



**DATTA MEGHE**

INSTITUTE OF HIGHER  
EDUCATION & RESEARCH

(DEEMED TO BE UNIVERSITY)

**LEARN. LEAD.**

### **SDG 3 - 3.3.7**

#### **University support for staff with access to mental health support**

DMIHER (DU) offers a comprehensive suite of mental health services for faculty through its dedicated Staff Mental Health and Wellness Centre, Psychiatry Department, and Psychology Unit. The Staff Mental Health and Wellness Centre provides customized counselling and group development programs tailored to the diverse needs of faculty members, operating six days a week throughout the year. This unit focuses on assisting faculty in navigating both academic and personal difficulties, thereby enhancing their overall effectiveness and emotional health.

The Psychiatry Department is recognized as a leader in mental health services within a general hospital setting, staffed by qualified psychiatrists. It offers a range of services, including initial evaluations for new patients, follow-up consultations, electroconvulsive therapy, group meetings, consultation liaison, pharmacotherapy, psychotherapy, behavioural therapy, group therapy, and psychoeducational programs.

The Staff Mental Health and Wellness Centre also organizes workshops and training sessions aimed at fostering happiness and well-being, designed to enrich the academic and personal experiences of faculty members. Notably, the counselling services are specifically crafted for DMIHER (DU) faculty, ensuring that the support aligns with their individual needs and challenges.

- Formerly known as **Datta Meghe Institute of Medical Sciences** (Deemed to be University)
- Conferred 'A' Grade status by H.R.D. Ministry Govt. of India
- Re- accredited by NAAC (4th cycle) with A++ Grade (CGPA 3.78)

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Sr. No.	Point	Link to evidence
1	Staff Mental Health and Wellness Centre	<a href="#">Link</a>
2	Department of Psychiatry providing mental health support at <b>AVBRH, Wardha</b>	<a href="#">Link</a>
3	Department of Psychiatry providing mental health support at <b>SMHRC, Nagpur</b>	<a href="#">Link</a>
4	Psychology department providing mental health support	<a href="#">Link</a>
5	Rekhi Centre of Excellence for the Science of Happiness	<a href="#">Link</a>
6	International Yoga Week Report	<a href="#">Link</a>
7	Staff Welfare measure Policies	<a href="#">Link</a>

REGISTRAR

Datta Meghe Institute of Higher Education &  
Research (Deemed to be University)  
Sawangi (Meghe), WARDHA-442107 (M.S.)

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