



DATTA MEGHE

INSTITUTE OF HIGHER
EDUCATION & RESEARCH

(DEEMED TO BE UNIVERSITY)

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SDG 3 - 3.3.5

University support for students with access to mental health

DMIHER (DU) provides comprehensive mental health support through its dedicated Student Guidance Unit, Psychiatry Department, and Psychology Unit. The Student Guidance Unit (SGU) focuses on offering individual counseling and developmental group activities, adapting its services to meet the needs of students year-round and operating six days a week. This unit is committed to guiding students through both academic and personal challenges, facilitating their overall functioning and emotional well-being.

The Department of Psychiatry is recognized as a pioneer in mental health services within a general hospital setting, supervised by experienced psychiatrists. It offers a range of services, including evaluations for new patients, follow-up care, electroconvulsive therapy, various group meetings, consultation liaison, pharmacotherapy, psychotherapy, behavioral therapy, group therapy and psychoeducational programs. Additionally, there is a child guidance clinic held on Tuesdays and Thursdays, along with routine investigations such as EEGs and psychological testing.

The SGU also organizes workshops and training sessions focused on happiness and well-being, aimed at enhancing the academic and personal lives of students. Importantly, counseling services are exclusively available to DMIHER (DU) students, ensuring that support is tailored to their unique needs and challenges.

- Formerly known as **Datta Meghe Institute of Medical Sciences** (Deemed to be University)
- Conferred 'A' Grade status by H.R.D. Ministry Govt. of India
- Re- accredited by NAAC (4th cycle) with A++ Grade (CGPA 3.78)

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Sr. No.	Point	Link to evidence
1	Student Guidance Unit	Link
2	Department of Psychiatry providing mental health support at AVBRH, Wardha	Link
3	Department of Psychiatry providing mental health support at SMHRC, Nagpur	Link
4	Psychology department providing mental health support	Link
5	Rekhi Centre of Excellence for the Science of Happiness	Link
6	Annual Report of Student Guidance Unit & Happiness Clinic- 2022-23	Link
7	SOP of Student Guidance Unit & Happiness Clinic	Link
8	Student Welfare Cell report	Link
9	International Yoga Week Report	Link
10	Reports of Outreach activities on Mental Health	Link
11	Preceptorship Cell for mental health support	Link

REGISTRAR

Datta Meghe Institute of Higher Education &
Research (Deemed to be University)
Sawangi (Meghe), WARDHA-442107 (M.S.)

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