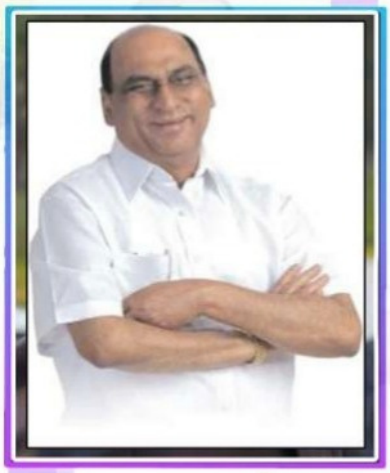
ANNUAL MAGZINE OF SRMMCON

DRUSHTI 2020-21

MESSAGE FROM HON'BLE CHANCELOR SIR SHRI DATTAJI MEGHE DMIMS(DU)



I am happy to know that the Nursing Student's Magazine **"DRUSHTI" – 2020-21** us being published.

Nursing is the one of the Noblest Professions and the Nurses act as vital link between the doctor and the patients resulting in quick recovery of the patients. Nursing students who have become professionals after obtaining the degree should serve the patients diligently and thereby to contribute to the welfare of the society.

The publications of the Student's magazine are the culmination of the combined efforts of all Nursing Students, teachers and members of the Editorial Board. I would like to congratulate the Principle, Faculty Members, Editorial Board members and the Nursing Students who have contributed towards publication of the annual student's magazine.

" My blessings and good wishes will always be with them in their future endeavors too ".

MESSAGE FROM HON'BLE SAGAR MEGHE SIR DMIMS(DU)

It gives me immense pleasure and satisfaction to note that Smt.Radhikabai Memorial College of Nursing is about to publish its Students Magazine.

The Title of the magazine **'DRUSHT'** is not only apt and logical but also conveys a deep rooted and subtle philosophical message to all concerned. The college magazine is a reflection of the literary activities of the students and Institution. The preparation and publication of the magazine gives an opportunity to all students to exhibit their hidden talent.

The nursing students who contributed to the magazine and the Editorial board have done a commendable job in planning and publishing the magazine.
I congratulate the members of the Editorial board and the team for putting commendable efforts in bringing out this magazine. **I wish them all the best for their future endeavors.**

Message

It gives me immense pleasure and satisfaction to note that Smt. Radhikabai Meghe Memorial College of Nursing, Sawangi Meghe, Wardha, a constituent unit of Datta Meghe Institute of Medical Sciences (Deemed to be University), Sawangi (Meghe)Wardha, is bringing out the students magazine titled "Drushti"-the vision, which is a milestone in its own right.

It is imperative that all initiatives that go to contribute to generate a positive, pragmatic and a relevant personality of an individual need to be undertaken in the nick of time, so that the desired output is feasible in a time bound manner.

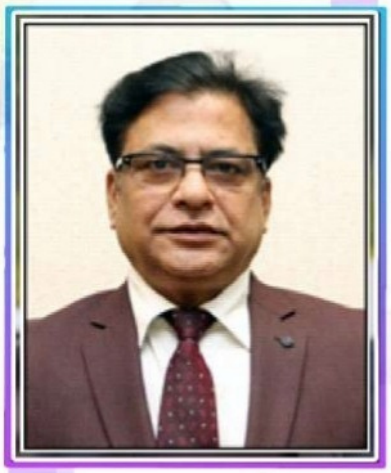
Venturing to have a students magazine is not just a cosmetic initiative, but a very vital step, which goes to provide for a meaningful platform for all the students to depict their creative talents, which are within them and perhaps remain un-manifested for want of an appropriate opportunity. Talent and opportunity need to be complimentary to each other because no talent can blossom without a reasonable opportunity coming its way. It is this void which would stand fulfilled in a big way by the instant venture. It should not be just left to the students to be manifesting themselves all on their own. They need to be provided with guidance and incentives which would motivate them to bring out their creative dimensions through provided opportunities.

The caption given to the magazine is also very philosophically speaking in as much as that each one of us has capacity to see, but translating it into a visionary form is tough and difficult. This initiative in my opinion would also render yeomen service in this arena of personality transformation and up-gradation, which would result in the student resource getting converted into the precious human resource capable of rendering its impeccable prints on the sands of time, which would be exemplary milestones for the times to come.

Recording my appreciation for the venture. I wish a very best for its contemplated success.

Dr. Vedprakash Mishra
Pro-Chancellor

MESSAGE FROM HON'BLE VICE-CHANCELLOR DMIMS(DU)



I am glad to know that the Students' Magazine 'DRUSHTI' for the year 2021 is being published online by the students of Smt.Radhikabai Meghe Memorial College of Nursing,The Datta Meghe Institute of Medical Sciences (Deemed to be University) encourages the students not only to achieve academic excellence but also provides them platform to showcase and nurture the artistic and literary talent of the students, and publication of a students' magazine is one of the steps towards the same.

On perusal of the draft of the magazine 'Drushit-2021' it is very heartening to see creativity and enormous hidden talent amongst the students.

I congratulate the entire Editorial Committee and the Teacher In-charge for undertaking this venture with great deal of success.

I extend my best wishes to the students, Teaching Faculty and the staff who have directly or indirectly contributed in publication of **'DRUSHITI-2021** and pray that all to stay safe and scrupulously follow the norms in view of prevailing COVID-19 pandemic.

(Dr.Rajiv M.Borle)
Vice-Chancellor

MESSAGE FROM HON'BLE REGISTRAR DMIMS(DU)

I am happy to know that Smt. Radhikabai Meghe Memorial College of Nursing student's magazine Drishti 2021 is being published. I congratulate the Principal SRMMCON, teacher incharge and the student's editorial board for bringing out such a beautiful artwork reflecting the creativity and talent of the students.

I am proud that the students of SRMMCON are excelling in these areas which are evident on each and every page of **DRUSHTI 2021** Sincere gratitude to all the teachers who have been guiding, encouraging and inspiring the students towards their overall growth and personality development.

"I congratulate the team Drishti and all those who have contributed to the success of this venture and wish you all the best for such endeavours in future" !

Dr.Babaji Ghewade
Registrar
DMIMS
(Deemed University)

Message

It gives me immense pleasure to write a few words as prologue to our in-house students magazine **'DRISHTI'** exclusively meant for churning out the talent which bears immense potentiality of sharpening students communication skill as part of your over all personality development. I congratulate all the contributors and the editorial board for bringing out such a beautiful magazine.

We strongly believe that the nursing students are responsible and accountable for qualify nursing practice thus they need to be appropriately trained, oriented and directly supervised. The highly qualified and motivated professionals providethe skill and knowledge needed to the students to meet the challenges of today.
We are providing outstanding facilities and help the students to achieve great success. The curriculum planned in way that all the potentials and inherent talents of the students are developed to make them full pledged individuals of the society.Empowerment of students for their all round development through education is our cherished motto.

Today education means much more than merely acquiring knowledge. It is acquisition of knowledge and skills, building character and improving employability of our young talent, the future leadership. I am sure, being stars and their painstakingly and gainfully develop Nursing Culture, we inherited a strong foundation to march ahead and achieve the within mentioned education objectives for a stronger and brighter India. Measures initiated by the Hon. Management, steps taken by the college administration, the willing contribution of the teaching and non-teaching staff and over whelming response and enthusiastic participation of my dear students in the college activates in the recent past all vouch for this. When all the constituents come together and work in unison, the expected results are bound to flow.
I am proud of being the Principal of such a wonderful institution dedicated to the causes of better India. Through education and their real empowerment, Come on let's give our best and make this institution a modern temple of learning through our diligence, devotion and dedication. ***Wishing you all the best…!***

Dr.Seema Singh
Principal,
(Smt. Radhikabai Meghe Memorial College of Nursing)

MESSAGE

It gives me immense pleasure to notify that Smt. Radhkaibai Meghe Memorial College of Nursing is presenting the student's magazine titled **'Drushti'**- The Vision which is epitome of students' creativity. I am sure that their optimistic attitude, hard work and their new wave of ideas will surely stir the mind of the readers.

The innovative abilities are very much in evidence to see in the diligent work and activities in which almost students have participated with joy and gaiety. This proves that college is able to knit the devoted and competent members into a vibrant team.

My hearty congratulations to the entire team who contributed in making the students' magazine an ultimate success. **Wishing students happiness and triumphant future.**

Prof. Vaishali Taksande
Vice Principal
Faculty of Nursing, DMIMS (DU)

MESSAGE

Leaver-Dunn once stated that reflection distinguishes expert practitioners from their peers.

Richard Rodriguez in his autobiography '**Hunger for Memory**' stated the there is a need to recognize the importance of understanding more than reading. And unless this reflection is not penned, it will never be useful for oneself or other anyone who nurses the same quest.

Journal writing enhances the reflective instincts of a student, her / his critical thinking, expression of feelings, and documenting focused arguments. If this method is adapted more scientifically, it will assist in bridging the gap between the classroom and clinical knowledge.

My dear students your attempt in producing a journal of your understanding will be feathering the cap for your teachers and mentors, as you will prove to be true reflection of our principles you have developed.

God bless!

Prof. Jaya Pranoykumar Gawai
DEAN (Academics)
SRMMCON

Message

It gives me great pleasure to know that 'Drushti ', SRMMCON magazine 2020-21 is ready for publication. True to its name, this magazine gives an insight into the range and scope of the imagination and creativity of our students . I congratulate the editorial team for the hard work and dedication they have invested in realizing this goal, and

"Wish my dear students success in all future activities". !

Mrs. Archana Teltumbde
Student Magazine incharge
SRMMCON Sawangi Meghe Wardha

From Editorial's desk...

First of all, big thank to our Principal & S.N.A Advisor to show believe in us for this tough & incredible task. We feel very proud to represent once again our own college magazine "**DRUSHTI-The Vision**".

It was a tough journey while making this journal, as the students involved in this are very new for the work. Lots of hurdles were came in between and we felt like failure. But it is said that "Failure is the first step for success". By serving our self for this work since last 6 month in collaboration with clinical postings, college, sports, night shifts, other curricular activities and two exams, we got success to complete it.

In this new edition of **DRUSHTI** you may find more creativity of our students. The art, the poetry and the creativity shows the shining background of **SRMMCON**. We hope you enjoy reading this journal as much as we have enjoyed making it.

Student's Editorial Committee

Chief Editor/ Designer:-

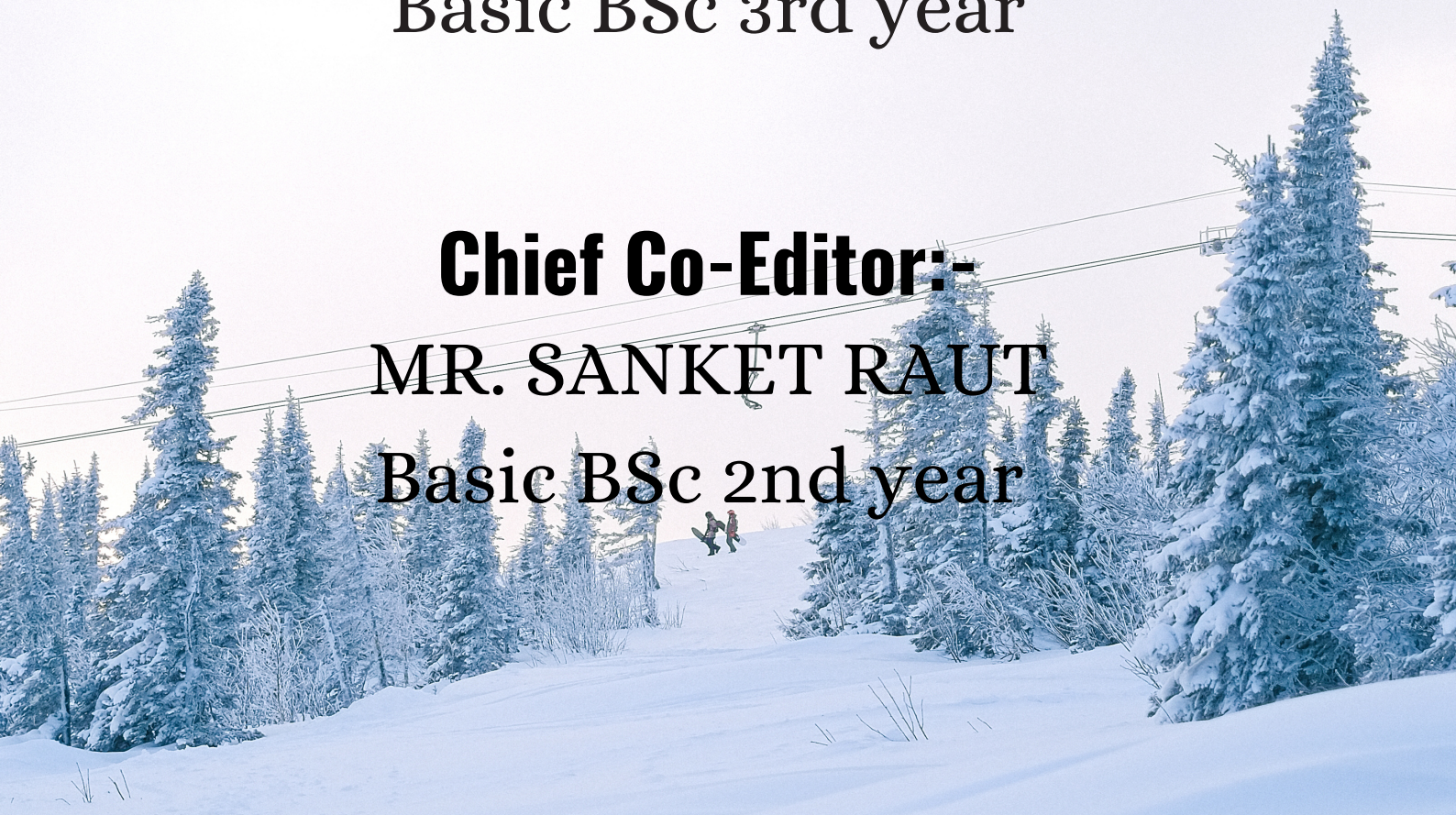
MR. HIMANSHU JAWANJAL

Basic BSc 3rd year

Chief Co-Editor:-

MR. SANKET RAUT

Basic BSc 2nd year



Student Council Members 2020-21

PRESIDENT

Ms. Anupriya Biswas

VICE PRESIDENT

Mr. Pranay Bahadure

GENERAL SECRETORY

Ms. Karishma Wadsariya

JOINT SECRETORY

Mr. Sanket Madavi

SPORTS SECRETORY

Mr. Ashish Tamgadge

Treasurer

Ms. Vaishnavi Shiwarkar

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COLLEGE EXPERIENCE OF STUDENTS OF SRMMCON

Students of SRMMCON shared the Experience of their college life with us.

FIND ITS MY INDEED PLEASURE TO SHARE MY PERSONAL COLLEGE EXPERIENCE, I AM PRANAY PRASHANT BAHADURE STUDENT OF SRMMCON STUDYING BASIC BSC NURSING 4TH YEAR, ADDRESSES YOU ABOUT THE WELL KNOWN NURSING COLLEGE OF THE "VIDARBHA"

I believe the Nursing Education is a combination of theoretical and practical nursing experiences that enables the nursing students to be professional and Skillfull Nurse and provide quality Nursing care to the patients/clients and as we being the students of SRMMCON are really rewarded to get highly qualified and experienced teachers to teach us and all the teachers of this institute are helping, caring, supportive and friendly.

A students get the best opportunity to gain knowledge regarding nursing education as the college provides variety of courses like RANM, RGNM, B.Sc Nursing(Basic), BSc nursing(Post Basic), MSc nursing, PhD and fellowship under one roof.

I being the student of this institute get a great opportunity of correlating my theoretical knowledge with nursing practice as we are allotted to different departments belonging to the Vidarbha's largest multispecialty hospital that is '**Acharya Vinobha Bhave Rural Hospital** thereby, we get the patients with various types of diseases including medicine, surgery, geriatrics, paediatrics, obstetrical and midwifery, psychiatric, neurosurgery, etc.

Hence, I am proud to be a student of **SRMMCON** as it helps in nourishing and enhancing a students who aspire and achieve a great future.

- PRANAY P. BAHADURE

"DISTINGUISHED FACULTY MEMBERS, MENTORS, STUDENTS AND DEAR FRIENDS, IT WAS A GREAT HONOUR AND PLEASURE FOR ME TO BE A FINAL YEAR STUDENT OF SRMM COLLEGE OF NURSING. THIS WAS A GREAT OPPORTUNITY FOR ME IN MY NEW CAPACITY AS A GENERAL SECRETARY OF THE COLLEGE.

AS SECRETORY, YOU WOULD BE ONE OF THE STUDENTS WHO IS RESPONSIBLE FOR REPRESENTING OTHER STUDENTS AND THEIR ISSUES, ALSO HELPING TO INITIATE CHANGES WITHIN THE COLLEGE.

"THOUGH 2020-21 WAS A TOUGH TIME FOR ALL OF US ESPECIALLY REGARDING OUR ACADEMICS, OUR PRINCIPAL MADAM, VICE DEAN MADAM AND OTHER MENTORS STOOD WITH US AND HELP US TO SOLVE THE PROBLEMS WE WERE FACING DURING PANDEMICS. BEING SECRETORY IT WAS A BIG CHALLENGE FOR ME TO HANDLE OUR MEETINGS WHICH WERE ONLINE AND VERY NEW FOR US AND ALSO REPRESENTING OTHER STUDENTS' ISSUES. BUT IT WAS A LOVELY AND FABULOUS EXPERIENCE FOR ME, WHICH WILL HELP ME TO POLISH MY PERSONALITY.

I WANT TO THANK EVERYONE SPECIALLY ARCHANA TELTUMBADE (SNA ADVISOR) MADAM WHO ALWAYS SUPPORTED ME AND GUIDED ME IN EVERY MEETING.

- KARISHMA N. WADSARIYA

NURSES

HEART OF HEALTHCARE

NURSING IS AN ART

BACKBONE OF HEALTHCARE

Nursing professionals play a vital role in all aspects of healthcare, be it nation-wide health campaigns such as polio eradication, mid-wife services and community education or serving the patients at an ill-equipped healthcare facility in rural India. With their commitment and care, nurses have established themselves as the backbone of the healthcare system and their contribution is critical in achieving the healthcare goals of a nation.

As nurses, we develop relationships with patients and their families. We learn about our patients' own interests and preferences. We develop relationships with our co-worker's and fellow nursing colleagues.

In the hospital, nurses regularly check and chart vitals, monitor levels, draw blood, and update physicians on patient progress. In health facilities and doctors' offices, nurses are responsible for recording patient vitals and keeping track of health issues and medications.

Role of NURSES

NURSING IS AN ART

A nurse is a caregiver for patients and helps to manage physical needs, prevent illness, and treat health conditions. ... They are responsible for the holistic care of patients, which encompasses the psychosocial, developmental, cultural, and spiritual needs of the individual.

ROLE OF ICU NURSES

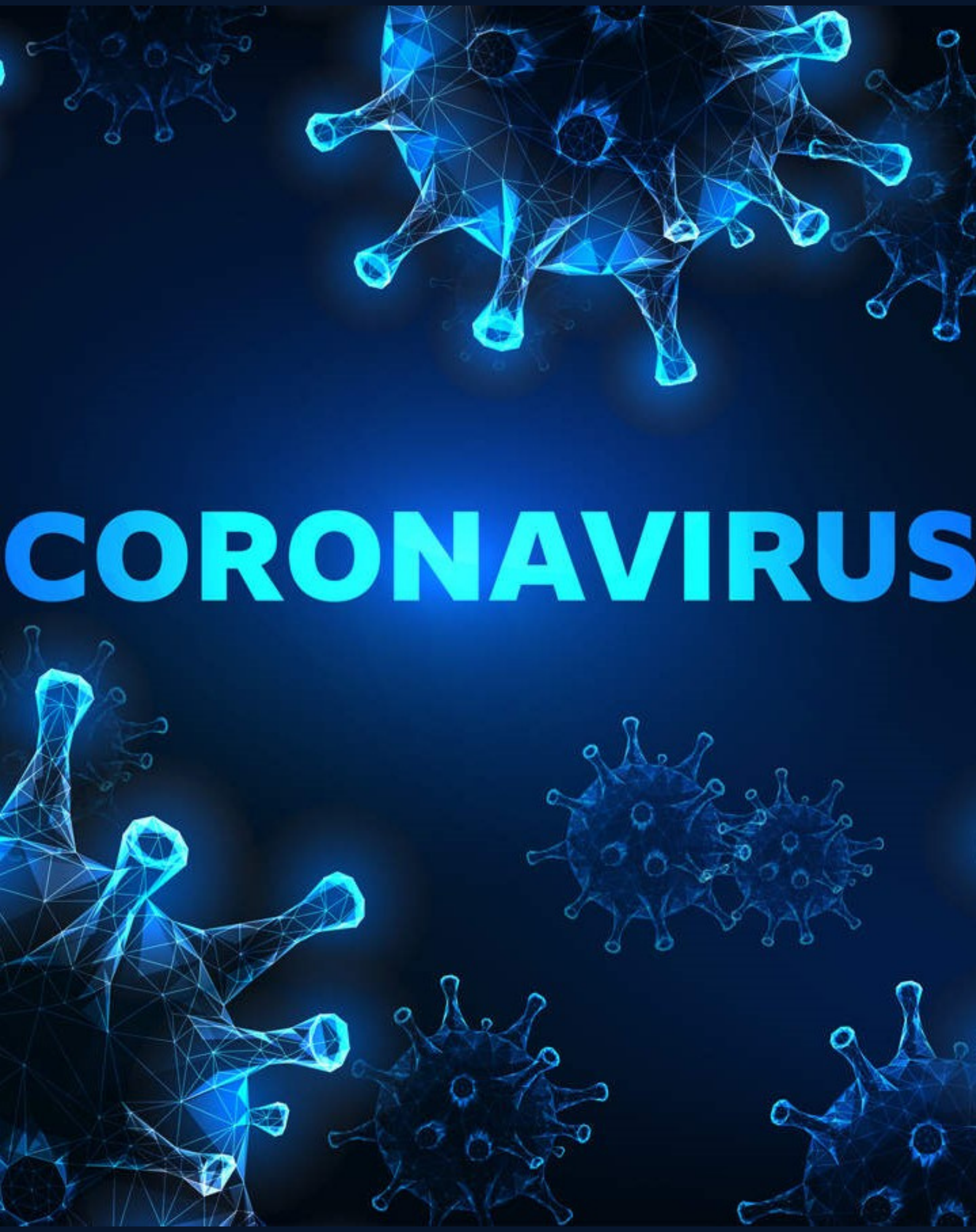
- An intensive care unit (ICU) nurse is a registered nurse who specializes in delivering care to patients in intensive care units of hospitals and healthcare facilities.
- Their duties include evaluating the patient's conditions, administering treatment, and providing constant support during recovery.

ROLE OF OT NURSES

- Operating Room Nurse is a healthcare professional responsible for the safe, effective, and efficient care of the patient in the operating room. Assess patients condition before surgery
- Ensure that the Operating Room is prepared with all necessary supplies, implants, instrumentation, and equipment

ROLE OF GERIATRIC NURSES

- A geriatric nurse specializes in the treatment of older patients in order to provide care for injuries or ailments, illness and maintain their quality of life.
- In addition to caring for older patients, they can also anticipate future care for their patients and long-term illnesses such as cancer or Alzheimer's disease.


CORONAVIRUS

What is COVID-19?

COVID-19 is the infectious disease caused by the most recently discovered coronavirus. Both the virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

SOURCE:
WORLD HEALTH ORGANIZATION
#STOPTHESPREAD

WHAT ARE COVID-19 SYMPTOMS?

The most common symptoms are fever, tiredness, and dry cough.

Some have aches and pains, nasal congestion, runny nose, sore throat or diarrhea.

SOURCE:
WORLD HEALTH ORGANIZATION
#STOPTHESPREAD

WHO'S AT RISK

People with fever, cough, and difficulty breathing should seek medical attention.

SOURCE: WORLD HEALTH ORGANIZATION

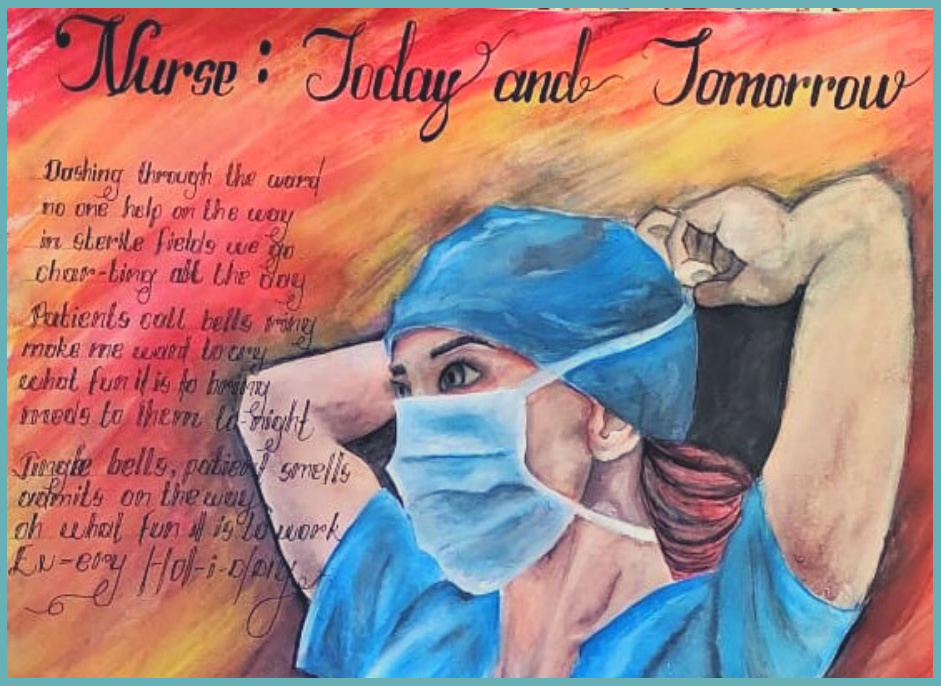
#STOPTHESPREAD

ROLE OF NURSES IN COVID-19 MANAGEMENT

- *The nursing response to the coronavirus (COVID -19) crisis has gone way beyond the core purpose of 2020 as the International Year of the Nurses and Midwives. The work put in by nurses in the COVID 19 crisis is a powerful & practical demonstration of the potential that nurses possess, to address big health care challenges, which the theme of nurses day this year aims to achieve.*

- *As nurses are at the front line of the COVID-19 outbreak response and are exposed to hazards that put them at risk of infection, it is vital that they are supported to protect themselves with specific infection prevention procedures and sufficient provision of protective gear at their practice settings, including ventilators, masks, robes, eye cover, face shields, and gloves.3 Nursing managers and instructors must include guidance to nurses and support personnel on emerging COVID-19 problems and hazards that are unique to their field of work.*

- *First and foremost, occupational safety is key to nurses' work during COVID-19, as they are face-to-face with danger on a daily basis. The overarching duty of nurse leadership will be to ensure that the appropriate prevention and security steps are taken to reduce the dangers of the workplace.*



Prevent the spread of COVID-19 in

7 STEPS

01 Wash your hands frequently

02 Avoid touching your eyes, nose and mouth

03 Cover your cough using the bend of your elbow or a tissue

04 Avoid crowded places and close contact with anyone that has fever or cough

05 Stay at home if you feel unwell

06 If you have a fever, cough and difficulty breathing, seek medical care early — but call first

07 Get information from trusted sources

#StopTheSpread

Source: WHO

#StopTheSpread

Proper hygiene stops the spread of the virus.

Handwashing 101

01

Wet your hands before applying soap.

02

Bring your palms together and rub soap all over the palms and backs of your hands, including between the fingers.

03

Wash your hands for at least 20 seconds.

04

Wipe your hands with a clean towel or paper towel and avoid rubbing too vigourously.

Source:
World Health Organization

#StopTheSpread

Physical Distancing 101

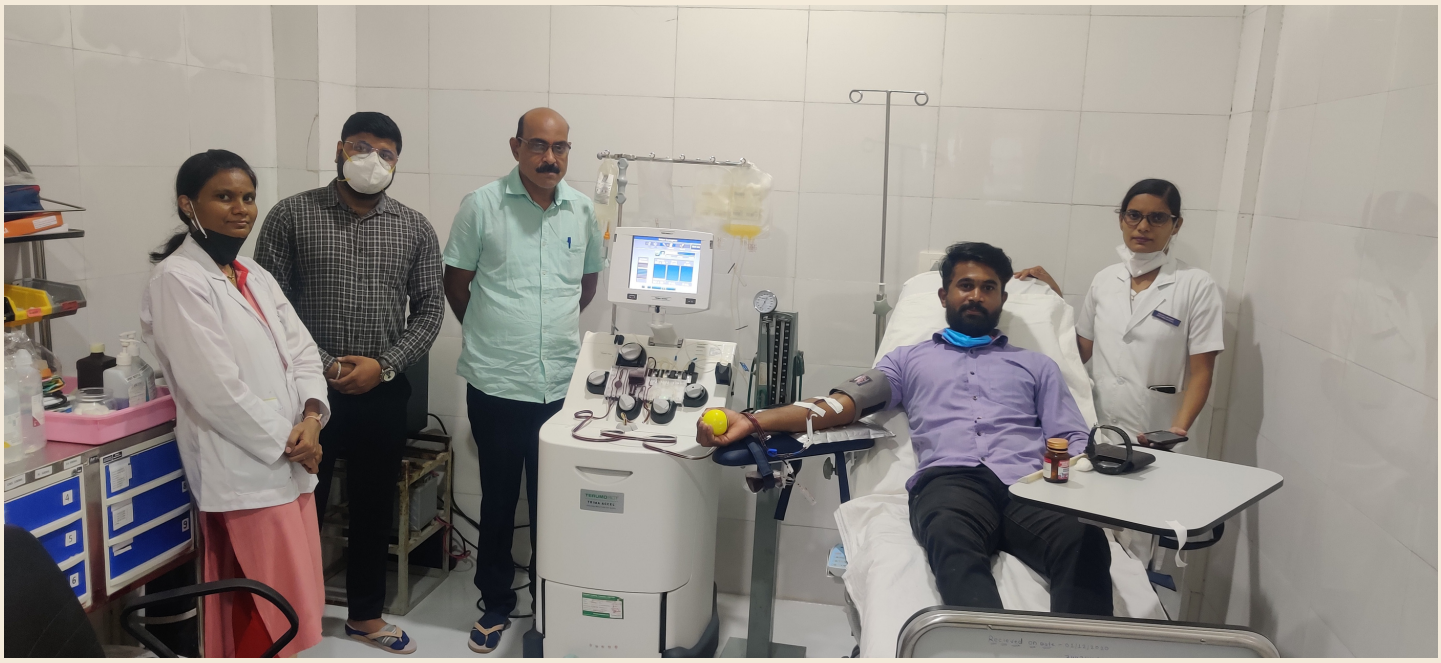
SOURCE: WHO

Stay away from mass gatherings.

Keep a distance of 6 feet or 2 meters – about one body length – away from other people.

Avoid touching other people, and that includes handshakes.

Physical distancing slows down the spread of the coronavirus, which keeps our resources available to those in need.



MR. DEVENDRA PAHUNE

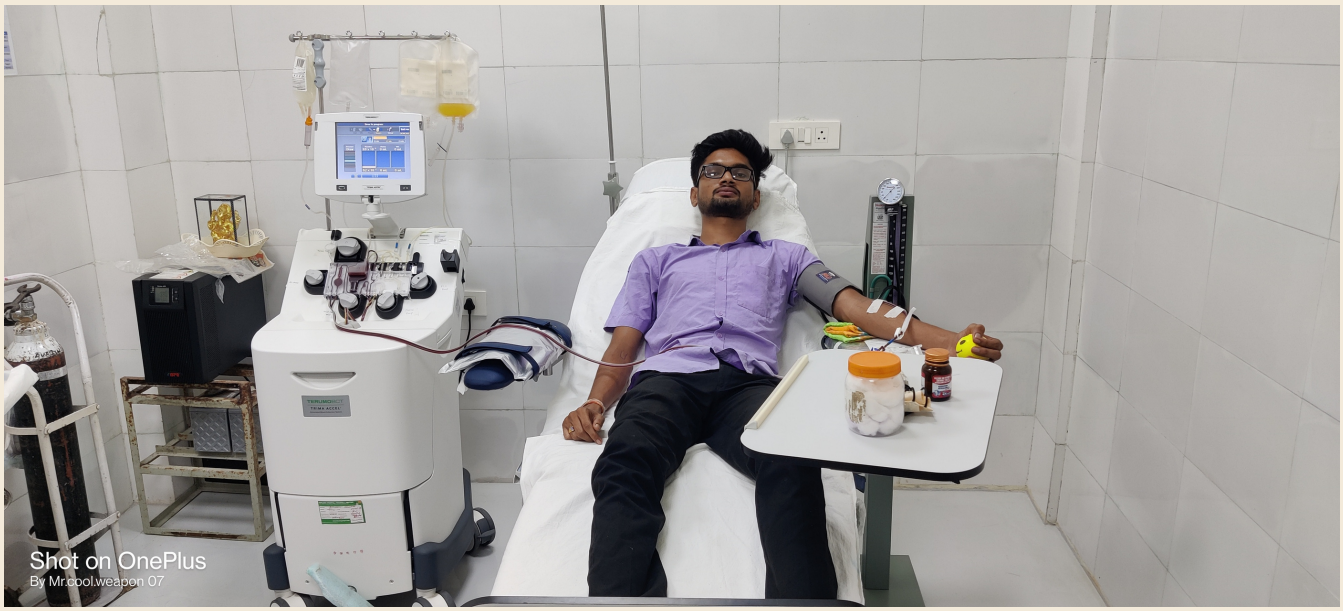
SDP (Single Donor Platelets)

Mr. Devendra Pahune was the first student of SRMMCON from whole sawangi who donated the platelets.

- Platelets are tiny cells in the blood that form clots and stop bleeding.
- For millions of people, they are essential to surviving and fighting cancer, chronic diseases, and traumatic injuries.
- Platelets must be used within five days, so every day new Donors are needed.

Mr. Gaurav Raut student of SRMMCON donated O rh negative platelets to the patient in urgent need and helped him save his life.

- Platelet donation uses a machine to extract your Platelets and then returns the rest of your blood back to the Donor.
- From Start to End, it takes 45 minutes to 1 hours of time to donate Platelets.
- Apheresis Platelets will be able to provide one Platelet donation what would normally be collected from up to 6-8 whole blood donations.



MR. GAURAV RAUT

STUDENT NURSES ASSOCIATION

THE TRAINED NURSES' ASSOCIATION OF INDIA
MAHARASHTRA STATE BRANCH

STUDENT NURSES' ASSOCIATION

S.N.A

CARING IS THE ESSENCE OF NURSING

We Stand And Fight Against CORONA Virus

OBJECTIVES OF SNA

- TO UPHOLD THE DIGNITY AND HONOUR OF THE NURSING PROFESSION.
- TO PROMOTE PARTICIPATION IN STUDENT COMMUNITY AFFAIRS.
- TO INVOLVE THE STUDENTS IN INTERCOLLEGIATE SPORTS AND CULTURAL ACTIVITIES.
- TO PROMOTE COLLABORATIVE RELATIONSHIPS WITH VARIOUS HEALTH ORGANIZATIONS.
- TO BRING OUT THE TALENTS AND CONFIDENCE OF THE STUDENTS FOR THE UPLIFTMENT OF SELF AND SOCIETY.
- TO INCULCATE THE VALUE OF ESPIRIT DE CORPS.
- TO DEVELOP LEADERSHIP ABILITIES AMONG THE STUDENTS.
- TO IMPROVE THE STUDENTS SOCIAL CONTACTS TO ENHANCE PROFESSIONAL GROWTH

Written by Luis Puno.. Photos by Abigail Marie Lim.

AIMS OF SNA

- The Student Nurses' Association, popularly known as SNA, is a nation-wide organization of nursing students.
- The main purpose of forming the association by TNAI (Trained Nurses Association of India) was to provide vanities to the nursing students to facilitate their all-round development and accredit them to join TNAI as qualified nurses.
- The **AIM** of the SNA is to provide programs representative of fundamental and current professional interest concerns to nursing students. Membership in SNA aids in the development of the whole person, including the professional role.

ACTIVITIES OF SNA

- A. Professional
  - Organization of meetings and conferences
  - Maintenance of SNA diary
  - Propagation of Nursing Profession
- B. Educational
  - Exhibition
  - Public speaking and writing
  - Projects
  - Awards and prizes
- C. Socio cultural and recreational activities

ACTIVITES

"IN NURSING COLLEGE, IT DOESN'T MATTER IF YOU MAKE THE GRADE WHEN YOU DON'T UNDERSTAND THE CONCEPTS."

SMT. RADHIKABAI MEGHE
MEMORIAL COLLEGE OF NURSING

006
GIRLS COMMON ROOM

STUDENT BOARD
006
GIRLS COMMON ROOM
007

दत्ता मेघे आयुर्विज्ञान संस्था (अभिमत विद्यापीठ)
सावंगी (मेघे), वर्धा
उन्नत भारत अभियान
अंतर्गत दत्तक ग्राम सालोड (हिरापुर)
REDMI K20 PRO
AI TRIPLE CAMERA

उन्नत भारत अभियान
Unnat Bharat Abhiyan
CELEBRATING
REPUBLIC DAY

दत्ता मेघे आयुर्विज्ञान संस्था (अभिमत विद्यापीठ)
सावंगी (मेघे), वर्धा
उन्नत भारत अभियान
अंतर्गत दत्तक ग्राम सालोड (हिरापुर)

Shot on OnePlus

Shot on OnePlus

WORLD HEALTH DAY

TUESDAY, 7TH APRIL 2020

SLOGANS ON WORLD HEALTH DAY

"A FAIRER, HEALTHIER WORLD"

- Love your body because it is your home and will stay with you till your last day.

- Do something today for yourself so that your body thanks you tomorrow.

- HEALTH is a boon - care for it
  HEALTH is precious - protect it
  Fitter, Healthier, Happier
  Life without Health is like a hell!

"EARLY TO BED AND EARLY TO RISE MAKES A MAN HEALTHY, WEALTHY, WISE"
- PRANALI KAMBLE

Healthier World

Buildling Healthier World

- No Pollution, Health Solution
- Health First, Environment Must
- Stay Engaged, Stay Healthy
- Happy World, Healthy world
- Take Breath, Stay Healthy

- PRAJWAL BHAGAT

Nurses are the Hospitality of Hospital."
Nurse: Today & Tomorrow
Being a nurse describe person Strong enough to tolerate everything & soft enough to understand everyone."

JUNE 21

INTERNATIONAL YOGA DAY

Yoga is a powerful
natural state that can inspire
you in many ways.

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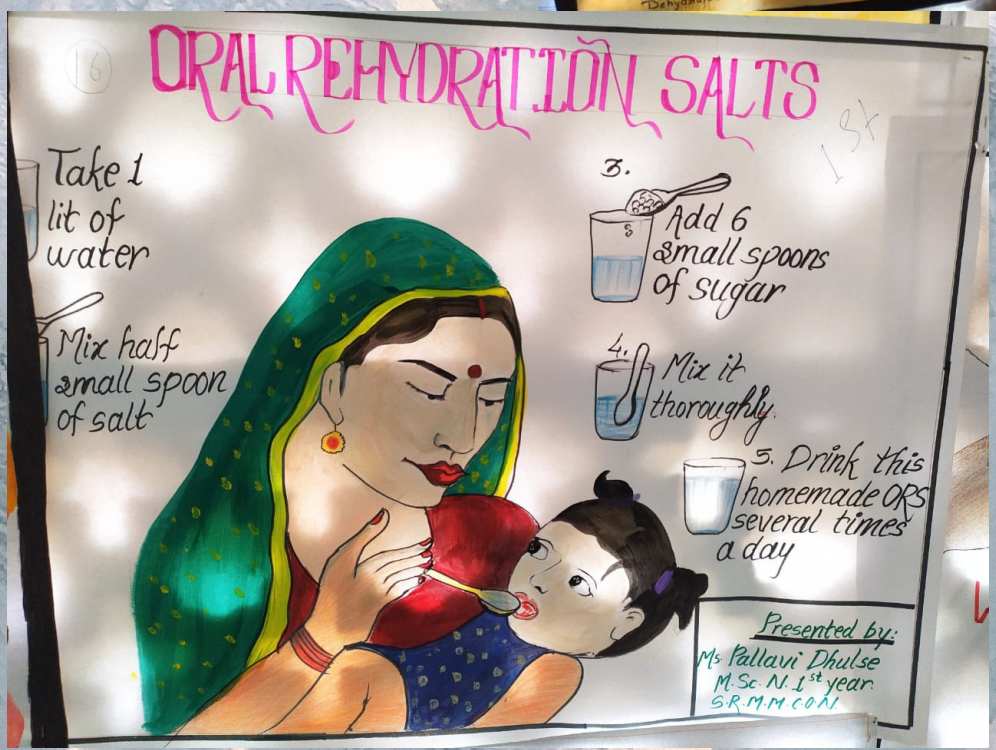
005
INTERNAL COMPLAINT COMMITTEE (ICC)
STUDENT BOARD
006
GIRLS COMMON ROOM
007
ADMINISTRATIVE OFFICE
NO RAGGING

WORLD ORS DAY

WATER
SUGAR
SALT
ORS
29TH JULY
ORAL REHYDRATION SALTS
DAY
ORS
THE SUPER HERO
THAT REDUCES CHILDREN FROM DIARHEA
ORAL REHYDRATION SALTS

CH_2OH
OH
Na^+
H_2O
K^+
H_2O
ORS
WHO
RECOMMENDED
ORS
Vomiting
Diarrhea
Dehydrated
Healthy
Rehydrated
The only reassuarance
Solution for diarrhea


ORAL REHYDRATION SALTS
Take 1 lit of water
Mix half small spoon of salt
3. Add 6 small spoons of sugar
4. Mix it thoroughly
5. Drink this homemade ORS several times a day
Presented by:
Ms Pallavi Dhulse
M.Sc. N. 1st year
S.R.M.M.C.O.N.

THE ART SECTION

- Art by
Namrata Agashe

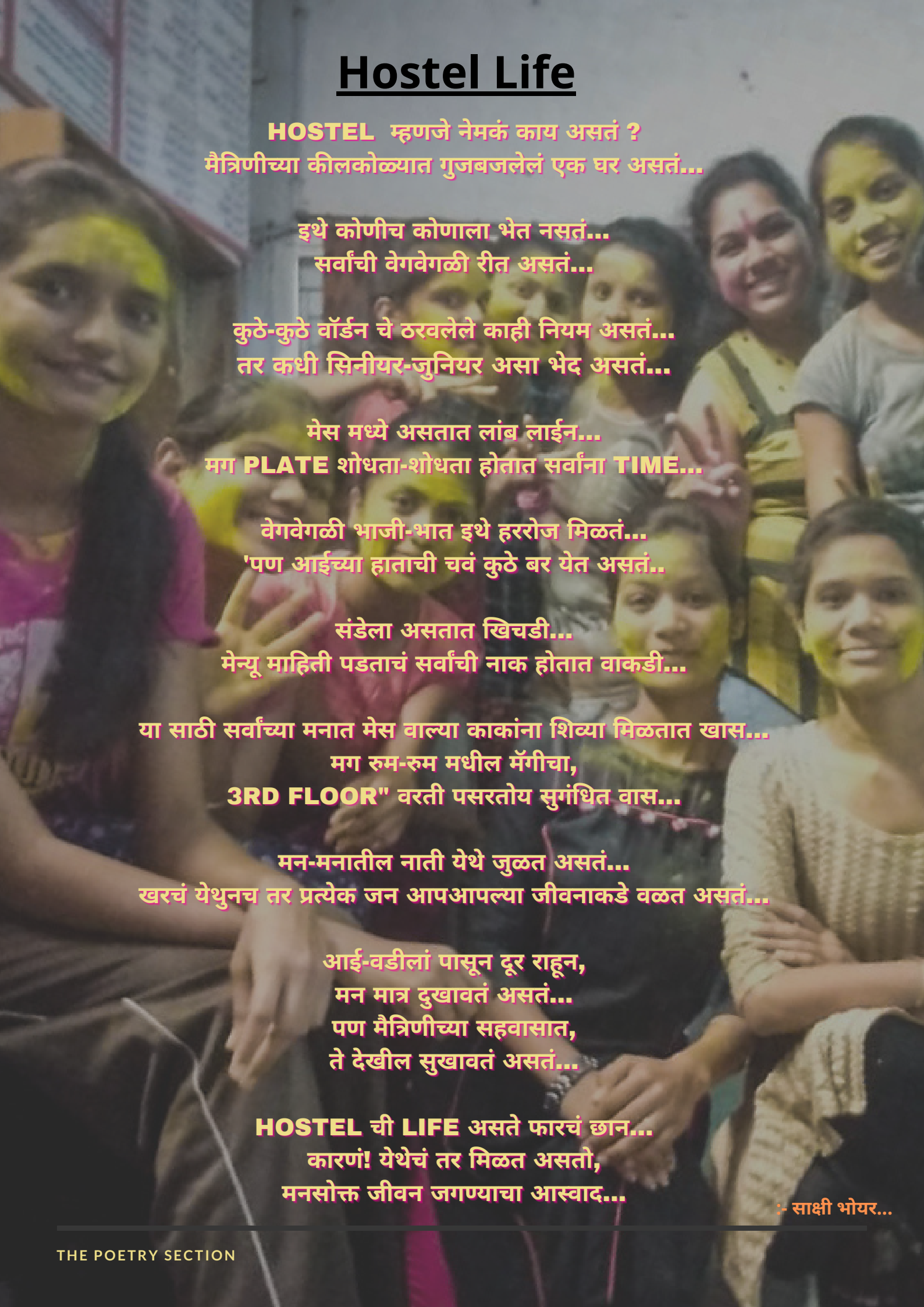
MOTHER :
The most beautiful word on the lips of mankind...
Name : Namrata Agashe.
Batch : 2018-19
College : SRMMCON

Better days
are
coming...
Lalrintluangi
PB. Bsc 1st yr
2020 - 2021 Batch

Lalrintluangi
PB. Bsc 1st yr
2020 - 2021 Batch

THE POETRY SECTION

Hostel Life



HOSTEL म्हणजे नेमकं काय असतं ?
मैत्रिणीच्या कीलकोळ्यात गुजबजलेलं एक घर असतं...

इथे कोणीच कोणाला भेत नसतं...
सर्वांची वेगवेगळी रीत असतं...

कुठे-कुठे वॉर्डन चे ठरवलेले काही नियम असतं...
तर कधी सिनीयर-जुनियर असा भेद असतं...

मेस मध्ये असतात लांब लाईन...
मग PLATE शोधता-शोधता होतात सर्वांना TIME...

वेगवेगळी भाजी-भात इथे हररोज मिळतं...
'पण आईच्या हाताची चवं कुठे बर येत असतं..

संडेला असतात खिचडी...
मेन्यू माहिती पडताचं सर्वांची नाक होतात वाकडी...

या साठी सर्वांच्या मनात मेस वाल्या काकांना शिव्या मिळतात खास...
मग रुम-रुम मधील मॅगीचा,
3RD FLOOR" वरती पसरतोय सुगंधित वास...

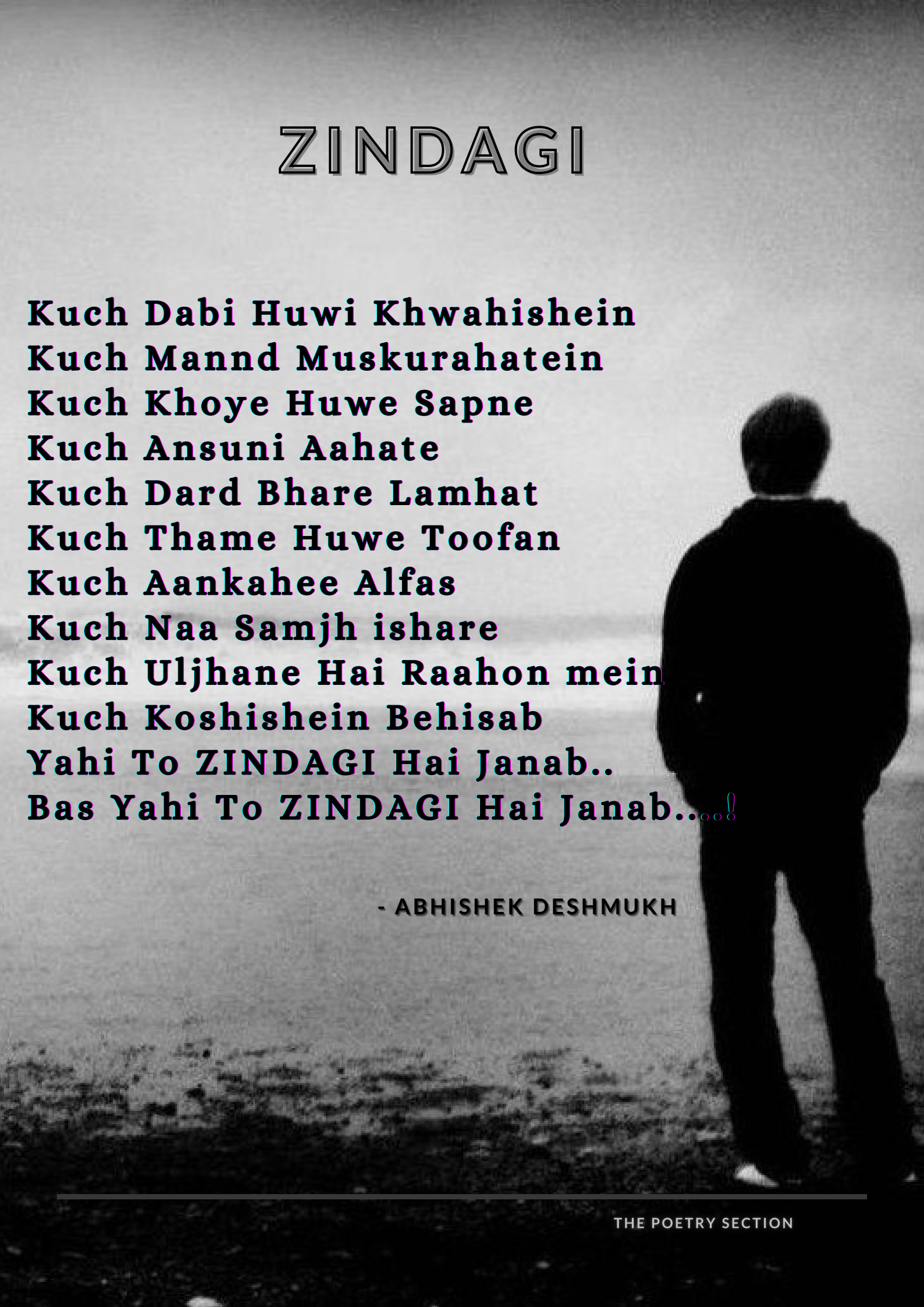
मन-मनातील नाती येथे जुळत असतं...
खरचं येथुनच तर प्रत्येक जन आपआपल्या जीवनाकडे वळत असतं...

आई-वडीलां पासून दूर राहून,
मन मात्र दुखावतं असतं...
पण मैत्रिणीच्या सहवासात,
ते देखील सुखावतं असतं...

HOSTEL ची LIFE असते फारचं छान...
कारणं! येथेचं तर मिळत असतो,
मनसोक्त जीवन जगण्याचा आस्वाद...

:- साक्षी भोयर...

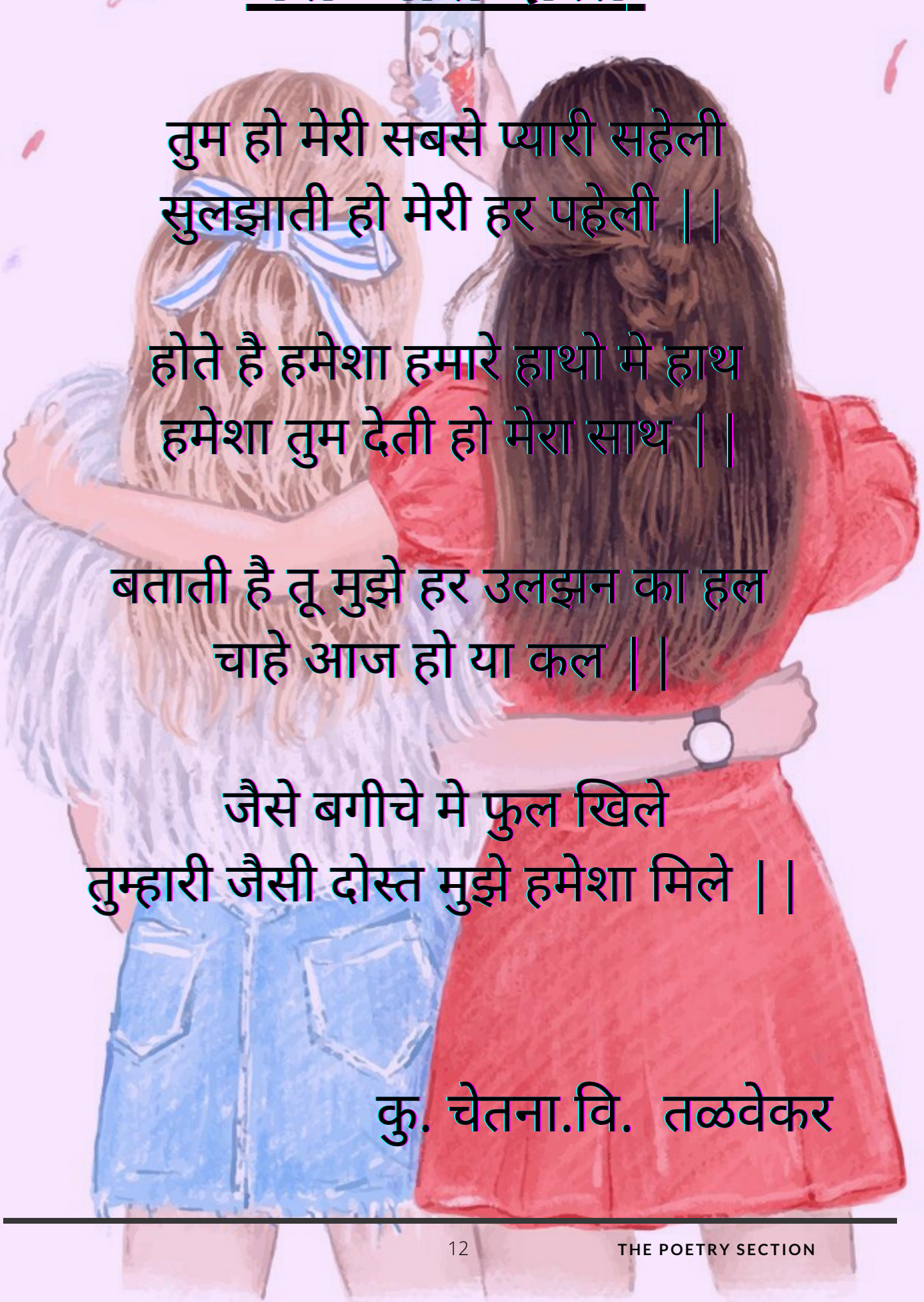
ZINDAGI



Kuch Dabi Huwi Khwahishein
Kuch Mannd Muskurahatein
Kuch Khoye Huwe Sapne
Kuch Ansuni Aahate
Kuch Dard Bhare Lamhat
Kuch Thame Huwe Toofan
Kuch Aankahee Alfas
Kuch Naa Samjh ishare
Kuch Uljhane Hai Raahon mein
Kuch Koshishein Behisab
Yahi To ZINDAGI Hai Janab..
Bas Yahi To ZINDAGI Hai Janab....!

- ABHISHEK DESHMUKH

मेरी प्यारी दोस्त



तुम हो मेरी सबसे प्यारी सहेली
सुलझाती हो मेरी हर पहेली ||

होते है हमेशा हमारे हाथो मे हाथ
हमेशा तुम देती हो मेरा साथ ||

बताती है तू मुझे हर उलझन का हल
चाहे आज हो या कल ||

जैसे बगीचे मे फुल खिले
तुम्हारी जैसी दोस्त मुझे हमेशा मिले ||

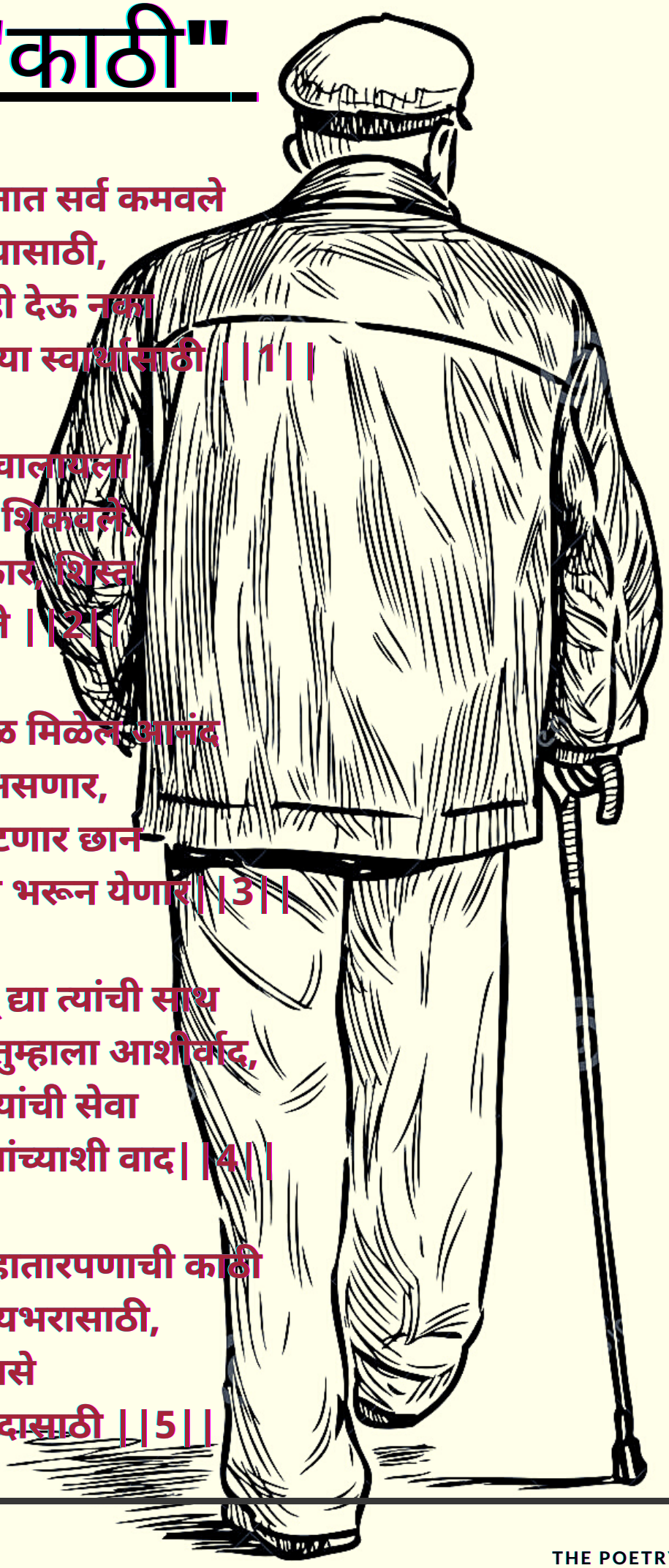
कु. चेतना.वि. तळवेकर

"ती" एक नारी !

ती आहे माता दुर्गा च रूप,
तर गरज भासल्यास माता काली
ती आहे जगजननी, स्त्रिशक्ती.
ती कधी मनमोकळेपणाने जगते काय?
तीला होत असलेल्या वेदना कोणाला सांगते काय?
ती स्वत:साठी लढत असते रणरागिनी होऊन,
ती संपूर्ण घर सांभाळत असते तेथील लक्ष्मी होऊन.
ती मुलांना सांभाळते शिवबाची जिजाई होऊन.
ती नसली तर सर्वांची कामे अडत असते,
तिच्या मदतीला कोण असते?
ती संपूर्ण घर सांभाळून घेते,
तिला सांभाळायला कोण असते?
ती सर्वांची आवड जपत असते,
तिची आवड कुठे दडून असते?
ती एक बहीण होऊन भावाचे रक्षण करत असते,
तिच्या रक्षणासाठी कोण असते?
ती अर्धांगिनी होऊन संसार सांभाळते,
आजी होऊन नातवंडाचे लाळ पुरवते.
तिचे लाळ पुरवायला कोण असते?
प्रसंग पाहून ती रूप बदलवत
असते,
ती एक नारी असते ||

कु. चेतना वि. तळवेकर

"काठी"



संपूर्ण जीवनात सर्व कमवले
त्यांनी तुमच्यासाठी,
अंतर कधीही देऊ नका
तुम्ही आपल्या स्वार्थासाठी ||1||

हात धरून चालायला
त्यांनी तुम्हा शिकवले,
चांगले संस्कार, शिस्त
तुम्हाला दिले ||2||

द्या त्यांना वेळ मिळेल आनंद
सर्व सोबत असणार,
त्यांनाही वाटणार छान
आनंदाने मन भरून येणार||3||

सदैव व असू द्या त्यांची साथ
आहे त्यांचा तुम्हाला आशीर्वाद,
करा नेहमी त्यांची सेवा
घालू नका त्यांच्याशी वाद||4||

रहा त्यांचा म्हातारपणाची काठी
संपूर्ण आयुष्यभरासाठी,
करा काही असे
त्यांच्या आनंदासाठी ||5||

G . F . C
10 DAYS FULL
OF
ENTERTAINMENT
THE BIGGEST FESTIVAL
OF
DMIMS

The college is embellished like a castle from a fairy tale, as if the stars themselves come down to beautify it. We Welcome you to breathe in a few glimpses of this ginormous visual treat and our generous artists.

Students from all sectors of the esteemed university gather under one common roof to create, organise and deliver an experience of delirium, fervour and exhilaration. It is so colossal than any occasion, we call it a phenomenon. We call it our very own **GFC**.

The famous Ganesh festival celebration of DMIMS otherwise known as GFC is a platform of talents, a stage for performers, a celebration of hearts, and souls.

G.F.C TIME

Slow down and enjoy life. Just let everything happen to you beautiful and memorable.

GANPATI BAPPA MORIYA

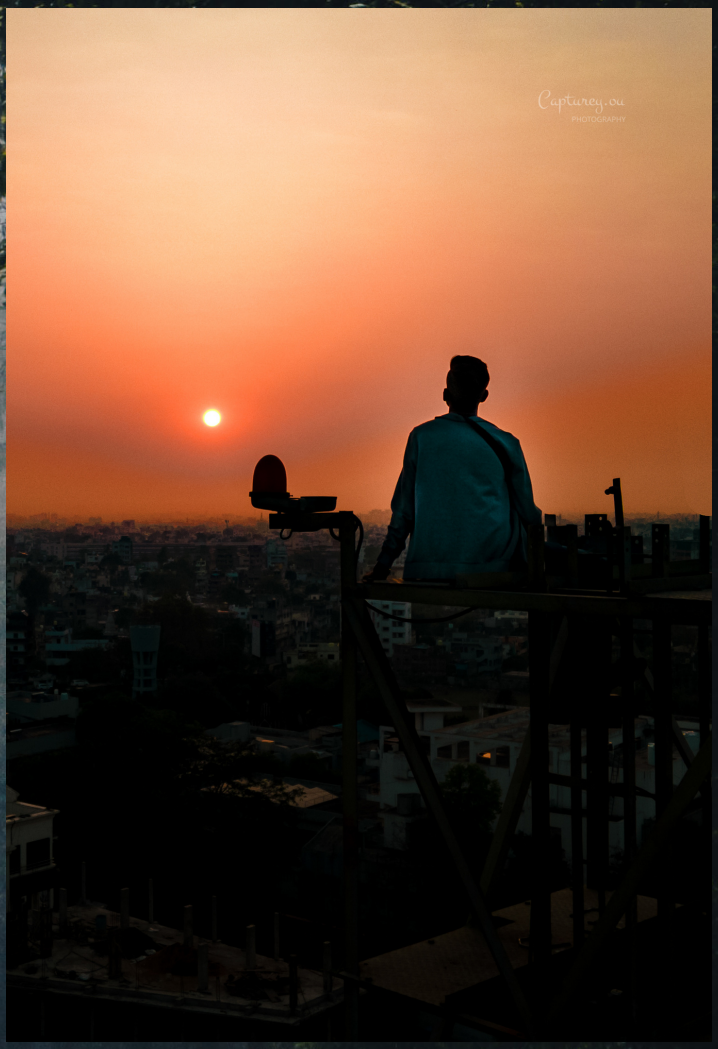
SHUBHARAMBH

Photography

RESPOND TO YOUR CALLING

Shutter + Aperture + ISO

PHOTOGRAPHY IS THE BEAUTY OF LIFE CAPTURED



One thing that makes a great photo is its ability to convey emotion.

Emotion in a photograph, or any work of art, is what helps a viewer connect with a piece if that emotion is prevalent in the viewer.

"Photography is a love affair with life."

-Himanshu

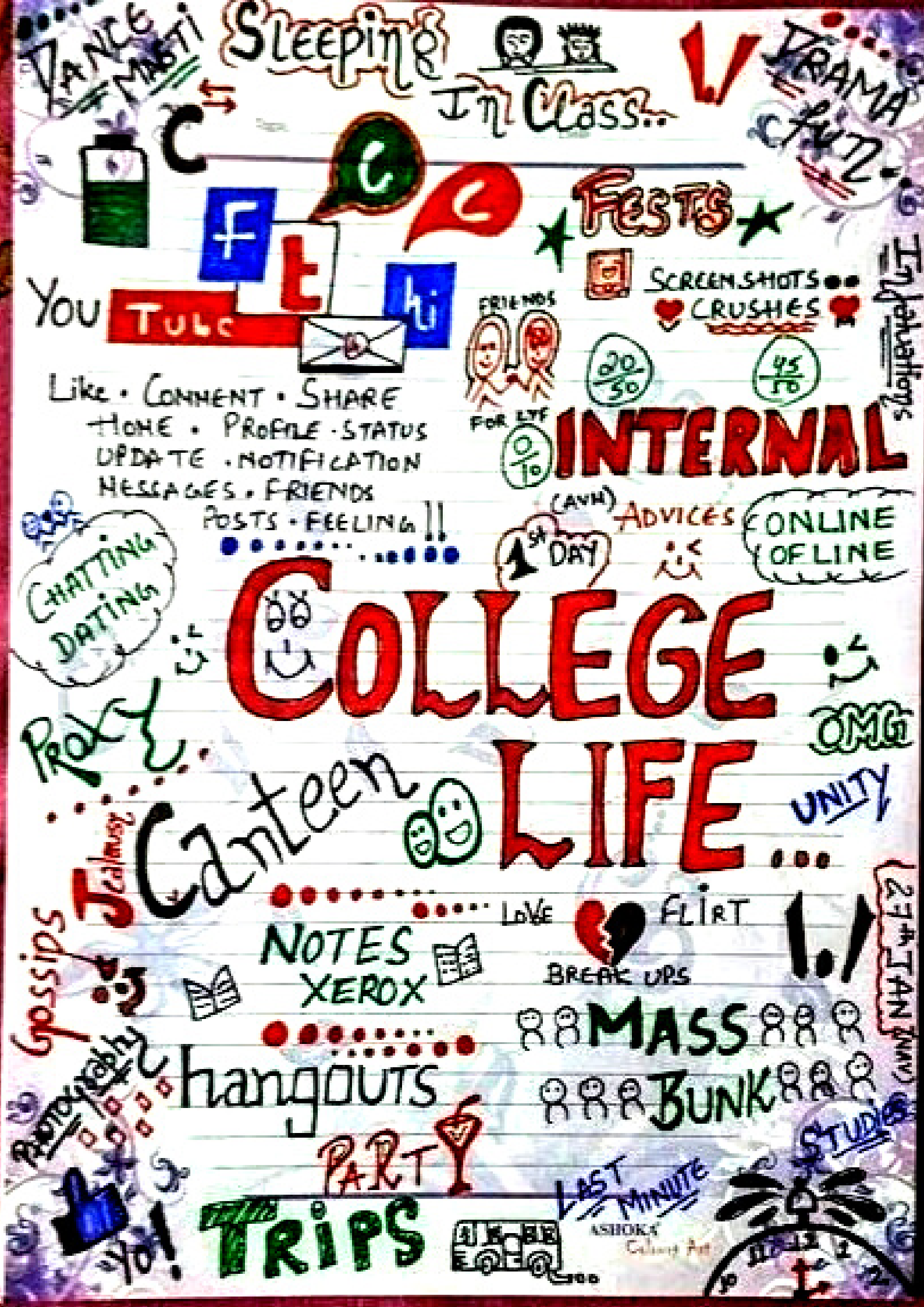
Jawanjal

- BHAVESH KATHWATE

"THE YOUNG MAN KNOWS THE RULE, BUT THE OLD MAN KNOWS THE EXCEPTIONS"

A candid photograph is a photograph captured without creating a posed appearance.

The subject is absolutely unaware of being photographed and does not even expect it, then such photography is secret photography, which is a special case of candid photography.


Dance & Music
Sleeping In Class...
Drama
Fests
Screenshots
Crushes
You Tube
Like • Comment • Share
Home • Profile • Status
Update • Notification
Messages • Friends
Posts • Feeling !!
Friends
For ETF
20/30
45/70
9/10
Internal
Evaluations
Chatting
Dating
1st Day
(Anh)
Advices
Online
Offline
College
Life
Rock
Canteen
OMG
Unity
Gossips
Love
Flirt
Notes
Xerox
Break ups
Mass
Bunk
Hangouts
Party
Trips
Last Minute
Studies
Yo!

COLLEGE
TIME

"COLLEGE LIFE IS ALL ABOUT MAKING FRIEDNS AND MEMORIES OF LIFETIME WITH PEOPLE YOU WILL NEVER-EVER FORGET!"

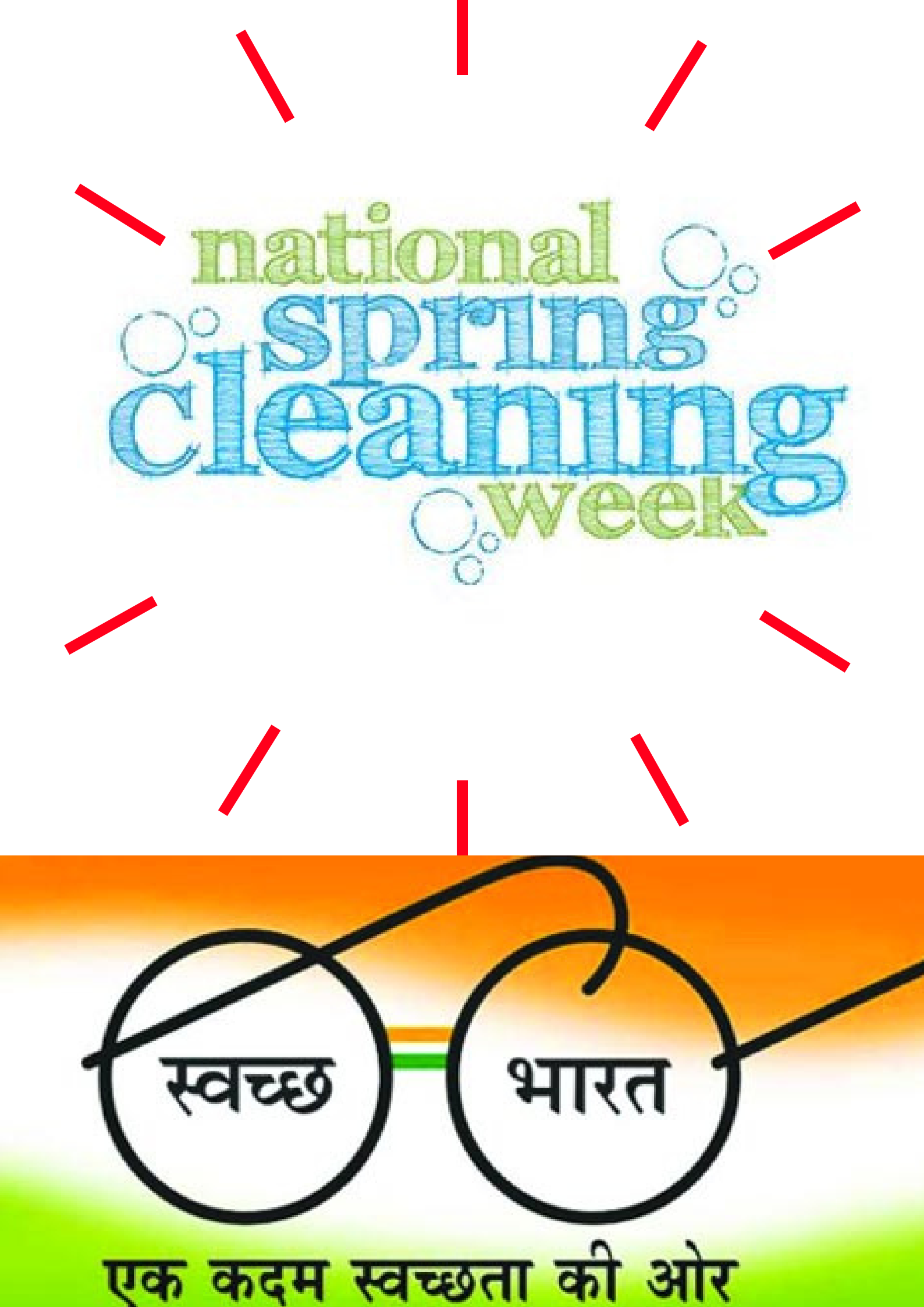
BUT RATHER THAN JUST MAKING FRIENDS, OUR COLLEGE HAVE MANY ACTIVITIES, FOR US.

ADCC :

THIS ACTIVITY IS FOR STUDENTS SELF-DEVELOPMENT AND CONFIDENCE BUILDING. IN THIS WE HAVE MANY DIFFERENT GAMES WHICH ARE VERY INTERESTING AND FUNNY TO PLAY.

WE ENJOY IT A LOT AND IT REALLY HELP US FOR BUILDING OUR SELF-CONFIDENCE.

MAKE OVER FOR THE game


national
spring
cleaning
week
स्वच्छ
भारत
एक कदम स्वच्छता की ओर

DEAN

VISITORS

VISITORS

DEAN

NATIONAL
NURSES
WEEK

DMIMS (DU)
SMT RADHIKABAI MEGHE MEMORIAL
COLLEGE OF NURSING
THEME : A VOICE TO LEAD HEALTH FOR ALL
6th May - 12th May 2019

WORLD ENVIRONMENT DAY

"He that plants trees loves others besides himself."

5th JUNE

SMT. RADHIKABAI MEGHE
MEMORIAL COLLEGE OF NURSING
SAWANGI (MEGHE), WARDHA - 442 004, (M.S.)
PHONE NO. - 07152-287701-06, EXT-176 / 427
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DATTA MEGHE INSTITUTE OF MEDICAL SCIENCES
MHRD
उन्नत भारत अभियान
Unnat Bharat Abhiyan
कोरोना व्हायरस प्रतिबंधक उपाय

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अभिवंदन उपाय
योजना

Nutrition

NATIONAL NUTRITION WEEK

1 - September to 7- September

NATIONAL NUTRITION WEEK IS CELEBRATED FROM SEPTEMBER 1 TO 7. IT AIMS TO CREATE AWARENESS ABOUT GOOD NUTRITION AND HEALTH.

"ONE SHOULD EAT TO LIVE, NOT LIVE TO EAT"

A healthy diet throughout life promotes healthy pregnancy outcomes, supports normal growth, development and ageing,

But the benefits of good nutrition go beyond weight. Good nutrition can help:

- Reduce the risk of some diseases, including heart disease, diabetes, stroke, some cancers, and osteoporosis
- Reduce high blood pressure
- Lower high cholesterol
- Improve your well-being
- Improve your ability to fight off illness
- Improve your ability to recover from illness or injury
- Increase your energy level

MENU:
DAL
RICE
Menu:-
Pukav
Kadi
MENU :-
SPROUTED MUNG
Menu:-
Egg Omlet

WEL~COME
MENU:
DAL
RICE
Menu:-
Chapati
Sabji
Menu:-
Pukav
Kadi
MENU :-
SPROUTED MUNG
KHOSHIBIR
Menu:-
Egg Omlet
Graundnut chikki

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1) Egg Omlet
2) Groundnut Chikki

हॉस्टेल DAYS

आयुष्यातले सगळ्यात मस्त क्षण...

HOSTEL LIFE ROCKS!!

HOSTEL LIFE

Hostel life, Certainly it's a roller coaster ride leaves you with so many memorable moments full of fun, frolic, laughter, celebrations and many more.

Hostel life is among the most thrilling and adventurous experience in life. And accordingly every person should spend a part of his life in hostels. And specially campus hostels that have a number of restrictions just like ours.

FROM THE WORD "HOSTEL" THERE ARE FEW THINGS THAT COMES IN MY MIND AND THE VERY FIRST THING IS

1. **Mess:Ah!** - The mess food is rarely good or I should say better. I don't think anybody should ask "aaj khaane me kya tha?" from any hostler because we ate "daal cum pila paani", "aaloo touch paratha", where the stuffing is just for name and here oil is the water. But but but there is one day in a week where every mess gives tasty food so mess is not that bad buddy!

2. Surviving On Maggi

"Maggi" is the most important element of hostel life..

Aadhi raat wali maggi:

Hostel life is just incomplete without maggi. Maggi is the only "sahara" for hostlers and there are a lot of memories and fun related to it like making maggi at 3AM during exams and eating in a same plate with all your friends.

3. WE MAKE MEMORIES AND FRIENDS FOR LIFE

"Keep Clam and Enjoy Hostel Life"

This may sound clichéd, but it's true. Making friends is easy when you have no choice, and it's incredible how quickly we get to know someone we're living with. Just a few months, and you'll feel like you've known your roommate for years. The long late-night conversations, complaining about the crappy mess food, sharing everything from books to shampoo, and the daily fight for the washroom are things that bring people close in a unforgettable and unbreakable way.

"HOSTEL LIFE IS AMAZING! SPECIALLY AT NIGHT! FRIENDS, FUN AND MEMORIES"

Hostel Life is the best life which change our life style We start the new life here We make New Friends we enjoy the little things in our life.

For one day we will look back and realize they were the best things ever happend in our life.

4. BIRTHDAY CELEBRATION IS BIRHTDAY BOMBS.

BOHOT MAARTE HAI YRRRR.....

Birthday celebrations mean birthday bombs, invest money on a party, cake smashing on each other and lots of kicks on your bump.

MEMORIES NEVER DIE.

Students may curse Hostel for Tasteless food, strict wardens and pathetic rooms, but they always remember the Hostel for the FAMILY it gives and memories they live.

Hostel life is a memorable period of one's whole life. it gives us lifelong friends and memories. It makes you self confident and responsible. It takes you out of your parental care and shows you the reality of life you tend to learn by your own mistakes. Your seniors are your best guides. You learn to respect them and try to go on their footsteps.

FRIENDS

THE BEST PART OF COLLEGE LIFE

"MAKING FRIENDS AND MEMORIES WITH THEM"

True friends are loyal
(They've got your back)

A person who always has your back when people try to hurt you physically or emotionally. They're ready to defend you. It's easy for people to be there for you during the good times. But it's real for people to be there for you even in the bad times.

There's not a word yet for old friends who've just met. A true friend never gets in your way unless you happen to be going down. Friendship is the only cement that will ever hold the world together. A friend is someone who understands your past, believes in your future, and accepts you just the way you are

SRMMCON

"THINGS END. BUT MEMORIES LAST FOREVER!"