

DRUSHTI

**Datta Meghe Institute of Medical Science
Smt. Radhikabai Meghe
Memorial College of Nursing
Sawangi (Meghe), Wardha**



I am gratified to know that “SRMMCON ”is bringing out the magazine “DRUSHTI-2019” & feel immensely happy to salute the creativity & artist sensibilities of students involved in preparation & publication of the magazine.

Spoken through various literary genres such as stories, poem, memories, sketches, scientific articles. Its pages are filled with hearts and minds of students, faculty and featured guests who shared their experience of love. The publication of student magazine is the culmination of the combined efforts of all nursing students, teachers and editorial board.

My blessing and good wishes will always be with them in their future endeavors too.

**DATTA MEGHE
(CHANCELLOR)
DMIMS (DU)**



It gives me immense pleasure & satisfaction to note that “SRMMCON” is about to publish the student magazine “DRUSHTI-2019”. The title of the magazine “DRUSHTI” is not only apt and logical also conveys a deep rooted & supted and philosophical message to concerned. The college magazine play a segnificant role in highlighting the achievement of the college. It provide an simple opportunities to the student to exhibit their literary talents through column of such magazine.

Working together co-operatively to creat a comprehensive representation of the college, “DRUSHTI” is resulted from the efforts of many.

I wish venture goodluck and congratulations to all those who have contributaed their ideas, thoughts and themes for this magazine. I wish them to experience variety in all of their future endeavor.

**SAGAR MEGHE
(MEMBER-BOARD OF
MANAGEMENT)
DMIMS (DU)**



It gives me immense pleasure and satisfaction to note that

Smt. Radhikabai Meghe Memorial College Of Nursing, SawangiMeghe Wardha, a constituent unit of Datta Meghe Institute Of Medical Sciences (Deemed to be university), bringing out the students magazine titled “DRUSHTT” which would be an embodiment of the manifestation of creativity endowed in them. It should not be just left to the students to be manifesting themselves all on their own. They need to be provided with guidance and incentives which would motivate them to bring out their creative dimensions through provided opportunities.

The caption given to the magazine is also very philosophically speaking in as much as that each one of us has capacity to see, but translating it into a visionary form is tough and difficult. I am sure that the magazine by virtue of its creative inclusions therein would definitely emerge as a positive and pragmatic tool for inculcation of the desired values of compassion for effective healing amongst the professionals being generated in the institution.

Dr. Vedprakash Mishra
pro-chancellor
DMIMS (DU)



I am pleased to know that Smt. Radhikabai Meghe Memorial College Of Nursing Students magazine “DRUSHTT” 2019 is being published. Datta Meghe Institute Of Medical Sciences (Deemed to be university) provides many opportunities for the students of its constituent colleges, to showcase their talent not only in the domain of academics but also to inculcate literary and artistic skills.

I find in this students magazines “DRUSHTT” 2019 a combination of all the creative skills of the students and support and guidance rendered by the teaching faculty and the new team of members of editorial board. My hearty congratulations to all the students of Smt. Radhikabai Meghe Memorial College Of Nursing, editorial board, teachers and team members who have contributed in publishing the student magazine.

Dr. Rajiv M. Borle
Vice Chancellor
DMIMS (DU)



It gives me immense pleasure and satisfaction to note that Smt. Radhikabai Meghe Memorial College Of Nursing students magazine “DRUSHTI” 2019 is coming out. I congratulate the teacher incharge, student editorial board for bringing out the beautiful showcase of students creativity and talent.

I am proud that the student of SRMMCON are excelling in these areas as it is evident while going through the page of “DRUSHTI” 2019. I express my sense of gratitude to the teachers who have been guiding, encouraging and motivating the students towards their overall personality development. I also take this opportunity to congratulate the team “DRUSHTI” and all those who are working hard for success of this venture.

Dr. A. J. Anjamkar
Registrar
DMIMS (DU)



It gives a immense pleasure to write a few word as a prologue to our in-house student's magazine 'DRUSHTI' exclusively meant for churning out the talent which bears immense potentiality of sharpening student's communicationskill as part of overall personality development.

It is our mission to develop a positive brain compatible environment. This magazine is a platform for the students to express their creative pursuit which develops in them originality of thought and perception.

I congratulate to the members of editorial board, teachers and team members for bringing out such beautiful magazine.

I wish them all the best for their future endeavors.

Dr. Seema Singh
Principal SRMMCON



Success is not an accident, but is a result of conscious effort with commitment.

“DRUSHTI-The Vision” is the college magazine through which students can explore their literary and artistic talent.

Being a educationist and facilitator we always encourage their field of interest. It is psychological fact that each once personality is differ from each other.

The journey of this magazine is indeed marvalous, having deep confidence of success. That’s why now this magazine has achived this status. I wish this magazine will become an eagle in the sky.

Prof. Vaishali Taksande
Dean (Academics)
Faculty of Nursing
DMIMS (DU)



I wish to thank my college entrusting faith in me by appointing me the incharge of student magazine.

I am thankful to the student editors who had extended full cooperation right from the beginning.

Student magazine is the major milestone in the progress and development of the college. We need to recognize, appreciate and sensibilities in a student, so it will prove to be a good platform for all the talented students to share and express their knowledge as well as innovative thoughts. It also explore their hidden talents side by side improving their writing skill.

With best wishes to all the students and readers.

**ARCHANA TELTUMBADE
INCHARGE OF STUDENT MAGAZINE
S.R.M.M.C.O.N**

FROM EDITORIAL DESK...

First of all, big thank to our Principal & S.N.A Advisor to show believe in us for this tough & incredible task. We feel very proud to repersent once again our own college magazine “DRUSHTI-The Vision”.

It was a tough journey while making this journal, as the students involved in this are very new for the work. Lots of hurdles were came in between and we felt like failure. But it is said that “Failure is the first step for success”. By serving ourself for this work since last 6 month in collaboration with clinical postings, college, sports, night shifts, other curicular activities and two exams, we got success to complete it.

In this new edition of DRUSHTI you may find more creativity of our students. The art, the poetry and the creativity shows the shining background of SRMMCON. We hope you enjoy reading this journal as much as we have enjoyed making it.



STUDENTS EDITORIAL COMMITTEE

Chief Editor:-

Mr. Himanshu Dhande
Basic BSc 3rd year

Chief Designer:-

Mr. Prajwal Nagrale
Basic BSc 3rd year

Chief Co-Designer:-

Mr. Pritesh Warghane
Basic BSc 3rd year

Students Corner:-

Mr. Sanket Gonge
Basic BSc 4th year
Mr. Abhas Nakhale
Basic BSc 3rd year



Student Council Members 2018-19

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Joint Secretary

Mrs. Gunjan Morade

Cultural Secretary

Mr. Prajwal Nagrale

Cultural Secretary

Mrs. Mrunal Darve

Sports Secretary

Mr. Nishikant Pethiya

Sports Secretary

Mrs. Vaishnavi Kantode



Index

Student Nurses Association	----	01 - 03
1st year girl	----	04
English Literature	----	05 - 11
Hindi Sahitya	----	12 - 17
Arambha (marathi)	----	18 - 29
Art section	----	30 - 41
Photography	----	42 - 46
GFC	----	47 - 48
Sports	----	49 - 52
Student's corner	----	53 - 57
Scientific	----	58 - 62

S

N

A

**(Student Nurses
Association)**

THE STUDENT NURSES ASSOCIATION

The Student Nurses Association (SNA) is an associate organization of trained nurses association of India and is Nationwide organization. It was established in 1929 at the time of annual conference of trained nurses association of India (TNAI). Each Nursing institute has its own SNA unit. It is remarkable that the growth of SNA units has been persistent ever since its inception.

The SNA and TNAI used to have combined annual conference, but due to increase in number of delegates it was felt In 1960to hold separate conferences for the student nurses. Since 1961 the student nurse are having separate biennial conferences. These are held alternately TNAI conferences.

THE OBJECTIVES OF SNA ARE:-

- ✚ To help students to uphold the dignity and ideals of the profession for which they are qualifying.
- ✚ To promote a corporate spirit among students for common good.
- ✚ To furnish nurses in training with advice in their courses of study leading up to professional qualification.
- ✚ To encourage leadership ability and help students to gain a wide knowledge of nursing profession in its different branches and aspects.
- ✚ To increase the student social contact and general knowledge in order to help them take their place in the world when they have finished their training.
- ✚ To encourage both professional and recreational meetings, games and sports.
- ✚ To attend national and regional conferences.

THE ACTIVITIES ARE:

- ✚ Organization of meetings and conferences.
- ✚ The SNA meeting is held on 3rd Saturday of every month.
- ✚ The student council meeting is held on 2nd Saturday of every month.
- ✚ Blood Donation Campaign.
- ✚ Maintenance of SNA dairy and sent to state level for evaluation.
- ✚ The fund rising project name “communal harmony” is done by students as well as teachers.
- ✚ Sociocultural and recreational activities like Dance, Drama, Singing etc.

ACHIEVEMENTS

Miss. Rehana Bhanwadiya and Miss Vaishnavi Joshi participated in quiz competition and held on 22nd November 2018 at Datta Meghe Auditorium. They stood first at this quiz. They defeat the students of “Suretech College of Nursing” and “Smt. Sumitrabai Thakarey Training College of Nursing”. The participants are awarded with token gratitude and certificates for their appreciation.

The student magazine of SRMMCON of session 2017-18 had won the second prize from DMIMS(DU)

The first year girl...

Let me start up with this column but taking you to my childhood days...

Where I got the sense of helping other people but at that stage of life we think it is just a stupid feeling that each and every child gets in his life once when they are in school.

But as I grow up to my elder stage of my life. I had been confirmed with my feelings that it was not just a stupid thought of my childhood, but rather it was a sign that I had been in this life to serve my humanity, my services, my time to the people who really in search of this help.

"one morning when I was thinking that what exactly should I be do to fulfill my dreams to help the people all over the world" my dad said "Amisha! Do you know care for one is love, but care for all is nursing" "so, know ask your self what you want to do". And that single sentence change my thought and life too...

I'm a girl who was born in Bhopal, I had studied in "ST. XAVIER'S Sr Section school" where my surrounding helped me to grow up with flying colors and that's with my thought too...

And then I just came to know this university " DATTA MEGHE INSTITUTE OF MEDICAL SCIENCES" which has given me my direction to this profession. And my another reason why should I join nursing it was not at all the easy job to leave up my parents and my place come over here in Maharashtra. The first thought that was there in my mind was will I be able to understand the people over here or do the people over here will gone accept the way I am. But when I entered in this campus with all my luggage's and bags this place, this campus open up its arms and had welcomed me.

And I must say this my college SRMMCON has best the Principle, Teacher and Non Teaching Staff.

They are there to help you when you go somewhere wrong and they are there to celebrate your success also. Then the most interesting part comes which is known as GFC where everyday was very different where we bind up with our seniors more. And I must say this "my classmates and seniors are the best part of collage life". Then after we had our clinical posting, one of the biggest source of learning that our college provided us at the same time it is one the most difficult think to tackle upon. At last I want say that, there is a long way to go and many things to happen but each and every time this college and university proves to be my second family as it have magic of sitting homecoming feeling in me...

-AMISHA CHAVAN

TAKE A TIME

Take a time to think,

it is a source of power.

Take a time to play,

it is a secret of perpetual youth

Take a time to read,

it is the foundation of wisdom

Take a time to pray,

it is the greatest power of earth

Take a time to love & be loved,

it is the God given privilege

Take a time to be friendly,

it leads to happiness

Take a time to laugh,

it is the music of life

Take a time to walk,

it is the price of success

Take a time to charity,

it is the key to heaven

-Ms. Priya Bhalave
B.Bsc 4th Year

My christ Reigns

Lord you are my life
Lord you are my soul
You are my hope, my strenght
worthy is my name.

You are my mother, when I cry.....
You are my father,when I'am stressed....
You are my friend, when there is no one else....

You are my sheild,to my enemies swords....
You are my strenght,during strom....
You are my hope, when there is no hope....

You are my jwell,in my dwell....
You are my light,in darkness....
You are my life,in eternity....

- Mercy joseph
MSc 1st year

FRIENDSHIP

I wanted to thank you
but was unable to explain what it
means to have a friend to share life
joys and life pain.

Its good to know our friendship
is one of endless devotion
forget out of respect
and every kind of emotion.

Its ever faithfull
even when the world condemns
and sparkles in the darkness
like firework and gems.

It does my heart good
at the end of the day
to know that you will never
be more than an email away.

PROOF OF A TRUE IS KNOWING THAT
IF I WERE LOST-YOU WOULD FIND ME

-Nilam Raut
MSc 1st Year

MYSTERY OF LETTERS

The most selfish one letter,

I- Avoid it.

Most satisfactory two letters,

We- use it

Most poisonous three letters,

Ego- kill it

Most useful four letters,

Love- value it

Most pleasing five letters,

Smile- keep it

Fastest spreading six letters,

Rumour- ignore it

Hardworking seven letters,

Success- achieve it

Most invisible eight letters,

Jealousy- distance it

Most essential nine letter,

Principle- adhere it

Most divine ten letters,

Friendship- admire it



-Ms. Priya Bhalawe
B.BSc 4th Year

FEAR OF EXAMINATION

*The examination is coming near,
I am trembling with fear.*

*The real story is given here,
why not I study the whole year.*

*In july begin the new session,
and we are busy in looking for the freshers.*

*In "August" it rains heavily,
we observe rainbow and timepass happily.*

*In "September" and "October" the atmosphere is so pleasant,
that we forget to learn our lesson.*

*"November" and "December" come with cold,
that our books become to heavy to hold.*

*In "january" and "february" there is a lot of tension,
that there, is no recreation.*

So, let us banish the harshness of cruel examination.

Vaibhav Hatwar
B.BSc 2nd year

YOUTH OF TODAY

our modern world is changing and everyone is busy
blaming the youth of today,

But how can we blame the future, when it was us who
made their world this way,

Our street corners are full as our children think
that is okay to walk into the darkness with a knife

When did we stop teaching our kids that the greatest
ever gift, is quite simply LIFE.

Our children are now living in a virtual world, with
facebook, whatsapp and twitter they know longer need to
speak face to face.

Older generation demand respect, but its one way traffic
as respect back is something they do not show,

Plastic surgery changing bodies, changing faces, as the year
Pass the dreams we all had as children slowly fade away

Before long the dawn of a new generation will begin,
and no doubt people will still be blaming.

★ ★ ★ THE YOUTH OF TODAY! ★ ★ ★

**-Ms. Ribeka
MSc 1st Year**



किताबे

ये किताबों कि दुनिया को समझते समझते जिंदगी निकल जाएगी शायरी की कनसेप्ट में लाईफ की इक्वेशन बिगड जाएगी, सोचते हैं निकल आए इन किताबों की से पर इतना पता है कि इन्ही किताबों से एक दिन जिंदगी “जन्त” में बदल जाएगी.....

- प्रिया भलावे
B.Sc 4th year

आशियाना सापनो का !

एक आशियाना सापनो का सजाणा है,
इक नयी उम्मीद जगाना है...
उन टुटते हुए हौसले से,
एक नया कारवा बनाना है ।

कौन अमीर और कौन गरीब,
जिंदा रखो खुदका जमीर...
सेवाभाव से सबके दिलो मे,
एक नया जहा बनाना है ।

S.R.M.M.C.O.N को इक नयी दिशा ले जाना है,
एक नया कारवा बनाना है
एक नया कारवा बनाना है ।

एक नयी उमंग, एक नया एहसास,
कुछ कर गुजरने की एक आस...
उन टूटते हुए तरो से,
एक नया आसमा बनना है ।

खुदको सेवा मे सामर्पित करदो,
राग, द्वेश को अर्पण करदो...
एक साथ मिलकर सापनो को,
साकार करके दिखाना है ।

- पूजा यादव

Pb.BSc 1st year

देखो ना ये क्या हुआ है...

देखो ना ये क्या हुआ है,
तुम्हारी आवाज मे दिल की दुआ है,
मेरे ख्वाबो मे बस तुम ही तुम हो,
क्या मुससे दुर जाना ही तुम्हारी दुआ है

एक बार मेरी धडकन की सुनो तुम
कभी तो मुझे सपनो मे मिलो तुम
सपनो मे तुम्हारा ही इंतजार होता है
तुम्हारे दिल मे मेरी चाहत का जज्बा
महसुस होता है,
फिर भी तुम्हे भूल जाऊ मै क्या यही
तुम्हारी दुआ है

जिंदगी मे नाही आ सकती
तो यादो से भी चली जाओ
हकीकत मे जो नही आना तो ख्वाबो
मे भी मत आओ
तुम नही आओगी लौट के मुझे यकीन हुआ है
तुम चाहो या ना चाहो मुझको
बस तुम खुश रहो ये दुआ है...

- धनंजय विहीरकर
B.BSc 1st year

कॉलेज कि यादगार जिंदगी

जिंदगी का सबसे पसंदीदा चाप्टर पढने को दिल करता हूँ, बस एक बार वापस कॉलेज लाईफ में लौठने को दिल करता है, आज हर वो एक बात याद आती है, कुछ बुरी कुछ अच्छी बातें याद आती है, मगर आज उन दोस्तों की यादे दिल को बहुत दुख देती है, अगली बार क्लास अटेंड करने का मन करता हूँ, दोपहर कि क्लास में आँखे बंद करने का मन करता हूँ, होस्टेल में सवाल गेस्पींग करने की वो रात याद आती हूँ, परिक्षा की तयारी करके तीन घंटे लिखने का मन करता हूँ, शायद ही ये पल जिंदगी में कभी दोबारा आएगा हम तो जिंदगी की दौड में निकल जायेंगे.....

मगर आखरी साँस तक हर एक दोस्त याद आएगा...

- अक्षय शैगोकर
B.BSc 4th year

मेहनत

वो सुनहरी चाबी है
जो बंद भविष्य के
दरवाजे भी खोल देती है



आरंभ

नव्या साहित्य युगाचा



॥ स्त्री सन्मान ॥

घरात एक चालती बोलती
लक्ष्मी पाणी भरत आहे...

सरस्वती होऊन मुलांचा
अभ्यास घेत आहे...

दुर्गा होऊन संकटाशी
सामना करते आहे...

कालीका चंडीका होऊन
घराचे रक्षण करते आहे...

गृहलक्ष्मी होऊन कुटुंबाला
सांभाळते आहे...

तिची पूजा नको
स्त्री म्हणून सन्मान हवा आहे...!

- देवेन्द्र पाहूणे
B.BSc 2nd year



आयुष्य

बदलत्या जगाबरोबर बदलायचं असतं,
जे घडेल ते सहन करायचं असतं,
आयुष्य हे असंच चालत असतं....

कठून सुरु झालं हे माहीत नसलं,
तरी थांबायचं कुठं हे ठरवायचं असतं,
आयुष्य हे असंच जगायचं असतं....

कुणासाठी काहीतरी निःस्वार्थपणे करायचं असतं
स्वतःच्या सुखापेक्षा इतरांना सुखवायचं असतं,
आयुष्य हे असंच जगायचं असतं....

दुःख आणि अश्रूंना मनात कोडून ठेवायचं असतं,
हसता नाही आल तरी हसवायचं असतं,
आयुष्य हे असंच जगायचं असतं....

पंखामध्ये बळ आल्यावर घटं सोडायचं असतं,
आकाशात झपावूनही धरतीला विसरायचं नसतं,
आयुष्य हे असंच जगायचं असतं....

मरणानं समोर येऊन जीव जरी मागितलं,
तरी मागून मागून काय मागितलं,
असंच म्हणायचं असतं....
आयुष्य हे असंच जगायचं असतं....!!!!

- देवश्री म्हाशाखेत्री
B.BSc 1st year

व्यायलाच मिळालं काही तर मी....

व्यायलाच मिळालं काही तर मी,
“कोरा कागद” होईल
लाल, निळ्या रंगानी,
आयुष्य समजून घेईन !
मन कुणाची “कविता” तर,
कुणाची “गजल” होईल !
“पु.ल” चे काव्य तर,
अंगनवाडितील ABCD तर,
डॉक्टर ची मेडिसीन होईल !
तु लिहीलेल्या पत्रात,
तिच्यासाठी चारोळी होईल !
कधी आला खूप पाऊस तर,
तुझ्या साठी होडी पण होईल !
व्यायलाच मिळालं काही तर मी
कोरा कागद होईल !

- कुनाल इंगोले
B.BSc 1st year

रक्ताळलाय हा घाव उराचा

काय सांगावा हाल मनाचा
रक्ताळलाय हा घाव उराचा

जिवनाच्या या कठीन पथावर
पणहा कठीन हा पाय कुनाचा?
भीती भीती ने कोमीजलल्या
हळुवार ठोका सतत कुणाचा?
चिढलाय हा आकार मनाचा
रक्ताळलाय हा घाव उराचा

आत्मगुणाचा मार्ग चांगला
रूसला की हा सहज थांबला
अमृताची ओळखजाने
मड्यात न उरला, का गोडवा
भीतीकारक हरवला, गुण साथ सुरांच
रक्ताळलाय हा घाव उराचा

सुर्याचा सुर्यात तेजंच नाही
वार्याच्या वार्यात वेगच नाही
गुण माझे माझ्यात उरले नाही
विद्याचे साथ मला परतच नाही
व्यर्थ मी झालो चंद्र नभाचा
रक्ताळलाय हा घाव उराचा....

– अभीशेक देशमुख
B.BSc 1st year

इच्छाशक्ती लेखनीची

घे मित्रा हाती लेखनी
मांड आपली विचार सारणी ॥ ध्रु ॥

थोर व्यक्ती होऊन गेले
आपणासमोर सुविचार त्यांनी मांडले
यांवर काही कां सुचत नाही?
घे मित्रा हाती लेखनी

मन हे केवळ शब्द असू दे
त्यात काही दया दिसू दे
सुंदर निसर्ग अवती भोवती
घे मित्रा हाती लेखनी

एक तरी अंगी असू दे कला
राष्ट्रसंत आपल्याला सांगती
नाही येतेच असेल काही,
इच्छा तर धर मनी
यश नक्की तुला येईल
घे मित्रा हाती लेखनी
मांड आपली विचार सारणी

- शिवम गोंगे
B.BSc 1st year

मी कन्याभ्रुण बोलते

किती सांगु ग व्यथा
किती सांगशिल तुझ्या व्यथा
तुझ्या माझ्या मनाशिवाय
कोण ऐकेल ग आपुल्या कथा

मात्रूत्वाची जान, स्त्रित्वाचा मान
वंशाची ज्योत, ममतेचा सागर
हे राखन्यासाठी मला जन्म दे

नको मला पैजन, नको मला साज
चंद्र तार्यांच्या छताखाली
जगन्याची संधी दे आज

माऊलीची माया आटली का ग आता
कशाला मुलीपाठी भ्रुण शोध होता
मिळेल कशी भावाला ओवाळायला ताई
दयासिंधु प्रतिपरमेश्वर तुच का ग आई
- श्रुती मुन

B.BSc 3rd year

अशी माझी माय तू

मानव रूपी देव तू
सर्वानच्या सुखाला कारणीभूत तू
सहनशिलतेची मुस्त तू
सूदंशी परी तू
दुष्ठावरची साय तू
अशी माझी माय तू

प्रेमाचा सागर तू
मायेचा आछार तू
लेकरांची आस तू
अशी जग जनणी तू
दुष्ठावरची साय तू
अशी माझी माय तू

तापत्या उन्हात छायेचा पदर तुझा लेकरांसाठी,
काव्येखाप्रत दुःखःला प्रकाश तुझा प्रेमाचा परिवारासाठी,
जगन तुझ नेहमी इतरांच्या सुखासाठी,
दुष्ठावरची साय तू
अशी माझी माय तू

दिवसभर कष्टकरते त्या राणामध्ये,
स्वायंपाक बनवते क्षणामध्ये,
सर्वांचे जेवण सजवते थालीमध्ये,
उरलसुरल जेवण टाकते स्वतःच्या पोटामध्ये,
अन नाहि उरल तर उपाशी झोपते सुखामध्ये
दुष्ठावरची साय तू
अशी माझी माय तू

Calcutta

- चैताली येगडे
B.BSc 3rd year

प्रवास

॥ प्रवास कस्ता कस्ता
खुप दुर निघुन गेले ॥

मग दचकुन जाग येताच
पहिले मागचे सर्व विसरून गेले
फक्त जवळ राहिले
आशेचे किरण अन् अंधः काराचे जाळे

॥ प्रवास कस्ता कस्ता
खुप दुर निघुन गेले ॥

आशा होती चांगल्या मैत्रीची
आशा होती चानगल्या सदाचाराची
पन मनासारखी मैत्रीच नाही
सदाचाराच्या संगतीला कुनीच नाही

॥ प्रवास कस्ता कस्ता
खुप दुर निघुन गेले ॥

माझे आयुष्यच एकट्याचा प्रवास आहे
या प्रवासात वादळाला तोंड द्यायचे आहे
दोन चांगले शब्द सांगायचे आहे
असाच प्रवास निरंतर करायचा आहे

तु आणि मी

सोडुन जाताना एकदा
तु मागे वळायच होतं...
तुझ माझ नात
थोड जपायचं होतं...

पाठ फिरवली मी
तु हाक मारायचं होतं...
लपवलेल्या अश्रूंना माझ्या
थोड न्याहाळायचं होतं...

काय हरवलं आहे आपल्यात?
एकदा विचारायचं होतं...
अबोला धरला मी
तु कारण ताडायचं होतं...

हसताना मला बघन
तु जरा गोंधळायचं होतं...
एक हुंदका मी जपला
तु ओळखायच होतं...

स्वार्था पूर्तीचं प्रेम माझ
हे ही खरंच होतं...
पण स्वार्थातल्या या प्रेमात
एक प्रेम तेवढच मुदयाचं होतं...

मार्ग आपले वेगळे हे तर
शेवटी होणारच होतं...
स्वीकारायचं कस
हेच फक्त कळत नव्हतं...

कळीज मी आणि ठोका तु एवढच
मला म्हणायचं होतं...
तुझ माझ नशीब त्याने
असंच का लिहायच होतं?

- पवन विठ्ठलरावजी चापले
B.Sc 1st year

॥ वेळचा किंमत ॥

कामासाठी वेळ द्या,
कारण ती यशाची पायरी आहे.
आचार विचारासाठी वेळ द्या,
कारण ते आत्मविश्वासाचे प्रतिक आहे.
स्नेहण्यासाठी वेळ द्या,
कारण ते तारण्याचे गुपित आहे.
वाचण्यासाठी वेळ द्या,
कारण तो ज्ञानाचा झरा आहे.
प्रेम व स्नेहासाठी वेळ द्या,
कारण तो सुखाचा मार्ग आहे.
हास्य विनोदासाठी वेळ द्या,
कारण ते जिवनसंगीत आहे.
परिवाराला वेळ द्या,
कारण ते आहे म्हणुन आपण आहो !!!

- रित्तीक घाटे
B.BSc 1st year

वेदना

एक नविन आयुष्य जगायला
तिन सुरुवात केली होती.

पण तिला काय ठाऊक
एका भयंकर जाळ्यात ती
अडकणार होती.
त्या नरधमाने तीच्या अब्रुवर
दुष्टी टाकली होती.

अस करतांना त्यांना तीची
आई-वहीन का आठवली नव्हती
एक-एक वेदना जिव तीचा घेत होती.

तीच्या त्या आक्रोशामध्ये
जगातली माणुसकी कुठे ठार झाली होती.
आपल्या न्यायासाठी जगापुढे ओरडत होती
तर तीच्या श्वासाची किंमत जगाला कळत नव्हती.

शिक्षा व्हावी हिच तीच्या मनाची धडपण होती
कुठे होईल याचा पूर्णविराम
हिच आशा बाळगुण ती जगत होती.

-चारुलता गुळघाने
B.BSc 4th Year

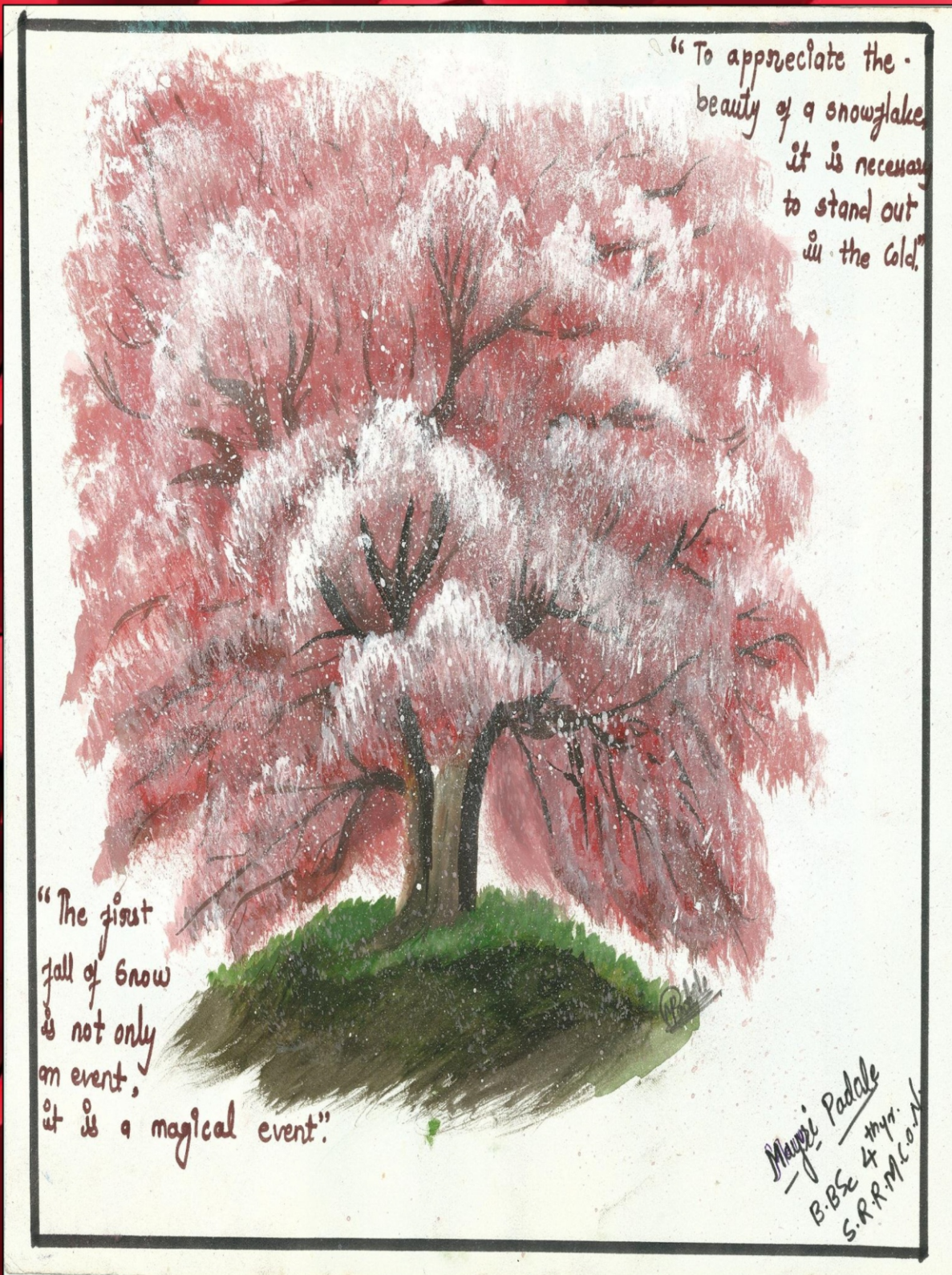


ART SECTION



- *Mrinal Darve*

B.BSc 2nd year

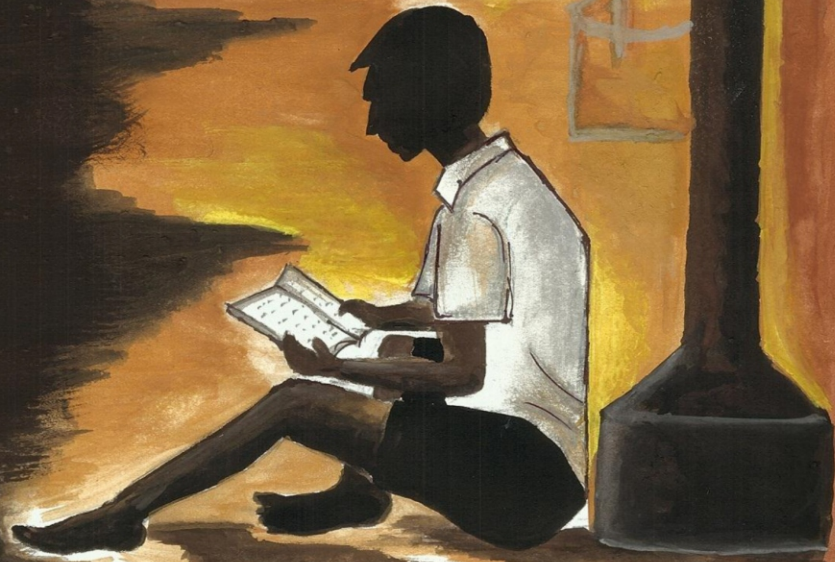


"To appreciate the beauty of a snowflake it is necessary to stand out in the cold."

"The first fall of snow is not only an event, it is a magical event."

Muzi Padale
B.BSc 4th yr.
S.R.R.M.C.O.N.

जहाँ दिन चाय के
ब्लास बाँटने
में जाता
वही रात, वह
सारी किताब
समेटता...



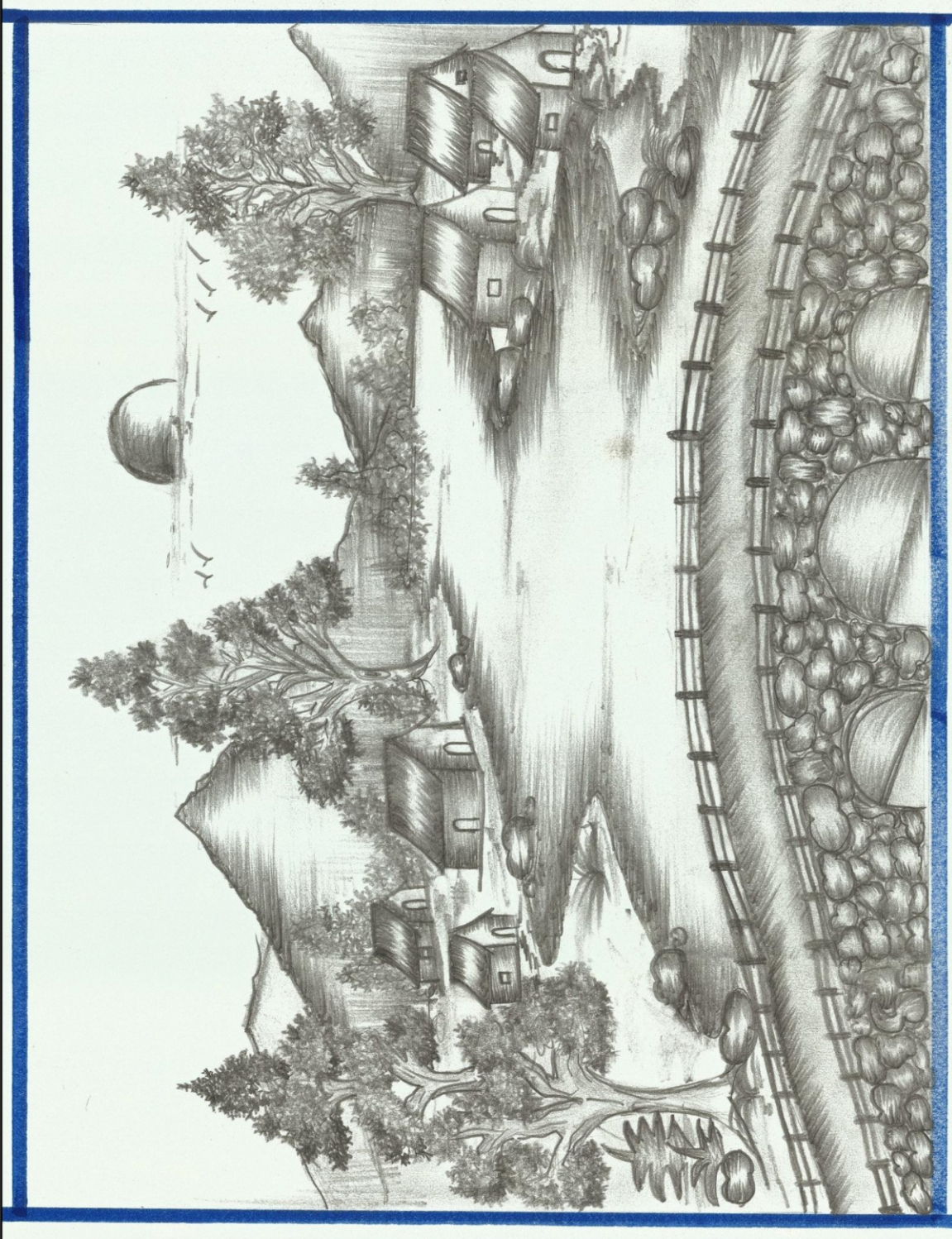
Namrata Agashe
B.BSc. 1st Year





Pornima zade

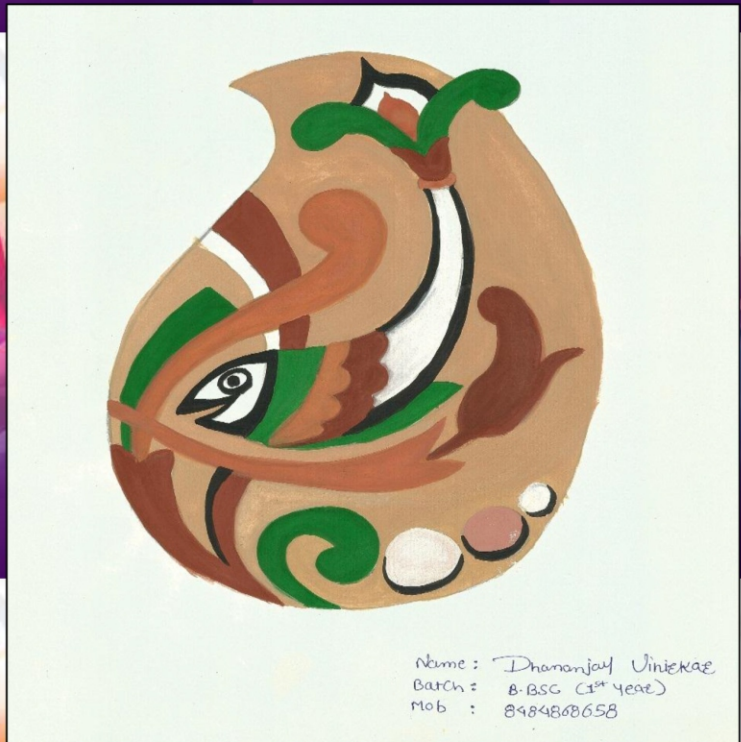
B.BSc 2nd year



Revati Satone
B.BSc 4th year



Saloni Moon
B.Bsc 1st year



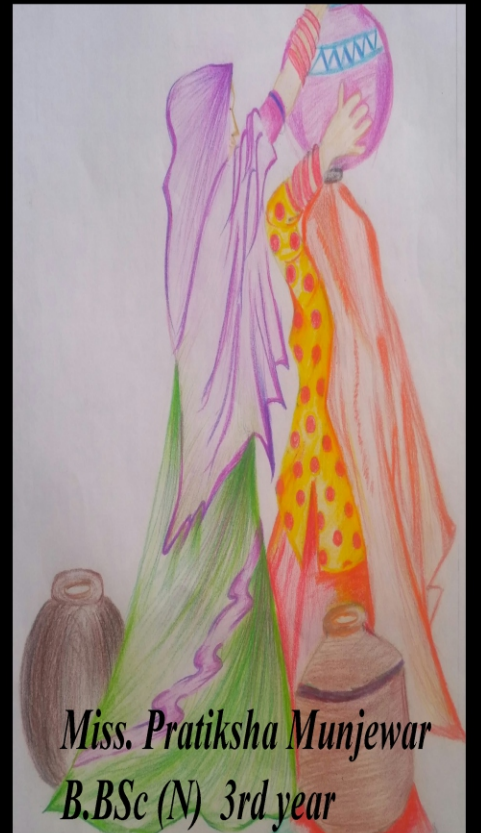
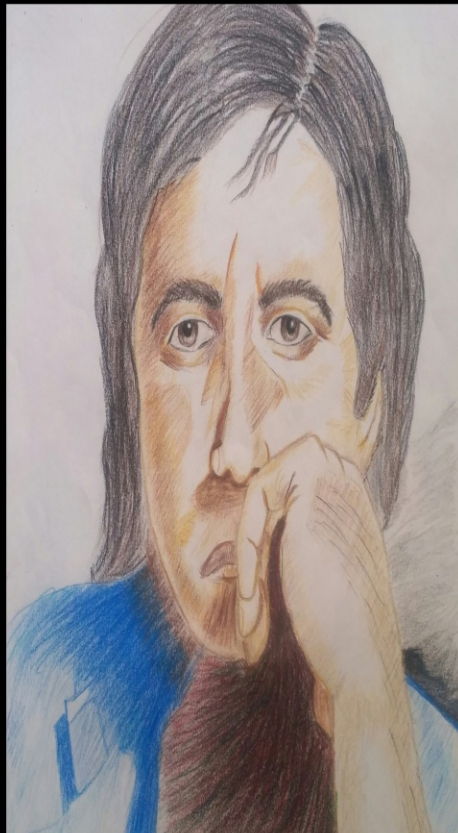
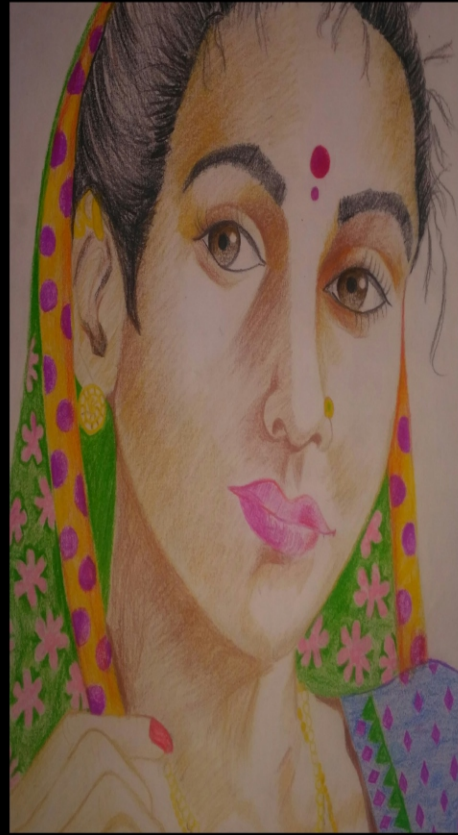
Name : Dhananjay Vinikar
Batch : B.BSC (1st year)
Mob : 8984868658



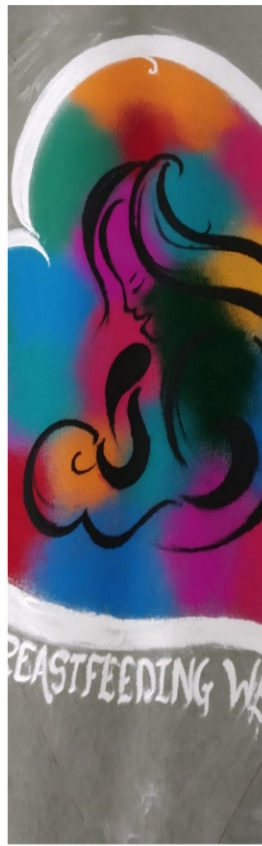
Samiksha Girde
B.BSc 1st year

Manjiri Ingle
B.BSc 1st year





Miss. Pratiksha Munjewar
B.BSc (N) 3rd year





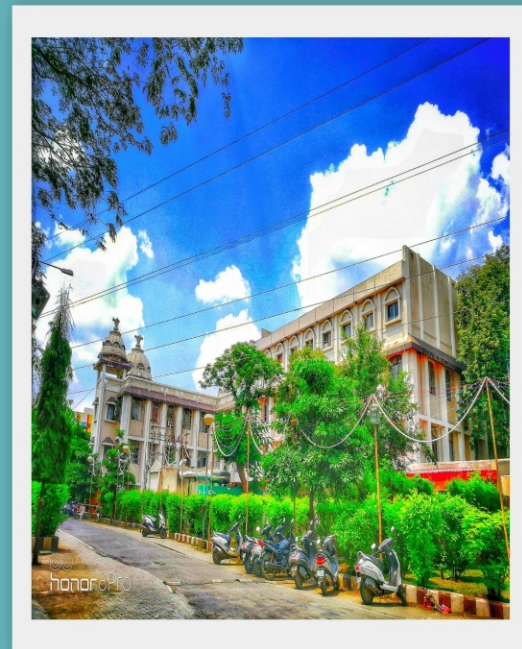
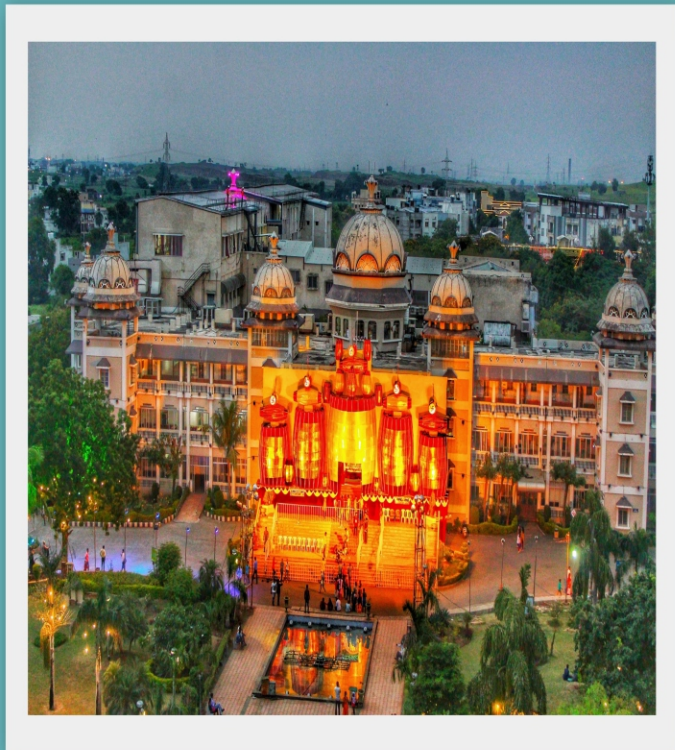
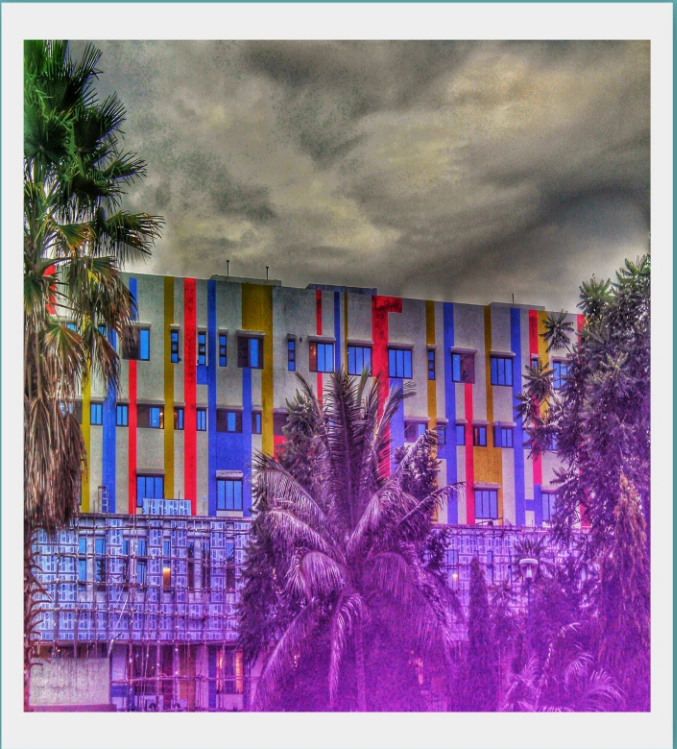
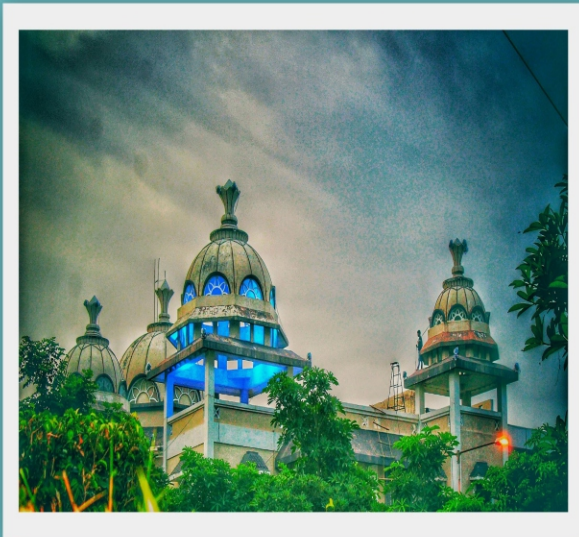
**Art work by:-
Ruchika Dudhbade
B.BSc (N) 3rd year**



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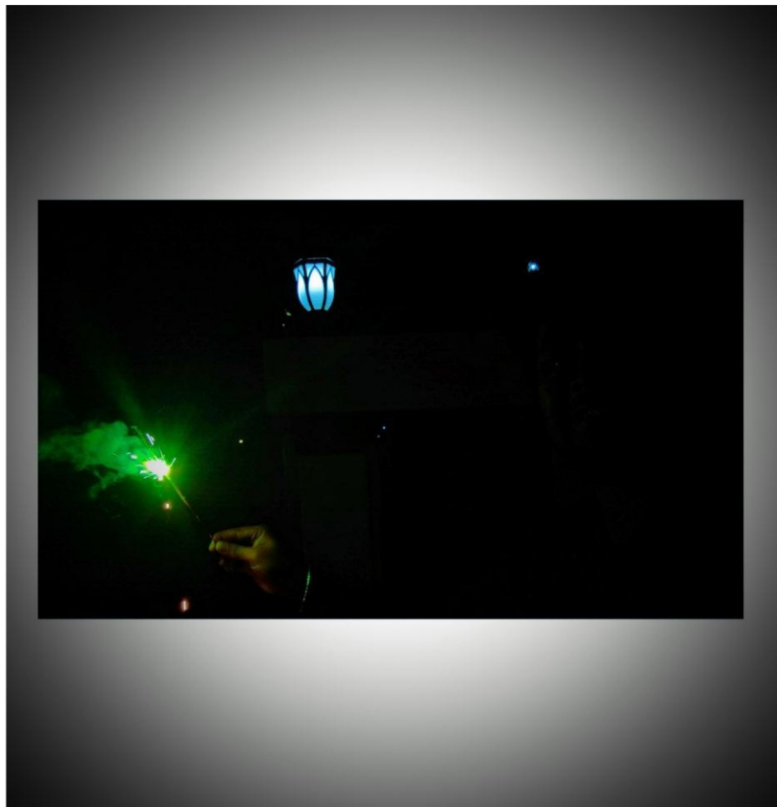


deva photography









BHUSHAN WANDILE

B.BSc 3rd year

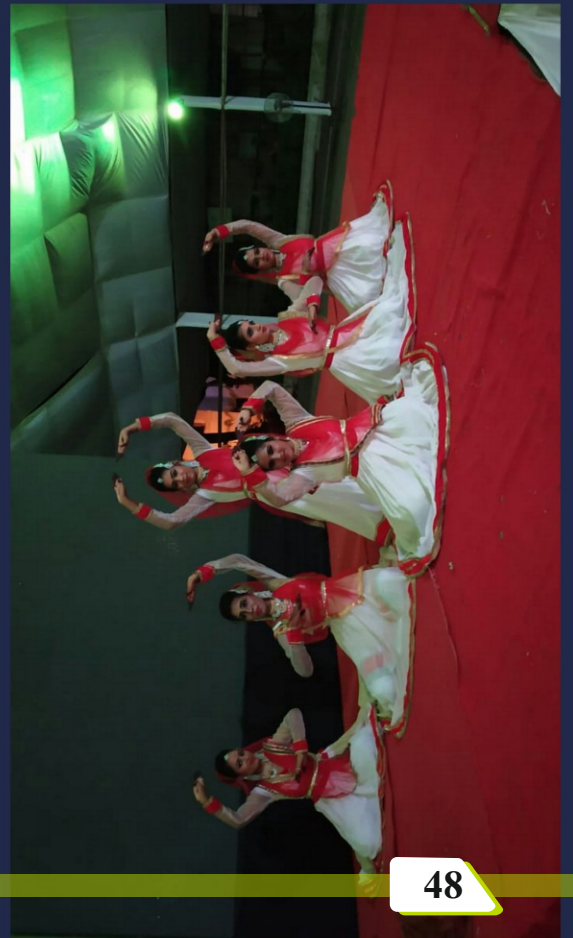
GANESH FESTIVAL CELEBRATION

Ganesh, the god of wisdom and prosperity. The elephant headed, remover of obstacles and the god of beginnings, so peoples of all religions specially the Hindus worship him to get the same. At DMIMS, Ganesh Festival is celebrated with full zeal and vigour. The idol of Lord Ganesh is placed in the campus premises which is witnessed by maximum grandeur. The actual days of Ganesh Festival Celebration sees a grand observance of the occasion complete complete with elaborate execution of traditional rituals, singing of devotional songs, passionate dancing and loud chanting of “ganpati bappa morya...”

Various events were organized in GFC like Ganesh Sthapana, Marathi Folk, Garba, Bhangara Night, South Indian Night, Variety, Treasure Hunt and Gurukul. Students participated in various events and make their GFC the memorable one. The most favorite and awaited for us it the variety, as we are popular in the campus by “SRMMCON Hits”. This time around 160 students were participated in the variety dance and make the performance memorable. Like every year this year too the dance group won the prize money of 11000. But the only thing that we learn is the cooperation, coordination and struggle to achieve something special.

Not only students but also teachers and other staff members enjoyed the GFC. The best example to explain it is “Gurukul Night” where the teaching faculty from all the colleges show there talent.

The GFC was memorable for the members of DMIMS family. The celebration lasts for 10 days but gives a life long memory to cherish.



SPORTS



ENERGIA

The sporting calendar this year is once again with the wide range of sporting opportunities available for the students of DMIMS.

Sports and athletics have been an integral part of DMIMS for years immemorial. Also it's been an eventful environment with lots of sporting events, competitions and activities. Keeping up the tradition, this year too DMIMS organized its annual sports meet (ENERGIA) with the same shining spirit on 19th Jan 2019.





SUCCESS IN ENERGI 2019

National Kabaddi Championship, Kolhapur



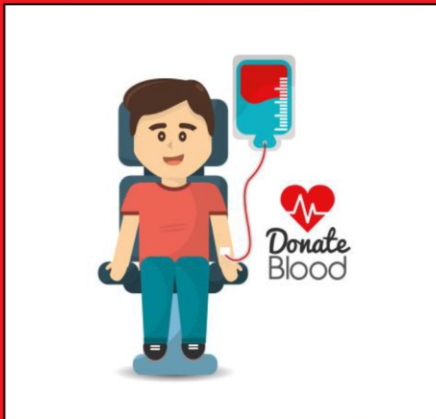


STUDENTS CORNER

VIDARBHA LEVEL QUIZ COMPETITION



BLOOD DONATION CAMP



On the occasion of SNA (Student Nurses Association) activity, 26 Oct 2018, a Blood Donation Camp was organized by Students of nursing college and department of Blood Bank of AVBRH, sawangi from 11.00 am to 3.00 pm.

The camp was inaugurated by Dr Hiwale sir, JNMC, Dr Seema Singh, principal of SRMMCON, Prof Vaishali Taksande, Prof Archana Mourya, Mrs Archana Teltumde (SNA Advisor), Mrs Kavita Gomase. In this camp overwhelming number of volunteers of Nursing college and department of university had participated with vivacity. Three volunteers of rarest blood group have donated the blood in camp and total number of donors were 44.

The Blood Donation Camp conducted with the help of Students Council Members, they have given their positive support and help in organizing the blood camp.



save lives.
donate blood.



'Gandhian Act' by the students of SRMMCON on the occasion of 150th Birth Anniversary of Mahatma Gandhi...





***TEACHER'S DAY CELEBRATION
BY SNA MEMBERS IN SRMMCON***





Medical inventions created by Nurses

Nurses have assumed that more responsibility for patient care. Without nurses, we wouldn't have a number of tools regularly used today in both hospitals and homes, following are some inventions that actually created by nurses.

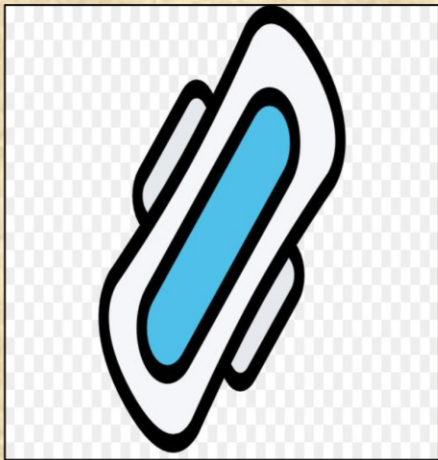
THE CRASH CART

If your heart stops the defibrillator and resuscitation equipment in a crash cart could save your life. The wheeled set of drawers stocked with equipment, originally called the crisis cart, was invented by registered nurse ANITA DORR in 1968. She created the prototype in her basement organizing the cart with items needed for the head in the top drawers for easy access. Her crash cart is now used all over the world.



COLOR CODED IV LINES

IV lines were made of clear plastic until Nurse TERI BARTON –SALINAS and her sister, GAIL BARTON- HAY, decided to patent their color coded lines in 2003 to help reduced medical errors. During an emergency a nurse has only seconds to identify the correct equipment, making easy identification key. “A medication error is every nurse’s nightmare.” “The patient suffers, the family suffers, and the nurses suffers”.

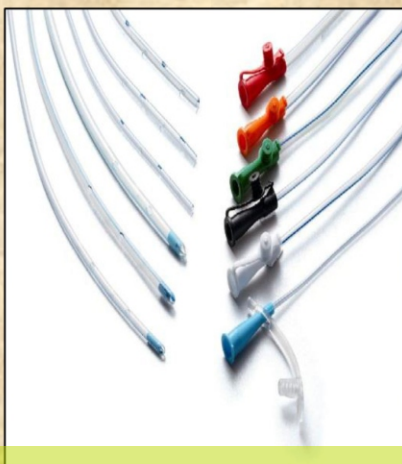


SANITARY PADS

On the battlefield during WWI, Doctors and Nurses used a material called Cellucotton to treat soldier wound's the product was five times as absorbent as cotton, which was in short supply. The field nurses also used it unofficially as a sanitary pad and within a few years of the wars end the idea popularized in the disposable commercial product.

BABY BOTTLES WITH DISPOSABLE LINERS

Watching how nursing on bottles exhausted babies, Adda May Allen, who work as a nurse at Columbia hospital in Washington D.C in the 1940's created a disposable liner that moms and hospitals could throw away after just one use. While a baby sucked on a traditional bottle, a partial vacuum formed, inverting the nipple. A plastic liner, however, allow the side to close in as a baby drank her milk. "Say, this is a damn sight more important than some of the scientific papers.



A FEEDING TUBE FOR PARALYZED VETERANS

Veterans paralyzed during WWII couldn't feed themselves until Bessie blount Griffin, an African- American nurse, invented a tube in the 1940's they could use their teeth. Patients could bite down on the tube and receive a mouth full of liquefied food, giving them a bit of independence. Griffin was so good at rehabilitation that she eamed the name "wonder woman".

LIFE FROM DEATH

The world's first baby born to a woman who had a uterus transplant from a deceased donor is healthy and thriving. Brazilian doctors have reported in the journal *The Lancet*.

There have been 11 successful pregnancies so far using uterus transplant from live donors. But this is the first case successful pregnancy using uterus from deceased donor.

The donor was a 45 years old woman and had three children, and had died of a stroke. The recipient was a 32 years old woman who was born without uterus.

The uterus from the deceased donor was implanted during a ten hour operation in September 2016. The recipient received immunosuppression therapy, which was continued until the baby's birth.

The women underwent in vitro fertilization before the transplant, and the resulting embryo was implanted seven months after the transplant.

The baby girl was delivered C-section on December 15 2017, at 35 weeks and three days. The only complication during pregnancy was a kidney infection, and it was treated with antibiotics. Nearly a year later, both mother and baby are healthy and the baby is growing normally.

- Vaishnavi Joshi

B.Bsc 3rd year

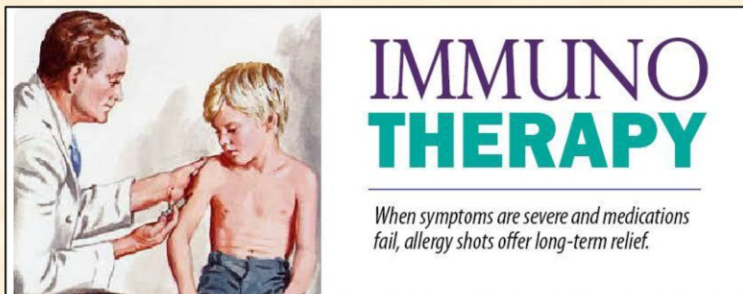
What are allergy shots?

About 20% of the population suffers from IgE-mediated allergy to various allergens in the environment.

Allergy shots are the most commonly used and most effective form of allergy immunotherapy. They are indicated for the treatment of allergic conditions.

Shots are effective in treating reactions to many allergens, including trees, grass, weeds, mold, house dust, animal dander, and insect stings.

An extract of a small amount of the allergen is injected into the skin of the arm. An injection may be given once a week (sometimes more often) for about seven months, after which injections can be administered every two weeks. Eventually, injections can be given every four weeks.



Allergy Shots and Asthma

Allergy shots are effective in the treatment of allergic asthma. Allergy shots does not promise to cure the Asthma completely but it can help to relieve the allergic reactions that trigger asthma episodes, thereby enhancing breathing and decreasing the need for asthma medications.

Allergy Shots During Pregnancy May Decrease Allergies In Children

A study being presented at the Annual Scientific Meeting of the American College of Allergy, Asthma and Immunology (ACAAI) found that pregnant women who receive allergy shots, also known as immunotherapy, during pregnancy may decrease their baby's chance of developing the same allergies that they suffer.

Allergy shots and other Medical Conditions

Allergy shots have been proven to be useful in following conditions:

1. Allergic rhinitis and conjunctivitis
2. Allergic or extrinsic bronchial asthma
3. Insect venom hypersensitivity

-Shrushti Gawande
B.BSc 3rd year



B.BSc (N) 1st year



B BSc (N) 2nd year



B.BSc (N) 3rd year



B.BSc (N) 4th year

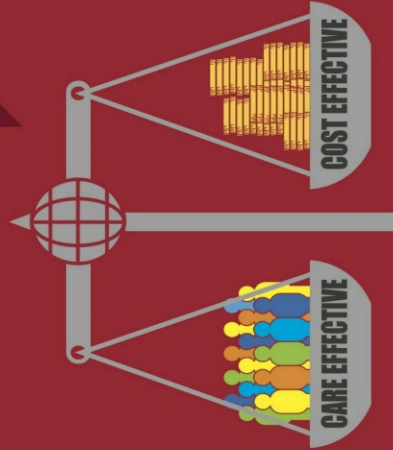


P.B. BSc 2nd year



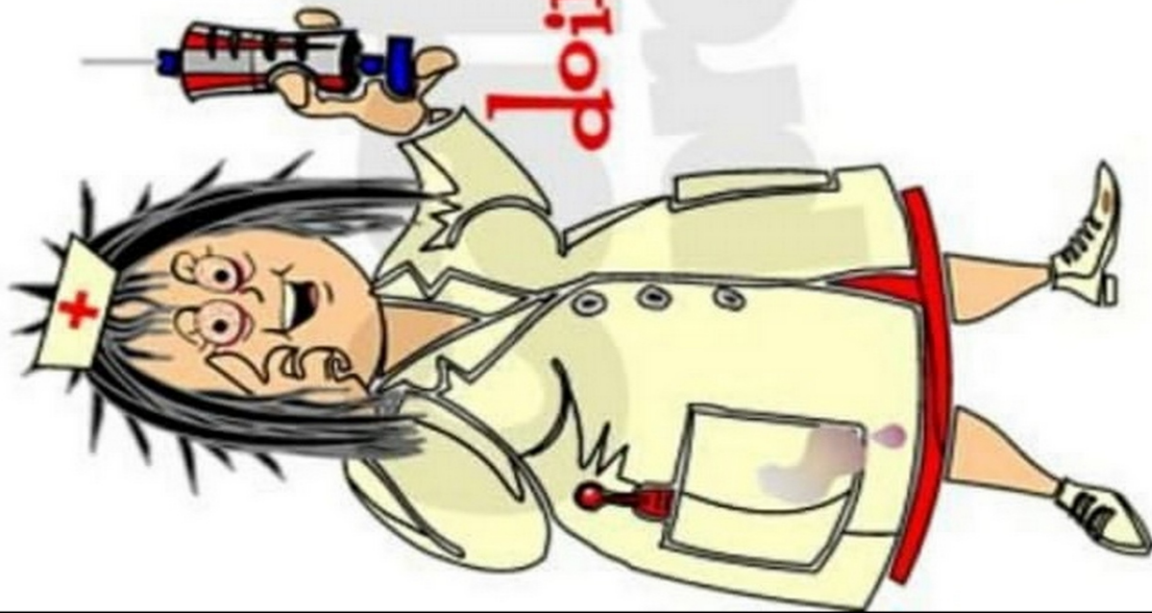
MSc (N) 1st year

NURSES: A force for change



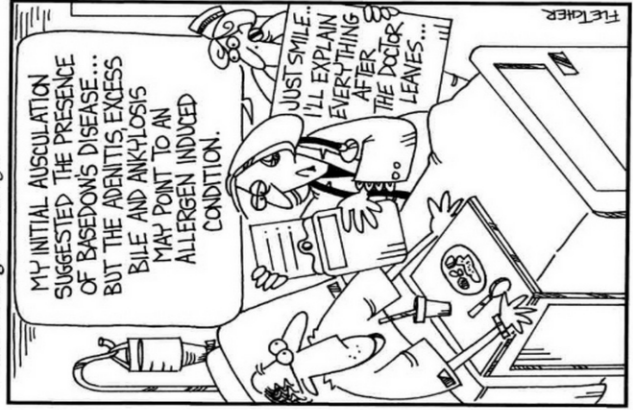
Improving Health and Well-being

Why yes,
I have been
doing overtime.
How did
you guess?



Scott Douglas
www.scottdouglas.com/author/

Nurse Marge In Charge



FLECKER

