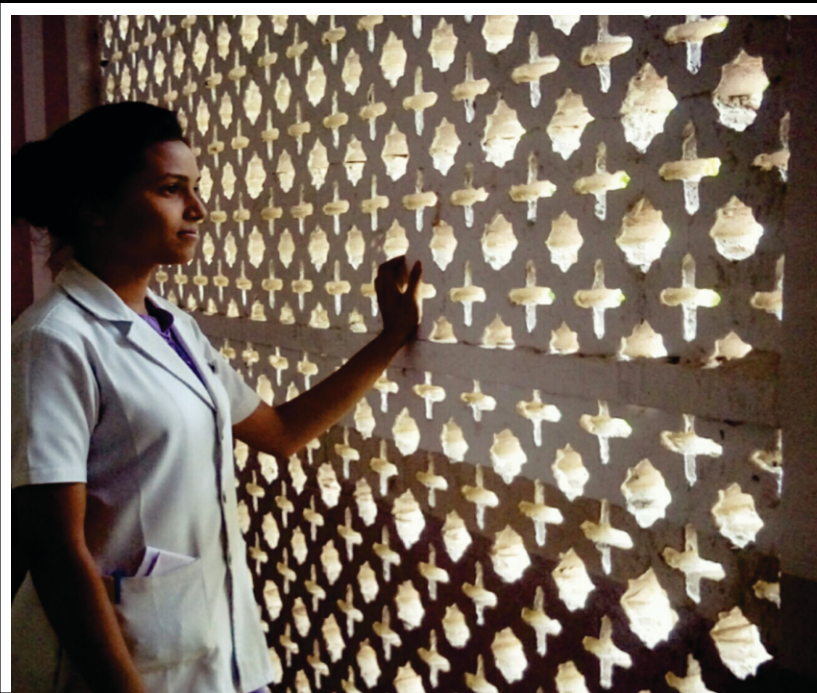
First god created man and then he got a better idea. Woman was the second yet the better idea god thought off. A later product indeed a better product. All the qualities the man was deprived of were inculcated in women as a whole being. Don't wait for a man to stand for you, don't wait for time to get worst, don't wait for the change to happen instead be the change. Extend the boundaries the limits of your self worth because until and unless you realize how will you make others believe. What you think of yourself is what you reflect, so be the best reflection of no one but yourself.

Don't ever make a mistake to question your existence for you were fearfully and wonderfully made. Let the world make judgment for you don't need their approval to explore yourself. Being a woman enhances your uniqueness it adds beauty to your existence.

Don't rely upon anyone for your business be your own defender, your own protector and your own warrior and you alone are stronger enough to fight your own battle. It only take one spark to light up fire inside you. Learn to act at right time when situation is in your favor later lightening up numera-ble candles, marching and protesting for justice along with huge banners with slogans written on it doesn't make any sense and it doesn't create a difference.

Never search for a Hero, discover it in yourself. Remember without Her every Hero is a zero. So stick to a life long assignment, agnize your value and estimate your worth.

-AIRIN DAVID
B.Bsc nursing 4th year





A blue stethoscope is shown against a light blue background. The stethoscope is coiled, with the chest piece on the right and the ear pieces on the left. The chest piece is a silver-colored metal with two circular openings. The tubing is a dark blue color. The background is a soft, light blue gradient.

Clinical Experience

Clinical experience:

Being in a nursing profession, it was definitely most challenging years both academically and in life. As the students of nursing, we have gone through clinical experience as well as theory section. As our profession, totally depends more on clinical practices, it was a wonderful journey we have gone through. Every student feels anxious and quiet excited before entering nursing college.

On our 1st day of clinical orientation, we remember that our feeling was quiet excited and anxious too and prepared for what has to face and what we have to do. We didn't know exactly what we expected but we definitely thought at least some things would be easy. We expected talking to patients, interacting with other medical staff members and performing actions that we practiced prior in lab to be easy. In fact, the things we expected to be the easiest actually became the most challenging when we meet real life people with very real problems.

We had to practice speaking to patients without expeling out the medical terminology they taught us in class while educating patients about their diagnosis and treatment. It is also easy to compare our self to other students during clinical experiences. Even though we tried not to, we found ourselves comparing our knowledge, skills and abilities to other students.

To make our clinical experience easier, we have clinical instructors who always remind us to always push our limits to reach out of our comfort zone and perform new tasks even if we are nervous. As the journey of four years come to an end we feel like we have experienced it all but we know that we have only seen a small fraction of what the realities of nursing are.

Going forward with our clinical experience we remind ourselves that we are students and that the whole purpose of our clinical experience is to learn and become better at our clinical skills. We still struggle with all of the things we have mentioned but we know that we have learned so much and feel so much better as we step into the hospital as compared to the 1st day of the clinical site. At last, we would like to describe our clinical experience as sweet as sugar and as salty as salt. As we all know that "Experience is the best teacher" as our clinical experience teaches us a lot to deal a real problems of real life.





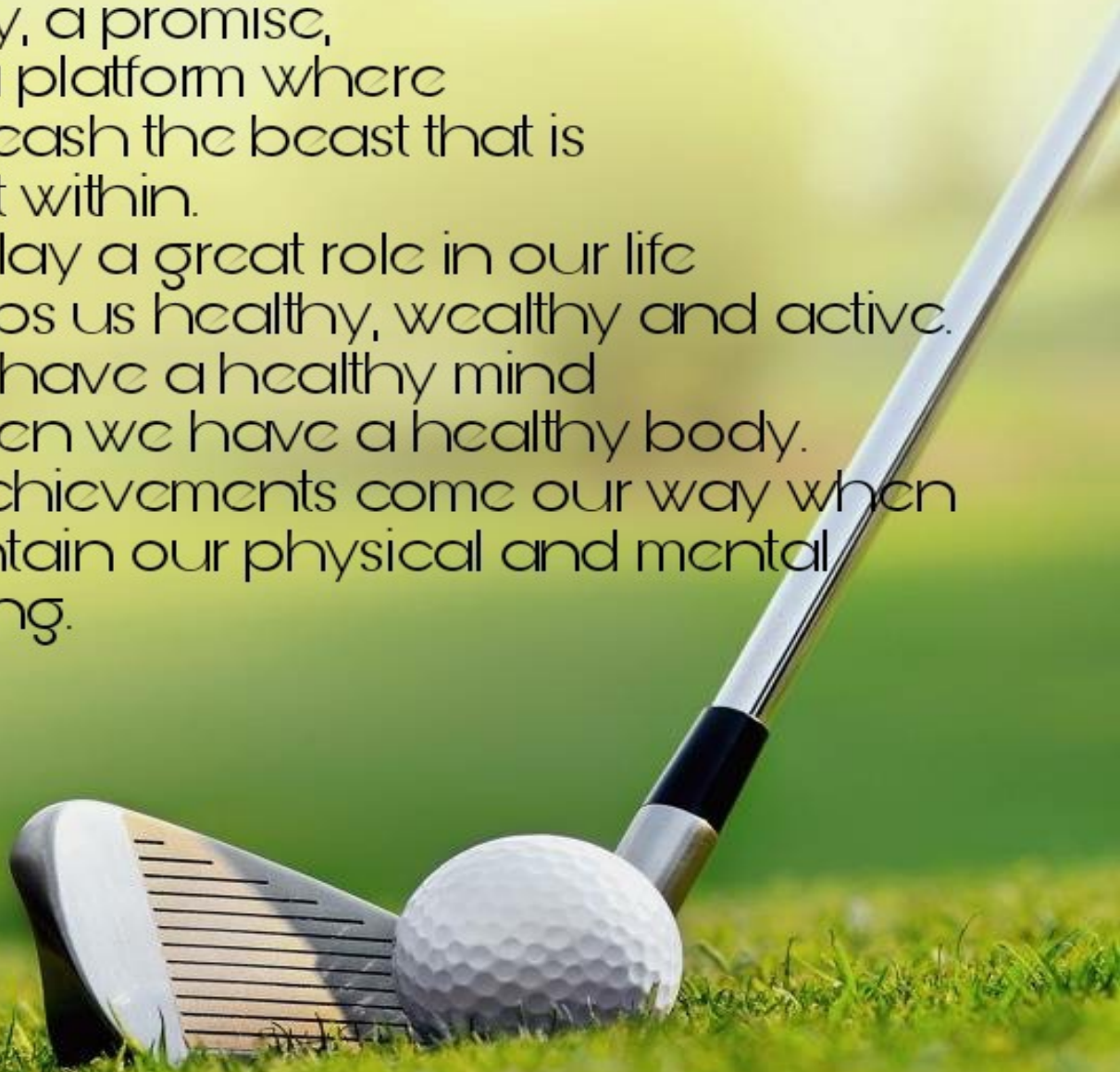
SPORTS



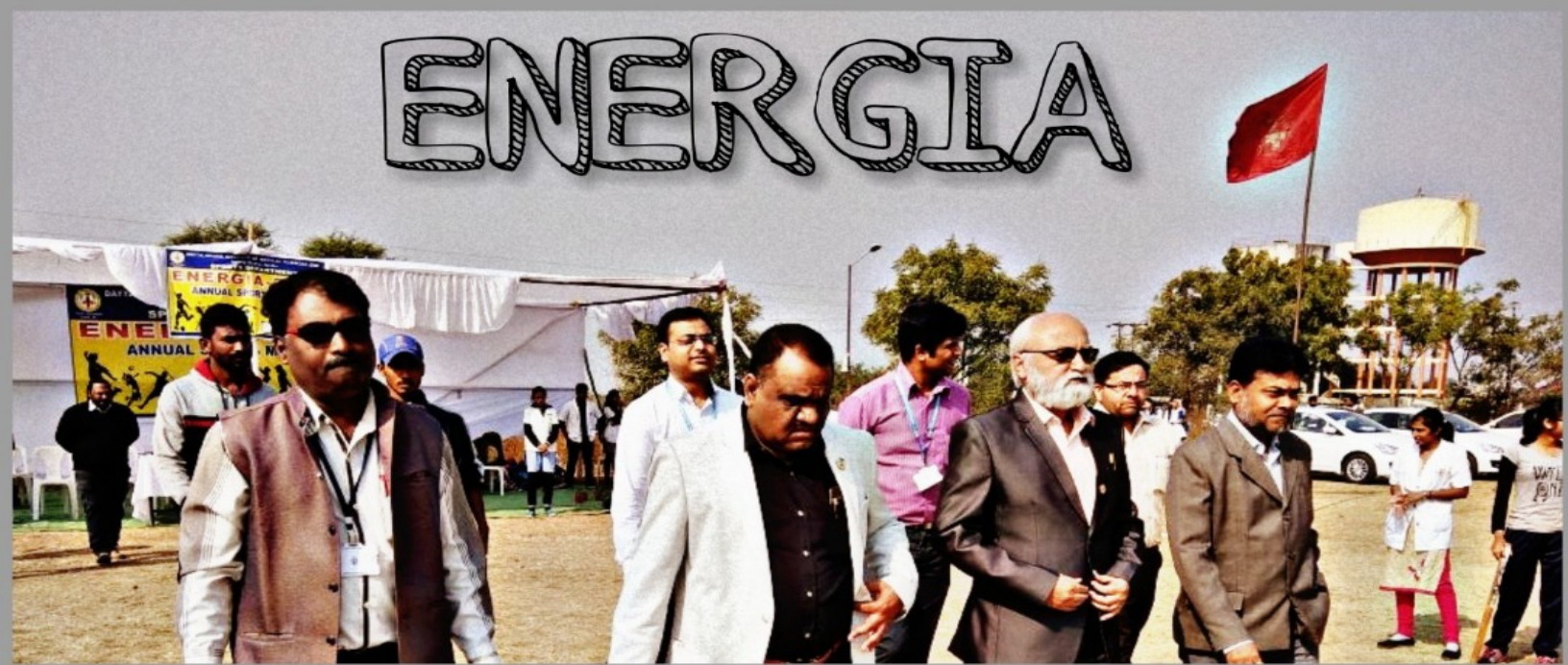
ENTHUSIASMALIS

Sports is not just a word,
it's a story, a promise,
a spirit, a platform where
you unleash the beast that is
dominant within.

Sports play a great role in our life
as it keeps us healthy, wealthy and active.
We can have a healthy mind
only when we have a healthy body.
Great achievements come our way when
we maintain our physical and mental
well-being.



ENERGIA



Sports events takes place in university

Energia :

It takes place every year
in our university
its inter University event
and our nursing college
students

use to participate every year
in every sports events.

we have achived gold medals in
many events.

our nursing college has maintained a record
of winning football
every year and it had been from 13 years
we are unbeatable champions.

it is an inspiration to
all upcoming batches,
and responsibility though
to maintain record.

ENERGIA



Football team



cricket team

Experience About National Baseball Championship, Rohtak, Hariyana.

Baseball is a team sport that requires coordination, co-operation, inspiration, control, team spirit, honesty, strength, courage and opportunity to explore oneself. I am very grateful to my university for giving me and my fellow mates this opportunity to represent ourselves in west zone National Sports.

As our journey starts with a practicing and balancing with the academic schedule after selection, for the west zone National Baseball Championship-2017 which was held at sports campus of Maharshi Dayanand University, Rohtak, Hariyana, the university which has given contribution in Indian Sports by exploring their students in swimming, athletics, boxing, cycling and so on.

We practiced with the full team spirit and co-ordination. I, Ms. Surabhi Moraskar and Mr. Vaibhav Kamble were the captain for girls and boys team respectively. I also thank our Principal Sir and Teachers Sports Incharge Mr. Roshan Thavkar and all the college authority for giving us best possible support.

We arrived with a strong determination and blessings towards our goal on 12th Nov, 2017 from Wardha with fresh mood, fun, sports spirit, enthusiasm and warm wishes from our families, teachers and friends of course. We reached our destination by the eve of 13th Nov.

On the very next day i.e. 14th Nov, we rushed for registration and thereafter the inauguration ceremony had began in the presence of Minister Of Hariyana. Following inauguration on the same day, we had compete with Chandigarh and Kolhapur Universities and got a fruitful harvest for our hardships by winning the match. But unfortunately the next day was not that lucky for us and we had lose against Punjab and Nagpur University. Just as a coin has two faces similarly winning and losing are a part of game and with this attitude we have reached back to our hometown on 28th Nov.



Even though we have lose, the experiences what I got was my real learning which was my actual earning. As a sport person, I still posses a relationship with my game, I still connect with the ball, the sound, the wood, the leather, the playground and of course my team mates. Even though being a girl, I miss the other site of mine sweating in the field, coming in contact with the dust and satisfying thirst after a workout. Essentially as a captain, as a pitter or as a batter no person can take full responsibility for the outcome, it is the team who do so.

You may have hit the game winning home run but it is impossible for you all nine defensive positions in order to keep other team from scoring. Over coming fear and self-doubt, pushing limit, staying focused and ultimately getting up and dusting off every time you knocked down.

The lessons learned from the journey and the competition adversity and team work has been and always will be a perfect metaphor for life.



National Baseball Championship





SU. SHI
05

NISHA
12

AIRAPALI
04

MONALI
03

REHANA
06

UTARA
00

PRIYANKA
02

PRANALI
22

DIKSI
41

PRIY
18

NAMI
07

PUJI
10

Currency collection by- Abhas nakhle





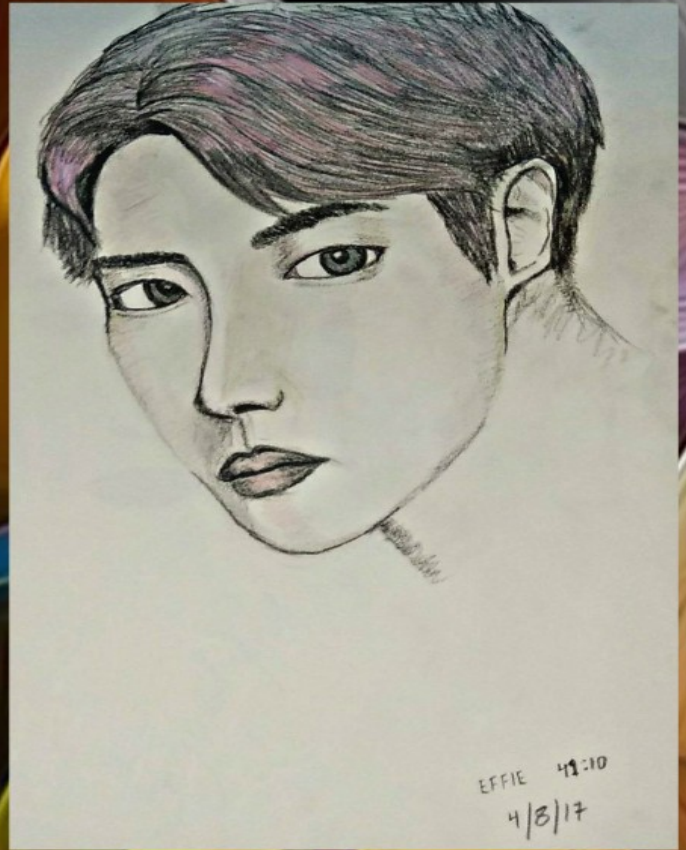
Gaurav Nandeshkar

Gandeshkar



Akshay Mohod
B.Sc 4th year

Charcoal art



Effie
B.Sc 3rd year

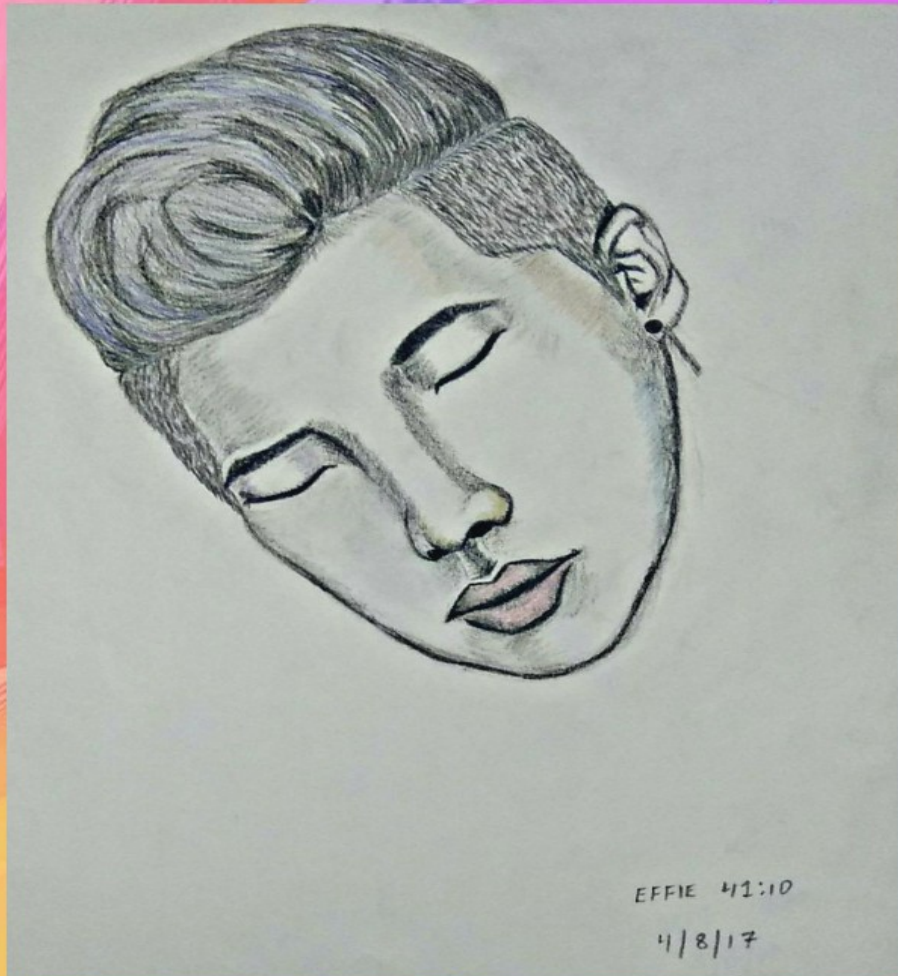


Gaurav Nandeshwar
B.Sc 3rd year

Wall sketch

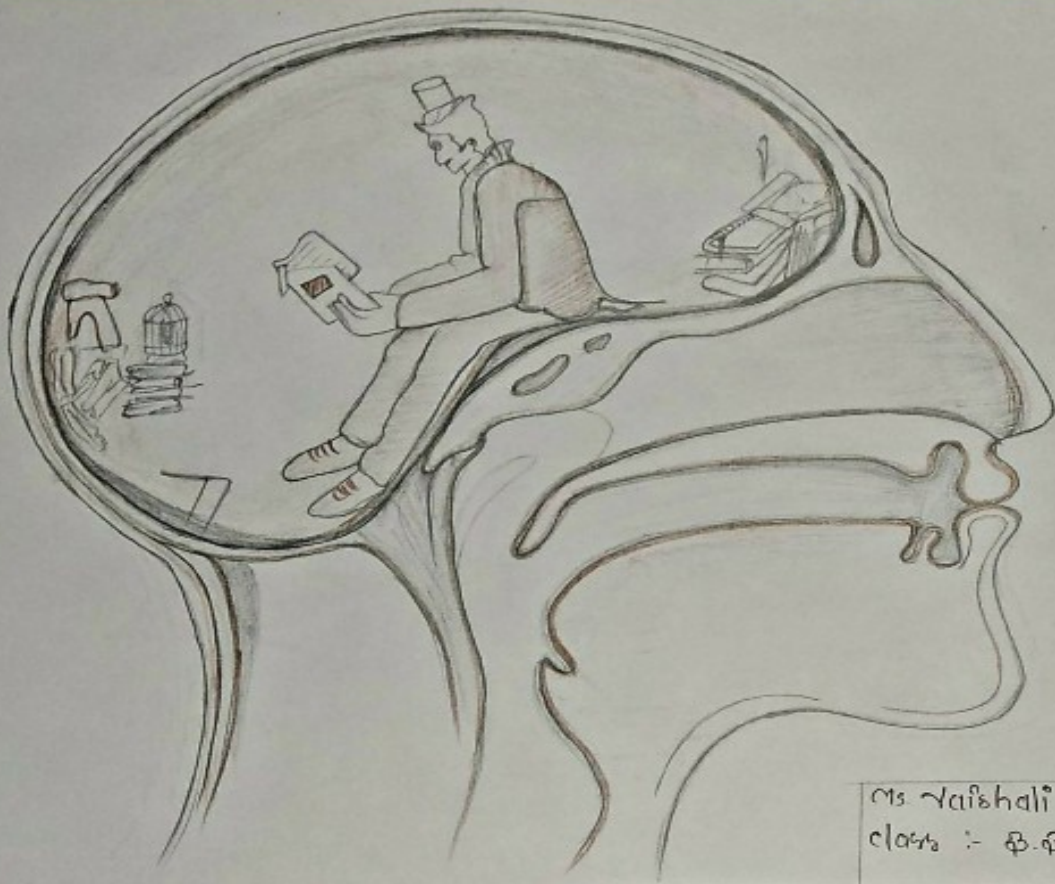


Akshay
&
Vaibhav
B.Sc 4th year



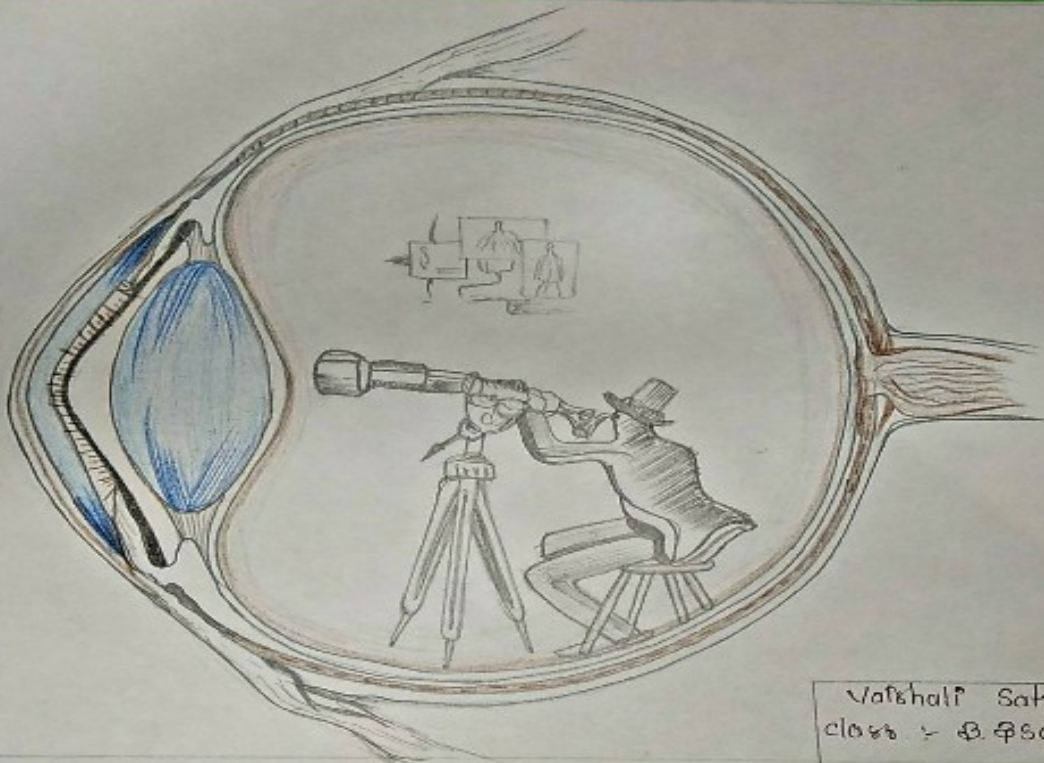
Effie
B.Sc 3rd year

EFFIE 41:10
4/8/17



Ms. Vaishali S. Satpute
class :- B.Sc (N) IInd year

Vaishali satpute
B.Sc 2nd year

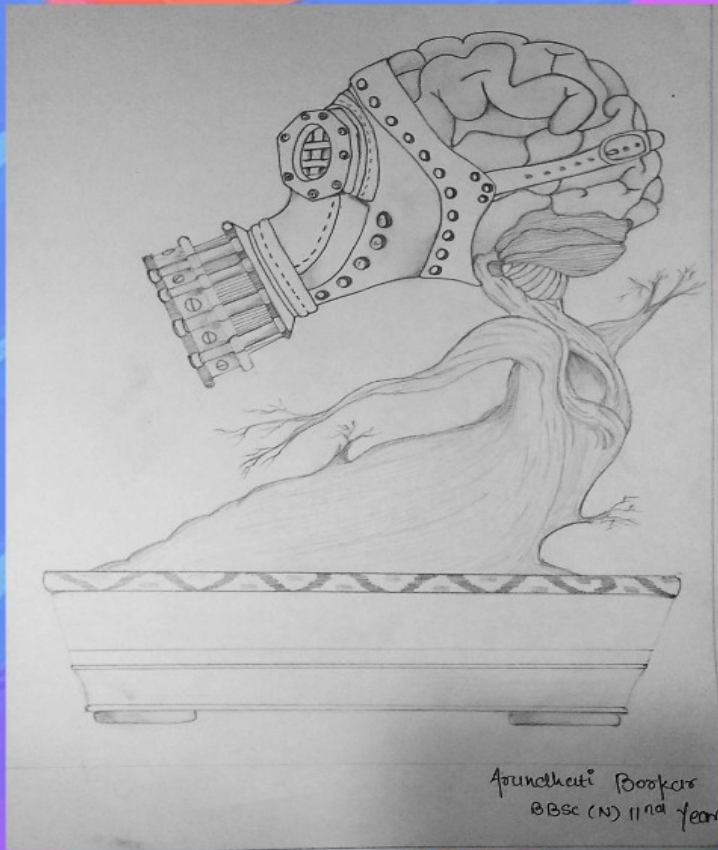


Vaishali Satpute
class :- B.Sc (N) IInd year



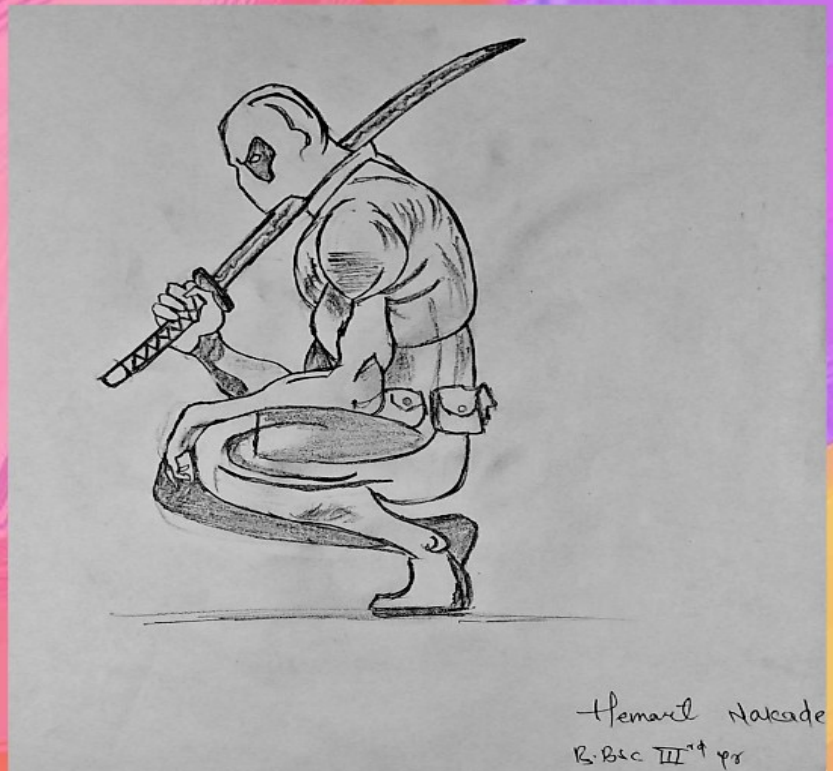
Gaurav Nandeshwar
B.Sc 3rd year

Arundhati Borkar
B.Sc 2nd year



Arundhati Borkar
B.Sc (N) 11th year

Hemant Nakade
B.Sc 3rd year



Hemant Nakade
B.Sc IIIrd yr



Nilesh Burbure
P.B. B.Sc 2nd year



Aniket Vahirkar
B.Sc 3rd year



Priyanka Fale
B.Sc 4th year



Priyanka Fale
B.Sc 4th year

When You Take More

Than You Eat,

You Cheat

Your

Buddies

in the

Fleet!



-Ms. Prajakta Chankar
-2K16

DON'T WASTE FOOD



Rajeshwari Bhoge

Rajeshwari Bhoge

Никита и аghmaie

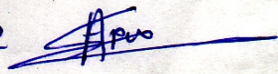


THERE IS NO HE WITHOUT
SHE



Ms. Gunjan Morde
Gmetade



Ayushi Pudke 
B.BSc II nd yr



Jeune. Vierge. Sœur. Mère.

→
Nelson
BURBURE
F. B. Bsc. IInd year






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P.B. B.Sc 2nd year



P.B. B.Sc 1st year



B.Sc (N) 4th year



B.Sc (N) 3rd year



B.Sc 2nd year



B.Sc 1st year

Nationwide, there are more than 2.7 million nurses, 6.6% are men

1 nurse cares for approximately 7 patients a day.

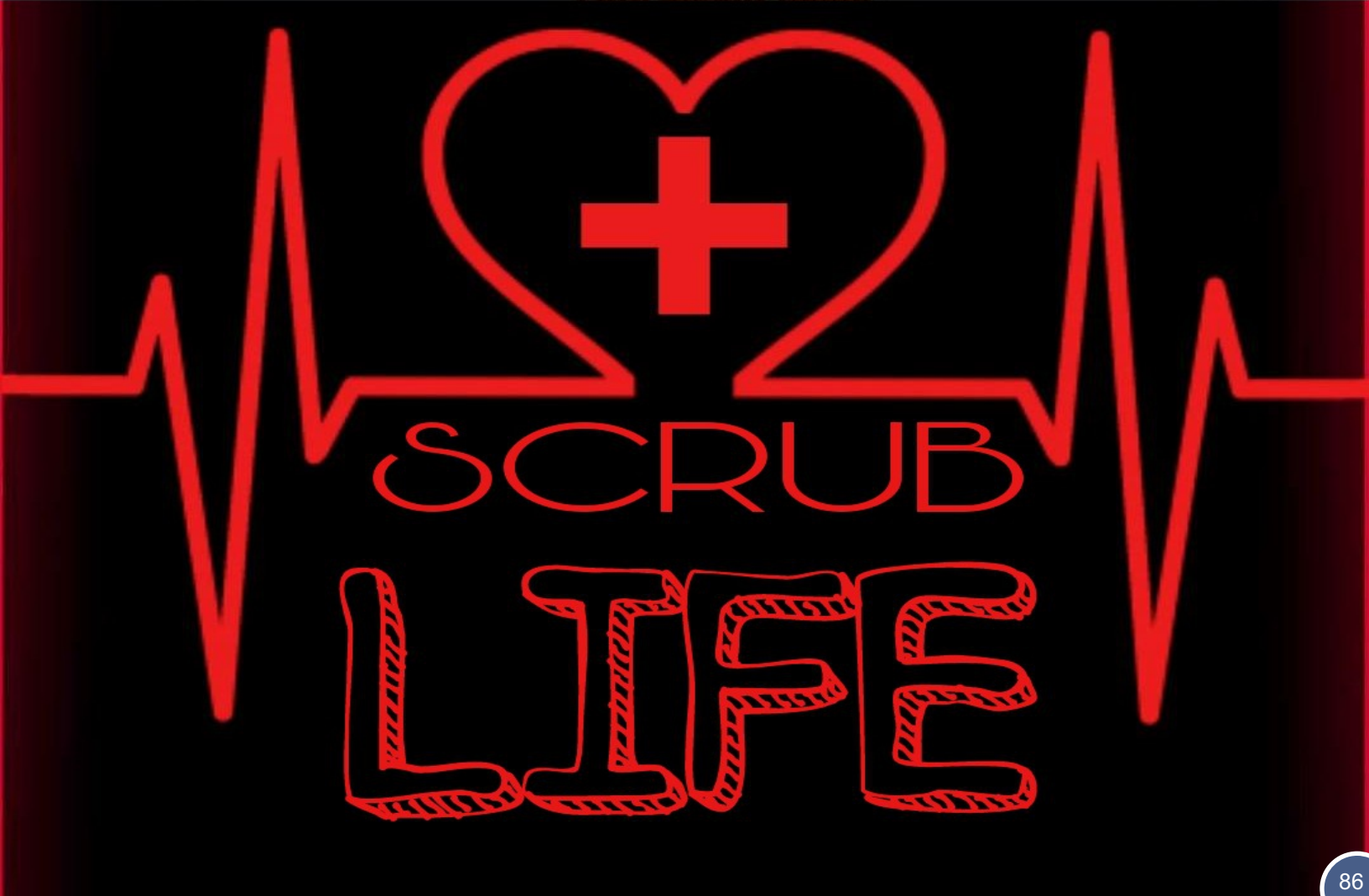
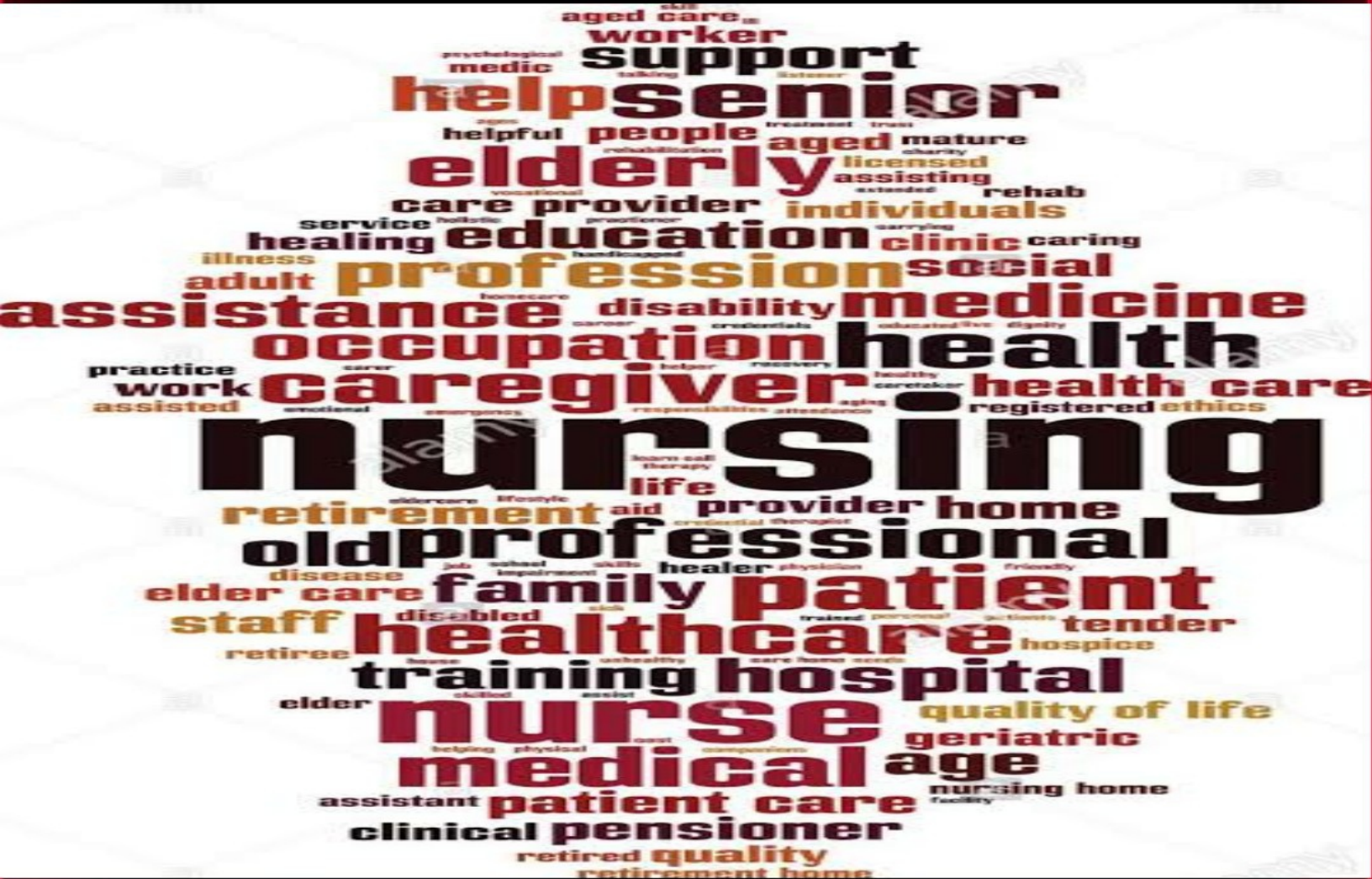
63% nurses works in hospitals.

nursing is rated the most trusted profession

You know you are a nurse when you find yourself complimenting a complete stranger on his veins.



Nursing Facts



1. The 1st Nursing School Was Established in India in 250 B.C.

During this time, only men were allowed to attend the school because they were viewed as more "pure" than women. Now - woman practically dominate the field statistically. Data from the 2009 U.S Department of Health and Human Services stated that approximately 5.8% of nurses in the U.S were male. It wasn't until the 1800's that nursing truly became a systematized practice.

2. The New England Hospital for Women and Children, established in 1862, was the first nursing school in the United States.

During the Crimean War, Florence Nightingale and 38 volunteer nurses were sent to a British camp in Turkey where they began to practice what we know as modern nursing today. Before 1862, women were prevented from joining hospital staff and medical school. When the New England Hospital for Women and Children opened in Boston in 1862, women could finally receive clinical training. In 1873, America's first women-trained nurse graduated from the school. The hospital is now known as Dimock Community Health Center.

3. Nurses are consistently named one of the most trusting professions.

The annual Gallup Survey has named nursing as the highest-trusted profession for the 14th year in a row. Nurses are viewed as having high ethical and honesty standards by 85% of the public who took the survey.

4. There are over 100 nursing professions to choose from.

According to DiscoverNursing.com, there are currently 104 nursing professions to choose from. Nursing is one of the most "customizable" careers you could pursue, as there are several types of degrees, certifications, job characteristics and categories you can select from. Some of these categories include:

- Advanced Practice
- Clinical
- Community
- Surgical
- Family
- Management

5. Nurses walk on average 4 miles a day.

A MEDSURG Nursing study called "How Far Do Nurses Walk?" found that 146 nurses walked an average of 4-5 miles total during their 12-hour shift. Compare that to the average American, who only walks 2.5-3 miles on average daily. It's no surprise that nurses manage to get those steps in - they're on their feet for 12 hours straight!

6. There are currently over 2.9 million nurses in the United States.

The job outlook of nursing is pretty incredible for the future, as the RN workforce is expected to grow to 3.2 million by 2022, according to the U.S Bureau of Labor Statistics. Why is nursing in such high demand? People are living longer, but sicker, and the need for greater nursing care is the solution to that. Plus, there are hundreds of types of nurses needed for specific conditions and illnesses. Although there is plenty of room for more nurses all over the world, this is not to say the market isn't competitive. Because of the nature of the job, employers and hospitals are typically very selective in the new grads hired. Nursing is tough!

7. General nursing practices are universal all over the world.

Because of this, a licensed nurse can essentially practice anywhere in the U.S and world! One way many nurses do this is by choosing to become a travel nurse. Like the name implies travel nurses are assigned a city, anywhere where nurses are needed for an allotted amount of time until they are re-located to a new area. Nurses are in-demand and needed worldwide, so working as a nurse in a country of your choice is a huge perk of the job.

8. Nursing students make up more than half of all health profession students.

Nursing students make up a huge portion of students in health care majors. This makes sense considering that registered nurses make up a massive part of the health care industry, but it's still an interesting fact to consider. Nursing students can often feel safe and supported by their peers, and they can find friends and mentors in school more easily than other students.

9. Nurses don't just assist physicians and other health care providers.

Historically, there was a definite difference between the roles of those wearing the white-coats and those wearing the white uniforms and caps, what we call doctors and nurses today. As more women have entered the field of medicine and as more advanced degrees became available for nurses, they don't simply assist doctors anymore. Doctors used to be the ones to prescribe medicines, write orders and be the only ones authorized to examine and diagnose patients. Now, advanced-practice nurses and nurse practitioners can too. The real difference between nurses and doctors depends on the individual's responsibility for patient care and satisfaction.

10. Only 3 of 5 nurses actually work in hospitals.

Most nurses work in hospitals, but like mentioned above, there are nearly 3 million RNs practicing in the United States. Want to work in a school? What about hospice care? Thought about nursing in the homes of patients? There is a long list of possible locations and job titles that determine where a nurse will work. Some non-hospital nursing careers include: nurse midwife, forensic nurse, nurse educator, school nurse, academic nurse writer, and legal nurse consultant. With a nursing degree and specialized training, nurses don't only have to work in hospitals anymore!

Don't Stop Appreciating After Nurse's Week!

Acknowledging the nurses in your life during Nurse's Week is a huge step in giving nurses the credit they deserve, but don't stop sharing the love after the week ends. Show your appreciation all year round by simply saying "thanks"!



NURSING STUDENT LIFE



NO SLEEP

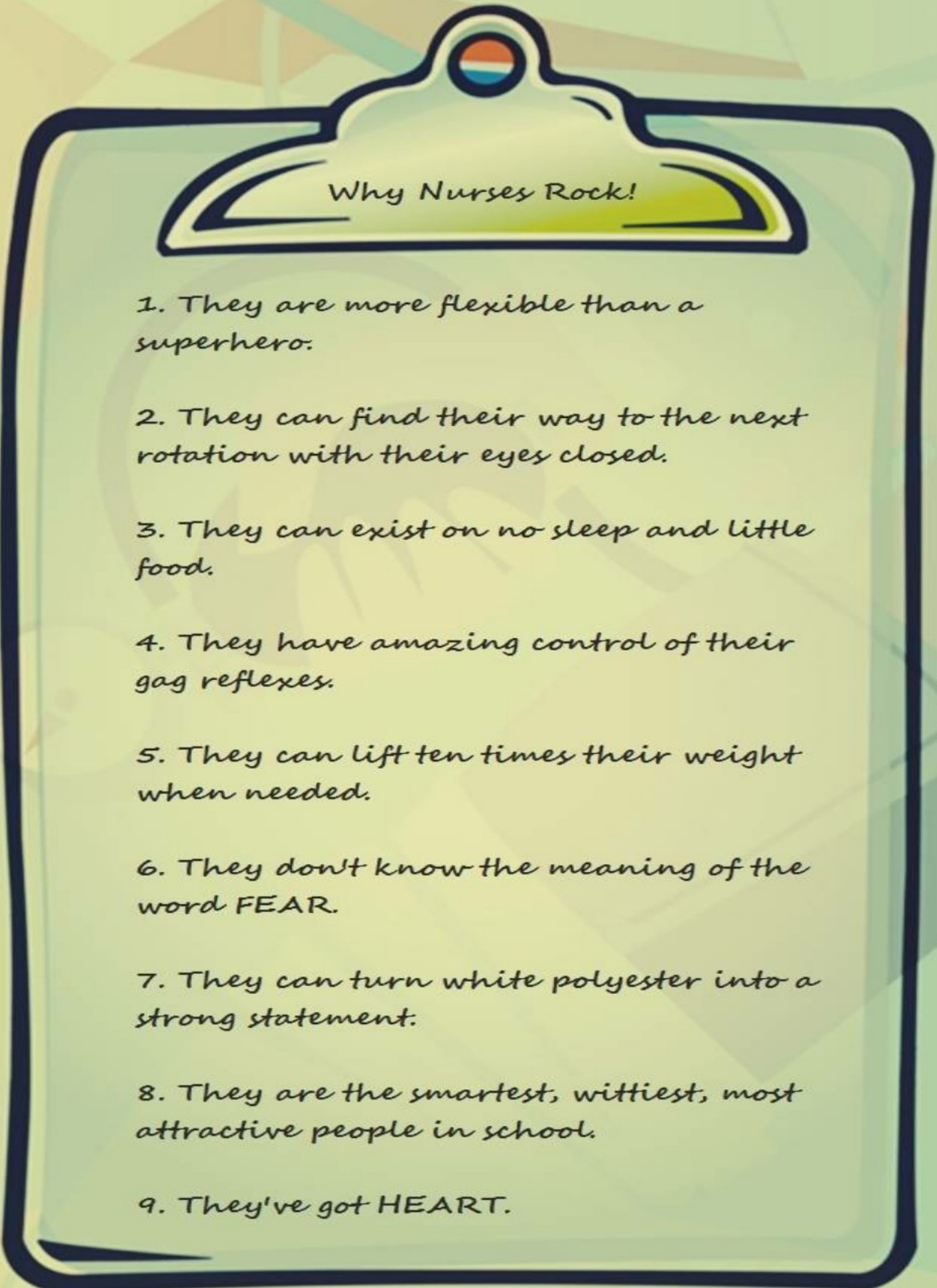


NO CASH



NO TIME





Why Nurses Rock!

1. They are more flexible than a superhero.
2. They can find their way to the next rotation with their eyes closed.
3. They can exist on no sleep and little food.
4. They have amazing control of their gag reflexes.
5. They can lift ten times their weight when needed.
6. They don't know the meaning of the word FEAR.
7. They can turn white polyester into a strong statement.
8. They are the smartest, wittiest, most attractive people in school.
9. They've got HEART.

LIFE AS A Nursing Student



**NURSES
DISPENSE**

**COMFORT,
COMPASSION
& CARING**

**WITHOUT EVEN A
PRESCRIPTION**

**Care for one, that's love.
Care for few, that's family.
Care for hundreds,
that's nursing.**



**Being a nurse
means to hold all
your own tears
and start
drawing smiles on
people's faces.**